

**SUNDAY**  
**5th June 2022**  
**Pentecost**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



## THE PROCLAMATION OF THE WORD

### Collect

Almighty and ever living God, who fulfilled the promises of Easter by sending us your Holy Spirit and opening to every race and nation the way of life eternal: keep us in the unity of your Spirit, that every tongue may tell of your glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### + FIRST READING : Acts 2:1-21

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter /

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But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams.

Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist.

The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. Then everyone who calls on the name of the Lord shall be saved.' "

Hear the word of the Lord.

+ **Psalm 104:25-35, 37**

Send forth your Spirit O Lord! Alleluia!      **Send forth your Spirit O Lord! Alleluia!**

O Lord, how manifold are your works! in wisdom you have made them all; the earth is full of your creatures. Yonder is the great and wide sea with its living things too many to number, creatures both small and great.

**Send forth your Spirit O Lord! Alleluia!**

There move the ships, and there is that Leviathan, which you have made for the sport of it. All of them look to you to give them their food in due season.

**Send forth your Spirit O Lord! Alleluia!**

You give it to them; they gather it; you open your hand, and they are filled with good things.

**Send forth your Spirit O Lord! Alleluia!**

You hide your face, and they are terrified; you take away their breath, and they die and return to their dust.

**Send forth your Spirit O Lord! Alleluia!**

You send forth your Spirit, and they are created; and so you renew the face of the earth.

May the glory of the Lord endure for ever; may the Lord rejoice in all his works. He looks at the earth and it trembles; he touches the mountains and they smoke.

**Send forth your Spirit O Lord! Alleluia!**

I will sing to the Lord as long as I live; I will praise my God while I have my being.

**Send forth your Spirit O Lord! Alleluia!**

May these words of mine please him; I will rejoice in the Lord. Bless the Lord, O my soul. Hallelujah!

**Send forth your Spirit O Lord! Alleluia!**

**+ SECOND READING : Romans 8:14-17**

All who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

Hear the word of the Lord.

**+ THE HOLY GOSPEL : John 14:8-17, 25-27**

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint John:

**Glory to Christ our Saviour!**

Philip said to Jesus, "Lord, show us the Father, and we will be satisfied." Jesus said to him, "Have I been with you all this time, Philip, and you still do not know me? Whoever has seen me has seen the Father. How can you say, 'Show us the Father'? Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own; but the Father who dwells in me does his works. Believe me that I am in the Father and the Father is in me; but if you do not, then believe me because of the works themselves. Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. I will do whatever you ask in my name, so that the Father may be glorified in the Son. If in my name you ask me for anything, I will do it.

"If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you."

"I have said these things to you while I am still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid."

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**

# THE PRAYER FOR THE QUEEN'S PLATINUM JUBILEE



Almighty and eternal God, you uphold and govern all things both in heaven and on earth, and by your grace alone the kings and queens do reign.

We thank you for all the blessings which you have bestowed upon us throughout the reign of our sovereign lady, Queen Elizabeth, whom you have set over us these threescore years and ten.

We thank you for the wisdom of her guidance and her love of peace, for the care and devotion with which she has served her people, for the example of her gracious life.

As we rejoice before you with thankful hearts, we pray that we may ever be united in love and service to one another, as people called to live according to your will, for the good of all the world, and the glory of your great name, through Jesus Christ our Lord. Amen.



## **PRAYER REQUESTS**

*For hearts will with joy as we celebrate the Gift of God's Holy Spirit...May She set our hearts and minds on fire!*

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For our brothers and sisters in Ukraine and for those standing up for justice in Russia and the world over. For a softening of Vladimir Putin's heart and those of his supporters. For peace throughout the world. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Anglican Church of South Africa.

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. Helen R, Roberta R, Louise S, Janet S, Ross S-Y, Laura S, Rachael W, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St John's, Inverness ; St Mary's, Culloden & St Michael & All Angels', Inverness For our sister Dioceses of Quebec, Canada & Tuam, Killala and Achonry, Ireland.

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For Julian Marti who will be baptised this Sunday in St Regulus' and for his parents, Maren & Carsten and brother, Ben. For Ann & Tony. For Jeremy & Julie. For Betty. For Dorothy. For Marina, Val & Families. For Igor, Oleksii & Families. For all preparing for Marriage. For all who are ill in mind, body or spirit. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For all we know to be in need of our prayers.

