

PENTECOST 19
29th September 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 29th September 2024
Pentecost 19

THE HOLY EUCHARIST

11am in St John's with Rev. Christine
Followed by bring & share lunch

**(5th Sunday – only one service at 11am in Black Isle
Charge)**

(Nu 11.4-6,10-16, 24-29. Ps 19.7-14. Jas 5.13-20. Mk 9.38-50)

WEEK AT A GLANCE 30 Sept – 5 Oct)

MON:

TUE:

WED: 09.30am Celtic Morning Prayer (Online)

10.00am Bible Study

10:00am Charity Shop

THU: 10:30am Service at St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 6th October 2024
Pentecost 20

THE HOLY EUCHARIST

9.45am in St John's with Fr Mel (& baptism)

Eucharist or Reserved Sacrament

11.30am in St Andrew's

(Readings Gen 2.18-24. Ps 8. Heb 1.1-4;2.5-12. Mk 10.2-16)

Thanksgiving for Harvest

9.45am in St Regulus

(awaiting confirmation of the rota for October)

+PSALM 19, 7-14.

The law of the Lord is perfect and revives the soul

**The law of the Lord is perfect and revives
the soul.**

The law of the Lord is perfect and revives the soul; the
testimony of the Lord is sure and gives wisdom to the
innocent.

The statutes of the Lord are just and rejoice the heart;
the commandment of the Lord is clear and gives light
to the eyes.

**The law of the Lord is perfect and revives
the soul.**

The fear of the Lord is clean and endures for ever; the
judgments of the Lord are true and righteous
altogether.

More to be desired are they than gold, more than much
fine gold, sweeter far than honey, than honey in the
comb.

**The law of the Lord is perfect and revives
the soul.**

By them also is your servant enlightened, and in
keeping them there is great reward. Who can tell how
often he offends? cleanse me from my secret faults.
Above all, keep your servant from presumptuous sins;
let them not get dominion over me; then shall I be
whole and sound, and innocent of a great offense.

**The law of the Lord is perfect and revives
the soul.**

Let the words of my mouth and the meditation of my
heart be acceptable in your sight, O Lord, my strength
and my redeemer.

**The law of the Lord is perfect and revives
the soul.**

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and
heart in the world...that we may all LIVE and Be the
GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to
terrorism and hatred in all its forms. For our fellow
Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for The
Church of Pakistan (United).

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion
of Churches. For Stuart T & all who are studying for
Ordination or Readership. For their instructors & all
who support them. For Mark, our Bishop, and all
priests, lay readers and eucharistic ministers helping to
maintain our cycle of worship during the interregnum.
We pray for the congregation of St. Ninian,
Invergordon: John Cuthbert. & we pray for our sister

Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S who was ordained Deacon on 14th September and who will serve at St Andrews Cathedral, Inverness. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

The will of Christ is for all to be saved. Let us pray that his will may be done.

-Draw all people to yourself Lord.

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin: lead us to the freedom and glory of the sons and daughters of God.

-Draw all people to yourself Lord.

Be with our bishop, Mark, and all the bishops of your Church: grant them courage and compassion in their ministry.

-Draw all people to yourself Lord.

Bless our sisters and brothers of every tradition and teach us to hunger and thirst for unity.

-Draw all people to yourself Lord.

Help those who seek the truth to find it: let them be consecrated in truth.

-Draw all people to yourself Lord.

Bless all with whom we share life here on the Black Isle and guide us as we support and encourage one another.

-Draw all people to yourself Lord.

We pray especially for peace in family life, and for those orphaned and widowed: comfort them in your love.

-Draw all people to yourself Lord.

May our departed brothers and sisters come to the heavenly city: there, with the Father and the Holy Spirit, you will reign forever.

-Draw all people to yourself Lord.

Conclude with the Lord's Prayer.

