

**SUNDAY**  
**19th June 2022**  
**Pentecost 2**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

**The Black Isle Family of Congregations**

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
Fortrose, Ross-shire, Scotland IV10 8TJ  
Phone: 01381 622241 Email: [mel@sagart.me.uk](mailto:mel@sagart.me.uk)



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



### ***AT SAINT JOHN'S & ST REGULUS'***

#### **Collect**

O God our defender, storms rage about us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

#### **+ FIRST READING : Isaiah 65:1-9**

I was ready to be sought out by those who did not ask, to be found by those who did not seek me. I said, "Here I am, here I am," to a nation that did not call on my name. I held out my hands all day long to a rebellious people, who walk in a way that is not good, following their own devices; a people who provoke me to my face continually, sacrificing in gardens and offering incense on bricks; who sit inside tombs, and spend the night in secret places; who eat swine's flesh, with broth of abominable things in their vessels; who say, "Keep to yourself, do not come near me, for I am too holy for you."

These are a smoke in my nostrils, a fire that burns all day long. See, it is written before me: I will not keep silent, but I will repay; I will indeed repay into their laps their iniquities and their ancestors' iniquities together, says the Lord; because they offered incense on the mountains and reviled me on the hills, I will measure into their laps full payment for their actions.

Thus says the Lord: As the wine is found in the cluster, and they say, "Do not destroy it, for there is a blessing in it," so I will do for my servants' sake, and not destroy them all.

I will bring forth descendants from Jacob, and from Judah inheritors of my mountains; my chosen shall inherit it, and my servants shall settle there.

Hear the word of the Lord.

**Vestry Secretary:** Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

Tel No: 01381 620110: E [w.r.mcghee@btinternet.com](mailto:w.r.mcghee@btinternet.com): Mobile: 07770 37 37 72

**+ Psalm 22:18-27**

I shall praise the Lord in the great assembly. **I shall praise the Lord in the great assembly.**

Be not far away, O Lord; you are my strength; hasten to help me. Save me from the sword, my life from the power of the dog. **I shall praise the Lord in the great assembly.**

Save me from the lion's mouth, my wretched body from the horns of wild bulls. I will declare your Name to my brethren; in the midst of the congregation I will praise you.

**I shall praise the Lord in the great assembly.**

Praise the Lord, you that fear him; stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory. **I shall praise the Lord in the great assembly.**

For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; but when they cry to him he hears them. **I shall praise the Lord in the great assembly.**

My praise is of him in the great assembly; I will perform my vows in the presence of those who worship him. **I shall praise the Lord in the great assembly.**

The poor shall eat and be satisfied, and those who seek the Lord shall praise him: "May your heart live for ever!" **I shall praise the Lord in the great assembly.**

All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before him. **I shall praise the Lord in the great assembly.**

For kingship belongs to the Lord; he rules over the nations.

**I shall praise the Lord in the great assembly.**

**+ SECOND READING : Galatians 3:23-29**

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Hear the word of the Lord.

+ **THE HOLY GOSPEL : Luke 8:26-39**

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint Luke:

**Glory to Christ our Saviour!**

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me" -- for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

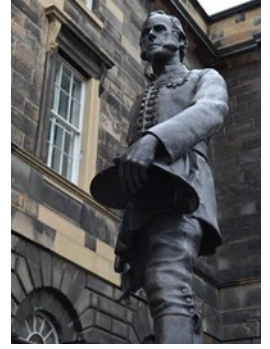
When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him.

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**

*AT SAINT ANDREW'S*

*PLEASE NOTE MEMBERS OF THE SCOTTISH FIRE AND  
RESCUE SERVICE WILL BE OUR READERS AND  
INTERCESSORS THIS SUNDAY...*



### **Collect**

Almighty God, today, as we remember your servant James Braidwood and his great contribution to fire-fighting and saving lives the world over, we ask you to look with favour upon all who serve in the in the Scottish Fire and Rescue Service. Give to chiefs and officers the wisdom and experience to lead and to direct; to all members the courage and determination to serve our communities; and to all of us the understanding and the realisation of our role and responsibility in the protecting of our lives, property and natural resources. This we ask through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

### **+ First Reading: Isaiah 43:1-5a**

But now thus says the LORD, he who created you, O Jacob, he who formed you, O Israel: Do not fear, for I have redeemed you; I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you.

