

**SUNDAY**  
**12th December 2021**  
**Advent 3**  
**Charity Number**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
Fortrose, Ross-shire, Scotland IV10 8TJ  
Phone: 01381 622241 Email: [mel@sagart.me.uk](mailto:mel@sagart.me.uk)



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



## THE PROCLAMATION OF THE WORD

### Collect

God of power and mercy, you call us once again

to celebrate the coming of your Son. Remove those things which hinder love of you, that when he comes, he may find us waiting in awe and wonder for him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### + First Reading : Zephaniah 3:14-20

Sing aloud, O daughter Zion; shout, O Israel! Rejoice and exult with all your heart, O daughter Jerusalem!

The LORD has taken away the judgments against you, he has turned away your enemies. The king of Israel, the LORD, is in your midst; you shall fear disaster no more.

On that day it shall be said to Jerusalem: Do not fear, O Zion; do not let your hands grow weak.

The LORD, your God, is in your midst, a warrior who gives victory; he will rejoice over you with gladness, he will renew you in his love; he will exult over you with loud singing as on a day of festival.

I will remove disaster from you, so that you will not bear reproach for it. I will deal with all your oppressors at that time. And I will save the lame and gather the outcast, and I will change their shame into praise and renown in all the earth.

At that time I will bring you home, at the time when I gather you; for I will make you renowned and praised among all the peoples of the earth, when I restore your fortunes before your eyes, says the LORD.

This is the word of the Lord.

**Vestry Secretary:** Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

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## THE PROCLAMATION OF THE WORD cont.

+ **CANTICLE : A Song of Isaiah** Isaiah 12:2-6

Cry aloud! Ring out your joy!

**Cry aloud! Ring out your joy!**

Surely, it is God who saves me; I will trust in him and not be afraid.

**Cry aloud! Ring out your joy!**

For the Lord is my stronghold and my sure defence, and he will be my Saviour.

**Cry aloud! Ring out your joy!**

Therefore you shall draw water with rejoicing from the springs of salvation.

**Cry aloud! Ring out your joy!**

And on that day you shall say, Give thanks to the Lord and call upon his Name; Make his deeds known among the peoples; see that they remember that his Name is exalted.

**Cry aloud! Ring out your joy!**

Sing the praises of the Lord, for he has done great things, and this is known in all the world.

**Cry aloud! Ring out your joy!**

Cry aloud, inhabitants of Zion, ring out your joy, for the great one in the midst of you is the Holy One of Israel.

**Cry aloud! Ring out your joy!**

+ **Second Reading : Philippians 4:4-7**

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

This is the word of the Lord.



## + The Holy Gospel : Luke 3:7-18

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint Luke:

**Glory to Christ our Saviour!**

John said to the crowds that came out to be baptized by him, "You brood of vipers! Who warned you to flee from the wrath to come? Bear fruits worthy of repentance. Do not begin to say to yourselves, 'We have Abraham as our ancestor'; for I tell you, God is able from these stones to raise up children to Abraham. Even now the ax is lying at the root of the trees; every tree therefore that does not bear good fruit is cut down and thrown into the fire."

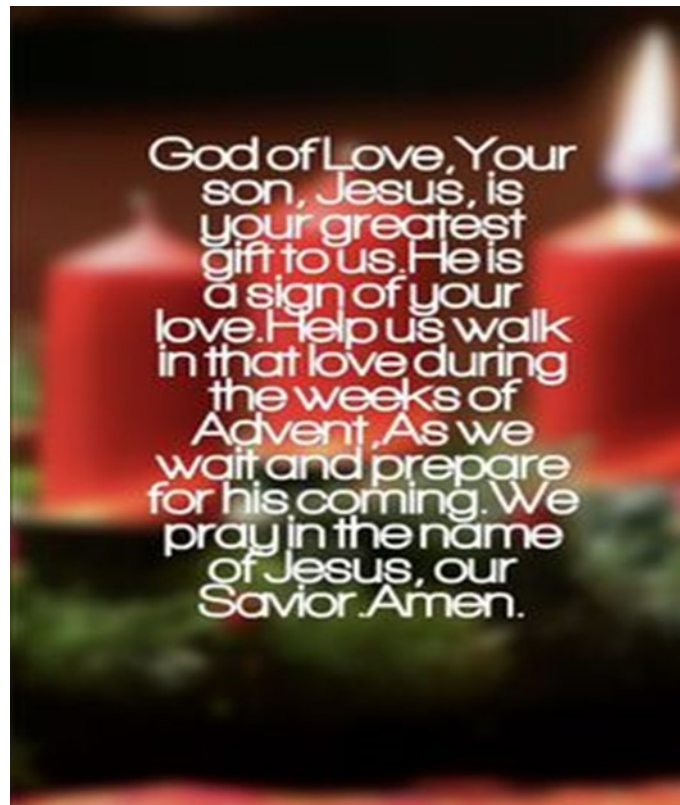
And the crowds asked him, "What then should we do?" In reply he said to them, "Whoever has two coats must share with anyone who has none; and whoever has food must do likewise." Even tax collectors came to be baptized, and they asked him, "Teacher, what should we do?" He said to them, "Collect no more than the amount prescribed for you." Soldiers also asked him, "And we, what should we do?" He said to them, "Do not extort money from anyone by threats or false accusation, and be satisfied with your wages."

