

**SUNDAY**  
**24th April 2022**  
**Easter 2**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
Fortrose, Ross-shire, Scotland IV10 8TJ  
Phone: 01381 622241 Email: [mel@sagart.me.uk](mailto:mel@sagart.me.uk)



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



## THE PROCLAMATION OF THE WORD

### AT THE EUCHARIST

#### Collect

Almighty and eternal God, the strength of those who believe and the hope of those who doubt, may we, who have not seen, have faith and receive the fullness of Christ's blessing, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

#### + FIRST READING : Acts 5:27-32

When the temple police had brought the apostles, they had them stand before the council. The high priest questioned them, saying, "We gave you strict orders not to teach in this name, yet here you have filled Jerusalem with your teaching and you are determined to bring this man's blood on us." But Peter and the apostles answered, "We must obey God rather than any human authority. The God of our ancestors raised up Jesus, whom you had killed by hanging him on a tree. God exalted him at his right hand as Leader and Savior that he might give repentance to Israel and forgiveness of sins. And we are witnesses to these things, and so is the Holy Spirit whom God has given to those who obey him."

Hear the word of the Lord.

## THE PROCLAMATION OF THE WORD cont.

### + PSALM 150

Let everything that has breath  
praise the Lord. Hallelujah!

**Let everything that has breath  
praise the Lord. Hallelujah!**

Hallelujah!  
Praise God in his holy temple;  
praise him in the firmament of his power.

**Let everything that has breath  
praise the Lord. Hallelujah!**

Praise him for his mighty acts;  
praise him for his excellent greatness.

**Let everything that has breath  
praise the Lord. Hallelujah!**

Praise him with the blast of the ram's-horn;  
praise him with lyre and harp.

**Let everything that has breath  
praise the Lord. Hallelujah!**

Praise him with timbrel and dance;  
praise him with strings and pipe.

**Let everything that has breath  
praise the Lord. Hallelujah!**

Praise him with resounding cymbals;  
praise him with loud-clanging cymbals.

**Let everything that has breath  
praise the Lord. Hallelujah!**

### + SECOND READING : Revelation 1:4-8

John to the seven churches that are in Asia: Grace to you and peace from him who is and who was and who is to come, and from the seven spirits who are before his throne, and from Jesus Christ, the faithful witness, the firstborn of the dead, and the ruler of the kings of the earth.

To him who loves us and freed us from our sins by his blood, and made us to be a kingdom, priests serving his God and Father, to him be glory and dominion forever and ever. Amen.

Look! He is coming with the clouds; every eye will see him, even those who pierced him; and on his account all the tribes of the earth will wail. So it is to be. Amen. "I am the Alpha and the Omega," says the Lord God, who is and who was and who is to come, the Almighty.

Hear the word of the Lord.

+ **THE HOLY GOSPEL : John 20:19-31**

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint John:

**Glory to Christ our Saviour!**

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

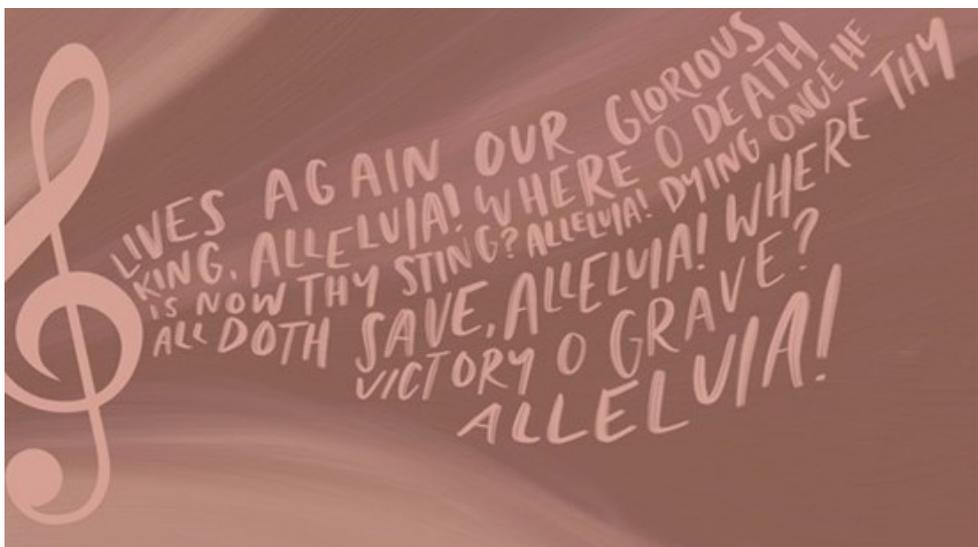
But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**