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

The apostles waited and prayed for the coming of the Spirit. United together in their company, we pray for a fresh out-pouring of the Spirit and that we may joyfully proclaim the greatness of God.  
- *Father, send us your Spirit.*

In Christ you restored the universe which you made; through your Spirit renew the face of the earth.  
- *Father, send us your Spirit.*

You breathed into Adam the breath of life: breathe your Spirit into the Church, that the world may find life in her.  
- *Father, send us your Spirit.*

May your Spirit bring light to our darkness; turn hatred into love, sorrow into joy, and doubt into hope.  
- *Father, send us your Spirit.*

Cleanse and refresh us in the waters of the Spirit; where there is anguish and sin, bring healing and rebirth.  
- *Father, send us your Spirit.*

Through the Holy Spirit you bring all people to life and glory: may the departed enter their home in heaven to enjoy your love forever.  
- *Father, send us your Spirit.*

*Conclude with the Lord's Prayer.*

## A NOTE FROM THE RECTOR

My Dear Friends,

Come, O Holy Spirit, fill the hearts of your faithful people and kindle in us the fire of your Love.

The Day of Pentecost will be celebrated with joy this coming Sunday. Joyful hymns of the Day will be sung at our Eucharists and the added joy of a Baptism at St Regulus'!

This past Sunday saw us gather in St John's to celebrate together. A lovely crowd gathered and wonderful food was enjoyed by all. There was a joyful buzz in the place and it was great to see so many make the effort to be present.

I left the gathering at St John's to make visits to the Ross Memorial Hospital and the Invergordon Hospital. I gave our love to Dorothy, Betty, Ann and several others I encountered through the day. They all send love back. They were all in great spirits!

This coming week I will be attending General Synod with as Chaplain to our Primus...and not returning till late on Saturday. Please keep us all in your prayers!

The 19<sup>th</sup> of June is fast approaching...the day when we will be honouring the **Scottish Fire and Rescue Service**...especially our local members...as we celebrate the memory of their amazing Founder – **James Braidwood**! The celebration will be at the 11:30 Eucharist in St Andrew's...with members of the SFRS in attendance...and **Bishop Mark** as our principal Celebrant and Preacher. PLEASE plan to be present and join in thanking a Service that has touched many of our lives and upon whom we do depend in time of gravest need.

Janet Spence Ordination...Janet emailed this week to announce: "I am to serve my title at St Mary's Cathedral, Palmerston Place, with John Conway (Provost) and Marion Chatterley (Vice Provost), and my ordination will be at 3.30pm in St Mary's on 25th September." She is hoping many of us will make it down for the celebration...so let's all plan!

If anyone would like a visit or to receive Holy Communion at home and is comfortable with me coming by in the midst of the current Covid situation, please give me a call – 01381 622 241 and we can set up a time!

Blessings to one and all and much love too!

Mel +



## **THIS WEEK AT A GLANCE**

### **POST SUNDAY EUCHARIST**

### **HOSPITALITY AT ST ANDREW'S**

Now we are back to having coffee on Sundays it would be great if folk would volunteer to help out on a rota basis. As with all rotas it's easy to swap days if necessary. Any help would be much appreciated. Please tell Joan or Alison. Thank you!

## **THIS WEEK AT A GLANCE**

Online...

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

**MON** : Rector's Day Off 1

**TUE** : Appointments

**7:00pm Eucharist – St Regulus'**

**WED** : 10:00am Study Group in Rectory

10:00am Charity Shop

Rector – Heading to General Synod

**THU** : **10:00am Eucharist – St Andrew's**

**FRI** : **9:00am Celtic Morning Prayer** (via Zoom. Contact Gillian at AnneGillianNewman@gmail.com for details)

**SAT** : 10:00am Charity Shop

Rector tying up loose ends and prepping for Sunday

## **SUNDAY 12 JUNE**

### **THE MOST HOLY TRINITY**

#### **The Holy Eucharist**

9:45am in St Regulus' with Fr Mel

9:45am in St John's with Fr James Currall (a Baptism too!)

