

SUNDAY
6th February 2022
Epiphany 5
SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

Collect

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

+ FIRST READING : Isaiah 6:1-8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

"Holy, holy, holy is the LORD of hosts;
the whole earth is full of his glory."

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!"

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

Hear the word of the Lord.

THE PROCLAMATION OF THE WORD cont.

+ Psalm 138

O LORD, your love endures for ever!

O LORD, your love endures for ever!

I will give thanks to you, O LORD, with my whole heart; before the gods I will sing your praise.

O LORD, your love endures for ever!

I will bow down toward your holy temple and praise your Name, because of your love and faithfulness; For you have glorified your Name and your word above all things.

O LORD, your love endures for ever!

When I called, you answered me; you increased my strength within me. All the kings of the earth will praise you, O LORD, when they have heard the words of your mouth.

O LORD, your love endures for ever!

They will sing of the ways of the LORD, that great is the glory of the LORD. Though the LORD be high, he cares for the lowly; he perceives the haughty from afar.

O LORD, your love endures for ever!

Though I walk in the midst of trouble, you keep me safe; you stretch forth your hand against the fury of my enemies; your right hand shall save me.

O LORD, your love endures for ever!

The LORD will make good his purpose for me; O LORD, your love endures for ever; do not abandon the works of your hands.

O LORD, your love endures for ever!

+ SECOND READING : 1 Corinthians 15:1-11

I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you--unless you have come to believe in vain.

For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them--though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

Hear the word of the Lord.

+ THE HOLY GOSPEL : Luke 5:1-11

The Lord be with you.

And also with you.

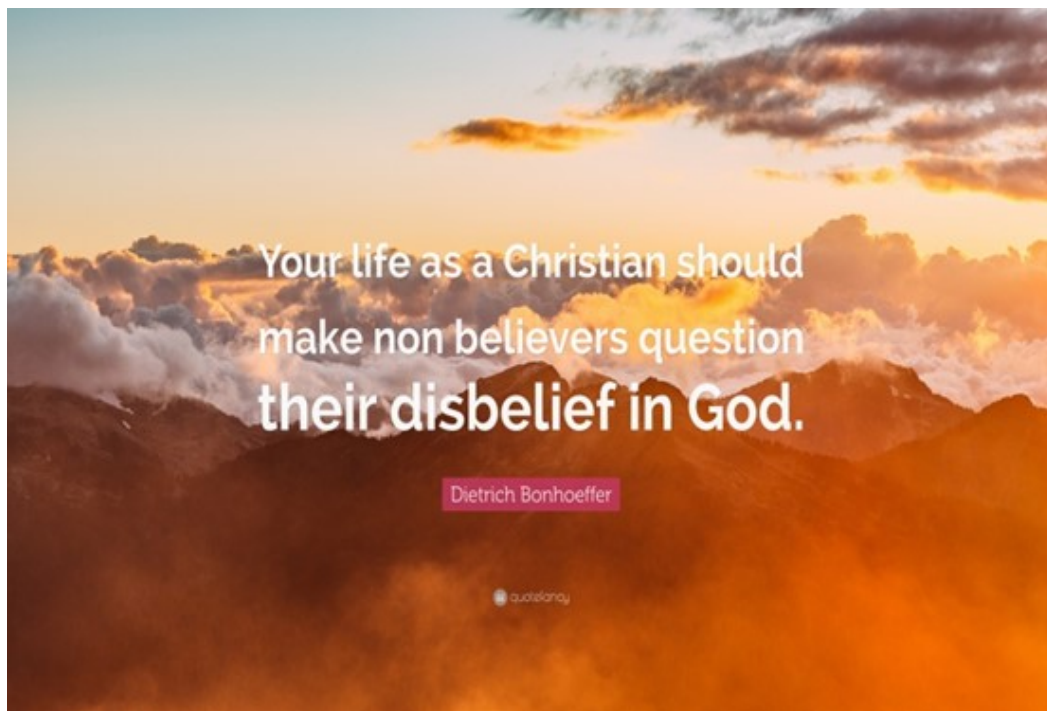
Hear the Good News of our Lord Jesus Christ according to Saint Luke:

Glory to Christ our Saviour!

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they caught so many fish that their nets were beginning to break. So they signalled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed him.

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!



PRAYER REQUESTS

For grace to see God's presence in our lives every day! For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For a de-escalation of the tensions between Ukraine and Russia. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Church of Ireland.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. Helen R, Roberta R, Louise S, Janet S, Ross S-Y, Laura S, Rachael W, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of Gordonstoun School. For our sister Dioceses of Quebec, Canada & Tuam, Killala and Achonry, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For God's blessing upon Her Majesty, Queen Elizabeth as she marks 70 years in service to her people. For all affected by Covid. For all who are ill. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

God our Father has bound himself to us in an everlasting covenant. In thankfulness and faith, we pray to him: *– Lord, bless your people!*

In Christ you have made a new covenant with your creation: may we know the greatness which they have inherited. *– Lord, bless your people!*

Gather into one all who bear the name of Christian, that the world may believe in the Christ you have sent. *– Lord, bless your people!*

Pour out your love on our friends, and on all whom we know; may they carry with them the gentleness of Christ. *– Lord, bless your people!*

Comfort the dying; may they know your saving love. *– Lord, bless your people!*

Show your mercy to the dead; may they find their rest in Christ. *– Lord, bless your people!*

Conclude with the Lord's Prayer.



