

SUNDAY
8th May 2022
Easter 4
SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

Collect

O God of peace, who brought again from the dead our Lord Jesus Christ, that great shepherd of the sheep, by the blood of the eternal covenant, make us perfect in every good work to do your will, and work in us that which is well-pleasing in your sight; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

+ FIRST READING : Acts 9:36-43

Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. At that time she became ill and died. When they had washed her, they laid her in a room upstairs. Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, "Please come to us without delay." So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, "Tabitha, get up." Then she opened her eyes, and seeing Peter, she sat up. He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. This became known throughout Joppa, and many believed in the Lord. Meanwhile he stayed in Joppa for some time with a certain Simon, a tanner.

Hear the word of the Lord.

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THE PROCLAMATION OF THE WORD cont.

+ Psalm 23

I shall not fear, for you are with me. Alleluia!

I shall not fear, for you are with me. Alleluia!

The Lord is my shepherd; I shall not be in want. He makes me lie down in green pastures
and leads me beside still waters.

I shall not fear, for you are with me. Alleluia!

He revives my soul and guides me along right pathways for his Name's sake.

I shall not fear, for you are with me. Alleluia!

Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me;
your rod and your staff, they comfort me.

I shall not fear, for you are with me. Alleluia!

You spread a table before me in the presence of those who trouble me; you have anointed my
head with oil, and my cup is running over.

I shall not fear, for you are with me. Alleluia!

Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the
house of the Lord for ever.

I shall not fear, for you are with me. Alleluia!

+ SECOND READING : Revelation 7:9-17

I looked, and there was a great multitude that no one could count, from every nation, from
all tribes and peoples and languages, standing before the throne and before the Lamb,
robed in white, with palm branches in their hands. They cried out in a loud voice, saying,
"Salvation belongs to our God who is seated on the throne, and to the Lamb!"

And all the angels stood around the throne and around the elders and the four living crea-
tures,

and they fell on their faces before the throne and worshiped God, singing, "Amen! Bless-
ing and glory and wisdom and thanksgiving and honour and power and might be to our
God forever and ever! Amen."

Then one of the elders addressed me, saying, "Who are these, robed in white, and where
have they come from?"

I said to him, "Sir, you are the one that knows." Then he said to me, "These are they who
have come out of the great ordeal; they have washed their robes and made them white in
the blood of the Lamb.

For this reason they are before the throne of God, and worship him day and night within
his temple, and the one who is seated on the throne will shelter them.

They will hunger no more, and thirst no more; the sun will not strike them, nor any scorch-
ing heat; for the Lamb at the centre of the throne will be their shepherd, and he will guide
them to springs of the water of life, and God will wipe away every tear from their eyes."

Hear the word of the Lord.

+ THE HOLY GOSPEL : John 10:22-30

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint John:

Glory to Christ our Saviour!

At that time the festival of the Dedication took place in Jerusalem. It was winter, and Jesus was walking in the temple, in the portico of Solomon. So the Jews gathered around him and said to him, "How long will you keep us in suspense? If you are the Messiah, tell us plainly." Jesus answered, "I have told you, and you do not believe. The works that I do in my Father's name testify to me; but you do not believe, because you do not belong to my sheep. My sheep hear my voice. I know them, and they follow me. I give them eternal life, and they will never perish. No one will snatch them out of my hand. What my Father has given me is greater than all else, and no one can snatch it out of the Father's hand. The Father and I are one."

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!



PRAYER REQUESTS

For grace to live as God's Easter people...fearlessly and to the full!

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For our brothers and sisters in Ukraine and for those standing up for justice in Russia and the world over. For a softening of Vladimir Putin's heart and those of his supporters. For peace throughout the world. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of l'Église Anglicane du Rwanda..

OUR DIOCESE

For Vocations to the Sacred Ministry of the Church (Priests, Deacons), to Layreadership & other Lay Ministries and to the Religious Life. For our brothers & sisters in the Porvoo Communion of Churches. Camayo H, Ross J, Blayne P, Ferdinand vonP, Eilidh P, Helen R, Roberta R, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St Paul's, Strathnairn. For our sister Dioceses of Quebec, Canada & Tuam, Killala and Achonry, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Jeremy & Julie. For Betty. For Dorothy. For Marina, Val & Families. For Igor, Oleksii & Families. For all preparing for Marriage. For all who are ill in mind, body or spirit. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

Let us pray to God the Father, who raised Jesus to life and exalted him at his own right hand.

– Lord, protect your people through the glory of Christ.

Father, through the victory of the cross you have lifted up Jesus from the earth; may he draw all people to himself.

