

PENTECOST 4
16th June 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness

Interim Rector

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Sunday 16th June 2024
Pentecost 4

THE HOLY EUCHARIST

11.30am in St Andrew's Rev. Christine Presiding.
LR Pat preaching

RESERVED SACRAMENT SERVICE

9:45am in St John's with Donald & Isla

9:45am in St Regulus' with Jeremy

(Readings Ezek 17.22-24. Ps. 92.1-4,11-14. 2 C 5.6-10(11-13)14-17. Mk 4.26-34)

WEEK AT A GLANCE 17 June – 22 June)

MON: 7.00pm Alpha Course, Cromarty

TUE: 7.00pm Eucharist at St Regulus Cromarty

WED: 9:00am Celtic Morning Prayer: - to join,
please contact annegillianneyman@gmail.com for
the relevant Zoom link

10:00am Charity Shop

10:00am Bible Study

THU: 10:30am Service at St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 23rd June 2024
Pentecost 5

THE HOLY EUCHARIST

9.45 in St John's with Rev. Christine

11.30am in St Andrew's with Rev. Hamilton

RESERVED SACRAMENT SERVICE

9.45 in St Regulus with LR Barrie

(Readings: Job 38.1-11. Ps 107.1-3,23-32. 2 C 6.1-13. Mk 4.35-41)

+PSALM: 92:1-4,11-14

It is a good thing to give thanks to the Lord.

It is a good thing to give thanks to the Lord.

It is a good thing to give thanks to the Lord, and to sing praises to your Name, O Most High; To tell of your loving-kindness early in the morning and of your faithfulness in the night season;

It is a good thing to give thanks to the Lord.

On the psaltery, and on the lyre, and to the melody of the harp.

For you have made me glad by your acts, O Lord; and I shout for joy because of the works of your hands.

It is a good thing to give thanks to the Lord.

The righteous shall flourish like a palm tree, and shall spread abroad like a cedar of Lebanon. Those who are planted in the house of the Lord shall flourish in the courts of our God;

It is a good thing to give thanks to the Lord.

They shall still bear fruit in old age; they shall be green and succulent;

That they may show how upright the Lord is, my Rock, in whom there is no fault.

It is a good thing to give thanks to the Lord.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for the Iglesia Anglicana de Chile

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregation of Courthill Chapel, Kishorn; All Saints Mission, Kinlochewe: Don Grant.. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S, Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in

Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

Christ taught us to set our hearts on the Kingdom of God, and on its justice. In that Kingdom all that we need will be given to us. Until then let us pray:

-Your Kingdom come. O Lord.

Blessed are those who know their need of God: lead us to seek your face in purity of the heart.

-Your Kingdom come. O Lord.

Blessed are those who work for no reward, those who suffer for what is right: comfort them with your presence, lighten their burden.

-Your Kingdom come. O Lord.

Blessed are the gentle, those who show mercy, and forgive; they shall know your forgiveness at the end of time.

-Your Kingdom come. O Lord.

Blessed are the peacemakers, those who reconcile conflict and hate: they are indeed the sons of God.

-Your Kingdom come. O Lord.

Bring consolation to all who mourn departed loved ones: may they share the blessed hope of all who have died in the peace of Christ.

-Your Kingdom come. O Lord.

Conclude with the Lord's Prayer.

RECRUITMENT OF RECTOR

We have now decided to readvertise. Links to the details will be found in the Church Times and on the Provincial website (<https://www.scotland.anglican.org/who-we-are/organisation/vacancies/>) later this week and further information will be posted here and on our FB page when available.

ALPHA COURSE

The next meeting is on Monday 17th. Please pray for us all as we continue this course and don't worry if you have missed previous sessions! Just come along anyway. You will be very welcome!

Alpha in Cromarty!

Curious about faith?



Alpha is a series of group conversations that explore the basics of the Christian faith in an open, friendly environment. We'll eat together, watch a video, and then talk about it in small groups.

Everyone is welcome, no matter background or beliefs. It's free and there is no pressure to come back.

We would love it if you would join us in prayer for our course.

In fellowship and love, Hannah, Stuart, and the rest of the Alpha team at St Regulus

Where? St Regulus' Church, Church Street, Cromarty

When? Starting 7pm, Monday 22 April and following Mondays until 1 July
streguluscromarty@gmail.com



THE BICENTENARY SERVICE FOR THE SCOTTISH FIRE AND RESCUE SERVICE



Come Celebrate the Bicentenary of the Founding of the

World's First Municipal Fire Service & Give Thanks to James Braidwood, The Father of The Modern Fire Service

Sunday 23rd June 2024

11:30hrs at St. Andrew's Scottish Episcopal Church

Academy Street, Fortrose

On Sunday 23rd June at 1130h at St. Andrew's Church, Fortrose we will hold our annual service of thanks and remembrance for the life and legacy of James Braidwood. This year is particularly important as it is the Bicentenary of the founding of the world's first municipal fire service, established in Edinburgh on 23rd October 1824 and led by James Braidwood. He was killed on active duty on 22nd June 1861 whilst assisting his men at the Great Tooley Street Warehouses Fire, London.

The Scottish Fire & Rescue Service will be participating in this special service, as they do each year, with members of our local fire crews present as well as senior officers from Glasgow and Edinburgh. This service provides us with the opportunity to pay our respects to James Braidwood who dedicated his life to the service of others, as well as to our modern fire fighters who put their lives on the line for us every day.



If you would like to make a donation to the Fire Fighters Charity please see the link below.

<https://donate.firefighterscharity.org.uk/?dontype=single>

We look forward to welcoming you to our special service of thanks.

Diana Hamilton-Jones

Great, great, great granddaughter of James Braidwood

ST REGULUS SUMMER SERVICES

Rev Christine will be celebrating Holy Communion at St Regulus at 7.00pm on the third Tuesday of every month until further notice. Other services on Tuesday will be announced when organised.

CROMARTY GARDEN FRIDAYS

Garden Fridays at St Regulus Church are running again this term. The children have been clearing the ground, checking in on their bug hotels from last year, adding new stakes to their willow den and making mud pizzas.

We would really value extra adult help. If anyone is available from 3-4.30 pm on a Friday, we would love to have you along.

Gillian

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on 1st July at 7pm at Rev. Christine's house.

OPERATION SHOEBOX UPDATE

Our next box wrapping session will be on Friday June 28th between 2-4 pm at the Lodge, Fortrose. Why not come and join us? We have a tea and coffee /cake break, and great conversation. For such a worthy cause and fun whilst you work too!! For the month of June, we would appreciate donations of notebooks.

God Bless You All,

Jan MacLennan



FROM BLYTHSWOOD FOODBANK



Foodbank Isn't Just For Christmas

May & June 2024

Items We **Need**:

- Cartons of Long Life Juice
- Tins of Potato/Smash
- Tins of Custard/Rice
- Tins of Corned Beef
- Jars of Pasta Sauce
- Jars of Pasta Sauce
- Oatcakes/Crackers
- 1kg Bags of Rice
- Tins of Ham
- Tins of Fruit
- UHT Milk

Nobody in the Highlands of Scotland should be without food!

Please donate items if you can.

Thank You!

01463 717630
foodbank.admin@blythwood.org
Registered Charity in Scotland 048001
Company Number 583493

MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

For the FB page, information about St Regulus' activities should go to Stuart Thomson, St Andrew's to Alison Garraway & St John's to me.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)