

SUNDAY
21st August 2022
Pentecost 11
SC010781

The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

Collect

Almighty God, we are taught by your word that all our doings without love are worth nothing. Send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord who lives and reigns with you, O Father and the Holy Spirit, one God for ever and ever. **Amen.**

+ FIRST READING : Isaiah 58:9b-14

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.

The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

If you refrain from trampling the sabbath, from pursuing your own interests on my holy day; if you call the sabbath a delight and the holy day of the Lord honourable;

if you honour it, not going your own ways, serving your own interests, or pursuing your own affairs; then you shall take delight in the Lord, and I will make you ride upon the heights of the earth; I will feed you with the heritage of your ancestor Jacob, for the mouth of the Lord has spoken.

Hear the word of the Lord.

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+ Psalm 103:1-8

All that is within me, bless God's Name! **All that is within me, bless God's Name!**

Bless the Lord, O my soul,
and all that is within me, bless his holy Name. Bless the Lord, O my soul, and forget not
all his benefits. **All that is within me, bless God's Name!**

He forgives all your sins and heals all your infirmities; He redeems your life from the
grave and crowns you with mercy and loving-kindness;

All that is within me, bless God's Name!

He satisfies you with good things, and your youth is renewed like an eagle's.
The Lord executes righteousness and judgment for all who are oppressed.

All that is within me, bless God's Name!

He made his ways known to Moses and his works to the children of Israel. The Lord is full
of compassion and mercy, slow to anger and of great kindness.

All that is within me, bless God's Name!

+ SECOND READING : Hebrews 12:18-29

You have not come to something that can be touched, a blazing fire, and darkness, and
gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hear-
ers beg that not another word be spoken to them. (For they could not endure the order that
was given, "If even an animal touches the mountain, it shall be stoned to death." Indeed, so
terrifying was the sight that Moses said, "I tremble with fear.") But you have come to
Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable
angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven,
and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus,
the mediator of a new covenant, and to the sprinkled blood that speaks a better word than
the blood of Abel.

See that you do not refuse the one who is speaking; for if they did not escape when they
refused the one who warned them on earth, how much less will we escape if we reject the
one who warns from heaven! At that time his voice shook the earth; but now he has prom-
ised, "Yet once more I will shake not only the earth but also the heaven." This phrase, "Yet
once more," indicates the removal of what is shaken-- that is, created things-- so that what
cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be
shaken, let us give thanks, by which we offer to God an acceptable worship with reverence
and awe; for indeed our God is a consuming fire.

Hear the word of the Lord.

+ THE HOLY GOSPEL : Luke 13:10-17

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint Luke:

Glory to Christ our Saviour!

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For our brothers and sisters in Ukraine and for those standing up for justice in Russia and the world over. For a softening of Vladimir Putin's heart and those of his supporters. For peace throughout the world. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Province of Alexandria.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. Cn Ian B, Bp Anne, Dr John McN S, Niccolò A, Val C, Godwin C, Tony C, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St John's, Rothiemurchus & St Columba's Grantown on Spey. For our sister Dioceses of Quebec, Canada & Tuam, Limerick & Killaloe, Ireland (Note the change in the name of the Diocese!).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For the soul of Angela Grace White & all who mourn her passing. For the soul of Melanie Marguerite Heath & all who mourn her passing. For Marjorie T. For a special intention. For Brian O. For Barbara J. For Jeremy & Julie. For Betty M. For Dorothy. For Marina, Val & Families. For Igor, Oleksii & Families. For all preparing for Marriage. For all who are ill in mind, body or spirit. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to be in need of our prayers.

PLEASE PRAY FOR THOSE TO BE ORDAINED TO THE DIACONATE

Michaelmas 2022

Val Cameron - Andrew Elliott - Ross Jesmont - **Janet Spence** - Rachael Wright

Almighty God, the giver of all good gifts, by your Holy Spirit you have appointed various orders of ministry in the Church: look with mercy on your servants now called to be deacons; maintain them in truth and renew them in holiness, that by word and good example they may faithfully serve you to the glory of your name and the benefit of your Church; through the merits of our Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

+++

Dr Valerie Cameron - to be ordained by the Rt Revd Dr John Armes in St Mary's Cathedral on Sunday, 25 September 2022, to serve as Vocational Deacon Curate at St Mary's Church, Dalkeith and St Leonard's Church, Lasswade/Bonnyrigg, Diocese of Edinburgh.

Andrew Elliott - to be ordained by the Rt Revd Anne Dyer in St Mary, Pro-Cathedral, Aberdeen on Saturday, 24 September 2022, to serve as Assistant Curate at St Magnus, Lerwick and St Colman, Burravoe, Shetland, Diocese of Aberdeen and Orkney.

Dr Ross Jesmont - to be ordained by the Rt Revd Dr John Armes in St Mary's Cathedral, on Sunday, 25 September 2022, to serve as Assistant Curate at Holy Cross and St Salvador's, Diocese of Edinburgh.

Janet Spence - to be ordained by the Rt Revd Dr John Armes in St Mary's Cathedral, on Sunday, 25 September 2022, to serve as Chaplain in St Mary's Cathedral, Diocese of Edinburgh.

Rachael Wright - to be ordained by the Rt Revd Ian Paton in St Ninian's Cathedral, Perth, on Sunday, 2 October 2022, to serve as Assistant Curate in St Mary's, Dunkeld, and Dunblane.



A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

The following are two prayers found in our Scottish Prayerbook...

