

**Christ the King**  
**24th November 2024**



**The Scottish Episcopal Church on the Black Isle**  
**Eaglais Easbaigeach na h-Alba san Eilean Dubh**  
Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,  
Fortrose

The Most Rev'd Mark Strange,  
Bishop of Moray, Ross & Caithness  
Interim Rector

Phone: 01463 811333

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Charge Website: [episcopalblackisle.scot](http://episcopalblackisle.scot)

Vestry Secretary:- Isla Cruden: [isla@ricruden.net](mailto:isla@ricruden.net)

A wee reminder for each church to contact their rota'd presider ahead of the service and if there are any issues to contact our Interim Rector +Mark.

**Sunday 24<sup>th</sup> November 2024**  
**Christ the King**

**THE HOLY EUCHARIST**

**9.45am in St John's with Rev. Christine**  
**11.30am in St Andrew's with Rev. Christine**

**RESERVED SACRAMENT SERVICE**

**9.45am in St Regulus with LR Barrie**

(Readings: Dan7.9-10,13-14. Ps 93, Rev 1.4b-8. Jn 18.33-37)

**WEEK AT A GLANCE 25<sup>th</sup>-Nov – 30<sup>th</sup> Nov)**

**MON:**

**TUE:**

**WED:** 9.30am Celtic Morning Prayer (Online)

10.00am Bible Study

10:00am Charity Shop

**THU:** 10:30am Service at St Andrew's

**FRI:**

**SAT:** 10:00am Charity Shop

7.00pm Holy Communion. Feast of St Andrew.

At St Andrew's Fortrose.

**Sunday 1<sup>st</sup> December 2024**  
**Advent 1**

**THE HOLY EUCHARIST**

**9.45am in St Regulus with Revs Ruth & Peter Walker**

**11.30am in St Andrew's with Rev. Christine**

**RESERVED SACRAMENT SERVICE**

**9.45am in St John's with Ann & Isla**

(Readings. Jer 33.14-16, Ps 25.1-9, 1 Th 3.9-13, Lk 21.25-36)

**+PSALM: 93**

The Lord has girded himself with strength.

**The Lord has girded himself with strength.**

The Lord is King; he has put on splendid apparel;  
the Lord has put on his apparel and girded himself  
with strength.

He has made the whole world so sure that it cannot be  
moved;

Ever since the world began, your throne has been  
established; you are from everlasting.

**The Lord has girded himself with strength.**

The waters have lifted up, O Lord, the waters have  
lifted up their voice; the waters have lifted up their  
pounding waves.

Mightier than the sound of many waters, mightier than  
the breakers of the sea, mightier is the Lord who  
dwells on high.

**The Lord has girded himself with strength.**

Your testimonies are very sure, and holiness adorns  
your house, O Lord, for ever and for evermore.

**The Lord has girded himself with strength.**

**PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes, and  
heart in the world...that we may all LIVE and Be the  
GOOD NEWS.

**OUR WORLD**

For healing and peace among all nations. For an end to  
terrorism and hatred in all its forms. For our fellow  
Christians and all who are persecuted for their faith.

**OUR COMMUNION**

Pray for the peace and unity of the Church and for the  
Anglican Church of South America.

**OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion  
of Churches. For Stuart T & all who are studying for  
Ordination or Readership. For their instructors & all  
who support them. For Mark, our Bishop, and all  
priests, lay readers and eucharistic ministers helping to  
maintain our cycle of worship during the interregnum.  
We pray for the congregations of St. Andrew's  
Cathedral, Inverness: Sarah Murray, Katrina O'Neil,  
Margaret Massey, Laura Symon.. & we pray for our  
sister Dioceses of Québec, Canada & Tuam, Limerick  
& Killaloe, Ireland.

**OUR CHURCH & COMMUNITY FAMILY &  
FRIENDS**

For our three congregations, those who can join us in  
public worship and those joining us in spirit at home.  
For the Eilean Dubh care home & all care homes and  
for our church members who are living in them. For  
Igor, Oleksii & Families. For all who are ill in mind,  
body, or spirit. Pray for our Granny in Guatemala:

Santos De La Cruz Mendez. For all we know to need our prayers.

