

PENTECOST 9
21st July 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness

Interim Rector

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Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 21st July 2024

Pentecost 9

THE HOLY EUCHARIST

9.45am in St Regulus with Rev. Ellie

11.30am in St Andrew's with Rev. Ellie

RESERVED SACRAMENT SERVICE

9.45am in St John's with Jean & Ann

(Readings: Jer 23.1-6. Ps 23. Eph 2.11-22. Mk 6.30-34,53-56)

WEEK AT A GLANCE 22 July – 27 July)

MON:

TUE: 7:00pm Eucharist at St Regulus'

WED: 10:00am Charity Shop

THU: 10:30am Service at St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 28th July 2024

Pentecost 10

THE HOLY EUCHARIST

9.45am in St John's with Rev. Christine

RESERVED SACRAMENT SERVICE

9.45am in St Regulus with LR Pat

11.30am in St Andrew's with LR Barrie

(Readings 2 Kg 4.42-44. Ps 145.10-19. Eph 3.14-21. Jn 6.1-21)

+PSALM: 23

The Lord is my shepherd; I shall not want.

The Lord is my shepherd; I shall not want.

The Lord is my shepherd; I shall not be in want.
He makes me lie down in green pastures and leads me
beside still waters.

The Lord is my shepherd; I shall not want.

He revives my soul and guides me along right
pathways for his Name's sake.

Though I walk through the valley of the shadow of
death, I shall fear no evil; for you are with me; your
rod and your staff, they comfort me.

The Lord is my shepherd; I shall not want.

You spread a table before me in the presence of those
who trouble me; you have anointed my head with oil,
and my cup is running over. Surely your goodness and
mercy shall follow me all the days of my life, and I
will dwell in the house of the Lord for ever.

The Lord is my shepherd; I shall not want.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and
heart in the world...that we may all LIVE and Be the
GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to
terrorism and hatred in all its forms. For our fellow
Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for The
Nippon Sei Ko Kai.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion
of Churches. For all who are studying for Ordination
or Readership. For their instructors & all who support
them. For Mark, our Bishop, and all priests, lay
readers and eucharistic ministers, helping to maintain
our cycle of worship during the interregnum. We pray
for the congregation of St. Donan, Lochalsh: Jane
Whittell. & we pray for our sister Dioceses of Québec,
Canada & Tuam, Limerick & Killaloe, Ireland.

**OUR CHURCH & COMMUNITY FAMILY &
FRIENDS**

For our three congregations, those who can join us in
public worship and those joining us in spirit at home.
For the Eilean Dubh care home & all care homes and
for our church members who are living in them. For
Laura S, Stuart T & all studying for ordination &
readership. For Igor, Oleksii & Families. For all who
are ill in mind, body, or spirit. Pray for our Granny in
Guatemala: Santos De La Cruz Mendez. For all we
know to need our prayers.

A DAILY PRAYER for the WEEK

*Spend a moment in silence and call to mind any
concerns... then pray:*

Through the gospel, the Lord Jesus calls us to share in
his glory. Let us make our prayer with him to our
heavenly Father.

-Lord, in your mercy hear our prayer.

We pray for all nations: that we may seek the way that leads to peace, that human rights and freedom may be everywhere respected, and that the world's resources may be generously shared.

-Lord, in your mercy hear our prayer.

We pray for the Church: that her leaders may be faithful ministers of your word, that all her members may be strong in faith and hope and that you may be recognised in the love she bears to all.

-Lord, in your mercy hear our prayer.

We pray for our families, and the community in which we live: that we may find you in them.

-Lord, in your mercy hear our prayer.

We pray for ourselves: that in the coming week we may serve others in our work, and find peace when we rest.

-Lord, in your mercy hear our prayer.

We pray for the faithful and all the departed: that through your mercy they may rest in peace.

-Lord, in your mercy hear our prayer.

Conclude with the Lord's Prayer.

RECRUITMENT OF RECTOR

We have now decided to readvertise. Details can be found at <https://jobs.churchtimes.co.uk/jobs/Rector-in-Scotland-jn12112>

Details can also be found on the Provincial website at <https://www.scotland.anglican.org/vacancy-rector-black-isle-charges/>

Please hold us in your prayers as we seek a new leader for our churches on the Black Isle & please share with those who you think may be interested. Here is the link to the church profile for those who would like further information. <https://episcopalblackisle.scot/rector-advert-charge-profile-for-interested-clergy/>

ST REGULUS SUMMER SERVICES

Rev Christine will be celebrating Holy Communion at St Regulus at 7.00pm on the third Tuesday of every month until further notice. Other services on Tuesday will be announced when organised.

NET ZERO TOOLKIT

Churches will be asked to review what can be done now and, in the future, to reduce our carbon footprint ahead of a meeting at the end of August. For those interested in what must be done and the support available to use from the province please take a look at this link. <https://www.scotland.anglican.org/new-net-zero-toolkit-and-net-zero-cards/>

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE

The next prayer meeting will be on 5th August at 7pm at Rev. Christine's house.



OPERATION SHOEBOX UPDATE

We had a grand box wrapping session last Friday and managed to wrap 44 boxes by the end of the two hours. We also had some wonderful donations of hats, notebooks, pants, socks and more boxes. Our next wrapping session will be on Friday 26th July between 2-4pm. Please come and join us if you can, full instructions will be given; scissors and Sellotape, but if you have a tape dispenser and find this helpful, please feel free to bring it along. We have a tea break midway, with biscuits or cake, and it's such great fun, for a brilliantly worthy cause.

For the month of July we would welcome donations of Men's pants and Teenage boy pants, thank you xx.

May God bless you all,

Jan Maclennan



DATES FOR THE DIARY

Firstly. You are warmly invited to attend the ordination of Laura and Maureen to the order of Deacon on the 14th of September 2024. Please RSVP the Cathedral office on office@invernesscathedral.org by the 9th of September 2024.

As this includes Laura Symon who was with us as part of her training, I'm sure quite a few will want to attend so please note the RSVP arrangements.



The Bishop of the United Diocese of Moray, Ross and Caithness
& the Primus of the Scottish Episcopal Church

the Most Revd Mark Strange

warmly invites you to

The Ordination of Laura Symon

& Maureen MacKenzie Farquhar

to the Order of Deacon

on Saturday 14th September at 2pm

in Inverness Cathedral

The spirit of the Lord God is upon me, because the Lord has anointed me

Secondly. Evensong to mark the 150th anniversary of the Consecration of the Cathedral on Sunday 29th September.



Festal Choral Evensong

to mark the 150th Anniversary
of the Consecration of the Cathedral

Sunday 29th September 2024 at 1730

All warmly invited- refreshments to follow
RSVP to office@invernesscathedral.org
01463 225553 | SC015830

FROM BLYTHSWOOD FOODBANK



Foodbank Isn't Just For Christmas

May & June 2024
Items We **Need**:

- Cartons of Long Life Juice
- Tins of Potato/Smash
- Tins of Custard/Rice
- Tins of Corned Beef
- Jars of Pasta Sauce
- Oatcakes/Crackers
- 1kg Bags of Rice
- Tins of Ham
- Tins of Fruit
- UHT Milk

Nobody in the
Highlands of Scotland
should be without
food!

Please donate items
if you can.

Thank You!

01463 717630
foodbank.admin@blythwood.org
Registered Charity in Scotland 048001
Company Number 583493

MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

For the FB page, information about St Regulus' activities should go to Stuart Thomson, St Andrew's to Alison Garraway & St John's to me.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)