

**SUNDAY**  
**31st July 2022**  
**Pentecost 8**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



## THE PROCLAMATION OF THE WORD

### Collect

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit,

one God, now and for ever. **Amen.**

### + FIRST READING : Ecclesiastes 1:2, 12-14; 2:18-23

Vanity of vanities, says the Teacher, vanity of vanities! All is vanity.

I, the Teacher, when king over Israel in Jerusalem, applied my mind to seek and to search out by wisdom all that is done under heaven; it is an unhappy business that God has given to human beings to be busy with. I saw all the deeds that are done under the sun; and see, all is vanity and a chasing after wind.

I hated all my toil in which I had toiled under the sun, seeing that I must leave it to those who come after me -- and who knows whether they will be wise or foolish? Yet they will be master of all for which I toiled and used my wisdom under the sun. This also is vanity. So I turned and gave my heart up to despair concerning all the toil of my labors under the sun, because sometimes one who has toiled with wisdom and knowledge and skill must leave all to be enjoyed by another who did not toil for it. This also is vanity and a great evil. What do mortals get from all the toil and strain with which they toil under the sun? For all their days are full of pain, and their work is a vexation; even at night their minds do not rest. This also is vanity.

Hear the word of the Lord.

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**+ Psalm 49:1-11**

My mouth shall speak of wisdom, and my heart shall meditate on understanding.

**My mouth shall speak of wisdom, and my heart shall meditate on understanding.**

Hear this, all you peoples; hearken, all you who dwell in the world, you of high degree and low, rich and poor together.

**My mouth shall speak of wisdom, and my heart shall meditate on understanding.**

I will incline my ear to a proverb and set forth my riddle upon the harp. Why should I be afraid in evil days, when the wickedness of those at my heels surrounds me, The wickedness of those who put their trust in their goods, and boast of their great riches?

**My mouth shall speak of wisdom, and my heart shall meditate on understanding.**

We can never ransom ourselves, or deliver to God the price of our life; For the ransom of our life is so great, that we should never have enough to pay it, In order to live for ever and ever, and never see the grave.

**My mouth shall speak of wisdom, and my heart shall meditate on understanding.**

For we see that the wise die also; like the dull and stupid they perish and leave their wealth to those who come after them.

**My mouth shall speak of wisdom, and my heart shall meditate on understanding.**

Their graves shall be their homes for ever, their dwelling places from generation to generation, though they call the lands after their own names.

**My mouth shall speak of wisdom, and my heart shall meditate on understanding.**

Even though honoured, they cannot live for ever; they are like the beasts that perish.

**My mouth shall speak of wisdom, and my heart shall meditate on understanding.**

**+ SECOND READING : Colossians 3:1-11**

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory.

Put to death, therefore, whatever in you is earthly: fornication, impurity, passion, evil desire, and greed (which is idolatry). On account of these the wrath of God is coming on those who are disobedient. These are the ways you also once followed, when you were living that life. But now you must get rid of all such things-- anger, wrath, malice, slander, and abusive language from your mouth. Do not lie to one another, seeing that you have stripped off the old self with its practices and have clothed yourselves with the new self, which is being renewed in knowledge according to the image of its creator. In that renewal there is no longer Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and free; but Christ is all and in all!

Hear the word of the Lord.

## + THE HOLY GOSPEL : Luke 12:13-21

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint Luke:

**Glory to Christ our Saviour!**

Someone in the crowd said to Jesus, "Teacher, tell my brother to divide the family inheritance with me." But he said to him, "Friend, who set me to be a judge or arbitrator over you?" And he said to them, "Take care! Be on your guard against all kinds of greed; for one's life does not consist in the abundance of possessions." Then he told them a parable: "The land of a rich man produced abundantly. And he thought to himself, 'What should I do, for I have no place to store my crops?' Then he said, 'I will do this: I will pull down my barns and build larger ones, and there I will store all my grain and my goods. And I will say to my soul, 'Soul, you have ample goods laid up for many years; relax, eat, drink, be merry.' But God said to him, 'You fool! This very night your life is being demanded of you. And the things you have prepared, whose will they be?' So it is with those who store up treasures for themselves but are not rich toward God."

