

PENTECOST 17
15th September 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh
Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 15th September 2024
Pentecost 17

THE HOLY EUCHARIST

9.45am in St Regulus with Rev. Christine

11.30am in St Andrew's with Rev. Ellie

RESERVED SACRAMENT SERVICE

9.45am in St John's with Jean & Ann

(Is 50.4-9a. Ps 116.1-8. Jas 3.1-12. Mk 8.27-38)

WEEK AT A GLANCE 16 Sept – 21 Sept)

MON:

TUE: 7.00pm Eucharist at St Regulus

WED: 09.30am Celtic Morning Prayer (Online)

10:00am Charity Shop

10.00am Bible Study

THU: 10:30am Service at St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 22nd September 2024
Pentecost 18

THE HOLY EUCHARIST

9.45am in St Regulus with Rev. Robyn

*(Readings Wis 1.16-2.1,12-22 or Jer 11.18-20. James 3:13-4:3, 7-8a
Ps 54. Mk 9.30-37)*

Harvest Festival

9.45am in St John's with Rev. Christine

11.30am in St Andrew's with Rev. Christine

*(Readings Joel 2.21-2. Ps 126. 1 Tim 6. 6-10
Matt 6 25-33)*

+PSALM: 116, 1-8

I will walk in the presence of the Lord in the land of the living.

I will walk in the presence of the Lord in the land of the living.

I love the Lord, because he has heard the voice of my supplication, because he has inclined his ear to me whenever I called upon him.

The cords of death entangled me; the grip of the grave took hold of me; I came to grief and sorrow.

I will walk in the presence of the Lord in the land of the living.

Then I called upon the Name of the Lord: "O Lord, I pray you, save my life."

Gracious is the Lord and righteous; our God is full of compassion.

I will walk in the presence of the Lord in the land of the living.

The Lord watches over the innocent; I was brought very low, and he helped me.

Turn again to your rest, O my soul, for the Lord has treated you well.

I will walk in the presence of the Lord in the land of the living.

For you have rescued my life from death, my eyes from tears, and my feet from stumbling.

I will walk in the presence of the Lord in the land of the living.

I will walk in the presence of the Lord in the land of the living.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for The Church of Nigeria (Anglian Communion)..

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregations of St. Mary the Virgin, Ullapool; St. Gilbert's Kinlochbervie; St. Gilbert's Lochinver; St. Boniface Achiltibuie: Clare Caley, David Higgon. John Green. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S who will be ordained Deacon this month. For Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

The will of Christ is for all to be saved. Let us pray that his will may be done.

-Draw all people to yourself Lord.

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin: lead us to the freedom and glory of the sons and daughters of God.

-Draw all people to yourself Lord.

Be with our bishop, Mark, and all the bishops of your Church: grant them courage and compassion in their ministry.

-Draw all people to yourself Lord.

Bless our sisters and brothers of every tradition and teach us to hunger and thirst for unity.

-Draw all people to yourself Lord.

Help those who seek the truth to find it: let them be consecrated in truth.

-Draw all people to yourself Lord.

Bless all with whom we share life here on the Black Isle and guide us as we support and encourage one another.

-Draw all people to yourself Lord.

We pray especially for peace in family life, and for those orphaned and widowed: comfort them in your love.

-Draw all people to yourself Lord.

May our departed brothers and sisters come to the heavenly city: there, with the Father and the Holy Spirit, you will reign forever.

-Draw all people to yourself Lord.

Conclude with the Lord's Prayer.

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 7th October at 7pm at Alison's house.

ST REGULUS SUMMER SERVICES

Rev Christine will be celebrating Holy Communion at St Regulus at 7.00pm on **Tuesday 17th of September**. This will be the final Tuesday service at St Regulus this year.


