

**PENTECOST 15**  
**1<sup>st</sup> September 2024**



**The Scottish Episcopal Church on the Black Isle**  
**Eaglais Easbaigeach na h-Alba san Eilean Dubh**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,  
Fortrose

The Most Rev'd Mark Strange,  
Bishop of Moray, Ross & Caithness

Interim Rector

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Vestry Secretary:- Isla Cruden: [isla@ricruden.net](mailto:isla@ricruden.net)

**Sunday 1<sup>st</sup> September 2024**

**Pentecost 15**

**THE HOLY EUCHARIST**

**9.45am in St Regulus with Rev. Christine**

**RESERVED SACRAMENT SERVICE**

**9.45am in St John's with Isla & Donald**

**11.30 am in St Andrew's with Alison & Jan**

*(Readings, Dt 4.1-2, 6-9. Ps 15. Jas 1.17-27. Mk 7.1-8,14-15,21-23)*

**WEEK AT A GLANCE 2 Sept – 7 Sept)**

**MON:**

**TUE:**

**WED:** 09.30am Celtic Morning Prayer (Online)

10:00am Charity Shop

**THU:** 10:30am Service at St Andrew's

**FRI:**

**SAT:** 10:00am Charity Shop

**Sunday 8<sup>th</sup> September 2024**

**Pentecost 16**

**THE HOLY EUCHARIST**

**9.45am in St John's with Fr Arthur**

**RESERVED SACRAMENT SERVICE**

**9.45am in St Regulus with Lay Team**

**11.30am in St Andrew's with LR Barrie**

*(Readings: Is 35.4-7a, Ps 146, Jas 2.1-10(11-13)14-1,7 Mk 7.24-37)*

**+PSALM: 15**

Those who do what is right will dwell in the presence of the Lord.

**Those who do what is right will dwell in the presence of the Lord.**

Lord, who may dwell in your tabernacle? who may abide upon your holy hill?

Whoever leads a blameless life and does what is right, who speaks the truth from his heart.

**Those who do what is right will dwell in the presence of the Lord.**

There is no guile upon his tongue; he does no evil to his friend; he does not heap contempt upon his neighbour.

In his sight the wicked is rejected, but he honours those who fear the Lord.

**Those who do what is right will dwell in the presence of the Lord.**

He has sworn to do no wrong and does not take back his word.

He does not give his money in hope of gain, nor does he take a bribe against the innocent.

Whoever does these things shall never be overthrown.

**Those who do what is right will dwell in the presence of the Lord.**

**PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

**OUR WORLD**

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

**OUR COMMUNION**

Pray for the peace and unity of the Church and for Igreja Anglicana de Mocambique e Angola.

**OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregation of St. Mary-in-the-Fields, Culloden: overseen by the Inverness City Team. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

**OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S who will be ordained Deacon this month. For Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in

Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

### A DAILY PRAYER for the WEEK

*Spend a moment in silence and call to mind any concerns... then pray:*

The will of Christ is for all to be saved. Let us pray that his will may be done.

*-Draw all people to yourself Lord.*

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin: lead us to the freedom and glory of the sons and daughters of God.

*-Draw all people to yourself Lord.*

Be with our bishop, Mark, and all the bishops of your Church: grant them courage and compassion in their ministry.

*-Draw all people to yourself Lord.*

Bless our sisters and brothers of every tradition and teach us to hunger and thirst for unity.

*-Draw all people to yourself Lord.*

Help those who seek the truth to find it: let them be consecrated in truth.

*-Draw all people to yourself Lord.*

Bless all with whom we share life here on the Black Isle and guide us as we support and encourage one another.

*-Draw all people to yourself Lord.*

We pray especially for peace in family life, and for those orphaned and widowed: comfort them in your love.

*-Draw all people to yourself Lord.*

May our departed brothers and sisters come to the heavenly city: there, with the Father and the Holy Spirit, you will reign forever.

*-Draw all people to yourself Lord.*

*Conclude with the Lord's Prayer.*

### JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 2nd September at 7pm at Rev. Christine's house.

### ST REGULUS SUMMER SERVICES

Rev Christine will be celebrating Holy Communion at St Regulus at 7.00pm on the third Tuesday of the month. The September service will be the final Tuesday service this year.

### CELTIC MORNING PRAYER


Celtic morning prayer will be restarted on 21st August and will be held every Wednesday morning at 9am via Zoom. About 30 mins.

To add your name contact Gillian Newman.