11:30am in St Andrew's with Fr Arthur (& Fr Mel)



Marie Curie  
Cancer Care



# OPEN GARDEN

DAILY 11-5

CULISH  
KILMUIR

Donations to **MARIE CURIE**  
Bring your own picnic







**Sunday 19<sup>th</sup> June 2022 at 1130h**

**St. Andrew's Episcopal Church, Academy Street, Fortrose**

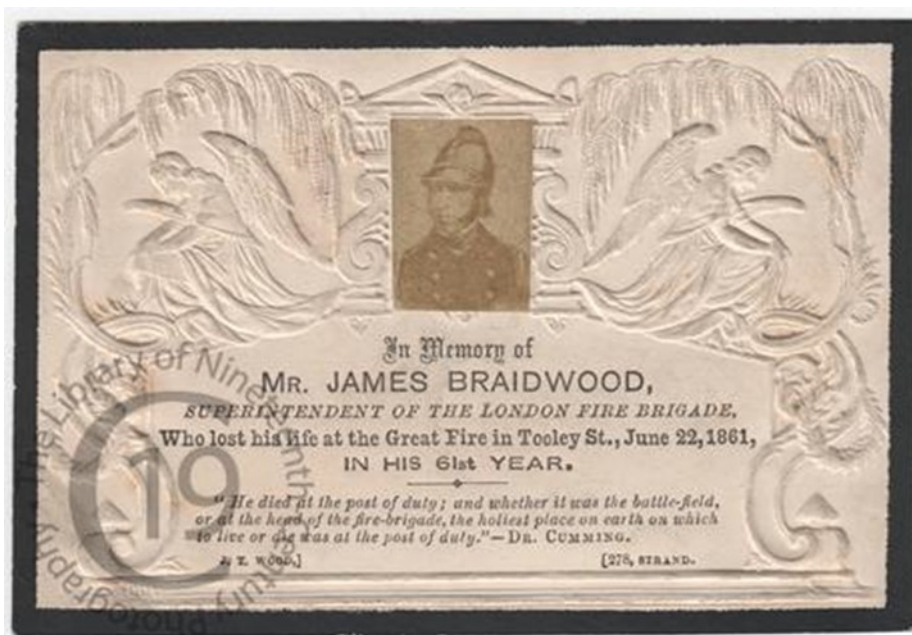
**Annual Service to celebrate  
The Life and Legacy of James Braidwood  
(3<sup>rd</sup> September 1800, Edinburgh - 22<sup>nd</sup> June 1861, London)  
& the Scottish Fire & Rescue Service**

Our annual service to celebrate the life and legacy of James Braidwood, The Father of the Modern Fire Service, and my great, great, great grandfather will be held on Sunday 19<sup>th</sup> June at 1130h. His vision, diligence, dedication and perseverance are the strong foundation on which is built today's efficient fire-fighting service worldwide.

I am very happy to announce that members of our local fire services, as well as representatives from Glasgow HQ and Edinburgh, will again be attending and participating in this special service at St. Andrew's Episcopal Church and I hope that you will be able to join us too.

If you are unable to attend the service I hope that you will remember James Braidwood, the Scottish Fire & Rescue Service, the London Fire Brigade and all fire-fighters in your prayers.

Thank you.  
Diana Hamilton-Jones



## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianne-man@gmail.com](mailto:annegillianne-man@gmail.com))

# **St John's Arrafeelie**

**Sunday 5th June 2022**



**SUNDAY 12 JUNE**

**THE MOST HOLY TRINITY**

**The Holy Eucharist**

9:45am in St Regulus' with Fr Mel

9:45am in St John's with Fr James Currall (a Baptism too!)

11:30am in St Andrew's with Fr Arthur (& Fr Mel)

**THANK YOU**

Many thanks to the congregation of St. John's for using the week leading up to last Sunday's shared service to spring clean the church top to bottom.



**Thank you for the love and joy  
you bring to others**

Dear everyone,

Sadly due to hosting the dreaded Covid, I had to cancel the May session of Christmas box wrapping for Blythswood.

So we need to play catch-up!! With this in mind, the next Blythswood Shoe Box merry band of wrappers will be able to crack on between 2 - 4pm at the Seaforth Lodge, Fortrose on June 17th & June 24th.

Please feel free to join us, refreshments are provided. It's a great fellowship and a wonderful service. The boxes will be needed even more this year.

This month we would welcome donations of deodorants and sanitary pads.

Thanking you in anticipation and in Jesus's name

Jan Maclennan

## OUR CHARITY SHOP

in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**

### Thought for today

*If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.*



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### TINNED VEGETABLES

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.





# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

S A Jackson / A Garraway / M Hulse / B Cran

### **Sides-men**

Ann McGhee

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**