

**SUNDAY**

**13th February 2022**

**Epiphany 6**

**SC010781**

## The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

**The Black Isle Family of Congregations**

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



### THE PROCLAMATION OF THE WORD

#### Collect

Almighty and ever living God, whose Son Jesus Christ healed the sick and restored them to wholeness of life, look with compassion on the anguish of the world, and by your power make whole all peoples and nations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

#### + FIRST READING : Jeremiah 17:5-10

Thus says the LORD: Cursed are those who trust in mere mortals and make mere flesh their strength, whose hearts turn away from the LORD.

They shall be like a shrub in the desert, and shall not see when relief comes. They shall live in the parched places of the wilderness, in an uninhabited salt land.

Blessed are those who trust in the LORD, whose trust is the LORD. They shall be like a tree planted by water, sending out its roots by the stream.

It shall not fear when heat comes, and its leaves shall stay green; in the year of drought it is not anxious, and it does not cease to bear fruit.

The heart is devious above all else; it is perverse who can understand it?

I the LORD test the mind and search the heart, to give to all according to their ways, according to the fruit of their doings.

Hear the word of the Lord.

**Vestry Secretary:** Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

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## THE PROCLAMATION OF THE WORD cont.

### + Psalm 1

THE LORD knows the way of the righteous!      **THE LORD knows the way of the righteous!**

Happy are they who have not walked in the counsel of the wicked, nor lingered in the way of sinners, nor sat in the seats of the scornful!      **THE LORD knows the way of the righteous!**

Their delight is in the law of the LORD, and they meditate on his law day and night.

**THE LORD knows the way of the righteous!**

They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; everything they do shall prosper.      **THE LORD knows the way of the righteous!**

It is not so with the wicked; they are like chaff which the wind blows away.

**THE LORD knows the way of the righteous!**

Therefore the wicked shall not stand upright when judgment comes, nor the sinner in the council of the righteous.

**THE LORD knows the way of the righteous!**

For the LORD knows the way of the righteous, but the way of the wicked is doomed.

**THE LORD knows the way of the righteous!**

### + SECOND READING : 1 Corinthians 15:12-20

Now if Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? If there is no resurrection of the dead, then Christ has not been raised; and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. We are even found to be misrepresenting God, because we testified of God that he raised Christ--whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have died in Christ have perished. If for this life only we have hoped in Christ, we are of all people most to be pitied.

But in fact Christ has been raised from the dead, the first fruits of those who have died.

Hear the word of the Lord.

**+ THE HOLY GOSPEL : Luke 6:17-26**

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint Luke:

**Glory to Christ our Saviour!**

Jesus came down with the twelve apostles and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them.

Then he looked up at his disciples and said: "Blessed are you who are poor, for yours is the kingdom of God.

"Blessed are you who are hungry now, for you will be filled.

"Blessed are you who weep now, for you will laugh.

"Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets."

"But woe to you who are rich, for you have received your consolation.

"Woe to you who are full now, for you will be hungry.

"Woe to you who are laughing now, for you will mourn and weep.

"Woe to you when all speak well of you, for that is what their ancestors did to the false prophets."

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord.**



## **PRAYER REQUESTS**

For grace to see God's presence in our lives every day! For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For a de-escalation of the tensions between Ukraine and Russia. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Nippon Sei Ko Kai (Church of Japan).

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. Cn Graham T, Cn Ian B, Bp Anne, Dr John McN-S, Niccolò A, Val C, Godwin C, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St Ninian, Invergordon. For our sister Dioceses of Quebec, Canada & Tuam, Killala and Achonry, Ireland.

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For all affected by Covid. For all who are ill. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For all we know to be in need of our prayers.

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

The world is ablaze with the glory of God, who cares for his chosen people with infinite love. In the name of the Church we pray:

*– Lord, show your love to all.*

Be mindful of your Church: keep her free from evil and make her perfect in your love.

