

PENTECOST 22
20th October 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 20th October 2024
Pentecost 22

RESERVED SACRAMENT SERVICE

9.45am in St John's with Ann & Jean

9.45am in St Regulus with Jeremy

**11.30am in St Andrew's with LR Christine
Maclaren**

(Readings: Is 53.4-12. Ps 91.9-16. Heb 5.1-10. Mk 10.35-45)

WEEK AT A GLANCE 21 Oct – 26 Oct)

MON:

TUE:

WED: 9.30am Celtic Morning Prayer (Online)

10.00am Bible Study

10:00am Charity Shop

THU: 10:30am Service at St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 27th October 2024
Pentecost 23

THE HOLY EUCHARIST

9.45am in St John's with Rev John Riches

9.45am in St Regulus with LR Megan Cambridge

RESERVED SACRAMENT SERVICE

11.30am in St Andrew's with LR Barrie

(Readings: Jer 31.7-9. Ps 126. Heb 7.23-38. Mk 10.46-52)

+PSALM 91, 9-16

The Lord shall give his angels charge over you.

**The Lord shall give his angels charge over
you.**

Because you have made the Lord your refuge, and the
Most High your habitation,
There shall no evil happen to you, neither shall any
plague come near your dwelling.

**The Lord shall give his angels charge over
you.**

For he shall give his angels charge over you, to keep
you in all your ways.

They shall bear you in their hands, lest you dash your
foot against a stone.

**The Lord shall give his angels charge over
you.**

You shall tread upon the lion and adder; you shall
trample the young lion and the serpent under your feet.
Because he is bound to me in love, therefore will I
deliver him; I will protect him, because he knows my
Name.

**The Lord shall give his angels charge over
you.**

He shall call upon me, and I will answer him; I am
with him in trouble; I will rescue him and bring him to
honour.

With long life will I satisfy him, and show him my
salvation.

**The Lord shall give his angels charge over
you.**

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and
heart in the world...that we may all LIVE and Be the
GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to
terrorism and hatred in all its forms. For our fellow
Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for the
Eglise Anglicane du Rwanda.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion
of Churches. For Stuart T & all who are studying for
Ordination or Readership. For their instructors & all
who support them. For Mark, our Bishop, and all
priests, lay readers and eucharistic ministers helping to
maintain our cycle of worship during the interregnum.
We pray for the congregation of St. Margaret of
Scotland, Aberlour. & we pray for our sister Dioceses
of Québec, Canada & Tuam, Limerick & Killaloe,
Ireland.

**OUR CHURCH & COMMUNITY FAMILY &
FRIENDS**

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S who was ordained Deacon on 14th September and who will serve at St Andrews Cathedral, Inverness. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE




The next prayer meeting will be on 4th November at 7pm at Christine's house

CELTIC MORNING PRAYER

Celtic morning prayer takes place every Wednesday morning at 9am via Zoom for about 30 mins. To add your name, contact Gillian Newman. annegilliannewman@gmail.com

CONFIRMATION STUDY GROUP

This is an open invitation from Fr Iain to anyone from any of the congregations who wants to prepare for confirmation or simply revisit their confirmation vows.



Saint Michael and All Angels

Scottish Episcopal Church
Abban Street Inverness

CONFIRMATION STUDY GROUP

**WEDNESDAYS 16th OCTOBER
TO 20th NOVEMBER**

6pm to 7pm

- Week 1: Our Liturgy. Fr Iain Macritchie
- Week 2: Confirmation in the different Christian traditions.
The distinctive history of the Scottish Episcopal Church. Brian Marshall and Fr Ian Pallett
- Week 3: The 'Marks of Mission' and the mission of the Church. Fr Ian Pallett
- Week 4: What we believe. The Creed. Brian Marshall
- Week 5: What we believe. The Creed (part 2). Brian Marshall
- Week 6: Christian communities and hope. Brian Marshall

All are very welcome to attend this group.