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**

## KYIV CLASSIC ACCORDION DUO



I am pleased to report Igor and Oleksii have gotten the necessary permissions and visas and will be with us on **Monday 15 August**.

They will perform in **St Andrew's at 7:30pm** that day.....Let's see if we can fill the church and show our support for them and for the Ukrainian People!

## **PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

### **OUR WORLD**

For our brothers and sisters in Ukraine and for those standing up for justice in Russia and the world over. For a softening of Vladimir Putin's heart and those of his supporters. For peace throughout the world. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

### **OUR COMMUNION**

For our Bishops throughout the world as they prepare to gather for the Lambeth Conference.

**O good and gracious God**, we come with joyful hearts of expectation, offering prayers to you for unity, strength, and great success at the Lambeth Conference. As the bishops of your church gather to seek your direction, to share with each other, and to carry out your will, we pray, dear Lord, that you continue to fill them with the Spirit of love, and that it is manifested in the transformed lives of these shepherds, and the flock to whom they minister. And then, Lord, it is our plea, that the transformed children of your Kingdom would, through missionary zeal, seek to transform others, by your love flowing through us. These mercies we ask, in the name of the one loved us to death; Jesus the Christ. **Amen.**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Province of West Africa.

### **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. Niccolò A, Val C, Godwin C, Tony C, Patricia E, Maureen F, Jackie F, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of Holy Trinity, Elgin; Burghead Mission & St Margaret's, Lossiemouth. For our sister Dioceses of Quebec, Canada & Tuam, Killybegs and Achonry, Ireland.

## **OUR CHURCH & COMMUNITY**

### **FAMILY & FRIENDS**

A blessed and happy 55<sup>th</sup> wedding Anniversary to Patsy & Sandy! For Joan M. For Jeremy & Julie. For Betty. For Dorothy. For Marina, Val & Families. For Igor, Oleksii & Families. For all preparing for Marriage. For all who are ill in mind, body or spirit. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to be in need of our prayers.

## A DAILY PRAYER for the WEEK

*Spend a moment in silence and call to mind any particular concerns...then pray:*

Christ is the shepherd of his flock: he loves and cares for his people. We turn to him in trust and say:

– *Lord, we need your care.*

Christ our Lord, you are pastor of all the ages,

protect our Bishop, **Mark**, and all the bishops of your Church...especially those gathered for the Lambeth Conference.

– *Lord, we need your care.*

Be with those who are persecuted for their faith, and those cut off from the support of the Church:

Good Shepherd, in their pain and isolation may they know your care.

– *Lord, we need your care.*

Bring healing to the sick; give nourishment to the hungry.

– *Lord, we need your care.*

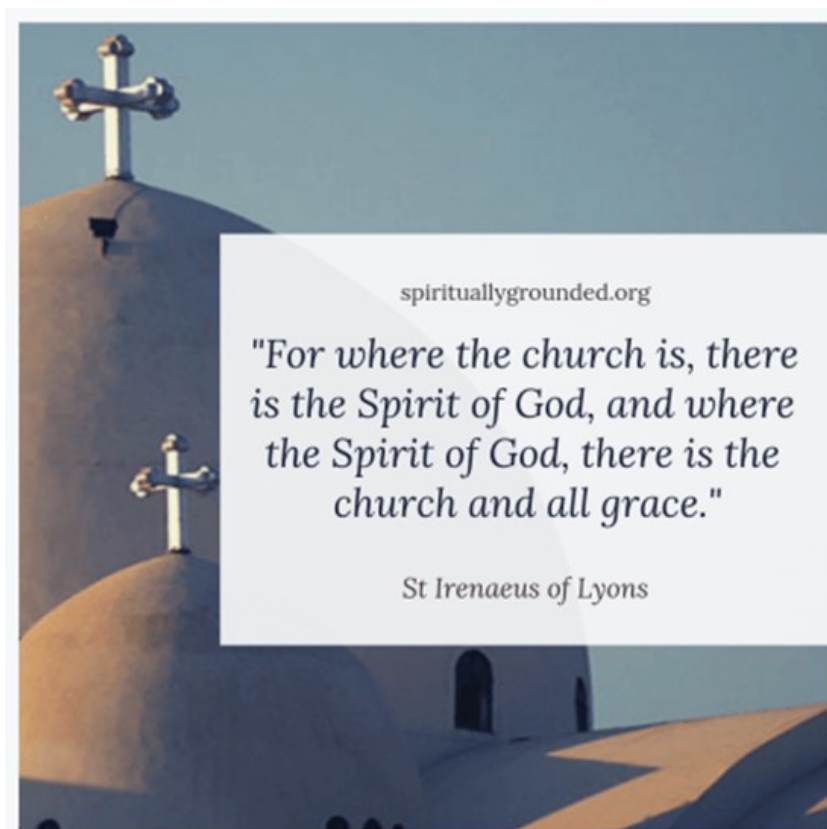
We remember those who make our laws and those who apply them: Lord, give them wisdom and discernment.

