

**Lent 6 - Palm Sunday
24th March 2024**



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh
Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness
Interim Rector

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Sunday 24th March 2024

Psalm Sunday

THE HOLY EUCHARIST

9:45am in St John's with +Mark

9:45am in St Regulus' with Rev. Christine

11:30am in St Andrew's with +Mark

*(Readings: The liturgy of the Palms. Mk 11.1-11; Ps 118. 1-2,19-29.
The liturgy of the Passion. Is 50, 4-9a; Ps 31.9-16. Phil.2, 5-11. Mk 15.
1-47.)*

+PSALM 118. 1-2,19-29

This is the day that the Lord has made; we will rejoice and be glad in it.

This is the day that the Lord has made; we will rejoice and be glad in it.

Give thanks to the Lord, for he is good; his mercy endures for ever. Let Israel now proclaim, "His mercy endures for ever."

This is the day that the Lord has made; we will rejoice and be glad in it.

Open for me the gates of righteousness; I will enter them; I will offer thanks to the Lord. "This is the gate of the Lord; he who is righteous may enter."

This is the day that the Lord has made; we will rejoice and be glad in it.

I will give thanks to you, for you answered me and have become my salvation. The same stone which the builders rejected has become the chief cornerstone.

This is the day that the Lord has made; we will rejoice and be glad in it.

This is the Lord's doing, and it is marvellous in our eyes. On this day the Lord has acted; we will rejoice and be glad in it.

This is the day that the Lord has made; we will rejoice and be glad in it.

Hosannah, Lord, hosannah! Lord, send us now success. Blessed is he who comes in the name of the Lord; we bless you from the house of the Lord.

This is the day that the Lord has made; we will rejoice and be glad in it.

God is the Lord; he has shined upon us; form procession with branches up to the horns of the altar. "You are my God, and I will thank you; you are my God, and I will exalt you." Give thanks to the Lord, for he is good; his mercy endures for ever.

This is the day that the Lord has made; we will rejoice and be glad in it.

+PSALM 31. 9-16.

I have trusted in you O Lord.

I have trusted in you O Lord.

Have mercy on me, O Lord, for I am in trouble; my eye is consumed with sorrow, and also my throat and my belly. For my life is wasted with grief, and my years with sighing; my strength fails me because of affliction, and my bones are consumed.

I have trusted in you O Lord.

I have become a reproach to all my enemies and even to my neighbours, a dismay to those of my acquaintance; when they see me in the street they avoid me. I am forgotten like a dead man, out of mind; I am as useless as a broken pot.

I have trusted in you O Lord.

For I have heard the whispering of the crowd; fear is all around; they put their heads together against me; they plot to take my life. But as for me, I have trusted in you, O Lord. I have said, "You are my God.

I have trusted in you O Lord.

My times are in your hand; rescue me from the hand of my enemies, and from those who persecute me. Make your face to shine upon your servant, and in your loving-kindness save me."

I have trusted in you O Lord.

HOLY WEEK AT A GLANCE 25- 30 March)

MON:

TUE: 7pm Eucharist at St Regulus

WED: 9:00am Celtic Morning Prayer: - to join, please contact annegillianneyman@gmail.com for the relevant Zoom link

10:00am Charity Shop

10:00am Bible Study

THU: 7pm Eucharist & Foot washing in St Andrew's

FRI: 3pm At the Foot of the Cross (a quiet service for Good Friday) in St Andrews.

SAT: 10:00am Charity Shop
7.00pm Vigil and first Eucharist of Easter in St Andrew's Fortrose.

See also the Holy Week poster in this newsletter.

