## ADVENT 1 1st December 2024



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The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781 St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

> The Most Rev'd Mark Strange, Bishop of Moray, Ross & Caithness Interim Rector

> > Phone: 01463 811333

Email: <u>bishop@moray.anglican.org</u> Charge Website: episcopalblackisle.scot

Vestry Secretary:- Isla Cruden: isla@ricruden.net

A wee reminder for each church to contact their rota'd presider ahead of the service and if there are any issues to contact our Interim Rector +Mark.

Sunday 1st December 2024 Advent 1

THE HOLY EUCHARIST
9.45am in St Regulus with Revs Ruth & Peter
Walker

11.30am in St Andrew's with Rev. Christine

RESERVED SACRAMENT SERVICE 9.45am in St John's with Ann & Isla

(Readings. Jer 33.14-16, Ps 25.1-10, 1 Th 3.9-13, Lk 21.25-36)

#### WEEK AT A GLANCE 2<sup>nd</sup> Dec – 7<sup>th</sup> Dec)

**MON:** 7pm Joint Prayer Meeting

TUE:

WED: 9.30am Celtic Morning Prayer (Online)

10.00am Bible Study 10:00am Charity Shop

THU: 10:30am Service at St Andrew's

FRI:

**SAT:** 10:00am Charity Shop

Sunday 8<sup>th</sup> December 2024 Advent 2

THE HOLY EUCHARIST at St Andrews to be followed by Annual General Meeting

11.00am in St Andrew's with Rev. Christine
To be followed by the Charge AGM

(Readings. Mal 3.1-4 Canticle: Lk 1.68-79 Phil 1.3-11 Lk 3.1-6)

# PLEASE NOTE THERE IS ONLY ONE SERVICE IN THE CHARGE ON $8^{\rm TH}$ DECEMBER & PLEASE NOTE THE EARLIER START TIME OF $11{\rm AM}$

+PSALM: 25. 1-10

To you, O Lord, I lift up my soul.

#### To you, O Lord, I lift up my soul.

To you, O Lord, I lift up my soul; my God, I put my trust in you; let me not be humiliated, nor let my enemies triumph over me.

Let none who look to you be put to shame; let the treacherous be disappointed in their schemes.

#### To you, O Lord, I lift up my soul.

Show me your ways, O Lord, and teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long.

#### To you, O Lord, I lift up my soul.

Remember, O Lord, your compassion and love, for they are from everlasting.

Remember not the sins of my youth and my transgressions; remember me according to your love and for the sake of your goodness, O Lord.

#### To you, O Lord, I lift up my soul.

Gracious and upright is the Lord; therefore he teaches sinners in his way. He guides the humble in doing right and teaches his way to the lowly.

#### To you, O Lord, I lift up my soul.

All the paths of the Lord are love and faithfulness to those who keep his covenant and his testimonies. For your Name's sake, O Lord, forgive my sin, for it is great.

To you, O Lord, I lift up my soul.

#### PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

#### **OUR WORLD**

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

#### **OUR COMMUNION**

Pray for the peace and unity of the Church and for the Province of the Episcopal Church of South Sudan

#### **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. For Stuart T & all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers helping to maintain our cycle of worship during the interregnum. We pray for the congregation of St. Maelrhubha, Poolewe; Heather Widdows. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

### OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

#### **CELTIC MORNING PRAYER**

Celtic morning prayer takes place every Wednesday morning at 9am via Zoom for about 30 mins. To add your name, contact Gillian Newman. <a href="mailto:annegilliannewman@gmail.com">annegilliannewman@gmail.com</a>

#### ADVENT COURSE

This year rather than selecting a book the Wednesday morning bible study group will be following the Church in Wales Advent Course online.

For anyone interested who may want to study at home, here is the link.

https://www.churchinwales.org.uk/en/evangelism/ocome-let-us-adore-him-advent-course-2024/

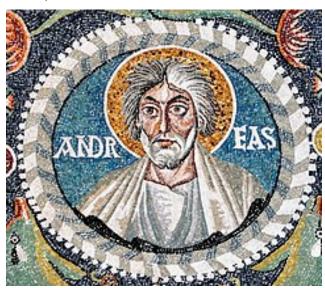
For those in Cromarty. St Regulus are offering a discussion group on Monday evenings.

#### NORTH KESSOCK COMMUNITY MARKET

St John's have a table at the community market on 30th November from 10-12:30 at North Kessock Hall. Please pop along and say hello. There may be home baking for sale!

#### **FEAST OF ST ANDREW**

There will be a celebration of Holy Communion on Nov 30th for the feast of St Andrew in St Andrew's, Fortrose, at 7.00pm followed by a social gathering at Chapter Cottage (drinks and nibbles). Everyone welcome, no need to book.



Andrew the Apostle, detail of the mosaic in the <u>Basilica of San</u>
<u>Vitale, Ravenna</u>, 6th century

#### **NOMINATE A CHARITY**

I have been asked to include this in the newsletter. It is a charitable prize draw supported by Ecclesiastical Insurance. There are a number of prize draws in December for a possible £1000. I have nominated The Black Isle Charge (Charity Number SC010781). You may wish to do so also (or nominate another charity of your choice). Just click on or paste the link for further details.

https://secure.campaigner.com/csb/Public/show/ggno-57gv8--hgh5-2maspc9

or, if we are your choice, click here to nominate The Black Isle Charge.

https://movementforgood.com/index.php?cn=SC01078 1&ct=church#nominateACharity

The first draw takes place on December 5th and the last on December 20th with 10 charities drawn every weekday.