For I am the LORD your God, the Holy One of Israel, your Saviour. I give Egypt as your ransom, Ethiopia and Seba in exchange for you. Because you are precious in my sight, and honoured, and I love you, I give people in return for you, nations in exchange for your life. Do not fear, for I am with you

Hear the word of the Lord.

**+ Psalm 91:1-6, 9-12**

The Lord shall give his angels charge over you, to keep you in all your ways.

**The Lord shall give his angels charge over you, to keep you in all your ways.**

Those who dwell in the shelter of the Most High, abide under the shadow of the Almighty. They shall say to the Lord, "You are my refuge and my stronghold, my God in whom I put my trust."

**The Lord shall give his angels charge over you, to keep you in all your ways.**

He shall deliver you from the snare of the hunter and from the deadly pestilence. He shall cover you with his pinions, and you shall find refuge under his wings; his faithfulness shall be a shield and buckler.

**The Lord shall give his angels charge over you, to keep you in all your ways.**

You shall not be afraid of any terror by night, nor of the arrow that flies by day; Of the plague that stalks in the darkness, nor of the sickness that lays waste at mid-day.

**The Lord shall give his angels charge over you, to keep you in all your ways.**

Because you have made the Lord your refuge, and the Most High your habitation. There shall no evil happen to you, neither shall any plague come near your dwelling.

**The Lord shall give his angels charge over you, to keep you in all your ways.**

For he shall give his angels charge over you, to keep you in all your ways. They shall bear you in their hands, lest you dash your foot against a stone.

**The Lord shall give his angels charge over you, to keep you in all your ways.**

**+ Second Reading : Romans 12:9-18**

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord.

Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep.

Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are.

Do not repay anyone evil for evil, but take thought for what is noble in the sight of all.

If it is possible, so far as it depends on you, live peaceably with all.

This is the word of the Lord.

**+ THE HOLY GOSPEL : John 15:12-17**

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint John:

**Glory to Christ our Saviour!**

Jesus said to them: ‘This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one’s life for one’s friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**

**In the Octave of the Feast of the Body and Blood of Christ...something to ponder from the Anglican/Roman Catholic International Commission – Agreed Statement on the Eucharist**

**“The sacramental body and blood of the Saviour are present as an offering to the believer awaiting his welcome. When this offering is met by faith, a lifegiving encounter results. Through faith Christ's presence which does not depend on the individual's faith in order to be the Lord's real gift of himself to his church? becomes no longer just a presence for the believer, but also a presence with him. Thus, in considering the mystery of the eucharistic presence, we must recognize both the sacramental sign of Christ's presence and the personal relationship between Christ and the faithful which arises from that presence.”**

## **PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For our brothers and sisters in Ukraine and for those standing up for justice in Russia and the world over. For a softening of Vladimir Putin's heart and those of his supporters. For peace throughout the world. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Episcopal Church of South Sudan.

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. Tony C, Patricia E, Maureen F, Jackie F, Tim H, Camayo H, Ross J, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St Mary the Virgin, Ullapool; St Gilbert's, Kinlochbervie; St Gilbert's, Lochinver & St Boniface, Achiltibuie For our sister Dioceses of Quebec, Canada & Tuam, Killa and Achonry, Ireland.

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For God's blessing and protection upon our Scottish Fire & Rescue Service personnel as we remember James Braidwood, their founder and all fire fighters the world over. For Joan M. For Ann & Tony. For Jeremy & Julie. For Betty. For Dorothy. For Marina, Val & Families. For Igor, Oleksii & Families. For all preparing for Marriage. For all who are ill in mind, body or spirit. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. For all we know to be in need of our prayers.

