

EASTER 2
7th April 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness

Interim Rector

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Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 7th April 2024

Easter 2

THE HOLY EUCHARIST

9:45am in St Regulus' with Rev. Christine

RESERVED SACRAMENT SERVICE

9:45am in St John's with Ann & Jean

11:30am in St Andrew's with Alison & Joan

(Readings Acts 4.32-3.5 Ps 133. 1 Jn 1.1-2:2. Jn 20.19-31)

+PSALM 133.

How good and pleasant it is to live together in unity.

How good and pleasant it is to live together in unity.

Oh, how good and pleasant it is, when brethren live together in unity! It is like fine oil upon the head that runs down upon the beard, Upon the beard of Aaron, and runs down upon the collar of his robe.

How good and pleasant it is to live together in unity.

It is like the dew of Hermon that falls upon the hills of Zion. For there the Lord has ordained the blessing: life for evermore.

How good and pleasant it is to live together in unity.

WEEK AT A GLANCE 8-13 April)

MON:

TUE: WED: 9:00am Celtic Morning Prayer: - to join, please contact annegilliannevman@gmail.com for the relevant Zoom link

10:00am Charity Shop

10:00am Bible Study

THU: 10.30am Service in St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 14th April 2024

Easter 3

THE HOLY EUCHARIST

9:45am in St John's with Fr Arthur

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with Jeremy & Hannah.

11:30am in St Andrew's with LR Barrie

(Readings Acts 3.12-19. Ps 4. 1 Jn 3.1-7. Lk 24.36b-48)

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for The Episcopal / Anglican Province of Alexandria

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregation of St. Ninian, Invergordon: John Cuthbert. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S, Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

Let us pray to Christ, our life and our resurrection.

– Son of the living God, protect your people.

We pray for your One, Holy, Catholic and Apostolic Church: may she reveal among the nations your kingdom of justice and holiness.

– Son of the living God, protect your people.

We pray for all who are sick, sorrowful...for refugees, captives, and exiles: show them your love, power and compassion.

– Son of the living God, protect your people.

We pray for those who have lost you in the maze of life: let them know once more the joy of coming home.

– Son of the living God, protect your people.

Crucified and risen saviour, you will come again in judgement: be merciful to us sinners.

– Son of the living God, protect your people.
We pray for all the living, and for those who have left
this world in the hope of the resurrection.

– Son of the living God, protect your people.

Conclude with the Lord's Prayer.

BISHOP'S LENT APPEAL



We invite you to join us
in making the
**Bishop Nathaniel Garang
Training Centre**
a reality in South Sudan

Our goal is to raise \$100,000
to build four classrooms, a
computer laboratory, a Library, a
Principal's Office, Washrooms
and a Cafeteria
by the end of 2025

Diocesan Lenten Appeal 2024

A shared fundraising goal with other diocese and
interested international parties

A reminder that the closing date for
donations is 30th April 2024

LENT SOUP LUNCHES

A great big **THANK YOU** to everyone who attended, or
otherwise supported, the Lent Lunches in aid of our
Blythswood Christmas Shoebox Project. A grand total of
£650.05 was raised - and much laughter and companionship
enjoyed. If anyone would like to make a further donation,
I'm more than happy to accept.
Thank you again.

Rev Christine

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE

The next prayer meeting will
be on **8th April** at 7pm at Rev.
Christine's house.



OPERATION SHOEBOX UPDATE

We have had the most wonderful donation of £670.00 from
Reverend Christine's Lenten lunches and this is so so
needed in order to buy the goods that we cannot make, like
soap, shower gel, shampoo, toothbrushes and toothpaste,
hairbrushes and pants, socks, enamel mugs etc. Each and
every pound really matters in getting these wonderful boxes

of love filled and sent to the vulnerable, the poor, the needy,
the displaced, those in war torn areas, and those on the edge
of society where they are alone. This is showing God's
love, this is where the Cross of Christ matters, where we
show our love for others, for what he did for us. We will be
wrapping more boxes for this wonderful ministry on April
26th, 2-4 pm at the Lodge, Fortrose. We would welcome
donations of shampoo and shower gel this month of April.
Thank you, and with love and blessings,

Jan MacLennan xxx



**SHOE BOX
APPEAL**

Bring
joy this
Christmas

shooboxappeal.org
Thank you for filling shoeboxes

Fortrose Church
534 boxes

Transforming lives through Christian care

ALPHA COURSE

St Regulus are starting an Alpha course – “Alpha in
Cromarty” – we would very much appreciate prayer for the
course from our friends at St Andrews and St Johns.
If anyone from our sister churches would like to invite
someone and perhaps come along with them, they are very
welcome.

