

PENTECOST 20
6th October 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 6th October 2024

Pentecost 20

THE HOLY EUCHARIST

9.45am in St John's with Fr Mel (& baptism)

RESERVED SACRAMENT SERVICE

11.30am in St Andrew's with Alison & Jean

(Readings Gen 2.18-24. Ps 8. Heb 1.1-4;2.5-12. Mk 10.2-16)

THANKSGIVING FOR HARVEST

9.45am in St Regulus with Rev. Ellie

(Readings Joel 2.21-2. Ps 126. 1 Tim 6. 6-10 Matt 6 25-33)

WEEK AT A GLANCE 7th Oct – 12 Oct)

MON: 7.00pm Prayer Meeting

TUE:

WED: 9.30am Celtic Morning Prayer (Online)

10.00am Bible Study

10:00am Charity Shop

THU: 10:30am Service at St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 13th October 2024

Pentecost 21

THE HOLY EUCHARIST

9.45am in St John's with Fr Arthur

11.30am in St Andrew's with Rev. Ian Pallett

RESERVED SACRAMENT SERVICE

9.45am in St Regulus with LR Megan Cambridge

(Readings: Am 5.6-7,10-15. Ps 90.12-17. Heb 4.12-16. Mk 10.17-31)

+PSALM 8.

How exalted is your name in all the world!

How exalted is your name in all the world!

O Lord our Governor, how exalted is your Name in all the world!

Out of the mouths of infants and children your majesty is praised above the heavens.

You have set up a stronghold against your adversaries, to quell the enemy and the avenger.

How exalted is your name in all the world!

When I consider your heavens, the work of your fingers, the moon and the stars you have set in their courses,

What is man that you should be mindful of him? the son of man that you should seek him out?

How exalted is your name in all the world!

You have made him but little lower than the angels; you adorn him with glory and honour; You give him mastery over the works of your hands; you put all things under his feet:

How exalted is your name in all the world!

All sheep and oxen, even the wild beasts of the field, the birds of the air, the fish of the sea, and whatsoever walks in the paths of the sea.

O Lord our Governor, how exalted is your Name in all the world!

How exalted is your name in all the world!

+PSALM 126

Those who sowed with tears will reap with songs of joy.

Those who sowed with tears will reap with songs of joy.

When the Lord restored the fortunes of Zion, then were we like those who dream.

Then was our mouth filled with laughter, and our tongue with shouts of joy.

Those who sowed with tears will reap with songs of joy.

Then they said among the nations, "The Lord has done great things for them."

The Lord has done great things for us, and we are glad indeed.

Those who sowed with tears will reap with songs of joy.

Restore our fortunes, O Lord, like the watercourses of the Negev.

Those who sowed with tears will reap with songs of joy.

Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves.

Those who sowed with tears will reap with songs of joy.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for The Anglican Church of Papua New Guinea.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For Stuart T & all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers helping to maintain our cycle of worship during the interregnum. We pray for the congregation of St. Columba, Nairn: Alison Simpson, Marion Keston, Blayne Peacock. Lay Reader: Pat Ellison. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S who was ordained Deacon on 14th September and who will serve at St Andrews Cathedral, Inverness. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 7th October at 7pm at Alison's house.

CELTIC MORNING PRAYER

Celtic morning prayer takes place every Wednesday morning at 9am via Zoom for about 30 mins. To add your name, contact Gillian Newman. annegilliannevman@gmail.com

PET BLESSING

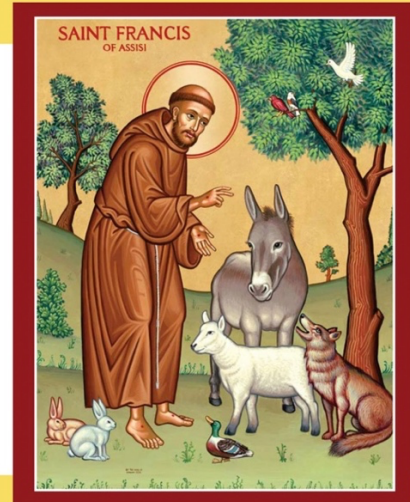
4th October is the Feast Day for St Francis of Assisi so it's time for the annual pet blessing at Munloch Animal Aid.