## **PRAYER REQUESTS**

*For grace to live as God's Easter people...fearlessly and to the full!*

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For our brothers and sisters in Ukraine and for those standing up for justice in Russia and the world over. For a softening of Vladimir Putin's heart and those of his supporters. For peace throughout the world. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Church of Papua-New Guinea.

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. Laura S, Rachael W, Cn Graham T, Cn Ian B, Bp Anne, Dr John McN S, Niccolò A, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St Donan's, Lochalsh; Courthill Chappel, Kishorn; All Saints' Mission, Kinlochewe. For our sister Dioceses of Quebec, Canada & Tuam, Killala and Achonry, Ireland.

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For Marina, Val & Families. For Igor, Oleksii & Families. For all preparing for Marriage. For all who are ill in mind, body or spirit. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For all we know to be in need of our prayers.

*Spend a moment in silence and call to mind any particular concerns...then pray:*

Let us pray to God the Father, who raised Jesus to life and exalted him at his own right hand.

*– Lord, protect your people through the glory of Christ.*

Father, through the victory of the cross you have lifted up Jesus from the earth; may he draw all people to himself.

*– Lord, protect your people through the glory of Christ.*

Through the exaltation of Christ send your Spirit into the Church; make her the sign of unity for the whole human family.

*– Lord, protect your people through the glory of Christ.*

You have become the Father of all people through water and the Spirit; keep them faithful to their baptism until they enter eternal life.

*– Lord, protect your people through the glory of Christ.*

Through the exaltation of your Son raise up the sorrowful, set prisoners free, heal the sick; may the whole world rejoice in your wonderful gifts.

*– Lord, protect your people through the glory of Christ.*

You nourished the faithful departed with Christ's body and blood; let them share in his glory on the day of resurrection.

*– Lord, protect your people through the glory of Christ.*

*Conclude with the Lord's Prayer.*

## A NOTE FROM THE RECTOR

My Dear Friends,

Alleluia! Christ is risen! What a wondrously joyful Easter Sunday! Our three churches so gloriously festooned for the day marking our entrance into the great and holy Season of Easter. Bells ringing, voices singing, shouts of Alleluia! Glorious! As it should be!

We reach the Octave Day this coming Sunday (the first 8 days of this season being treated as the First Day itself) and even though, while hearing of the Easter evening appearance of our Lord, we quickly move to the following Sunday when he teaches us all great truths through good Saint Thomas! Alleluia!

I hope we have not consumed too many chocolate eggs! Haha! Somehow the Rector has managed to drop 25 pounds! Many more to go! But please, no nagging! Hahaha!