Sunday 31st March 2024

Easter Sunday

THE HOLY EUCHARIST

9:45am in St John's with Fr Arthur

9:45am in St Regulus' with Rev. Christine

11:30am in St Andrew's with Rev. Christine

(Readings St R & St A: Is 25.6-9; Ps 118.1-2,14-24; Acts 10.34-43; Jn 20.1-18)

Readings St J: Acts 10.34-43; Ps 118.1-2,14-24; 1 C 15.1-11; Mk 16.1-8)

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all LIVE and Be the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for The Church of the Province of West Africa.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregations of St. Mary the Virgin, Ullapool; St. Gilbert's Kinlochbervie; St. Gilbert's Lochinver; St. Boniface Achiltibuie: Clare Caley, David Higgon. John Green & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S, Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

Let us call on the name of the Lord Jesus, who saves his people from their sins.

-Jesus, Son of David, have mercy on us.

Christ our Lord, you gave yourself up for the Church to make her holy: renew her once more through the spirit of repentance.

-Jesus, Son of David, have mercy on us.

Good master, let young people discover their true vocation and ministry: may they be faithful to your grace and fulfil your will for them.

-Jesus, Son of David, have mercy on us.

Give hope to the sick and make them well again: help us to comfort and take care of them.

-Jesus, Son of David, have mercy on us.

In baptism you made us sons of the Father: may we live for you now and always.

-Jesus, Son of David, have mercy on us.

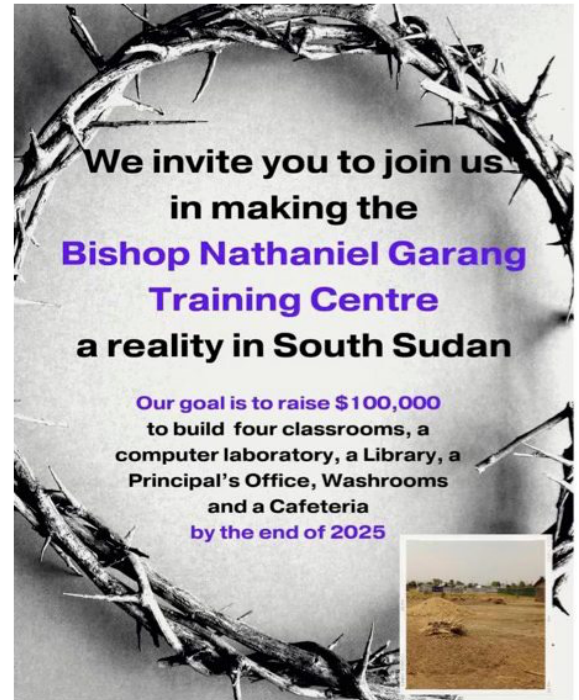
Grant to the faithful departed peace and glory: let us reign with them one day in your heavenly kingdom.

-Jesus, Son of David, have mercy on us.

Conclude with the Lord's Prayer.

BISHOP'S LENT APPEAL

Bishop Mark's 2024 Lent Appeal is supporting communities in South Sudan.



Diocesan Lenten Appeal 2024

A shared fundraising goal with other diocese and interested international parties

HOLY WEEK

HOLY WEEK AND EASTER 2024
with the Black Isle Episcopalians

Charity Number SC010781

EVERYONE IS WELCOME TO ALL SERVICES!!

Sunday 24th March 2024

Psalm Sunday

THE BLESSING OF THE PALMS & HOLY EUCHARIST

9:45am in St John's, Arpafelie with +Mark

9:45am in St Regulus' Cromarty with Rev. Christine

11:30am in St Andrew's Fortrose with +Mark

TUESDAY 26th March

7pm Eucharist at St Regulus, Cromarty

WEDNESDAY 27th March

On line - 9:00am Celtic Morning Prayer (via Zoom)

Contact AnneGillianNewman@gmail.com for details)

MAUNDY THURSDAY MORNING (28th March)

11.30am Chrism Mass in St Andrew's Cathedral, Inverness
with Bishop Mark & all of our diocesan Clergy

MAUNDY THURSDAY EVENING

7.00pm Eucharist & Foot washing
in St Andrew's, Fortrose

GOOD FRIDAY (29th March)

3pm in St Andrew's, Fortrose

AT THE FOOT OF THE CROSS

A quiet service for Good Friday

HOLY SATURDAY (30th March)

