

EASTER 6
Rogation Sunday
5th May 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh
Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Charge Website: episcopalblackisle.scot

Vestry Secretary:- Isla Cruden: isla@ricruden.net

Sunday 5th May 2024
Easter 6

THE HOLY EUCHARIST

11:30am in St Andrew's with +Mark.

RESERVED SACRAMENT SERVICE

**9:45am in St Regulus' A family service led by
Stuart Thomson.**

9:45am in St John's with Donald & Isla.

(Readings: Acts 10.44-48. Ps 98. 1 Jn 5.1-6. Jn 15.9-17)

WEEK AT A GLANCE 6 May - 11 May)

MON: 7.00pm Prayer Group, Fortrose

7.00pm Alpha Course, Cromarty

TUE:

WED: 9:00am Celtic Morning Prayer: - to join,
please contact annegillianneyman@gmail.com for
the relevant Zoom link

10:00am Charity Shop

10:00am Bible Study

THU: 10.30am Eucharist for Ascension Day in St
Andrew's. Fortrose

FRI:

SAT: 10:00am Charity Shop

Thursday 9th May 2024
Ascension Day

THE HOLY EUCHARIST

10.30am St Andrews with Rev Christine

(Readings: Acts 1.1-11, Ps 47 or 93, Eph 1.15-23, Lk 24.44-53)

Sunday 12th May 2024
Easter 7

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with Jill & Simon.

9:45am in St John's with Jean & Ann.

11:30am in St Andrew's with LR Pat.

(Readings Acts 1.15-17,21-26. Ps 1. 1 Jn 5.9-13. Jn 17.6-19)

+PSALM: 98

The Lord has made known his victory in the sight of
the nations.

**The Lord has made known his victory in the
sight of the nations.**

Sing to the Lord a new song, for he has done
marvellous things. With his right hand and his holy
arm has he won for himself the victory.

**The Lord has made known his victory in the
sight of the nations.**

The Lord has made known his victory; his
righteousness has he openly shown in the sight of the
nations. He remembers his mercy and faithfulness to
the house of Israel, and all the ends of the earth have
seen the victory of our God.

**The Lord has made known his victory in the
sight of the nations.**

Shout with joy to the Lord, all you lands; lift up your
voice, rejoice, and sing. Sing to the Lord with the harp,
with the harp and the voice of song. With trumpets and
the sound of the horn shout with joy before the King,
the Lord.

**The Lord has made known his victory in the
sight of the nations.**

Let the sea make a noise and all that is in it, the lands
and those who dwell therein. Let the rivers clap their
hands, and let the hills ring out with joy before
the Lord, when he comes to judge the earth. In
righteousness shall he judge the world and the peoples
with equity.

**The Lord has made known his victory in the
sight of the nations.**

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and
heart in the world...that we may all LIVE and Be the
GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to
terrorism and hatred in all its forms. For our fellow
Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and
for Igreja Episcopal Anglicana do Brasil.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion
of Churches. For all who are studying for Ordination
or Readership. For their instructors & all who support
them. For Mark, our Bishop, and all priests, lay

readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregation of Holy Trinity, Elgin; Burghead Mission; St. Margaret, Lossiemouth; Tembu Rongong, Jenny Sclater, Philip Schonken. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S, Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

Rejoicing, let us pray to Christ who was buried in the heart of the earth to awake in the light of glory.

- *King of Glory hear us.*

We pray for bishops, priests, deacons and lay readers: may they be dedicated to their ministry; grant that they may present to you a people ready for every kind of good work.

- *King of Glory hear us.*

We pray for those who serve the Church as teachers of the faith: may they always seek your truth with sincerity of heart.

- *King of Glory hear us.*

We pray for all the faithful: may they run the great race, finish the course; let them receive the crown of victory in the kingdom of heaven.

- *King of Glory hear us.*

Lord, you cancelled on the cross our sentence of damnation; free us from the darkness of our sins.

- *King of Glory hear us.*

You descended into hell and opened wide its gates; receive the faithful and all the departed into your Father's house.

- *King of Glory hear us.*

Conclude with the Lord's Prayer.

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE



The next prayer meeting will be on **3rd June at 7pm** at Rev. Christine's house.

ALPHA COURSE

Alpha in Cromarty!

Curious about faith?



Alpha is a series of group conversations that explore the basics of the Christian faith in an open, friendly environment. We'll eat together, watch a video, and then talk about it in small groups.

Everyone is welcome, no matter background or beliefs. It's free and there is no pressure to come back.

We would love it if you would join us in prayer for our course.

In fellowship and love, Hannah, Stuart, and the rest of the Alpha team at St Regulus

Where? St Regulus' Church, Church Street, Cromarty

When? Starting 7pm, Monday 22 April and following Mondays until 1 July
streguluscromarty@gmail.com



Alpha in Cromarty started on Monday night (22nd April) with 12 attendees on different stages of a faith journey. I want to be sensitive to where people are at and not state something they'd be uncomfortable with but probably not all of us would have described ourselves as Christians or churchgoers. As is the format with Alpha, we ate together, watched a talk together (*Is there more to life than this?*) and talked about it. We were a small enough group to all talk together and this worked well.

