

Lent 5 - Passion Sunday 17th March 2024



The Scottish Episcopal Church on the Black Isle
Eaglais Easbaigeach na h-Alba san Eilean Dubh

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's,
Fortrose

The Most Rev'd Mark Strange,
Bishop of Moray, Ross & Caithness

Interim Rector

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Sunday 17th March 2024 Lent 5 - Passion Sunday

THE HOLY EUCHARIST

11:30am in St Andrew's with Rev. Christine

RESERVED SACRAMENT SERVICE

9:45am in St John's with Donald & Ann

9:45am in St Regulus' with Jill & Simon

*(Readings: Jer 31: 31-34, Ps 51: 1-13, Heb5: 5-10,
John 12: 20-33)*

+PSALM: 51: 1-13

A clean heart create in me, O God.

A clean heart create in me, O God.

Have mercy on me, O God, according to your loving-kindness; in your great compassion blot out my offenses.

Wash me through and through from my wickedness and cleanse me from my sin.

A clean heart create in me, O God.

For I know my transgressions, and my sin is ever before me.

Against you only have I sinned and done what is evil in your sight.

And so you are justified when you speak and upright in your judgment.

A clean heart create in me, O God.

Indeed, I have been wicked from my birth, a sinner from my mother's womb. For behold, you look for truth deep within me, and will make me understand wisdom secretly.

A clean heart create in me, O God.

Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed. Make me hear of joy and gladness, that the body you have broken may rejoice.

A clean heart create in me, O God.

Hide your face from my sins and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence and take not your holy Spirit from me. Give me the joy of your saving help again and sustain me with your bountiful Spirit.

A clean heart create in me, O God.

THIS WEEK AT A GLANCE 18- 23 March)

MON:

TUE: 8:00pm On-line Lent Course

WED: 9:00am Celtic Morning Prayer: - to join, please contact annegillianneyman@gmail.com for the relevant Zoom link

10:00am Charity Shop

10:00am Bible Study

THU: 10:30am Service in St Andrew's

FRI: 12 noon Stations of the Cross in St Andrew's (Followed by soup lunch in aid of Blythwood Boxes at Rev. Christine's)

SAT: 10:00am Charity Shop

Sunday 24th March 2024 **Psalm Sunday**

THE HOLY EUCHARIST

9:45am in St John's with +Mark

11:30am in St Andrew's with +Mark

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with Jeremy

(Readings: The liturgy of the Psalms. Mk 11.1-11: Ps 118. 1-2,19-29.

The liturgy of the Passion. Is 50, 4-9a; Ps 31.9-16. Phil.2, 5-11. Mk 15. 1-47.)

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes, and heart in the world...that we may all **LIVE** and **Be** the **GOOD NEWS**.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for The Church in Wales.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and all priests, lay readers and eucharistic ministers, helping to maintain our cycle of worship during the interregnum. We pray for the congregation of the Mid Ross Charge - St. Anne, Strathpeffer; Dingwall Town Chaplaincy: Julia Boothby, Gordon Sleight, Barbara Chandler, Norma Higgott. & we pray for our sister Dioceses of Québec, Canada & Tuam, Limerick & Killaloe, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who can join us in public worship and those joining us in spirit at home. For the Eilean Dubh care home & all care homes and for our church members who are living in them. For Laura S, Stuart T & all studying for ordination & readership. For Igor, Oleksii & Families. For all who are ill in mind, body, or spirit. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to need our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any concerns... then pray:

Let us call on the name of the Lord Jesus, who saves his people from their sins.

-Jesus, Son of David, have mercy on us.

Christ our Lord, you gave yourself up for the Church to make her holy: renew her once more through the spirit of repentance.

-Jesus, Son of David, have mercy on us.

Good master, let young people discover their true vocation and ministry: may they be faithful to your grace and fulfil your will for them.

-Jesus, Son of David, have mercy on us.

Give hope to the sick and make them well again: help us to comfort and take care of them.

-Jesus, Son of David, have mercy on us.

In baptism you made us sons of the Father: may we live for you now and always.

-Jesus, Son of David, have mercy on us.

Grant to the faithful departed peace and glory: let us reign with them one day in your heavenly kingdom.

-Jesus, Son of David, have mercy on us.

Conclude with the Lord's Prayer.

ONLINE LENT COURSE

This year's on-line Lent course will run on Tuesdays until 19th March 8-9pm on Zoom. It will be based on 'Jesus Stands Before Pilate' (John 18,19) from the Mapping the Gospels series by Susannah Gunner.

Week 5: "Behold the man!"

Said in derision but with eternal significance.

To join please contact

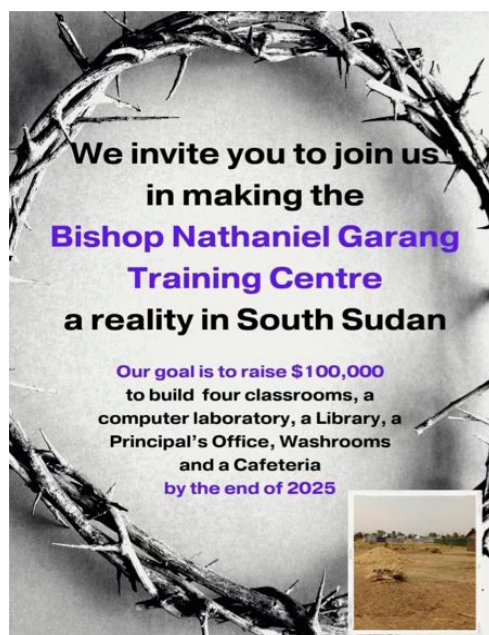
annegillanewman@gmail.com for the relevant Zoom link.