CELTIC MORNING PRAYER

Celtic morning prayer takes place every Wednesday morning at 9am via Zoom for about 30 mins. To add your name, contact Gillian Newman.

annegillianneyman@gmail.com

CONFIRMATION STUDY GROUP

This is an open invitation from Fr Iain to anyone from any of the congregations who wants to prepare for confirmation or simply revisit their confirmation vows.



Saint Michael and All Angels

Scottish Episcopal Church
Abban Street Inverness

CONFIRMATION STUDY GROUP

**WEDNESDAYS 16th OCTOBER
TO 20th NOVEMBER**

6pm to 7pm

- Week 1: Our Liturgy. Fr Iain Macritchie
- Week 2: Confirmation in the different Christian traditions.
The distinctive history of the Scottish Episcopal Church. Brian Marshall and Fr Ian Pallett
- Week 3: The 'Marks of Mission' and the mission of the Church. Fr Ian Pallett
- Week 4: What we believe. The Creed. Brian Marshall
- Week 5: What we believe. The Creed (part 2). Brian Marshall
- Week 6: Christian communities and hope. Brian Marshall

All are very welcome to attend this group.

Some may wish to attend, simply to engage with the study.

Some may wish to use this as an opportunity to revisit and perhaps even renew their confirmation vows.

Some may wish to use this as preparation for Confirmation.

NET ZERO TOOLKIT

Churches will be asked to review what can be done now and, in the future, to reduce our carbon footprint ahead of a meeting in the autumn. For those interested in what must be done and the support available to use from the province please take a look at this link.

<https://www.scotland.anglican.org/new-net-zero-toolkit-and-net-zero-cards/>

OPERATION SHOEBOX UPDATE

Last Friday, we filled 100 of the previously wrapped shoeboxes with hats, scarves, gloves, toothpaste, toothbrushes, soap, shampoo, deodorant, razors, shaving gel, pens, notebooks, mints, combs, and a gift of an enamel mug that they can heat up their soup or drinks in over stoves if need be. Some have tape measures, screwdrivers, and all packed with love. There was only four of us to begin with, then two more of our ladies arrived, and we managed to complete the 100 men. Next Friday we are packing 100 Women's

boxes. If you can join us, that would be great. More hands make light work, and all instructions given.

If you can buy some sweets (not chocolate), that have an expiry date of later than end of March 2025, or some hairbrushes for the girls, that would be a great help and support.



On this table are the 100 filled boxes. There is another line of boxes behind the ones you can see in the front.

With love and blessings,

Jan MacLennan

[Future dates for your diaries.

We start at 12 midday, and up until 4pm, hopefully filling 100 boxes. Next date is the 13th, and then the 20th September. and then a wee break until the October dates of 18th and 25th.]

DATES FOR THE DIARY

You are warmly invited to attend the **ordination of Laura and Maureen to the order of Deacon on the 14th of September 2024.** Please RSVP the Cathedral office

on office@invernesscathedral.org by the 9th of September 2024.

As this includes Laura Symon who was with us as part of her training, I'm sure quite a few will want to attend so please note the RSVP arrangements.



The Bishop of the United Diocese of Moray, Ross and Caithness
& the Primus of the Scottish Episcopal Church
the Most Revd Mark Strange
warmly invites you to
The Ordination of Laura Symon
& Maureen MacKenzie Farquhar
to the Order of Deacon
on Saturday 14th September at 2pm
in Inverness Cathedral

The spirit of the Lord God is upon me, because the Lord has anointed me

Invitation from Fortrose Free Church

Coffee and Croissants?

Women's Breakfast

**Saturday 21st September 2024, 9.30 – 11am
Fortrose Free Church**

If you are a Christian woman living in Avoch, Rosemarkie or Fortrose, we'd love you to come along for breakfast and a blether on Saturday 21st September. There will be a short talk about the Congregational Church's Jaffa Club for primary aged children and plenty of opportunity to share our experiences and encourage one another.

A quick email to rona.moggach@btinternet.com or margaret@clanberry.net would be helpful (but not essential) to give us an idea of numbers. Hope to see you there



Licensing of Rev. Katrina O'Neil as Deacon of St John's Inverness.