We are also looking for able and willing bodies to help with
the catering – please contact Charlotte and Gillian about
this.

Stuart and I are contact points for anything else (we are co-
leading it together).

In faith and love!

Hannah

Alpha in Cromarty!

Curious about faith?

Alpha is a series of group conversations that explore the basics of the Christian faith
in an open, friendly environment. We'll eat together, watch a video, and then talk about
it in small groups.

Everyone is welcome, no matter background or beliefs. It's free and there is no
pressure to come back.

We would love it if you would join us in prayer for our course.

In fellowship and love, Hannah, Stuart, and the rest of the Alpha team at St Regulus

Where? St Regulus' Church, Church Street, Cromarty
When? Starting 7pm, Monday 22 April and following Mondays until 1 July
streguluscromarty@gmail.com



FROM BLYTHSWOOD FOODBANK



can you help?

Items we're shorter of
March/April 2024

- 1kg bags of rice
- Microwave packs of rice
- Tins of custard
- Cartons of long life juice
- UHT milk
- Tins of ham/corned beef
- Tins of macaroni cheese
- Washing up liquid
- Cat food

Emergency Food for local people in crisis.

Please donate an item or two from the list, if you can

Thank You!

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493



For the more IT savvy, there is now an App which can tell you in 'real time' which donations are needed urgently. It will also link you to your nearest food drop off point. This is the weblink for further information.

<https://www.bankthefood.org/whatisbankthefood/>

STREET PASTORS



Do you love to pray?

STREET PASTORS are looking for people like you who would like to pray for our patrols and the people of our city. Training is provided.

To find out more about Prayer Pastors, please talk to your church Street Pastors Champion or email inverness@streetpastors.org.uk

If anyone would like more details, please contact Ann Danson on 07731696520.

MESSAGE FROM THE EDITOR

This week I realised that I have been editing this newsletter for a full 6 months! I'd just like to take the opportunity to thank everyone who has contributed, whether on a regular or occasional basis to keep this communication a living and interesting publication. **THANK YOU ALL!!!!**

And the usual reminder to send any information you want included to me by email by noon on Tuesday each week. For the FB page, information about St Regulus' activities should go to Stuart Thomson, St Andrew's, to Alison Garraway & St John's to me.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)

STANDING ON THE EDGE

An invitation from Helen



ROB HALLIGAN

STANDING ON THE EDGE

"This is song-writing Craftsmanship at it's best" *Roll Magazine*

"Songwriting Gold" *Music Week Magazine*

SPRING TOUR 2024

Thursday 11th April
ROSEMARKIE
The Old Mill
1 Marine Terrace - IV10 8UL
Doors - 7pm
INFO - helen.charley@doctors.org.uk

CHILDREN AT RISK with GLOBAL CARE

www.robhalligan.co.uk - email info@robhalligan.co.uk

Please come to an Informal Lounge gig by this talented folk/singer songwriter at the Old Mill - Helen Robinson's house, at 7pm on Thursday April 11th.

Refreshments available.

RSVP as places limited to Helen on 07889181529 or helen.charley@doctors.org.uk

BIG SING



Join the Iona Community for a
BIG SING!

Date: 2pm Sunday 14th April
Venue: Inverness Methodist Church
Tickets: Free

Learn new songs

Raise your voice for a more just and sustainable future

Share a cuppa with us afterwards

No previous singing experience required

Any queries, please contact Gillian Cummins - gillian.cummins@myphone.coop

ALL ARE VERY WELCOME!

Iona Community is a Scottish Charity registered by OSCR
Company No. SC094343 | Charity No. SC002794

All are welcome to join members of the Iona Community at Huntly Street Methodist Church Inverness on Sunday April 14th at 2pm. Come and join in.

Helen Robinson