

EASTER 5
28th April 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh
Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness

Interim Rector

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Sunday 28th April 2024
Easter 5

THE HOLY EUCHARIST

9:45am in St John's with Rev Christine

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with LR Barrie

11:30am in St Andrew's with LR Barrie

(Readings Acts 8.26-40. Ps 22.24-30. 1 Jn 4.7-21. Jn 15.1-8)

WEEK AT A GLANCE 29 April - 4 May)

MON:

TUE:

WED: 9:00am Celtic Morning Prayer: - to join,
please contact annegillianneyman@gmail.com for
the relevant Zoom link

10:00am Charity Shop

10:00am Bible Study

THU: 10.30am Service in St Andrew's

FRI:

SAT: 10:00am Charity Shop

Sunday 5th May 2024
Easter 6

THE HOLY EUCHARIST

11:30am in St Andrew's with +Mark

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with local team

9:45am in St John's with Donald & Isla

(Readings: Acts 10.44-48. Ps 98. 1 Jn 5.1-6. Jn 15.9-17)

+PSALM: 22:24-30

All the ends of the earth shall turn to you, O Lord.

All the ends of the earth shall turn to you, O

Lord.

My praise is of him in the great assembly; I will perform my vows in the presence of those who worship him. The poor shall eat and be satisfied, and those who seek the Lord shall praise him: "May your heart live for ever!"

All the ends of the earth shall turn to you, O

Lord.

All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before him. For kingship belongs to the Lord; he rules over the nations.

All the ends of the earth shall turn to you, O

Lord.

To him alone all who sleep in the earth bow down in worship; all who go down to the dust fall before him. My soul shall live for him; my descendants shall serve him; they shall be known as the Lord's for ever. They shall come and make known to a people yet unborn the saving deeds that he has done.

All the ends of the earth shall turn to you, O

Lord.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church and for The Church of Bangladesh.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregation of St. Margaret of Scotland, Aberlour. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S, Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in

Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

Let us pray to Christ, our life and our resurrection.

– *Son of the living God, protect your people.*

We pray for your One, Holy, Catholic and Apostolic Church: may she reveal among the nations your kingdom of justice and holiness.

– *Son of the living God, protect your people.*

We pray for all who are sick, sorrowful...for refugees, captives, and exiles: show them your love, power and compassion.

– *Son of the living God, protect your people.*

We pray for those who have lost you in the maze of life: let them know once more the joy of coming home.

– *Son of the living God, protect your people.*

Crucified and risen saviour, you will come again in judgement: be merciful to us sinners.

– *Son of the living God, protect your people.*

We pray for all the living, and for those who have left this world in the hope of the resurrection.

– *Son of the living God, protect your people.*

Conclude with the Lord's Prayer.

ALPHA COURSE

Alpha in Cromarty!

Curious about faith?



Alpha is a series of group conversations that explore the basics of the Christian faith in an open, friendly environment. We'll eat together, watch a video, and then talk about it in small groups.

Everyone is welcome, no matter background or beliefs. It's free and there is no pressure to come back.

We would love it if you would join us in prayer for our course.

In fellowship and love, Hannah, Stuart, and the rest of the Alpha team at St Regulus

Where? St Regulus' Church, Church Street, Cromarty

When? Starting 7pm, Monday 22 April and following Mondays until 1 July
streguluscromarty@gmail.com



OPERATION SHOEBOX UPDATE

We will be wrapping more boxes for this wonderful ministry on **April 26th, 2-4 pm** at the Lodge, Fortrose. We would welcome donations of shampoo and shower gel this month of April. Thank you, and with love and blessings,

Jan Maclennan xxx

MERRY WIDOWS, WIDOWERS & LIVE ALONERS

A note from Rev. Christine to all **Merry widows, widowers and live-aloners.**

If you would like to spend a Sunday afternoon in company rather than on your own, join us for lunch on **Sunday 28 April at 1.00 pm**, at the home of Helen Robinson, 1 Marine Terrace,

Rosemarkie (The Old Mill). Booking essential at christinemyline85@gmail.com or on 01381 621975. No need to bring anything, but a **SMALL** contribution towards cost would be appreciated.



Note - because of the new one-way system, you need to turn right (if coming from Fortrose) by the Plough Inn. The previous right turn leaves you with no access to Marine Terrace - *i.e.* you cannot turn left by The Crofters.

Please let me know if you have any food allergies.

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE

The next prayer meeting will be on **6th May at 7pm** at Rev. Christine's house.



STREET PASTORS

Do you love to pray?

STREET PASTORS are looking for people like you who would like to pray for our patrols and the people of our city. Training is provided.

To find out more about Prayer Pastors, please talk to your church Street Pastors Champion or email inverness@streetpastors.org.uk



If anyone would like more details, please contact Ann Danson on 07731696520.

FROM BLYTHSWOOD FOODBANK



Can you help?

Items we're shorter of

March/April 2024

- 1kg bags of rice
- Microwave packs of rice
- Tins of custard
- Cartons of long life juice
- UHT milk
- Tins of ham/corned beef
- Tins of macaroni cheese
- Washing up liquid
- Cat food

Emergency Food for local people in crisis.

Please donate an item or two from the list, if you can

Thank You!

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493



MESSAGE FROM THE EDITOR

And the usual reminder to send any information you want included to me by email by noon on Tuesday each week. For the FB page, information about St Regulus' activities should go to Stuart Thomson, St Andrew's, to Alison Garraway & St John's to me.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)