Nominations are open until 23:59 on December 19<sup>th</sup> 2024.

## JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 2nd December at 7pm at Christine's house

#### **CHRISTMAS COFFEE MORNING**



Black Isle Charge – Scottish Episcopal Church - SC010781

# **Christmas Coffee Morning**

To be held in the Seaforth Masonic Club
Station Square, Fortrose
10.30 am to 12 noon on
Friday 6<sup>th</sup> December 2024

Teas, Coffee and cake along with all the Christmas Stalls



#### WOMEN'S BREAKFAST

# Coffee and Croissants? Women's Breakfast SATURDAY 7<sup>th</sup> DECEMBER, 9.30 – 11am Fortrose Free Church

If you are a Christian woman living in Avoch, Rosemarkie or Fortrose or anywhere on the Black Isle, we'd love you to come along for breakfast and a blether on Saturday 7<sup>th</sup> December.

There will be a short talk about the BLYSTHWOOD CHRISTMAS BOXES and plenty of opportunity to share our experiences and encourage one another.

A quick email to <u>alisongarraway@yahoo.com</u> would be helpful (but not essential) to give us an idea of numbers.



#### OCTAVOCE CANDLELIGHT CONCERT

Message from Octavoce with a date for your diary. Note unreserved seating this year so get it in your diary and come early - it's always busy!!!

'We're excited to announce that we will be back for our annual Candlelit Christmas Concert on Friday 20th December!

7.30pm, St Andrew's Church Fortrose. Entry by donation (suggested £14/£12). Seating is unreserved. If you haven't heard of us before, we are an acapella vocal ensemble based in Edinburgh but performing across the UK and beyond. Come along for an evening of Christmas music spanning many years, from classical and choral to pop and rock. We look forward to seeing you there!"



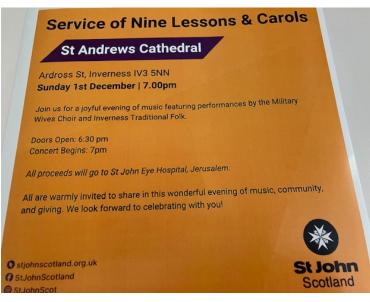
### JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 2nd December at 7pm at Christine's house

#### SERVICE OF NINE LESSONS & CAROLS

At Inverness Cathedral 7pm on 1st December. Please go along and support a good cause!



#### FROM BLYTHSWOOD FOODBANK





The items we'd appreciate donations of in November & December 2024

- Tins of potatoes/smash
- . Small jars of instant coffee
- . Tins of mince/meatballs
- . Tins of ham
- . Weetabix
- . Tins of corned beef
- . Tins of custard
- . Washing up liquid
- . Toilet rolls

Nobody
in the
Highlands of
Scotland should be
without food!

Please donate an item or two if you can.

Thank You!

01463 717630

foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
mpany Number 583493

# Reverse Advent Calendar **Highland Foodbank**

We'd be grateful if you would consider donating the following items during November, to give us time to add the items to food parcels for people in need this Christmas.



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1st Tin of carrots 2nd Packet of oatcakes 3rd Tin of custard 4th Carton of long life juice 5th Jar of instant coffee 6th Bag of crisps/Pringles 7th Shower gel 8th Tin of mince/meatballs 9th Small packet of biscuits 10th Hot water bottle 11th Box of washing powder 12th Carton of UHT milk 13th Male/female deodorant 14th Small tin of ham 15th Jar of jam 16th Tin of chopped tomatoes 17th Packet of cream crackers 18th Washing up liquid 19th Selection box 20th Tin of peaches/pears 21st Tin of corned beef 22nd £4 to help with deliveries 23rd Toothpaste 24th Packet of sweets 25th Large tin of ham 26th Pack of toilet rolls 27th Tin of poatoes/smash 28th Jar of pasta sauce 29th Box of 6 mince pies	November 2024		
3rd Tin of custard 4th Carton of long life juice 5th Jar of instant coffee 6th Bag of crisps/Pringles 7th Shower gel 8th Tin of mince/meatballs 9th Small packet of biscuits 10th Hot water bottle 11th Box of washing powder 12th Carton of UHT milk 13th Male/female deodorant 14th Small tin of ham 15th Jar of jam 16th Tin of chopped tomatoes 17th Packet of cream crackers 18th Washing up liquid 19th Selection box 20th Tin of peaches/pears 21st Tin of corned beef 22nd £4 to help with deliveries 23rd Toothpaste 24th Packet of sweets 25th Large tin of ham 26th Pack of toilet rolls 27th Tin of poatoes/smash 28th Jar of pasta sauce 29th Box of Weetabix	1 <sup>st</sup>	Tin of carrots	
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30th Box of 6 mince pies		Box of Weetabix	
	30 <sup>th</sup>	Box of 6 mince pies	



Your kind donations need to be handed in to our Foodbank warehouse at 1 Glebe Street, Inverness, IV1 1RF – or any of our shops – no later than the first week in December.

Please note that the list of items we have asked for is not exhaustive, but they are items we are in most need of.

Foodbank enquiries: 01463 717630 blythswood.org/foodbank\_advent

Thank You

Blythswood Care, Highland Deephaven, Evanton, Ross-shire IV16 9XJ

Registered charity in Scotland no SC048001 Company no 583493 Northern Ireland no NIC014515 Company no NI050683

#### MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)