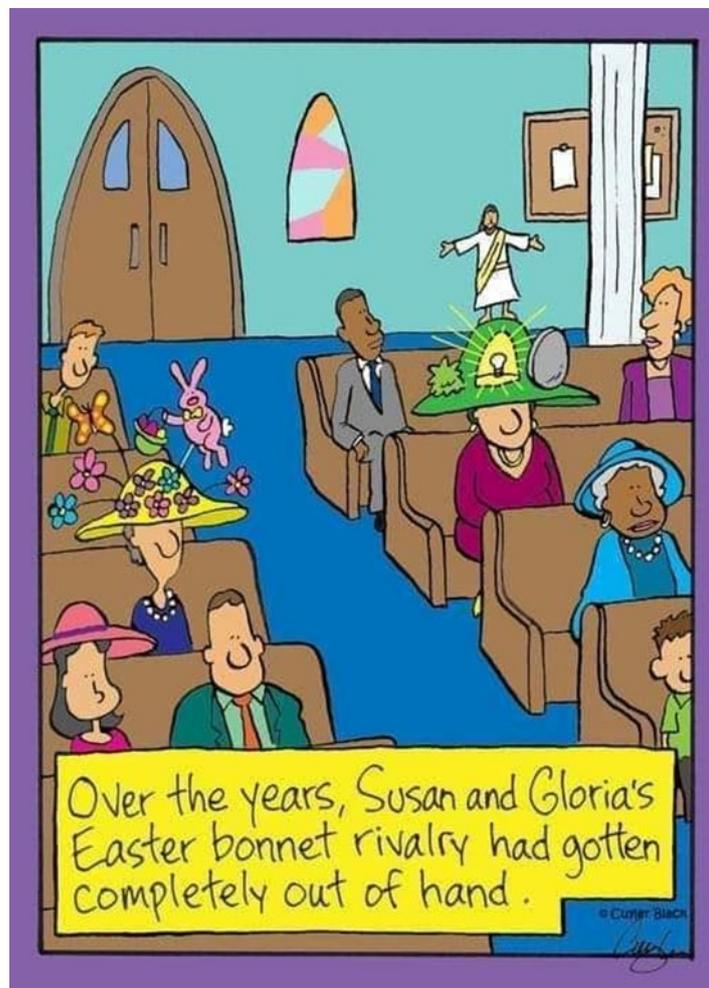
WONDERFUL NEWS FROM PETER about the **BISHOP'S LENTEN APPEAL!!!!**  
£800 + raised from our merry band!!! Well done, ALL!

**TUESDAY EUCHARIST**...I would like to resume the 7pm Eucharist in St Regulus' as of 26 April...How do we feel?

Again, if anyone would like a visit or to receive Holy Communion at home and is comfortable with me coming by in the midst of the current Covid situation, please give me a call – 01381 622 241 and we can set up a time!

Blessings to one and all and much love too!

Mel +



## **THIS WEEK AT A GLANCE**

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

**MON** : Rector's Day Off 1

**TUE** : Appointments

7:00pm Eucharist – St Regulus'

**WED** : 10:00am Study Group in Rectory

10:00am Charity Shop

Rector - Prep for Sunday

2:00pm Ministry Team in Rectory

7:00pm – VESTRY

**THU** : 10:00am Eucharist – St Andrew's

**FRI** : RECTOR DAY OFF 2

**SAT** : 10:00am Charity Shop

Rector tying up loose ends and prepping for Sunday

## **SUNDAY 1 MAY**

### **THIRD SUNDAY OF EASTER**

#### **All Age Worship Event**

9:45am in St Regulus' with Patsy & Co

#### **The Holy Eucharist**

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

## ***CHRISTMAS BOXES***

Dear Everyone, the next meeting for wrapping the Blythswood Christmas shoeboxes will be on April 29th , 2-4pm at the Seaforth Lodge, Fortrose.

Please feel free to join our happy and welcoming group. Last month we celebrated one of our ladies' birthday as you can see from the photo !

The Blythswood shoeboxes also go into Ukraine, and will be needed more than ever this year.

This month we would be very grateful for donations of new face cloths and packets of moist wipes.

Thanking you in anticipation and in Jesus's name,

Jan Maclennan



## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianewman@gmail.com](mailto:annegillianewman@gmail.com))

# St John's Arrafeelie

Sunday 17th April 2022



# *Classic Film Club*

Second Wednesday afternoon of the month

14.30 - 17.30

at the **Cromarty Cinema**

(by slipway in Cromarty)

**“My Man Godfrey”** Wed May 11<sup>th</sup>

details from **Helen Robinson**

**07889181529**

**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The food bank team are always very another you will find more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

### **Thought for today**

“You may never know what results come of your actions, but if you do nothing, there will be no results.”

~ **Mahatma Gandhi**



# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

M Hulse / J Deakin / S A Jackson / R McGhee

### **Sides-men**

A McGhee / A Garraway

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**