*– Lord, show your love to all.*

Let all peoples acknowledge that you alone are God, and that Jesus Christ is your Son; give them the light of faith.

*– Lord, show your love to all.*

Grant to those around us all that they need, so that they may know thankfulness and live in peace.

*– Lord, show your love to all.*

Keep us mindful of those whose work is hard and unrewarding: may we give everyone the respect which is their right.

*– Lord, show your love to all.*

Give peace to those who have died today; grant them eternal rest.

*– Lord, show your love to all.*

*Conclude with the Lord's Prayer.*

## A STEWARDSHIP THOUGHT

### The Blessing of Treasure

We're a little uneasy talking about money, so we call it treasure. At the same time the word is a reminder that material things are all treasures - objects of art, cutlery, fine shoes, debentures and cash - the meaning is all the same. And the reason we tend to think of fine things as a group is, for good and ill, they have come to represent cash value. Few of us think of treasure as a blessing, though. Most of us feel we are the dog and the tail is wagging us. We spend too much, or too little. We spend it all on ourselves and are stingy toward others. We spend it on others to influence them. "If I could just get my budget under control, I'd have enough money and I'd be able to give more, too." But it isn't control any of us really want, but freedom. Freedom doesn't come from having more money. Many wealthy people know that. We size up people by the clothes they wear and judging from the cash value, decide whether or not they are better off than us. The problem with treasure is that we think it tells us something about the people who have it; more "treasure" makes people more important. Money talks. However, all those things and all that money belong to God. Now, that is a tough thing to hear. The way we handle our money will tell us something about the way we think God provides for us. If we find being generous difficult, perhaps it is because we think God can't be trusted to provide the things we need. And if we spend a lot, perhaps it is because we think that it is our money and God doesn't much care how we use it. This is the point where treasure can be a blessing. Treasure, like almost everything else in creation, can be a tool in our hands to help "work out our own salvation." The Bible specifies the tithe - a tenth of what we earn, from the top - as a way to freedom in giving. Money does talk, and the tithe is one way we can say, "Yes," to faith in God's love, to the Church, and to other people in other places who are doing the work of the Body of Christ. The freedom we experience in generosity grows out of the decision to give because we find we are less and less controlled by our whims and the pressure of advertising. It is really possible to be more and more controlled by the Spirit, as St. Paul told the Galatians, and treasure is one of the tools that God has given us; that is what makes it a blessing.



DO ALL YOU CAN

DO ALL THE GOOD YOU CAN,  
BY ALL THE MEANS YOU CAN,  
IN ALL THE WAYS YOU CAN,  
IN ALL THE PLACES YOU CAN,  
AT ALL THE TIMES YOU CAN,  
TO ALL THE PEOPLE YOU CAN,  
AS LONG AS EVER YOU CAN.

-JOHN WESLEY

## A NOTE FROM THE RECTOR

Dear All,

I am enjoying a quiet week before Lent arrive just a few weeks from now.

I wanted to say something about stewardship as inflation is on the rise, the cost of fuel and electricity is on the rise, etc. Our recent Vestry meeting learned that we are falling behind financially and our situation is less and less healthy. The above, together with the complications arising from Covid (Charity Shop being closed for an extended time, being unable to have fundraising events, etc) have contributed to us being under some financial stress. I am, as I have said before, a tither (I give 10% of my earnings to the church and other charities). Percentage giving is the easiest and most straightforward way to provide for the needs of our churches. I will be raising my own monthly giving to the church by £25...and I encourage you to consider raising your own contribution by whatever you see yourself able to give.

As I said above, I am enjoying a wee break until the 15<sup>th</sup> when I will be welcomed home to another outdoor assembly at Cromarty Primary. Rev Christine will be holding the fort and, if needed, she can be reached on 01381 621 975.

Blessings to one and all and much love too.