BISHOP'S LENT APPEAL

Bishop Mark's 2024 Lent Appeal is supporting communities in South Sudan.

Donations to Richard at St Regulus, Donald at St John's & Peter at St Andrew's or, if you have a payment from back account set up, by bank transfer clearly marked "Lenten Appeal".

Closing date for donations 30th April 2024



**Diocesan Lenten Appeal
2024**

A shared fundraising goal with other diocese and interested international parties

JOINT PRAYER MEETING FOR THE BLACK ISLE CHARGE

The next prayer meeting will be on **8th April** at 7pm at Rev. Christine's house.



STATIONS OF THE CROSS (& Blythwood fundraiser)

We will walk the Stations of the Cross every Friday in Lent at 12.00 noon in St Andrew's - followed by a soup lunch at Rev Christine's house. The lunch is a fund-raiser for our Blythwood Christmas Shoebox project. Everyone welcome. If only coming for lunch - about 12.45pm.



AN IDEA FOR ACTION IN LENT

Forty Days - Forty Items

We have a challenge for you!

Each day of Lent remove 1 item from your wardrobe that you no longer wear or need and put it in a trash bag.

At the end of the forty days donate this bag to a place that can share them with someone who can really use them.

OPERATION SHOEBOX UPDATE

Well, as the saying goes "Many hands make light work"!! Eleven of us jolly wrappers met on Friday and managed to wrap 50 boxes in two hours, with a tea break in between!! Great fun, and lots of busy chatter amongst busy hands!! We also received some lovely donations, and all towards filling those colourful and beautifully wrapped boxes. Our next box wrapping session will be on Friday, March 22nd, between 2-4pm. We are still needing donations of bars of soap for the rest of this month, and from March 1st, male and

female deodorants would be most welcome. If you would like to come along and help, please do, it's so rewarding, and it's a great ministry. "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me". Matthew 25:40.



RECRUITMENT OF RECTOR

Links to the advert and to the Charge Profile are below. Please hold us and any interested parties in your prayers as we move forward & if you know of someone who might be interested do send them the links.

<https://www.scotland.anglican.org/vacancy-rector-the-black-isle-charge/>

or

<https://jobs.churchtimes.co.uk/jobs/Rector-in-Scotland-jn12112>

profile

<https://www.scotland.anglican.org/wp-content/uploads/Black-Isle-Priest-Profile-Final-and-updated.pdf>

HOLY WEEK

Here is the provisional list of services for Holy Week. Please check future newsletters or the FB page nearer the time to ensure no changes.

HOLY WEEK AND EASTER 2024
with the Black Isle Episcopalians
Charity Number SC010781

EVERYONE IS WELCOME
TO ALL SERVICES!!

Sunday 24th March 2024
Psalm Sunday

THE BLESSING OF THE PALMS & HOLY EUCHARIST
9:45am in St John's, Arpafelie with +Mark
11:30am in St Andrew's, Fortrose with +Mark
RESERVED SACRAMENT SERVICE
9:45am in St Regulus', Cromarty with Jeremy

TUESDAY 26th March
7pm Eucharist at St Regulus, Cromarty

WEDNESDAY 27th March
On line - 9:00am Celtic Morning Prayer (via Zoom)
Contact AnneGillianNewman@gmail.com for details)

MAUNDY THURSDAY MORNING (28th March)
11.30am Chrism Mass in St Andrew's Cathedral, Inverness
with Bishop Mark & all of our diocesan Clergy

MAUNDY THURSDAY EVENING
7.00pm Eucharist & Foot washing
in St Andrew's, Fortrose

GOOD FRIDAY (29th March)
3pm in St Andrew's, Fortrose
AT THE FOOT OF THE CROSS
A quiet service for Good Friday

HOLY SATURDAY (30th March)
7pm in St Andrew's, Fortrose
Vigil and first Eucharist of Easter

EASTER SUNDAY (31st March)
THE HOLY EUCHARIST
9:45am in St John's, Arpafelie with Fr Arthur
9:45am in St Regulus', Cromarty with Rev. Christine
11:30am in St Andrew's, Fortrose with Rev. Christine

STREET PASTORS

Do you love to pray?

STREET PASTORS are looking for people like you who would like to pray for our patrols and the people of our city. Training is provided.

To find out more about Prayer Pastors, please talk to your church Street Pastors Champion or email inverness@streetpastors.org.uk



if anyone would like more details please contact Ann Danson on 07731696520.

FROM BLYTHSWOOD FOODBANK



Can you help?

Items we're shorter of
March/April 2024

- 1kg bags of rice
- Microwave packs of rice
- Tins of custard
- Cartons of long life juice
- UHT milk
- Tins of ham/corned beef
- Tins of macaroni cheese
- Washing up liquid
- Cat food

Emergency Food for local people in crisis.

Please donate an item or two from the list, if you can

Thank You!

01463 717630
foodbank.admin@blythswood.org
Registered Charity in Scotland 048001
Company Number 583493



For the more IT savvy, there is now an App which can tell you in 'real time' which donations are needed urgently. It will also link you to your nearest food drop off point. This is the weblink for further information.
<https://www.bankthefood.org/whatisbankthefood/>

MESSAGE FROM THE EDITOR

A reminder to send any information you want included to me by email by noon on Tuesday each week. For the FB page, information about St Regulus' activities should go to Stuart Thomson, St Andrew's, to Alison Garraway & St John's to me. If anyone is housebound and would like to receive Holy Communion or simply a visit, please contact a member of the Ministry team of your local church who will be happy to arrange.

Jean (jeanmedavis@gmail.com)