We are encouraged by this start and as Gillian said recently, there is a real sense of excitement now, waiting prayerfully to see who God will continue to bring and what the Spirit will do in their lives.

We value all prayers so here's a few pointers for prayers we'd really value:

-For God's protection and leading on all those who came (and that, God-willing, they will come back)

-For God's protection on all of us who are leading and helping with this

-For those who said they would come and didn't – that some of them might come next week

-For people to continue to help with the catering (both behind the scenes and there on the day – Gillian and Charlotte are doing an amazing job with this. St Regulus doesn't have a kitchen, so we are reheating food in their ovens and driving it down the street to church!)

-For sensitivity for Stuart and myself as we co-host this, and for Judy, Helen and others who support us in the discussion groups. This is a real team effort!

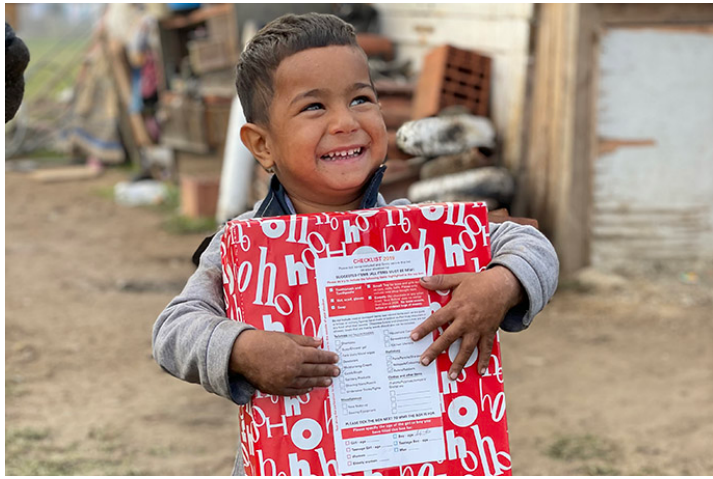
For next week's topic: Who Is Jesus?

A bible passage we have been given is Ephesians 3:16-30. In addition, on my Lection 365 app, the passage was The River of Life from Ezekiel 47. It caused me to reflect on that beautiful imagery of a river of life coming from the temple of God, down through the land, bringing life wherever it goes. May this be so in Cromarty. We pray and hope!

Thank you for reading this and joining us in support and prayer.

Hannah (on behalf of the Alpha in Cromarty team!)

(N.B. Don't worry if you have missed previous sessions! Just come along anyway. You will be very welcome! Ed.)



There was a merry band of eight of us on Friday, and we managed to wrap 37 boxes in the two hours between us, and some boxes going home with members of the group as homework!! It's such a blessing to have some done at home, as it keeps the target on track!! We were talking about the boxes and the fact that they are being used afterwards as their precious store boxes, as the children and people on the videos say to the Blythswood teams that deliver them. If anyone would like boxes or paper to wrap some extra at home, please do get in touch and I can drop them off. Our next wrapping session will be on May 24th at the Lodge, between 2-4pm. For the month of May, we would welcome donations of shaving foam/cream and razors please.

With every blessing,
Jan MacLennan xxx

SERVICE AT THE CATHEDRAL

A warm invitation to all to a service to celebrate the ministry of Lay Readers. A service of evening prayer including their recommitment led by + Mark. Sat 18th May 5pm at Inverness Cathedral.

MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included in the newsletter to me by email by noon on Tuesday each week.

For the FB page, information about St Regulus' activities should go to Stuart Thomson, St Andrew's to Alison Garraway & St John's to me.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)

CYCLE THE CHURCHES

What: A sponsored bike ride, around the 5 churches of the Isla Spey Deveron Group (Fochabers, Keith, Dufftown, Huntly and Aberchirder) or as many as you wish to.

When: Saturday 8th June 2024.

Where: Start by going to your nearest church and cycle a loop to as many of the other churches as you choose. A proposed route is available but individuals can follow their own. Individual route plans must be submitted to the organisers prior to Saturday 1st June 2024.

Why: to raise funds for bike stands and covers to be installed at the churches of the group.

Who can get involved: anyone who can ride a bike. Volunteers are also needed to open the churches to check riders through, with refreshments provided at Gordon Chapel and Christ Church Huntly, between 10am -4pm.


A volunteer or volunteers, with a large enough vehicle to hold a bike, is being sought to provide emergency support to cyclists on the day. Although the ride is 'self-supporting' a vehicle is needed in case of accident or bike breakdown which is not repairable at the roadside.

Further Information, registration forms and sponsor forms available from Gillian Hood, Vestry Secretary. Email:

secretary@islaspeydeveron-churches.org



FROM BLYTHSWOOD FOODBANK



Can you help?

Items we're shorter of
March/April 2024

- 1kg bags of rice
- Microwave packs of rice
- Tins of custard
- Cartons of long life juice
- UHT milk
- Tins of ham/corned beef
- Tins of macaroni cheese
- Washing up liquid
- Cat food

Emergency Food for local people in crisis.

Please donate an item or two from the list, if you can

Thank You!

01463 717630
foodbank.admin@blythswood.org
 Registered Charity in Scotland 048001
 Company Number 583493