## CELTIC MORNING PRAYER

Celtic morning prayer takes place every Wednesday morning at 9am via Zoom for about 30 mins. To add your name, contact Gillian Newman. [annegillianneyman@gmail.com](mailto:annegillianneyman@gmail.com)

## ADVENT COURSE

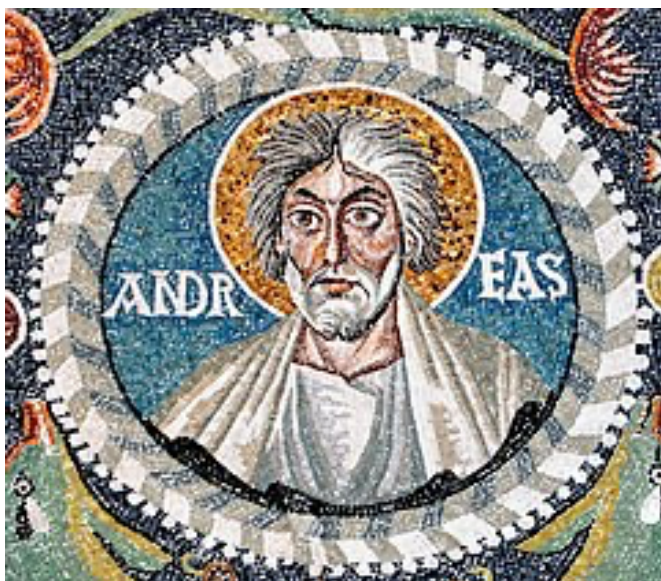
This year rather than selecting a book the Wednesday morning bible study group will be following the Church in Wales Advent Course online. For anyone interested who may want to study at home, here is the link.

<https://www.churchinwales.org.uk/en/evangelism/come-let-us-adore-him-advent-course-2024/>

For those in Cromarty. St Regulus are offering a discussion group on Monday evenings.

## FEAST OF ST ANDREW

There will be a celebration of Holy Communion on Nov 30th for the feast of St Andrew in St Andrew's, Fortrose, at 7.00pm followed by a social gathering at Chapter Cottage (drinks and nibbles). Everyone welcome, no need to book.



Andrew the Apostle, detail of the mosaic in the [Basilica of San Vitale, Ravenna](#), 6th century

## NOMINATE A CHARITY

I have been asked to include this in the newsletter. It is a charitable prize draw supported by Ecclesiastical Insurance. There are a number of prize draws in December for a possible £1000. I have nominated The Black Isle Charge (Charity Number SC010781). You may wish to do so also (or nominate another charity of your choice). Just click on or paste the link for further details.

<https://secure.campaigner.com/csb/Public/show/ggno-57gv8--hgh5-2maspc9>

or, if we are your choice, click here to nominate The Black Isle Charge.

<https://movementforgood.com/index.php?cn=SC010781&ct=church#nominateACharity>

The first draw takes place on December 5th and the last on December 20th with 10 charities drawn every weekday.

Nominations are open until 23:59 on December 19th 2024.

## CHRISTMAS COFFEE MORNING

**BLACK ISLE CHARGE –  
SCOTTISH EPISCOPAL CHURCH**  
Black Isle Charge – Scottish Episcopal Church - SC010781

# Christmas Coffee Morning

*To be held in the Seaforth Masonic Club*

*Station Square, Fortrose*

*10.30 am to 12 noon on*

*Friday 6<sup>th</sup> December 2024*

**Teas, Coffee and cake along with all the  
Christmas Stalls**



## WOMEN'S BREAKFAST

**Coffee and Croissants?**

**Women's Breakfast**

**SATURDAY 7<sup>th</sup> DECEMBER, 9.30 – 11am**

**Fortrose Free Church**

If you are a Christian woman living in Avoch, Rosemarkie or Fortrose or anywhere on the Black Isle, we'd love you to come along for breakfast and a blether on Saturday 7<sup>th</sup> December.