This will be on **Sunday Oct 6th** & Father Mel will be officiating. Please note that this year **it will be at 2pm** (& not the usual 3pm).

All welcome.

(Address Wood End, North Kessock, Inverness IV1 3ZD)

BLESSING OF PETS




Sunday October 6th at 2pm

Munloch Animal Aid

Bring your pets for a short service and blessing followed by refreshments

CONFIRMATION STUDY GROUP

This is an open invitation from Fr Iain to anyone from any of the congregations who wants to prepare for confirmation or simply revisit their confirmation vows.



**Saint Michael
and All Angels**
Scottish Episcopal Church
Abban Street Inverness



CONFIRMATION STUDY GROUP
**WEDNESDAYS 16th OCTOBER
TO 20th NOVEMBER**
6pm to 7pm

- Week 1: Our Liturgy. Fr Iain Macrichtie
- Week 2: Confirmation in the different Christian traditions. Brian Marshall and Fr Ian Pallett
The distinctive history of the Scottish Episcopal Church.
- Week 3: The 'Marks of Mission' and the mission of the Church. Fr Ian Pallett
- Week 4: What we believe. The Creed. Brian Marshall
- Week 5: What we believe. The Creed (part 2). Brian Marshall
- Week 6: Christian communities and hope. Brian Marshall

All are very welcome to attend this group.

Some may wish to attend, simply to engage with the study.

Some may wish to use this as an opportunity to revisit and perhaps even renew their confirmation vows.

Some may wish to use this as preparation for Confirmation.

SHOEBOX OPERATION UPDATE

300 boxes filled, 250 to go!!! On Friday seven of us packed 100 beautiful boxes with lots of essentials, toiletries, hats, mittens/gloves and scarves for 100 boys. I wish we could see their faces when they open them!! What joy and love they will receive. As Reverend Christine said on Sunday, how blessed are we that we are able to give to others who need this ministry. If you are able to pop along on the 18th or 25th October, at the Lodge between 12 - 4pm, bring a sandwich. Tea, coffee and cakes provided. Next filling stations are for little girls!! We would welcome sweets (expiry date later than end March 2025), and for the month of October, we would welcome donations of hats, gloves and scarves. Primark are very reasonable for gloves.

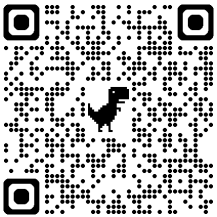
Bless you for reading this.
Jan MacIennan xxx



DIOCESAN SURVEY (A story to tell in our place)

Those on the congregation circulation list should have received an email from the Vestry Secretary containing a letter asking you to complete an online survey. I include the link to access and QR code (should you wish to upload it on another device) here and encourage you to complete it. All the instructions you need are on the screen.

<https://collector.sensemaker-suite.com/collector?projectID=81368796-20dd-4af1-b58f-7cb7e489c14a>



NET ZERO TOOLKIT

Churches will be asked to review what can be done now and, in the future, to reduce our carbon footprint ahead of a meeting in the autumn. For those interested in what must be done and the support available to use from the province please take a look at this link.

<https://www.scotland.anglican.org/new-net-zero-toolkit-and-net-zero-cards/>

FROM BLYTHSWOOD FOODBANK

A poster for Highland Foodbank's Harvest 2024 campaign. The poster is green and white. It features the Highland Foodbank logo at the top left, which includes a green leaf icon. To the right of the logo, the text "Harvest 2024" is written in a white, handwritten-style font. Below the logo, there is a list of items they are grateful for, including small bags of rice, long life juice/diluting, tins of ham, jars of pasta sauce, tins of custard/rice, and shower gel/deodorant. To the right of the list is a photograph of a woman smiling and holding a sign that says "Foodbank". Below the list, there is a quote from a single mum of two primary aged children, who explains that she works full-time and has to pay for child care for five weeks during summer school holidays. At the bottom of the poster, there is contact information for Highland Foodbank, including a phone number (01463 717630), an email address (foodbank.admin@blythswood.org), and their registered charity status in Scotland (048001) and company number (583493). The Blythswood Care logo is also present at the bottom right, which features a green cross and the text "BLYTHSWOOD CARE" and "GOSPEL".

MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)