- Lord, protect your people through the glory of Christ.

Through the exaltation of Christ send your Spirit into the Church; make her the sign of unity for the whole human family.

– Lord, protect your people through the glory of Christ.

You have become the Father of all through water and the Spirit; keep us faithful to our baptism until we enter eternal life.

– Lord, protect your people through the glory of Christ.

Through the exaltation of your Son raise up the sorrowful, set prisoners free, heal the sick; may the whole world rejoice in your wonderful gifts.

– Lord, protect your people through the glory of Christ.

You nourished the faithful departed with Christ's body and blood; let them and all the departed share in his glory on the day of resurrection.

– Lord, protect your people through the glory of Christ.

Conclude with the Lord's Prayer

A NOTE FROM THE RECTOR

My Dear Friends,

Alleluia! Christ is risen!

This Sunday is the pivotal Sunday of the Easter Season and it is hard to believe how the time is flying! It will be Good Shepherd Sunday and we begin to ponder what the Easter Mystery means for us and our loved ones. LIFE IN ALL ITS FULLNESS!

Good Shepherd Sunday is also a day when we are called to pray for vocations to the priesthood, diaconate, lay readership and other lay ministries of the Church.

On that note, it would be wonderful to have any who feel called to any of the many lay ministries of the church come forward! We need altar servers, Eucharistic ministers, readers, intercessors, greeters, hospitality providers, sacristans (those who take care of the linens and the regular set up of the sacred vessels for Sunday and mid-week services)... Any questions? Feel you might like to be more involved? Speak to Fr Mel! PLEASE CONSIDER.

Again, if anyone would like a visit or to receive Holy Communion at home and is comfortable with me coming by in the midst of the current Covid situation, please give me a call – 01381 622 241 and we can set up a time!

Blessings to one and all and much love too!

Mel +



My sheep listen to my voice; I know them, and they follow me.

- JOHN 10:27 NIV

THIS WEEK AT A GLANCE

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

MON : Rector's Day Off 1

TUE : Appointments

7:00pm Eucharist – St Regulus'

WED : 10:00am Study Group in Rectory

10:00am Charity Shop

Rector - Prep for Sunday

THU : **10:00am Eucharist – St Andrew's**

FRI : **9:00am Celtic Morning Prayer** (via Zoom. Contact Gillian at AnneGillianNewman@gmail.com for details)

RECTOR DAY OFF 2

SAT : 10:00am Charity Shop

Rector tying up loose ends and prepping for Sunday

SUNDAY 15 MAY

FIFTH SUNDAY OF EASTER

The Holy Eucharist

9:45am in St Regulus'

with Rev Val

9:45am in St John's

with Fr Mel

11:30am in St Andrew's

with Fr Mel

CHRISTMAS BOXES

Dear Everyone, thank you all for your continued support and contributions thus far for the shoeboxes.

Our next shoebox wrapping will be on May 27th between 2-4pm at the Seaforth Lodge, Fortrose. Please feel free to attend this immensely enjoyable and rewarding service to those most in need.

This month we would welcome contributions of hairbrushes and combs.
Thanking you in Jesus's name,
Jan Maclennan xxx



**Thank you for the love and joy
you bring to others**

COVID BOOSTER JAB

Re Covid Booster for local Over 75s - just in case you have not heard already - these vaccinations will be available at FORTROSE Leisure Centre, as well as Eastgate Centre, Inverness. From Wednesday 27 April, and fortnightly thereafter, they are BY APPOINTMENT. Valuable for many in our age group who have mobility or transport issues.

If anyone asks for advice, they can only be arranged by, or for, someone who has already got the appointment letter. They must ring the number on the back of the letter (NOT the surgery - it's NHS).

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianne-man@gmail.com)

St John's Arrapeelie

Sunday 8th May 2022



Classic Film Club

Second Wednesday afternoon of the month

14.30 - 17.30

at the **Cromarty Cinema**

(by slipway in Cromarty)

“My Man Godfrey” Wed May 11th

details from **Helen Robinson**

07889181529

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

Thought for today

*Happiness is so infectious once it gets about,
Do not keep it to yourself but always give it
out*

*Happiness is catching! How the joy germs
thrive!*

*If you're feeling grateful just to be alive,
Don't suppress your feelings. Let them effervesce.*

Start an epidemic, spreading happiness.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



Church Rotas

St Andrew's

Readers & Intercessors

A Garraway / S A Jackson / J MacLennan / J Deakin

Sides-men

W Fraser / A Garraway

Servers

Sacristan

Flowers

Teas

Cleaning

St John's