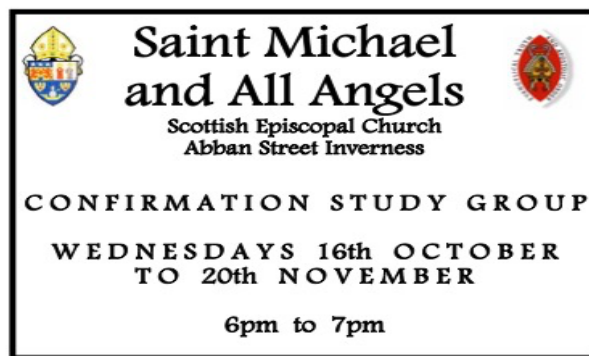
JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 7th October at 7pm at Alison's house.

CONFIRMATION STUDY GROUP

This is an open invitation from Fr Iain to anyone from any of the congregations who wants to prepare for confirmation or simply revisit their confirmation vows.



- Week 1: Our Liturgy. Fr Iain Macritchie
- Week 2: Confirmation in the different Christian traditions. The distinctive history of the Scottish Episcopal Church. Brian Marshall and Fr Ian Pallett
- Week 3: The 'Marks of Mission' and the mission of the Church. Fr Ian Pallett
- Week 4: What we believe. The Creed. Brian Marshall
- Week 5: What we believe. The Creed (part 2). Brian Marshall
- Week 6: Christian communities and hope. Brian Marshall

All are very welcome to attend this group.

Some may wish to attend, simply to engage with the study.

Some may wish to use this as an opportunity to revisit and perhaps even renew their confirmation vows.

Some may wish to use this as preparation for Confirmation.

SHOEBOX OPERATION UPDATE

300 boxes filled, 250 to go!!! On Friday seven of us packed 100 beautiful boxes with lots of essentials, toiletries, hats, mittens/gloves and scarves for 100 boys. I wish we could see their faces when they open them!! What joy and love they will receive. As Reverend Christine said on Sunday, how blessed are we that we are able to give to others who need this ministry. If you are able to pop along on the 18th or 25th October, at the Lodge between 12 - 4pm, bring a sandwich. Tea, coffee and cakes provided. Next filling stations are for little girls!! We would welcome sweets (expiry date later than end March 2025), and for the month of October, we would welcome donations of hats, gloves and scarves. Primark are very reasonable for gloves.

Bless you for reading this.

Jan Maclennan xxx



COFFEE & CROISSANTS AT THE FREE CHURCH

We gathered with women of various denominations at Fortrose Free Church last Saturday for coffee, croissants and pancakes. We were treated to some information from Avoch Congregational Church on their 'JAFFA' club for kids (Jesus a friend for all). It looks like a good time was had by all! With thanks to Alison for the photo.



CELTIC MORNING PRAYER

Celtic morning prayer takes place every Wednesday morning at 9am via Zoom for about 30 mins. To add your name, contact Gillian Newman.

annegilliannewman@gmail.com

NET ZERO TOOLKIT

Churches will be asked to review what can be done now and, in the future, to reduce our carbon footprint ahead of a meeting in the autumn. For those interested in what must be done and the support available to use from the province please take a look at this link.

<https://www.scotland.anglican.org/new-net-zero-toolkit-and-net-zero-cards/>

DATES FOR THE DIARY

Evensong to mark the 150th anniversary of the Consecration of the Cathedral on Sunday 29th September.



Festal Choral Evensong
to mark the 150th Anniversary
of the Consecration of the Cathedral

Sunday 29th September 2024 at 1730

All warmly invited - refreshments to follow
RSVP to office@invernesscathedral.org
01463 225553 | SC015830

FROM BLYTHSWOOD FOODBANK



Harvest 2024

Can you help by donating an item or two from the list below?

Items we'd be grateful for

- Small bags rice
- Long life juice/diluting
- Tins of ham
- Jars of pasta sauce
- Tins of custard/rice
- Shower gel/deodorant



"I'm a single mum of two primary aged children. I work full-time, and although money is always very tight I normally manage. With seven weeks of summer school holidays and only having two weeks annual leave from my job, I've had to pay child care for five weeks! The cost of this has taken me way beyond my budget. I don't know how we would have survived without a referral to food bank."

Highland Foodbank provides emergency food packages with enough food to make 3 meals over 3 days to people who would otherwise go hungry.

People in crisis are referred to Foodbank by a variety of different organisations including CAB and Social Work Teams.

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493



MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)