There will be a short talk about the BLYSTHWOOD CHRISTMAS BOXES and plenty of opportunity to share our experiences and encourage one another.

A quick email to [alisongarraway@yahoo.com](mailto:alisongarraway@yahoo.com) would be helpful (but not essential) to give us an idea of numbers.



## OCTAVOCE CANDLELIGHT CONCERT

Message from Octavoce with a date for your diary. Note unreserved seating this year so get it in your diary and come early - it's always busy!!!

'We're excited to announce that we will be back for our **annual Candlelit Christmas Concert on Friday 20th December!**

7.30pm, St Andrew's Church Fortrose. Entry by donation (suggested £14/£12). Seating is unreserved. If you haven't heard of us before, we are an acapella vocal ensemble based in Edinburgh but performing across the UK and beyond. Come along for an evening of Christmas music spanning many years, from classical and choral to pop and rock. We look forward to seeing you there!"



## JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 2nd December at 7pm at Christine's house

## MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

*Jean (jeanmedavis@gmail.com)*

## FROM BLYTHSWOOD FOODBANK



The items we'd appreciate donations of in November & December 2024

- Tins of potatoes/smash
- Small jars of instant coffee
- Tins of mince/meatballs
- Tins of ham
- Weetabix
- Tins of corned beef
- Tins of custard
- Washing up liquid
- Toilet rolls

Nobody in the Highlands of Scotland should be without food!

Please donate an item or two if you can.

Thank You!

01463 717630

foodbank.admin@blythswood.org

Registered Charity in Scotland 048001

Company Number 583493

## Reverse Advent Calendar Highland Foodbank

We'd be grateful if you would consider donating the following items during November, to give us time to add the items to food parcels for people in need this Christmas.



### November 2024

1 <sup>st</sup>	Tin of carrots
2 <sup>nd</sup>	Packet of oatcakes
3 <sup>rd</sup>	Tin of custard
4 <sup>th</sup>	Carton of long life juice
5 <sup>th</sup>	Jar of instant coffee
6 <sup>th</sup>	Bag of crisps/Pringles
7 <sup>th</sup>	Shower gel
8 <sup>th</sup>	Tin of mince/meatballs
9 <sup>th</sup>	Small packet of biscuits
10 <sup>th</sup>	Hot water bottle
11 <sup>th</sup>	Box of washing powder
12 <sup>th</sup>	Carton of UHT milk
13 <sup>th</sup>	Male/female deodorant
14 <sup>th</sup>	Small tin of ham
15 <sup>th</sup>	Jar of jam
16 <sup>th</sup>	Tin of chopped tomatoes
17 <sup>th</sup>	Packet of cream crackers
18 <sup>th</sup>	Washing up liquid
19 <sup>th</sup>	Selection box
20 <sup>th</sup>	Tin of peaches/pears
21 <sup>st</sup>	Tin of corned beef
22 <sup>nd</sup>	£4 to help with deliveries
23 <sup>rd</sup>	Toothpaste
24 <sup>th</sup>	Packet of sweets
25 <sup>th</sup>	Large tin of ham
26 <sup>th</sup>	Pack of toilet rolls
27 <sup>th</sup>	Tin of potatoes/smash
28 <sup>th</sup>	Jar of pasta sauce
29 <sup>th</sup>	Box of Weetabix
30 <sup>th</sup>	Box of 6 mince pies



Your kind donations need to be handed in to our Foodbank warehouse at 1 Glebe Street, Inverness, IV1 1RF – or any of our shops – **no later than the first week in December.**

Please note that the list of items we have asked for is not exhaustive, but they are items we are in most need of.

Foodbank enquiries: 01463 717630  
blythswood.org/foodbank\_advent

Thank You

Blythswood Care, Highland Deephaven,  
Evanton, Ross-shire IV16 9XJ