Some may wish to attend, simply to engage with the study.

Some may wish to use this as an opportunity to revisit and perhaps even renew their confirmation vows.

Some may wish to use this as preparation for Confirmation.

OPERATION SHOEBOX UPDATE

300 boxes filled, 250 to go!!! At our last gathering seven of us packed 100 beautiful boxes with lots of essentials, toiletries, hats, mittens/gloves and scarves for 100 boys. I wish we could see their faces when

they open them!! What joy and love they will receive. As Reverend Christine said the following Sunday, how blessed are we that we are able to give to others who need this ministry. If you are able to pop along on the 18th or 25th October, at the Lodge between 12 - 4pm, bring a sandwich. Tea, coffee and cakes provided. Next filling stations are for little girls!! We would welcome sweets (expiry date later than end March 2025), and for the month of October, we would welcome donations of hats, gloves and scarves. Primark are very reasonable for gloves.

Bless you for reading this.

Jan MacLennan xxx



COME FOR A CURRY

Rev Christine and Jan invite you to
COME FOR A CURRY
Friday 8 November
1.00pm

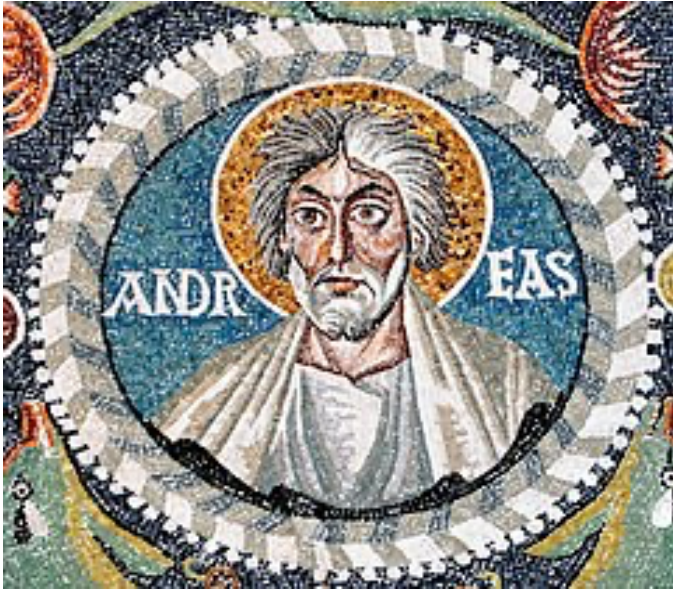
Chapter Cottage, Cathedral Square, Fortrose
Fundraiser for our Shoebox Project
Booking essential, places limited
01381 621975 or christinemylne85@gmail.com



Photo by [Dagne Marius on Unsplash](#)

FEAST OF ST ANDREW

There will be a celebration of Holy Communion on Nov 30th for the feast of St Andrew in St Andrew's, Fortrose, at 7.00pm followed by a social gathering at Chapter Cottage (drinks and nibbles). Everyone welcome, no need to book.



Andrew the Apostle, detail of the mosaic in the [Basilica of San Vitale, Ravenna](#), 6th century

MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)

FROM BLYTHSWOOD FOODBANK



Harvest 2024


Can you help by donating an item or two from the list below?

Items we'd be grateful for

- Small bags rice
- Long life juice/diluting
- Tins of ham
- Jars of pasta sauce
- Tins of custard/rice
- Shower gel/deodorant

Highland Foodbank provides emergency food packages with enough food to make 3 meals over 3 days to people who would otherwise go hungry.

People in crisis are referred to Foodbank by a variety of different organisations including CAB and Social Work Teams.



"I'm a single mum of two primary aged children. I work full-time, and although money is always very tight I normally manage. With seven weeks of summer school holidays and only having two weeks annual leave from my job, I've had to pay child care for five weeks! The cost of this has taken me way beyond my budget. I don't know how we would have survived without a referral to food bank."

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493