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

Christ taught us to set our hearts on the Kingdom of God, and on its justice. In that Kingdom all that we need will be given to us. Until then, let us pray:       – *Your Kingdom come, O Lord.*

Blessed are those who know their need of God: lead us to seek your face in purity of heart.

– *Your Kingdom come, O Lord.*

Blessed are those who work for no reward, those who suffer for what is right: comfort them with your presence, lighten their burden.

– *Your Kingdom come, O Lord.*

Blessed are the gentle, those who show mercy, and forgive; they shall know your forgiveness at the end of time.

– *Your Kingdom come, O Lord.*

Blessed are the peacemakers, those who reconcile conflict and hate: they are indeed the sons of God.

– *Your Kingdom come, O Lord.*

Bring consolation to all who mourn departed loved ones: may they share the blessed hope of all who have died in the peace of Christ.

– *Your Kingdom come, O Lord.*

*Conclude with the Lord's Prayer.*

## A NOTE FROM THE RECTOR

My Dear Friends,

This coming Sunday in Cromarty and Arpafeelie we will launch into what many call “Ordinary Time”...the long green season where we focus on the teaching of our Lord...anything but ordinary! Hence we shall continue to speak of it as the Season of Pentecost as we seek fresh ways to let the Spirit flow through us into the world.

In Fortrose we will be honouring the **Scottish Fire and Rescue Service** and our local members in particular...as we celebrate the memory of their amazing Founding Father – **James Braidwood**! The celebration will be at the 11:30 Eucharist in St Andrew’s...with members of the SFRS in attendance...and **Bishop Mark** as our principal Celebrant and Preacher. **PLEASE plan to be present and join in thanking a Service that has touched many of our lives and upon whom we do depend in time of gravest need.**

**If you would like to make a donation to the Fire Fighters’ Charity please refer to their website. <https://www.firefighterscharity.org.uk/donate>**

As of the beginning of July, I will be on holiday...and will be flying to Nova Scotia for the first time in four years to be with my family, meet and baptise 2 great nephews and enjoy a proper holiday...returning on time for the 5<sup>th</sup> Sunday of July when we will gather in Fortrose!!!

If anyone would like a visit or to receive Holy Communion at home and is comfortable with me coming by in the midst of the current Covid situation, please give me a call – 01381 622 241 and we can set up a time!

Blessings to one and all and much love too!

**Mel +**



## **POST SUNDAY EUCHARIST HOSPITALITY AT ST ANDREW'S**

Now we are back to having coffee on Sundays it would be great if folk would volunteer to help out on a rota basis. As with all rotas it's easy to swap days if necessary. Any help would be much appreciated. Please tell Joan or Alison.  
Thank you!



### **THIS WEEK AT A GLANCE**

Online...

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

**MON** : Rector's Day Off 1

**TUE** : Appointments

**7:00pm Eucharist – St Regulus'**

**WED** : 10:00am Study Group in Rectory

10:00am Charity Shop

**THU** : **10:00am Eucharist in St Andrew's**

**FRI** : **9:00am Celtic Morning Prayer** (via Zoom. Contact Gillian at [AnneGillianNewman@gmail.com](mailto:AnneGillianNewman@gmail.com)  
for details)