You are warmly invited to attend the licensing of Rev Katrina as Deacon of St John's in Inverness on the 25th of September, further details can be found in the attached invitation.

Please RSVP to sjepiscopalchurch@gmail.com by the 18th of September 2024.

You are warmly invited to the Licensing Service of



Rev Katrina O'Neil

as Deacon at St John's, Inverness



on Wednesday 25th September at 6:30 pm
at a Service of Eucharist
Refreshments to follow

RSVP to sjepiscopalchurch@gmail.com before 18th September

Limited parking is available on street (restrictions apply)
and Crown Church Car Park (Ringo 23452)

Evensong to mark the 150th anniversary of the Consecration of the Cathedral on Sunday 29th September.



Festal Choral Evensong
to mark the 150th Anniversary
of the Consecration of the Cathedral

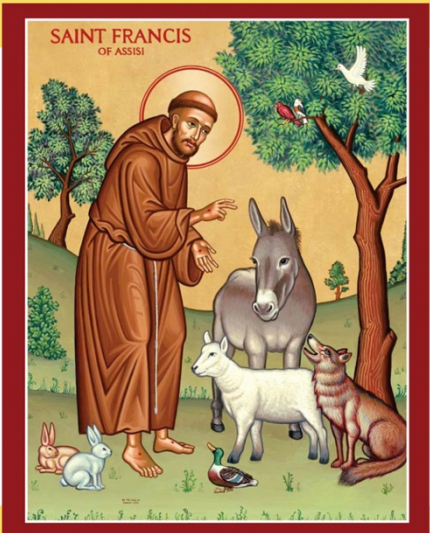
Sunday 29th September 2024 at 1730

All warmly invited- refreshments to follow
RSVP to office@invernesscathedral.org
01463 225553 | SC015830

PET BLESSING

4th October is the Feast Day for St Francis of Assisi so it's time for the annual pet blessing at Munloch Animal Aid. All welcome.

(Address Wood End, North Kessock, Inverness IV1 3ZD)



BLESSING OF PETS

Sunday October 6th at 2pm
Munloch Animal Aid
Bring your pets for a short service and blessing followed by refreshments

FROM BLYTHSWOOD FOODBANK

HIGHLAND FOODBANK - HARVEST 2024

(From Lorna Dempster, Foodbank Manager)

Harvest is a time of year when we remember God's goodness to us – and also reflect on our responsibility to express his love to those in our community and in our world who are in need. So it's not surprising that

Harvest Thanksgiving continues to be the most significant time of year for giving to Foodbank from Highland Churches.

Nobody in the Highlands of Scotland should need to use a food bank, but the reality is that many do because income just isn't enough to afford the essentials.

I'm writing to ask if you would consider supporting us at Harvest this year, thus helping to make a difference in people's lives in the weeks and months ahead.

I'm assigning six products to each participating Church. The flyer attached lists the products we'd like your congregation to consider donating, if your Church decides to support Highland Foodbank this Harvest season.

Donations of used or new 'bags for life' would also be very welcome and much appreciated.



Highland foodbank Harvest 2024

Can you help by donating an item or two from the list below?

Items we'd be grateful for

- Small bags rice
- Long life juice/diluting
- Tins of ham
- Jars of pasta sauce
- Tins of custard/rice
- Shower gel/deodorant

Highland Foodbank provides emergency food packages with enough food to make 3 meals over 3 days to people who would otherwise go hungry.

People in crisis are referred to Foodbank by a variety of different organisations including CAB and Social Work Teams.



"I'm a single mum of two primary aged children. I work full-time, and although money is always very tight I normally manage. With seven weeks of summer school holidays and only having two weeks annual leave from my job, I've had to pay child care for five weeks! The cost of this has taken me way beyond my budget. I don't know how we would have survived without a referral to food bank."

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493



MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)