[annegillianneyman@gmail.com](mailto:annegillianneyman@gmail.com)


### CONFIRMATION STUDY GROUP

This is an open invitation from Fr Iain to anyone from any of the congregations who wants to prepare for confirmation or simply revisit their confirmation vows.



## Saint Michael and All Angels

Scottish Episcopal Church  
Abban Street Inverness



### CONFIRMATION STUDY GROUP

WEDNESDAYS 16th OCTOBER  
TO 20th NOVEMBER

6pm to 7pm

- Week 1: Our Liturgy. Fr Iain Macritchie
- Week 2: Confirmation in the different Christian traditions.  
The distinctive history of the Scottish Episcopal Church. Brian Marshall and Fr Ian Pallett
- Week 3: The 'Marks of Mission' and the mission of the Church. Fr Ian Pallett
- Week 4: What we believe. The Creed. Brian Marshall
- Week 5: What we believe. The Creed (part 2). Brian Marshall
- Week 6: Christian communities and hope. Brian Marshall

All are very welcome to attend this group.

Some may wish to attend, simply to engage with the study.

Some may wish to use this as an opportunity to revisit and perhaps even renew their confirmation vows.

Some may wish to use this as preparation for Confirmation.

### NET ZERO TOOLKIT

Churches will be asked to review what can be done now and, in the future, to reduce our carbon footprint ahead of a meeting in the autumn. For those interested in what must be done and the support available to use from the province please take a look at this link.

<https://www.scotland.anglican.org/new-net-zero-toolkit-and-net-zero-cards/>

A note from Rev. Christine to all

**Merry widows, widowers and live-aloners.**

If you would like to spend a Sunday afternoon in company rather than on your own, join us for

lunch on Sunday 8<sup>th</sup> September, at St Katherine's, Union Street, Fortrose (the pink house). Booking essential at

[christinemylne85@gmail.com](mailto:christinemylne85@gmail.com) or on 01381 621975. No need to bring anything, but a

SMALL contribution towards



cost would be appreciated. Please let me know if you have any food allergies.



## OPERATION SHOEBOX UPDATE

We had a great time in July and at the last box wrapping, we managed 36 boxes between the 7 of us. Great work, great banter, and now we are nearing our grand total; and have 37 more to go. Throughout the year we are so grateful for all the wonderful donations of the essentials, which are hats, gloves/mittens and scarves, along with the essential toiletries and gifts, and we manage to pack the most delightful, essential, practical and useful gifts for those most in need. Our next box wrapping session will be on the 30th August between 2 - 4pm at the Lodge, Fortrose. For the month of August, we would welcome donations of sewing kits and household candles. We are still needing bars of soap and toothpaste to make up the numbers. Thank you for taking time to read this and for contributing.

God Bless,  
*Jan MacLennan*



## DATES FOR THE DIARY

You are warmly invited to attend the **ordination of Laura and Maureen to the order of Deacon on the 14<sup>th</sup> of September 2024**. Please RSVP the Cathedral office on [office@invernesscathedral.org](mailto:office@invernesscathedral.org) by the 9th of September 2024.

As this includes Laura Symon who was with us as part of her training, I'm sure quite a few will want to attend so please note the RSVP arrangements.



## Licensing of Rev. Katrina O'Neil as Deacon of St John's Inverness.

You are warmly invited to attend the licensing of Rev Katrina as Deacon of St John's in Inverness on the 25th of September, further details can be found in the attached invitation.

Please RSVP to [sjepiscopalchurch@gmail.com](mailto:sjepiscopalchurch@gmail.com) by the 18th of September 2024.



## Evensong to mark the 150<sup>th</sup> anniversary of the Consecration of the Cathedral on Sunday 29<sup>th</sup> September.



## FROM BLYTHSWOOD FOODBANK



The items we'd appreciate donations of in July & August 2024 are:

- Tins of custard/rice pudding
- Microwave packs of rice
- Tins of potatoes/smash
- Tins of corned beef
- Jars of pasta sauce
- Long life fruit juice
- Tins of fruit
- Tins of ham
- Biscuits
- Shampoo

Nobody  
in the  
Highlands of  
Scotland should be  
without food!  
Please donate an  
item or  
two if you can.  
Thank You!

01463 717630  
[foodbank.admin@blythwood.org](mailto:foodbank.admin@blythwood.org)  
Registered Charity in Scotland 048001  
Company Number 583493

## MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

*Jean (jeanmedavis@gmail.com)*