**SAT** : 10:00am Charity Shop

Marie Curie  
Cancer Care



# OPEN GARDEN

DAILY 11-5

CULISH  
KILMUIR

Donations to **MARIE CURIE**  
Bring your own picnic





**Sunday 19<sup>th</sup> June 2022 at 1130h**

**St. Andrew's Episcopal Church, Academy Street, Fortrose**

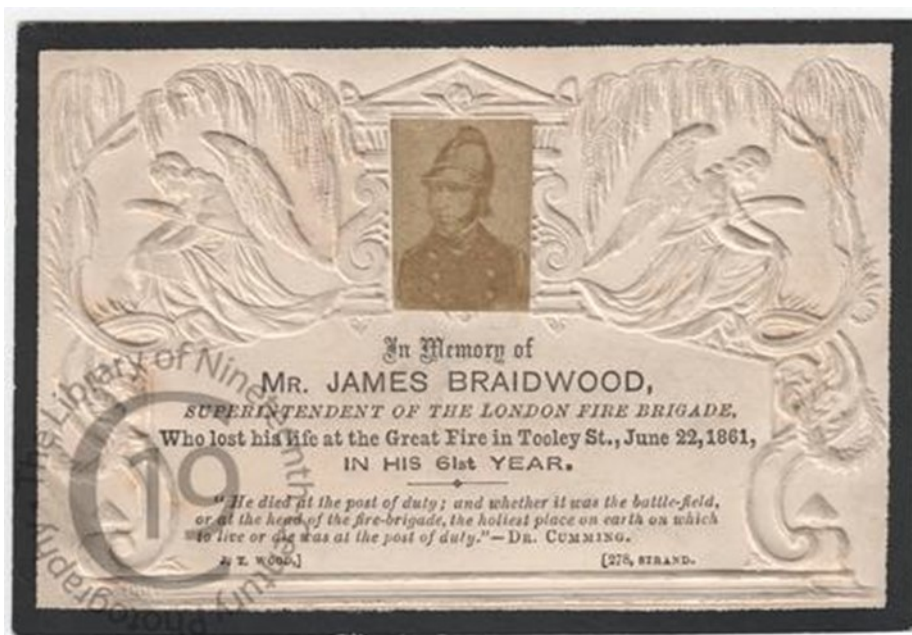
**Annual Service to celebrate  
The Life and Legacy of James Braidwood  
(3<sup>rd</sup> September 1800, Edinburgh - 22<sup>nd</sup> June 1861, London)  
& the Scottish Fire & Rescue Service**

Our annual service to celebrate the life and legacy of James Braidwood, The Father of the Modern Fire Service, and my great, great, great grandfather will be held on Sunday 19<sup>th</sup> June at 1130h. His vision, diligence, dedication and perseverance are the strong foundation on which is built today's efficient fire-fighting service worldwide.

I am very happy to announce that members of our local fire services, as well as representatives from Glasgow HQ and Edinburgh, will again be attending and participating in this special service at St. Andrew's Episcopal Church and I hope that you will be able to join us too.

If you are unable to attend the service I hope that you will remember James Braidwood, the Scottish Fire & Rescue Service, the London Fire Brigade and all fire-fighters in your prayers.

Thank you.  
Diana Hamilton-Jones



## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianewman@gmail.com](mailto:annegillianewman@gmail.com))

# St John's Arrafeelie

Sunday 19th June 2022





**Thank you for the love and joy  
you bring to others**

Dear everyone,

Sadly due to hosting the dreaded Covid, I had to cancel the May session of Christmas box wrapping for Blythswood.

So we need to play catch-up!! With this in mind, the next Blythswood Shoe Box merry band of wrappers will be able to crack on between 2 - 4pm at the Seaforth Lodge, Fortrose on June 17th & June 24th.

Please feel free to join us, refreshments are provided. It's a great fellowship and a wonderful service. The boxes will be needed even more this year.

This month we would welcome donations of deodorants and sanitary pads.

Thanking you in anticipation and in Jesus's name

Jan Maclennan

**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**

### Thought for today

*Faith blossoms in the strangest soil,  
Where once was doubt and unbelief,  
A seed of faith takes root and grows  
Out of an old and bitter grief.  
And flowers of faith are loveliest  
Where there has fallen dew of tears.  
God raises up his sweetest blooms  
Out of the sorrows of years.*



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

The Scottish Fire and Rescue service

### **Sides-men**

Ann McGhee

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**