

PENTECOST 11
4th August 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh
Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Sunday 4th August 2024
Pentecost 11

THE HOLY EUCHARIST

9.45am in St Regulus with Rev Christine

RESERVED SACRAMENT SERVICE

9.45am in St John's with Isla & Jean

11.30am in St Andrew's with Alison & Joan

(Readings: Ex 16.2-4,9-15. Ps 78.23-29. Eph 4:1-16. Jn 6.24-35)

WEEK AT A GLANCE 5 August – 10 August)

MON:

TUE:

WED: 10:00am Charity Shop

THU: 10:30am Service at St Andrew's (see below)

FRI:

SAT: 10:00am Charity Shop

Thursday 8th August

Feast of the Transfiguration

10.30am Eucharist at St Andrews Fortrose
Rev Christine presiding

Sunday 11th August 2024
Pentecost 12

THE HOLY EUCHARIST

9.45am in St Regulus with Rev Ellie

9.45am in St John's with Fr Arthur

11.30am in St Andrew's with Rev Hamilton

(Readings 1Kings 19.4-8: Psalm 34. 1-8: Eph 4.25-5.2: Jn 6.35,41-51)

+PSALM: 78:23-29

The Lord gave them grain from heaven.

The Lord gave them grain from heaven.

So he commanded the clouds above and opened the doors of heaven.

He rained down manna upon them to eat and gave them grain from heaven.

So mortals ate the bread of angels; he provided for them food enough.

The Lord gave them grain from heaven.

He caused the east wind to blow in the heavens and led out the south wind by his might.

He rained down flesh upon them like dust and winged birds like the sand of the sea.

The Lord gave them grain from heaven.

He let it fall in the midst of their camp and round about their dwellings.

So they ate and were well filled, or he gave them what they craved.

The Lord gave them grain from heaven.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for The Anglican Church of Kenya

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregations of St. Columba, Brora; St. Maelrubha, Lairg; St. Mary-by-the-Cross, Tongue; James Currall.

& we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S, Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

The will of Christ is for all to be saved. Let us pray that his will may be done.

-Draw all people to yourself Lord.

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin: lead us to the freedom and glory of the sons and daughters of God.

-Draw all people to yourself Lord.

Be with our bishop, Mark, and all the bishops of your Church: grant them courage and compassion in their ministry.

-Draw all people to yourself Lord.

Bless our sisters and brothers of every tradition and teach us to hunger and thirst for unity.

-Draw all people to yourself Lord.

Help those who seek the truth to find it: let them be consecrated in truth.

-Draw all people to yourself Lord.

Bless all with whom we share life here on the Black Isle and guide us as we support and encourage one another.

-Draw all people to yourself Lord.

We pray especially for peace in family life, and for those orphaned and widowed: comfort them in your love.

-Draw all people to yourself Lord.

May our departed brothers and sisters come to the heavenly city: there, with the Father and the Holy Spirit, you will reign forever.

-Draw all people to yourself Lord.

Conclude with the Lord's Prayer.

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 5th August at 7pm at Rev. Christine's house.

OPERATION SHOEBOX UPDATE

We had a great time in July and at the last box wrapping, we managed 36 boxes between the 7 of us. Great work, great banter, and now we are nearing our grand total; and have 37 more to go. Throughout the year we are so grateful for all the wonderful donations of the essentials, which are hats, gloves/mittens and scarves, along with the essential toiletries and gifts, and we manage to pack the most delightful, essential, practical and useful gifts for those most in need.

Our next box wrapping session will be on the 30th August between 2 - 4pm at the Lodge, Fortrose. For the month of August, we would welcome donations of sewing kits and household candles. We are still needing bars of soap and toothpaste to make up the numbers. Thank you for taking time to read this and for contributing.

God Bless,

Jan Maclennan



ST BONIFACE FAIR



**The Scottish Episcopal Church
BLACK ISLE CHARGE**

**St Boniface Fair - 3rd Aug
2024**

**Tea and cake
will be served
in the Cathedral Grounds
from 1.pm till 4.pm
No charge -
donations welcome**



**Donations of Baking will
be gratefully received**

Charity Number - SC010781

ST REGULUS SUMMER SERVICES

Rev Christine will be celebrating Holy Communion at St Regulus at 7.00pm on the third Tuesday of every month until further notice. Other services on Tuesday will be announced when organised.

NET ZERO TOOLKIT

Churches will be asked to review what can be done now and, in the future, to reduce our carbon footprint ahead of a meeting at the end of August. For those interested in what must be done and the support available to use from the province please take a look at this link. <https://www.scotland.anglican.org/new-net-zero-toolkit-and-net-zero-cards/>

DATES FOR THE DIARY

Firstly. You are warmly invited to attend the ordination of Laura and Maureen to the order of Deacon on the 14th of September 2024. Please RSVP the Cathedral office on office@invernesscathedral.org by the 9th of September 2024.

As this includes Laura Symon who was with us as part of her training, I'm sure quite a few will want to attend so please note the RSVP arrangements.



The Bishop of the United Diocese of Moray, Ross and Caithness
& the Primus of the Scottish Episcopal Church

the Most Revd Mark Strange

warmly invites you to

The Ordination of Laura Symon

& Maureen MacKenzie Farquhar

to the Order of Deacon

on Saturday 14th September at 2pm

in Inverness Cathedral

The spirit of the Lord God is upon me, because the Lord has anointed me

Secondly. Evensong to mark the 150th anniversary of the Consecration of the Cathedral on Sunday 29th September.



INVERNESS
CATHEDRAL

Festal Choral Evensong

to mark the 150th Anniversary
of the Consecration of the Cathedral

Sunday 29th September 2024 at 1730

All warmly invited - refreshments to follow
RSVP to office@invernesscathedral.org
01463 225553 | SC015830

MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)

OPEN GARDEN

This open garden is open all summer 11-5 daily so please go along and take a look. You won't be disappointed! #beautiful & in a good cause.



FROM BLYTHSWOOD FOODBANK



The items we'd appreciate donations
of in July & August 2024 are:

- Tins of custard/rice pudding
- Microwave packs of rice
- Tins of potatoes/smash
- Tins of corned beef
- Jars of pasta sauce
- Long life fruit juice
- Tins of fruit
- Tins of ham
- Biscuits
- Shampoo

Nobody
in the
Highlands of
Scotland should be
without food!

Please donate an
item or
two if you can.

Thank You!

01463 717630

foodbank.admin@blythswood.org

Registered Charity in Scotland 048001

Company Number 583493