**PRAYER TO MARK
The 70th ANNIVERSARY
Of the ACCESSION of QUEEN ELIZABETH**

O Lord, save the Queen;
Who putteth her trust in thee.
Send her help from thy holy place.
And evermore mightily defend her.
Let her enemies have no advantage of her.
Nor the wicked approach to hurt her.
O Lord, hear our prayer;
And let our cry come unto thee

Let us pray.

O LORD our God, who upholdest and governest all things by the word of thy power: Receive our humble prayers for our Sovereign Lady ELIZABETH, as on this day, set over us by thy grace and providence to be our Queen; that, ever trusting in thy goodness, protected by thy power, and crowned with thy gracious and endless favour, she may long continue before thee in peace and safety, joy and honour, and after death may obtain everlasting life and glory, by the merits and mediation of Christ Jesus our Saviour, who with thee and the Holy Ghost liveth and reigneth ever one God, world without end. **Amen.**

A NOTE FROM THE RECTOR

Dear All,

Christmastide is officially behind us now and we continue to make our way through the season of Epiphany. The readings continue to remind us of our calling...and challenge us to be epiphanies ourselves...revealing God's love to all in our day to day lives.

I will be taking a wee break beginning this afternoon...and until the 15th when I will be welcomed home to another outdoor assembly at Cromarty Primary. Rev Christine will be holding the fort and, if needed, she can be reached on 01381 621 975.

Blessings to one and all and much love too.

Mel +

THIS WEEK AT A GLANCE

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

Mon: Rector's Day Off #1

Wed: Prep for Sunday

Thu: 10am **Eucharist** in St Andrew's

Fri: Rector's Day off #2

9:00am **Celtic Morning Prayer** via Zoom

Contact Gillian for details

(AnneGillianNewman@gmail.com)

Sat: Prepping for Sunday & Catching up



SUNDAY 13 FEBRUARY
SIXTH SUNDAY after EPIPHANY
(Septuagesima)

EUCCHARIST

9.45am in St John's with Fr Arthur

9:45am in St Regulus' with Rev Christine

11.30am in St Andrew's with Rev Christine



Choirs invited to lead singing of Song for The Commonwealth

The Queen's Platinum Jubilee offers the opportunity to be part of a historic event by leading the country in singing a song for Her Majesty on 2 June 2022.

For the first time ever, as beacons are lit throughout the United Kingdom, Channel Islands, Isle of Man, UK Overseas Territories and in the capital cities of the 54 Commonwealth countries, a specially-composed Song for the Commonwealth will also be sung by choirs of all sizes and age groups, especially those linked to churches and cathedrals.

In June last year, a Song for the Commonwealth Competition was launched, inviting people throughout the world to create lyrics and music suited to the Jubilee occasion. The organisers reported an amazing response, with many wonderful and heartfelt entries from all over the Commonwealth.

The chosen song, *A Life Lived With Grace*, was announced as the winner in December. The music was composed by Vincent Atueyi from Nigeria with lyrics by Lucy Kiely from Australia.

The song including its words, musical score and parts is available to download online

The material has been carefully prepared and presented for church and cathedral choirs to learn. The song can be sung either as a solo or in harmony by choirs in central locations of their choice within their local communities at 9.45pm in local time zones on 2 June around the world. This can happen whether or not there is a beacon being lit locally there, uniting the world with the sound of music and song in tribute to Queen Elizabeth.

All cathedrals and churches are welcome to join in this unique aspect of the Queen's Platinum Jubilee Celebrations, and the organisers ask that each choir registers its involvement [here](#) to enable its participation to be listed, and to receive a Certificate of Grateful Recognition after the event as a permanent reminder of their taking part.

All choirs are asked to have learned the song by Friday 2 April for the purpose of media and promotion.

I'll attach a copy of the song to this weeks Newsletter

CLASSIC FILM CLUB

The Classic Film Club can now restart at the Cromarty Cinema.

As ever we are particularly keen to encourage those who have been isolated at home over recent months, and could do with meeting up with others and having a good laugh. The Cromarty Cinema is fully Covid compliant, and very comfortable with Disabled Access available, and subtitles for the hard of hearing.

The next Classic Film Club is on Feb 9th at 2.30-5.30 at Cromarty Cinema.

“Laura” is a 1944 black and white whodunnit! It was a great success in its day.

Please come and tell others.

As ever doing a lateral flow test before you come is a good idea.

Donations welcome at the door.

If problems or transport needed contact Helen on 07889181529

Hope to see you there.

Helen



A Half Hour Story About Fishing Sunday 6th February at 9.45 in St. Regulus Church.

The day that Simon
caught far more than he
expected!



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All Ages Very Wel- come Music and a Story



DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianne-man@gmail.com)

St John's Arrafeelie

Sunday 6th February 2022

SUNDAY 6 FEBRUARY

FIFTH SUNDAY after EPIPHANY

EUCCHARIST

9.45am in St John's with Fr Mel

11.30am in St Andrew's with Fr Mel



BRIEF FAMILY CELEBRATION

9:45am in St Regulus' with Jill, Simon & Co

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SIXTH SUNDAY after EPIPHANY

(Septuagesima)

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9.45am in St John's with Fr Arthur

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OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very another you will find more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

Thought for today

This is my commandment, that you love one another, as I have loved you.

John 15 : 12



Church Rotas

St Andrew's

Readers & Intercessors

S A Jackson / J MacLennan / L MacDonell / H Ireland

Sides-men

Ann McGhee and Bill Fraser

Servers

Sacristan

Flowers

Teas

Cleaning

St John's