Mel +

### **THIS WEEK AT A GLANCE**

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

Mon: Rector's Day Off #1

Wed: Prep for Sunday

Thu: 10am **Eucharist** in St Andrew's

Fri: Rector's Day off #2

9:00am **Celtic Morning Prayer** via Zoom

Contact Gillian for details

(AnneGillianNewman@gmail.com)

Sat: Prepping for Sunday & Catching up

### **SUNDAY 20 FEBRUARY**

#### **SIXTH SUNDAY after EPIPHANY**

**(Sexagesima)**

#### **EUCCHARIST**

9.45am in St John's with Fr Mel

9:45am in St Regulus' with Rev Christine

11.30am in St Andrew's with Fr Mel

## **Medical Review Panel vacancies**

The province is currently looking to fill five vacancies on the Medical Review Panel. The Panel operates under the Church's Canon 64 and is responsible for assessing and advising on issues of clergy health and capacity. The Panel consists of at least ten "medically or otherwise appropriately qualified practitioners currently in practice who have been in practice for at least five years" and is drawn from the communicant membership of the Church. Appointments aim to encompass a range of professional expertise, including physical and psychiatric medicine and general medical practice.

Members hold office for three years and can be re-appointed to serve for further terms of office. There has in fact only ever been one case brought to the Panel so service is unlikely to be onerous. Members do not receive a salary but receive expenses and normal professional fees when called on to act in a referral.

Expressions of interest, indicating field of practice/expertise, should be sent to John Stuart, Secretary General on [secgen@scotland.anglican.org](mailto:secgen@scotland.anglican.org)

## **Church in Society Committee vacancies**

The Church in Society Committee is expecting several vacancies from June 2022 and is now inviting applications from across the SEC from people who have interest and expertise in the issues facing our society today.

Pendent to the Mission board, the Church in Society Committee has responsibility for the promotion of the mission of the Church in relation to social, economic and environmental issues and for the oversight of the Church in Society Committee Fund and the Child Poverty Fund.

Currently, the Committee has four priorities: the climate emergency, child poverty, genome editing, and gender justice. However, with a large turnover of membership expected in June, there will be the opportunity to reshape the priorities of the Committee and the church as a whole. If you have a particular interest in a societal issue that you think the Church should be addressing, we would be happy to hear from you.

The Committee manages about 15-20 grants each year, from the very local, e.g. helping congregations purchase school uniforms for local primary schools to the national e.g. supporting our strategic partners such as the Scottish Churches Parliamentary Office. The Committee is always keen to share the stories of our grant recipients, and would especially value applications from people who can assist with communications.

If you are interested in hearing more about the work of the Church in Society Committee, or wish to apply for membership, please contact Miriam Weibye for more information [churchrelations@scotland.anglican.org](mailto:churchrelations@scotland.anglican.org)



# Fyrish Quartet

Joe Hodson, violin Emma Donald, violin Sarah Leonard, viola  
Tim Cais, cello

Friday

**25th February,**

7.30 pm

at

**St James' Church**

Castle Street

Dingwall

*Programme:*

*Haydn quartet op.76 no. 4 (Sunrise) Mayer quartet in G  
minor op 14.*

Entry free but donations for church funds appreciated





## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianne-man@gmail.com](mailto:annegillianne-man@gmail.com))

# **St John's Arrafeelie**

**Sunday 13th February 2022**

**SUNDAY 13 FEBRUARY**  
**SIXTH SUNDAY after EPIPHANY**  
**(Septuagesima)**



## **EUCCHARIST**

9.45am in St John's with Fr Arthur  
9:45am in St Regulus' with Rev Christine  
11.30am in St Andrew's with Rev Christine

**SUNDAY 20 FEBRUARY**  
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**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The food bank team are always very another you will find more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

### **Thought for today**

*You must have a plan and a purpose.  
Though swiftly the years may depart.  
You'll always have something to live for,  
If you have a dream in your heart.*



# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

D Hamilton-Jones / H Ireland / R McGhee / J Deacon

### **Sides-men**

Alison Garraway and Bill Fraser

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**