– *Lord, we need your care.*

Gather the flock for which you laid down your life: bring home to their Father's house all who have died in your peace.

– *Lord, we need your care.*

*Conclude with the Lord's Prayer.*



## A NOTE FROM THE RECTOR

My Dear Friends,

It is wonderful to be home! But I have never experienced jet-lag quite like this! As some of you know, much of my holiday was spent walled up with Covid...so perhaps what I am feeling is the aftermath of that together with jet-lag. Hahaha...aggravating to have avoided Covid for so long...only to get it when on a much needed holiday! On the other hand, it was wonderful to be back in Nova Scotia and to catch up with my family and friends there. I am truly blessed in both and both here and there!

I hear you have all been enjoying a wonderful...if too hot...summer here! It was the same in Nova Scotia. While three bald eagles circled overhead I was listening to bands compete at the Antigonish Highland Games...in +34 heat (estimated +42 with humidity). One day the humidex reached +46! Having Covid at any time is not fun...having it in that kind of heat...no joy at all!

Beginning just before my departure and continuing in my absence, our amazing Mission and Ministry team have been working on something very exciting! Having been away, I am not sure how much has been shared about plans, but I know we will all be excited and "on board" when the time comes!

I would like to thank Rev Christine and all who have assisted her in holding the fort in my absence. It is truly a blessing for me to feel surrounded by such love and support!

I am soooo looking forward to seeing everyone this and the coming Sundays!

If anyone would like a visit or to receive Holy Communion at home and is comfortable with me coming by in the midst of the current Covid situation, please give me a call – 01381 622 241 and we can set up a time!

Blessings to one and all!!!

And much love too!

**Mel +**



## **THIS WEEK AT A GLANCE**

Online...

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

**MON** : Rector's Day Off 1

**TUE** : Appointments

**7:00pm Eucharist – St Regulus'**

**WED** : 10:00am Study Group in Rectory

10:00am Charity Shop

**THU** : **10:00am Eucharist in St Andrew's**

**FRI** : **9:00am Celtic Morning Prayer** (via Zoom. Contact Gillian at AnneGillianNewman@gmail.com for details)

**SAT** : 10:00am Charity Shop

Rector tying up loose ends and prepping for Sunday

## **SUNDAY 7 AUGUST**

### **NINTH SUNDAY after PENTECOST**

#### **The Holy Eucharist**

9:45am in St John's with Fr Mel

9:45am in St Regulus' with Rev Christine

11:30am in St Andrew's with Fr Mel

## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianewman@gmail.com](mailto:annegillianewman@gmail.com))



# **St John's Arrafeelie**

**Sunday 26th June 2022**



**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**

### Thought for today

*Swiftly go the happy days like birds upon  
the wing.*

*Quickly fly the shining hours when heart  
and spirit sing.*

*Youth must pass. But why regret when life  
has passed its prime.*

*Every phase is sweet. It can't be always  
summer time.*



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



# **Church Rotas**

**St Andrew's**

**Readers & Intercessors**

St John's / St Andrew's / St Regulus / St Andrew's

**Sides-men**

Ann McGhee

**Servers**

**Sacristan**

**Flowers**

**Teas**

**Cleaning**

**St John's**