7pm in St Andrew's, Fortrose

Vigil and first Eucharist of Easter

EASTER SUNDAY (31st March)

THE HOLY EUCHARIST

9:45am in St John's, Arpafelie with Fr Arthur

9:45am in St Regulus', Cromarty with Rev. Christine

11:30am in St Andrew's, Fortrose with Rev. Christine

STATIONS OF THE CROSS (& Blythswood fundraiser)

Stations of the Cross Friday 22nd at 12.00 noon in St Andrew's - followed by a soup lunch at Rev Christine's house. *This will be the final Lent soup lunch this year.*

The lunch is a fund-raiser for our Blythswood Christmas Shoebox project.

Everyone is welcome. If only coming for lunch - about 12.45pm.





JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE

The next prayer meeting will be on **8th April** at 7pm at Rev. Christine's house.



CATHEDRAL EVENSONG ON PALM SUNDAY

Sunday 24th March 2024 at 1730



Choral Evensong
with Commissioning of Megan Cambridge
as Warden of Lay Readers

— ♦ — ♦ — ♦ —

Licensing of Catherine McLaren as Lay Reader
to serve at Inverness Cathedral

— ♦ — ♦ — ♦ —

Welcome of Mrs Emma Rennie, Head Teacher at Bishop Eden
Primary School

All warmly invited- refreshments to follow
RSVP
<https://invernesscathedral.churchsuite.com/events/xutuhia> or admin@invernesscathedral.org

RECRUITMENT OF RECTOR

Links to the advert and to the Charge Profile are below. Please hold us and any interested parties in your prayers as we move forward & if you know of someone who might be interested do send them the links.

CLOSING DATE FOR APPLICATIONS 22nd March 2024

<https://www.scotland.anglican.org/vacancy-rector-the-black-isle-charge/>

or

<https://jobs.churchtimes.co.uk/jobs/Rector-in-Scotland-in12112>

profile

<https://www.scotland.anglican.org/wp-content/uploads/Black-Isle-Priest-Profile-Final-and-updated.pdf>

OPERATION SHOEBOX UPDATE

Would you like to join us this coming Friday, 22nd of March for wrapping shoeboxes? All instructions given, and paper and sellotape, pegs and scissors provided! It's great fun, and we have a tea and coffee break with cake/biscuits for stamina!! We would love to see you there, at the Lodge, Fortrose, between 2 - 4 pm. This month we would welcome donations of male and female deodorants.

God Bess,

Jan Maclennan

STREET PASTORS



Do you love to pray?

STREET PASTORS are looking for people like you who would like to pray for our patrols and the people of our city. Training is provided.

To find out more about Prayer Pastors, please talk to your church Street Pastors Champion or email inverness@streetpastors.org.uk



If anyone would like more details please contact Ann Danson on 07731696520.

Easter Flowers



Tuesday 2nd April

At St Andrew's Church, Academy Street, Fortrose

2.00 pm

TEAS & COFFEES

HOME BAKING



Black Isle Charge – Scottish Episcopal Church - SC010781

For the more IT savvy, there is now an App which can tell you in 'real time' which donations are needed urgently. It will also link you to your nearest food drop off point. This is the weblink for further information.

<https://www.bankthefood.org/whatisbankthefood/>

MESSAGE FROM THE EDITOR


A reminder to send any information you want included to me by email by noon on Tuesday each week.

For the FB page, information about St Regulus' activities should go to Stuart Thomson, St Andrew's, to Alison Garraway & St John's to me.

If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)

FROM BLYTHSWOOD FOODBANK



can you help?

Items we're shorter of
March/April 2024

- 1kg bags of rice
- Microwave packs of rice
- Tins of custard
- Cartons of long life juice
- UHT milk
- Tins of ham/corned beef
- Tins of macaroni cheese
- Washing up liquid
- Cat food

Emergency Food for local people in crisis.

Please donate an item or two from the list, if you can

Thank You!

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493

