

SUNDAY

30th January 2022

Epiphany 4

SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

Collect

Living God, in Christ you make all things new.

Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

+ FIRST READING : Jeremiah 1:4-10

The word of the LORD came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations."

Then I said, "Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy." But the LORD said to me, "Do not say, 'I am only a boy'; for you shall go to all to whom I send you, and you shall speak whatever I command you, do not be afraid of them, for I am with you to deliver you, says the LORD."

Then the LORD put out his hand and touched my mouth; and the LORD said to me,

"Now I have put my words in your mouth. See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant."

Hear the word of the Lord.

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THE PROCLAMATION OF THE WORD cont.

+ Psalm 71:1-6

In you I hope, O Lord my God!

In you I hope, O Lord my God!

In you, O Lord, have I taken refuge; let me never be ashamed. In your righteousness, deliver me and set me free; incline your ear to me and save me.

In you I hope, O Lord my God!

Be my strong rock, a castle to keep me safe; you are my crag and my stronghold.

In you I hope, O Lord my God!

Deliver me, my God, from the hand of the wicked, from the clutches of the evildoer and the oppressor.

In you I hope, O Lord my God!

For you are my hope, O Lord God, my confidence since I was young.

In you I hope, O Lord my God!

I have been sustained by you ever since I was born; from my mother's womb .

In you I hope, O Lord my God!

You have been my strength; my praise shall be always of you.

In you I hope, O Lord my God!

+ SECOND READING : 1 Corinthians 13:1-13

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing.

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. And now faith, hope, and love abide, these three; and the greatest of these is love.

Hear the word of the Lord.

+ THE HOLY GOSPEL : Luke 4:21-30

The Lord be with you.

And also with you.

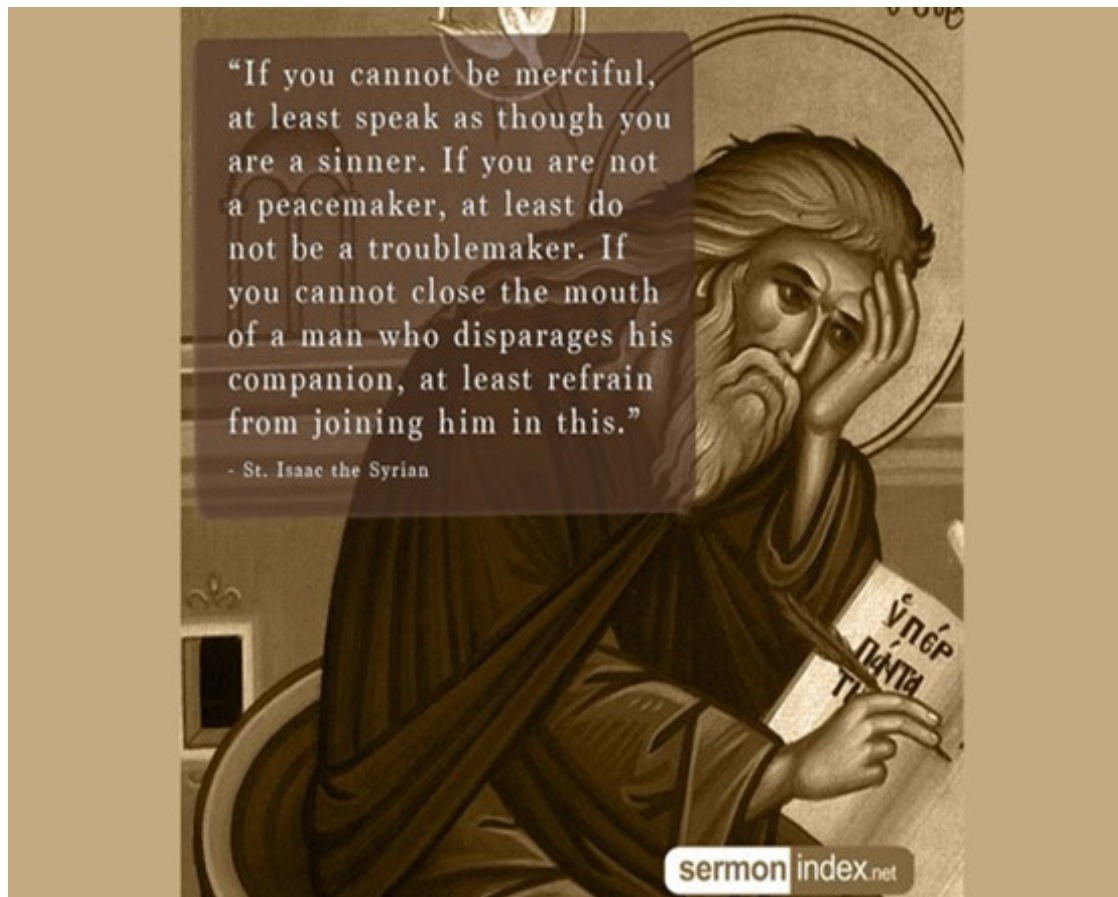
Hear the Good News of our Lord Jesus Christ according to Saint Luke:

Glory to Christ our Saviour!

Jesus began to speak in the synagogue at Nazareth: "Today this scripture has been fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his mouth. They said, "Is not this Joseph's son?" He said to them, "Doubtless you will quote to me this proverb, 'Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that we have heard you did at Capernaum.'" And he said, "Truly I tell you, no prophet is accepted in the prophet's hometown. But the truth is, there were many widows in Israel in the time of Elijah, when the heaven was shut up three years and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian." When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!



PRAYER REQUESTS

For grace to see God's presence in our lives every day! For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For a de-escalation of the tensions between Ukraine and Russia. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of Province of the Indian Ocean.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. Jackie F, Tim H, Camayo H, Ross J, Blayne P, Ferdinand vonP, Eilidh P, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St Mary's, Ullapool; St Gilbert's, Kinlochbervie & St Boniface's, Achiltibuie. For our sister Dioceses of Quebec, Canada & Tuam, Killala and Achonry, Ireland.

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For all affected by Covid. For all who are ill. For those joining in worship online. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

In the Church, God has made known to us his hidden purpose: to make all things one in Christ. Let us pray that his will may be done. – *Father, unite all things in Christ.*

We give you thanks for the presence and power of your Spirit in the Church: give us the will to search for unity, and inspire us to pray and work together. – *Father, unite all things in Christ.*

We give you thanks for all whose work proclaims your love: help us to serve the communities in whose life we share. – *Father, unite all things in Christ.*

Father, care for all who serve in the Church as ministers of your word and sacraments: may they bring your whole family to the unity for which Christ prayed. – *Father, unite all things in Christ.*

Your people have known the ravages of war and hatred: grant that they may know the peace left by your Son. – *Father, unite all things in Christ.*

Fulfil the hopes of those who sleep in your peace: bring them to that final resurrection when you will be all in all. – *Father, unite all things in Christ.*

Conclude with the Lord's Prayer.

A NOTE FROM THE RECTOR

Dear All,

This Sunday we hear the great 13th Chapter of 1st Corinthians and we ponder LOVE and how it triumphs over all. LOVE is truly our vocation...to love as we are loved as that pesky New Commandment demands! We, as Christians do not have the luxury of hating anyone. As the Saints so often remind us, we only love God in so far as we love those we are most tempted to despise! That is a tall order...but it is His command and with God's grace, we will do it!

Tuesday evening we will keep the Feast of **Candlemas – The Presentation of the Lord and Purification of the Blessed Virgin**. 7pm in St Andrew's...candle-light Eucharist. This day, of course, brings an end to the carols and last vestiges of Christmastide.

Having completed the Week of Prayer for Christina Unity...and I must say, what a wonderful crowd gathered for the Unity Walk from St John's to Killearnan Parish Church...on 1 Feb we enter World Interfaith Harmony Week which challenges us to become more aware of the other faiths/religions that surround us in this world and celebrate what we have in common while also respecting our differences.

If you would feel comfortable and like me to bring the Sacrament, or just to drop by for a cuppa (or both) do not hesitate to ring and invite me...or even if you'd just like a friendly blether on the phone (01381 622 241) !