FOR OUR JOINT CHARGE

O GOD the Holy Ghost, Sanctifier of the faithful, sanctify this Joint-Charge by thine abiding presence. Bless those who minister in holy things. Enlighten the minds of thy people more and more with the light of the everlasting Gospel. Bring erring souls to the knowledge of ' God our Saviour; and those who are walking in the way of life, keep steadfast unto the end. Give patience to the sick and afflicted, and make their sufferings it blessing to them. Guard from forgetfulness of thee, those who are strong and prosperous; and make us all to be fruitful in good works; O blessed Spirit, whom with the Father and the Son together we worship and glorify, one God, world without end. Amen.

A GENERAL INTERCESSION

BE mindful, O Lord, of thy people bowed before thee, and of those who are absent through age, sickness, or infirmity. Care for the infants, guide the young, support the aged, encourage the faint-hearted, collect the scattered, and bring the wandering to thy fold. Travel with the voyagers, defend the widows, shield the orphans, deliver the captives, heal the sick. Succour all who are in tribulation, necessity, or distress. Remember for good all those that love us, and those that hate us, and those that have desired us, unworthy as we are, to pray for them. And those whom we have forgotten, do thou O Lord remember. For thou art the Helper of the helpless, the Saviour of the lost, the Refuge of the wanderer, the Healer of the sick. Thou, who knowest each man's need, and hast heard his prayer, grant unto each according to thy merciful loving-kindness and thy eternal love; through Jesus Christ our Lord. Amen.

Conclude with the Lord's Prayer.

A NOTE FROM THE RECTOR

My Dear Friends,

WOW! And WOW does not cover it! Saint Andrew's was packed beyond full for Igor and Oleksii and their concert for Ukraine and her people! £1600 was raised! It was a huge night full of love and support! Thank you to all who helped make it so...greeters, hospitality providers...those who attended...gave generously... Diana and others for preparing the church...Terry & Bill for providing a delicious meal...Christine for providing us with a delicious and very late, post concert meal...AND thanks to the Saint Andrew's Singers...WOW...how you brought the night to an uplifting, if also very emotional end! It felt like hearts were exploding with joy!

This coming week is very full with three funerals (two local and one out-with the Isle). Please do keep the deceased in your prayers...Angela, Melanie and Ciaran...and, with them, all who mourn their passing.

Vestry, Mission & Ministry and Ministry Team members, please mark your calendars for Wednesday 7 September when we will meet to discuss our Bishop's challenge to develop a 5 year plan for our Joint-Charge!!!! It will be in the St Duthac Centre at 7:00pm that evening!!!

Janet Spence will be ordained a Deacon on 25 September in Edinburgh. Some of us are planning to be there to join in celebrating the event. If you are interested, let Fr Mel know! Please keep her and the others, mentioned elsewhere in the Newsletter, in your prayers!

If anyone would like a visit or to receive Holy Communion at home and is comfortable with me coming by in the midst of the current Covid situation, please give me a call – 01381 622 241 and we can set up a time!

Blessings to one and all and much love too!

Mel +



THIS WEEK AT A GLANCE

Online...

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

MON : 12 noon: Funeral of Angela White from Inverness Crematorium.

TUE : 12 noon Funeral of Melanie Heath from St Andrew's (Private at request of Family)
7:00pm Eucharist – St Regulus'

WED : 10:00am Charity Shop

7:00pm Mission & Ministry Meeting in the Rectory.

THU : **10:00am Eucharist in St Andrew's**

FRI : RECTOR DAY OFF

9:00am Celtic Morning Prayer (via Zoom. contact Gillian at AnneGillianNewman@gmail.com for details)

SAT : 10:00am Charity Shop

RECTOR DAY OFF

SUNDAY 28 AUGUST

TWELFTH SUNDAY after PENTECOST

The Holy Eucharist

9:45am in St John's with Rev Christine

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel

EILEAN DUBH CARE HOME SERVICE

2:15pm

Our first service in the Home! EVERYONE WELCOME!

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianne-man@gmail.com)

St John's Arpafeelie

Sunday 21st August



THIS WEEK AT A GLANCE

Online...

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

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Inverness Crematorium.

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EILEAN DUBH CARE HOME SERVICE

2:15pm

Our first service in the Home! EVERYONE WELCOME!



**St. Andrew's Scottish Episcopal Church, Fortrose
Additional Choir Members**

Earlier this year a small choir was formed consisting mostly of members of the congregation. Our principal aim is to support the weekly Sunday 1130h service. Now that we have found our feet and got to know each others' voices and capabilities we have started to enhance our programme a little and have provided additional music at special services.

We hope to grow further and would welcome anyone who would like to join us. Our usual choir practises take place in the church on Saturdays at 1315h for about 45 minutes and on Sundays at 1100h just prior to the service.

Please contact Diana Hamilton-Jones if you would like further information or would like to join us. We look forward to welcoming you to our choir! (dchj@pm.me)



The duty of the church is to comfort
the disturbed and to disturb the
comfortable.

— *Michael Ramsey* —

AZ QUOTES

SHOEBOX



APPEAL



Dear Everyone,

Our next meetings of the Merry Blythwood Box wrappers will be on August 19th and 26th.

We hold these meetings at the Seaforth Lodge, Fortrose between 2- 4pm and we have a break for refreshments!!

We will soon start the filling process provided we can find the sweets that have expiry dates past April 23 !!

This month we would welcome donations of sewing needles, pins, threads, tape measures, thimbles, safety pins and household candles.

Look forward to seeing you there,

Thanking you in Jesus's name,
Jan Maclellan

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

Thought for today

*Some cause happiness wherever they go;
others whenever they go.*

Oscar Wilde



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



Church Rotas

St Andrew's

Readers & Intercessors

M Hulse / H Ireland / S A Jackson / J Deakin

Sides-men

Ann McGhee

Servers

Sacristan

Flowers

Teas

Cleaning

St John's