

PENTECOST 13
18th August 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh
Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 18th August 2024

Pentecost 13

THE HOLY EUCHARIST

11.30am in St Andrew's with Rev. Ellie

RESERVED SACRAMENT SERVICE

9.45am in St John's with Ann & Jean

9.45am in St Regulus with Local Team

(Readings, Pr 9.1-6, Ps 34.9-14, Eph 5.15-20: Jn 6.51-58)

WEEK AT A GLANCE 19 August – 24 August)

MON:

TUE: 7.00pm Holy Communion at St Regulus

WED: 10:00am Charity Shop

THU: 10:30am Service at St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 25th August 2024

Pentecost 14

THE HOLY EUCHARIST

9.45am in St Regulus with +Mark

9.45am in St John's with Rev. Christine

11.30am in St Andrew's with Rev. Christine

(Readings Jos 24.1-2a,14-18. Ps 34.15-22. Eph 6 10-20. Jn 6.56-69)

+PSALM: 34:9-14

The Lord ransoms the life of his servants.

The Lord ransoms the life of his servants.

Fear the Lord, you that are his saints, for those who
fear him lack nothing.

The young lions lack and suffer hunger, but those who
seek the Lord lack nothing that is good.

The Lord ransoms the life of his servants.

Come, children, and listen to me; I will teach you the
fear of the Lord.

Who among you loves life and desires long life to
enjoy prosperity?

The Lord ransoms the life of his servants.

Keep your tongue from evil-speaking and your lips
from lying words.

Turn from evil and do good; seek peace and pursue it.

The Lord ransoms the life of his servants.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and
heart in the world...that we may all LIVE and Be the
GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to
terrorism and hatred in all its forms. For our fellow
Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for the
Anglican Church of Melanesia

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion
of Churches. For all who are studying for Ordination
or Readership. For their instructors & all who support
them. For Mark, our Bishop, and all priests, lay
readers and eucharistic ministers, helping to maintain
our cycle of worship during the interregnum. We pray
for the congregation of St. John, Inverness: Interim
Priest: Grace Siromony. & we pray for our sister
Dioceses of Québec, Canada & Tuam, Limerick &
Killaloe, Ireland.

**OUR CHURCH & COMMUNITY FAMILY &
FRIENDS**

For our three congregations, those who can join us in
public worship and those joining us in spirit at home.
For the Eilean Dubh care home & all care homes and
for our church members who are living in them. For
Laura S, Stuart T & all studying for ordination &
readership. For Igor, Oleksii & Families. For all who
are ill in mind, body, or spirit. Pray for our Granny in
Guatemala: Santos De La Cruz Mendez. For all we
know to need our prayers.

A DAILY PRAYER for the WEEK

*Spend a moment in silence and call to mind any
concerns... then pray:*

The will of Christ is for all to be saved. Let us pray
that his will may be done.

-Draw all people to yourself Lord.

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin: lead us to the freedom and glory of the sons and daughters of God.

-Draw all people to yourself Lord.

Be with our bishop, Mark, and all the bishops of your Church: grant them courage and compassion in their ministry.

-Draw all people to yourself Lord.

Bless our sisters and brothers of every tradition and teach us to hunger and thirst for unity.

-Draw all people to yourself Lord.

Help those who seek the truth to find it: let them be consecrated in truth.

-Draw all people to yourself Lord.

Bless all with whom we share life here on the Black Isle and guide us as we support and encourage one another.

-Draw all people to yourself Lord.

We pray especially for peace in family life, and for those orphaned and widowed: comfort them in your love.

-Draw all people to yourself Lord.

May our departed brothers and sisters come to the heavenly city: there, with the Father and the Holy Spirit, you will reign forever.

-Draw all people to yourself Lord.

Conclude with the Lord's Prayer.

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 2nd September at 7pm at Rev. Christine's house.

ST REGULUS SUMMER SERVICES

Rev Christine will be celebrating Holy Communion at St Regulus at 7.00pm on the third Tuesday of every month until further notice.

NET ZERO TOOLKIT

Churches will be asked to review what can be done now and, in the future, to reduce our carbon footprint ahead of a meeting at the end of August. For those interested in what must be done and the support available to use from the province please take a look at this link. <https://www.scotland.anglican.org/new-net-zero-toolkit-and-net-zero-cards/>

A note from Rev. Christine to all

Merry widows, widowers and live-aloners.

If you would like to spend a Sunday afternoon in company rather than on your own, join us for lunch on Sunday 8th September, at St Katherine's, Union Street, Fortrose (the pink house). Booking essential at christinemylne85@gmail.com or on 01381 621975. No need to bring anything, but a **SMALL** contribution towards



cost would be appreciated. Please let me know if you have any food allergies.

OPERATION SHOEBOX UPDATE

We had a great time in July and at the last box wrapping, we managed 36 boxes between the 7 of us. Great work, great banter, and now we are nearing our grand total; and have 37 more to go. Throughout the year we are so grateful for all the wonderful donations of the essentials, which are hats, gloves/mittens and scarves, along with the essential toiletries and gifts, and we manage to pack the most delightful, essential, practical and useful gifts for those most in need. Our next box wrapping session will be on the 30th August between 2 - 4pm at the Lodge, Fortrose. For the month of August, we would welcome donations of sewing kits and household candles. We are still needing bars of soap and toothpaste to make up the numbers. Thank you for taking time to read this and for contributing.

God Bless,

Jan Maclennan



DATES FOR THE DIARY

You are warmly invited to attend the **ordination of Laura and Maureen to the order of Deacon on the 14th of September 2024**. Please RSVP the Cathedral office on office@invernesscathedral.org by the 9th of September 2024.

As this includes Laura Symon who was with us as part of her training, I'm sure quite a few will want to attend so please note the RSVP arrangements.



The Bishop of the United Diocese of Moray, Ross and Caithness
& the Primus of the Scottish Episcopal Church
the Most Revd Mark Strange
warmly invites you to
The Ordination of Laura Symon
& Maureen MacKenzie Farquhar
to the Order of Deacon
on Saturday 14th September at 2pm
in Inverness Cathedral

The spirit of the Lord God is upon me, because the Lord has anointed me

Evensong to mark the 150th anniversary of the Consecration of the Cathedral on Sunday 29th September.



Festal Choral Evensong
to mark the 150th Anniversary
of the Consecration of the Cathedral

Sunday 29th September 2024 at 1730

All warmly invited- refreshments to follow
RSVP to office@invernesscathedral.org
01463 225553 | SC015830

MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)

OPEN GARDEN

This open garden is open all summer 11-5 daily so please go along and take a look. You won't be disappointed! #beautiful & in a good cause.



FROM BLYTHSWOOD FOODBANK



The items we'd appreciate donations of in July & August 2024 are:

- Tins of custard/rice pudding
- Microwave packs of rice
- Tins of potatoes/smash
- Tins of corned beef
- Jars of pasta sauce
- Long life fruit juice
- Tins of fruit
- Tins of ham
- Biscuits
- Shampoo

Nobody
in the
Highlands of
Scotland should be
without food!

Please donate an
item or
two if you can.

Thank You!

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493