Blessings to one and all and much love too

Mel +

Daily Morning Prayer (8:30am – 8am on Sundays)

Daily Evening Prayer (6:00pm)

Mon: Rector's Day Off #1

Tue: 7:00pm – **Candlemas** celebrating in St Andrew's

Wed: Prep for Sunday

Thu: 10am **Eucharist** in St Andrew's

Fri: Rector's Day off #2

9:00am **Celtic Morning Prayer** via Zoom

Contact Gillian for details (AnneGillianNewman@gmail.com)

Sat: Prepping for Sunday & Catching up



SUNDAY 6 FEBRUARY

FIFTH SUNDAY after EPIPHANY

EUCHARIST

9.45am in St John's with Fr Mel

11.30am in St Andrew's with Fr Mel

BRIEF FAMILY CELEBRATION

9:45am in St Regulus' with Jill, Simon & Co

CLASSIC FILM CLUB

The Classic Film Club can now restart at the Cromarty Cinema.

As ever we are particularly keen to encourage those who have been isolated at home over recent months, and could do with meeting up with others and having a good laugh. The Cromarty Cinema is fully Covid compliant, and very comfortable with Disabled Access available, and subtitles for the hard of hearing.

The next Classic Film Club is on Feb 9th at 2.30-5.30 at Cromarty Cinema.

“Laura” is a 1944 black and white whodunnit! It was a great success in its day.

Please come and tell others.

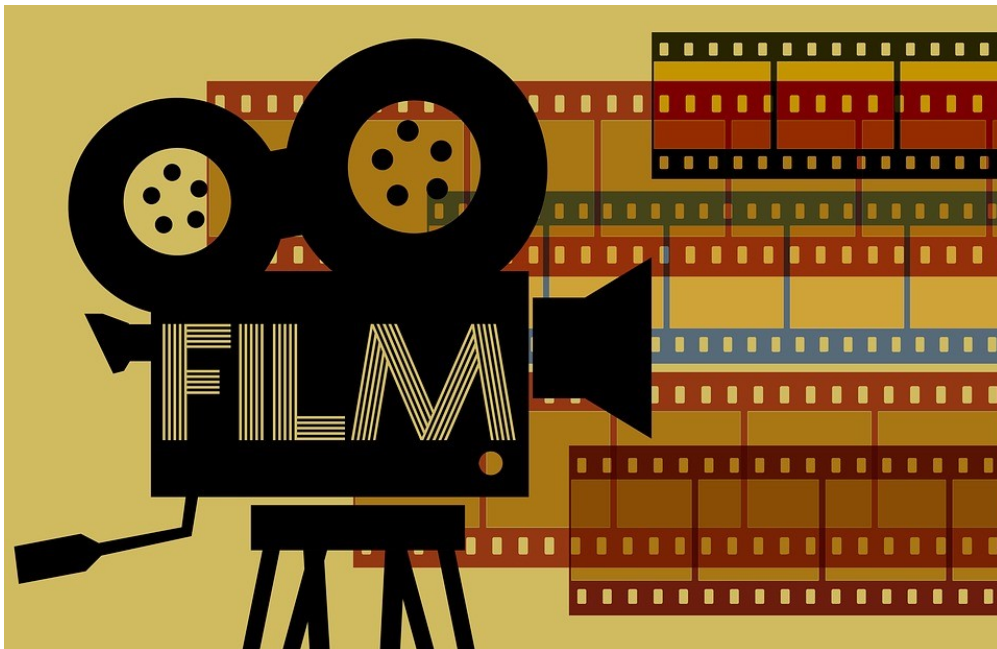
As ever doing a lateral flow test before you come is a good idea.

Donations welcome at the door.

If problems or transport needed contact Helen on 07889181529

Hope to see you there.

Helen



DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianewman@gmail.com)

St John's Arpafeelie

Sunday 23rd January 2022

SUNDAY 30 JANUARY 2022

FOURTH SUNDAY after EPIPHANY

EUCHARIST

9.45am in St John's with Rev Christine

9:45am in St Regulus' with Fr Mel

11.30am in St Andrew's with Fr Mel



SUNDAY 6 FEBRUARY

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OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very another you will find more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

Thought for today

*There's time for all you have to do,
And time to dream a little too,
But none to spare for sighs and tears
Wishing back the bygone years*



Church Rotas

St Andrew's

Readers & Intercessors

J Deakin / A Garraway / M Hulse / H Ireland

Sides-men

Ann McGhee and Bill Fraser

Servers

Sacristan

Flowers

Teas

Cleaning

St John's