As the people were filled with expectation, and all were questioning in their hearts concerning John, whether he might be the Messiah, John answered all of them by saying, "I baptize you with water; but one who is more powerful than I is coming; I am not worthy to untie the thong of his sandals. He will baptize you with the Holy Spirit and fire. His winnowing fork is in his hand, to clear his threshing floor and to gather the wheat into his granary; but the chaff he will burn with unquenchable fire."

So, with many other exhortations, he proclaimed the good news to the people.

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**



## **PRAYER REQUESTS**

For grace to keep a holy, rich and prayerful Advent...that our hearts and minds may be ready to celebrate the Holy Birth. For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For all affected by Covid 19 and the new variant, Omicron. For all researchers and all working to protect and heal. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Anglican Church of Canada.

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. For Ferdinand vonP, Eilidh P, Helen R, Roberta R, Louise S, Janet S, Ross S-Y, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of St Andrew's, Tain; St Finnbarr's, Dornoch; St Columba's, Bro-ra; St Maelrubha's, Lairg & St Mary's, Tongue. For our sister Dioceses of Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For Iain. Pray for our schools and all who study, teach and work within them...especially in the midst of the Covid Pandemic. Pray for those who are infected with Covid 19. For Jeremy. For those working with Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

The Son of God is coming with great power: all mankind shall see his face and be reborn.

*– Come, Lord Jesus, do not delay!*

You will bring us wisdom, fresh understanding and new vision.

*– Come, Lord Jesus, do not delay!*

You will bring us good news, and power which will transform our lives.

*– Come, Lord Jesus, do not delay!*

You will bring us truth, showing us the way to our Father.

*– Come, Lord Jesus, do not delay!*

Born of a woman, you will open in our flesh the way to eternal life and joy.

*– Come, Lord Jesus, do not delay!*

*Conclude with the Lord's Prayer.*

## **THIS WEEK AT A GLANCE**

Daily Morning Prayer (8:30am)

Daily Evening Prayer (6:00pm)

Mon: Rector's Day Off #1

Tues: 3:30pm Piping lessons

7:30pm St Regulus' Advent Study via Zoom...All Welcome! Contact Gillian for details (AnneGillianNewman@gmail.com)

Wed: 3:30pm piping lessons

Thu: 10am Eucharist in St Andrew's

Fri: Rector's Day off #2

9:00am Celtic Morning Prayer via Zoon

Contact Gillian for details

(AnneGillianNewman@gmail.com)

Sat: Prepping for Sunday & Catching up

## **SUNDAY 19 DECEMBER**

### **FOURTH SUNDAY OF ADVENT Eucharist**

9:45am in St Regulus' with Rev Christine

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

## NOTE FROM THE RECTOR

Dear All,

“Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near!” Here we are, this coming Sunday, Gaudete/Rejoice Sunday already!

Rose candle time!

Well! What a wonderful result from last Friday’s Coffee Morning with near £450 raised in support of For the Right Reasons! Well done to all!

And another wonderful time was had on Sunday evening with the Order of St John’s Carols and Lessons Service in St Andrew’s with over £300 collected for the Eye Hospital in Jerusalem

It was wonderful, as well, to gather with our teens on Friday past, here in the rectory. A good catch up was had with pizza and a movie as well...first gathering since before lockdown last year!

Sadly, to err on the side of caution, with Covid still around and the Omicron variant hitting the north, it has been decided to cancel the North Kessock Carol Sing this year.

But...Covid permitting,

On the 17<sup>th</sup> at 7:30pm

**Octa Voce** will again host a Christmas Concert in St Andrew’s

On Tuesdays you will notice St Regulus’ is hosting an Advent Study via Zoom...Details and info can be got from Gillian at : [AnneGillianNewman@gmail.com](mailto:AnneGillianNewman@gmail.com)

Have a wonderful week.

Blessings to one and all!.

And much love too!

Mel +







## First Sunday of Advent

Keep awake! Be watchful! The Son of Man is coming with power and great glory.

**Hold your heads high, for your salvation is near.**

We light the first Advent candle, reminding us how God's promised Messiah will break into our time and space to show us the way of salvation.

**May we stay alert for his coming.**

*Light the first candle.*

***Sing...(Tune: Away in a Manger)***

A candle is burning, a flame warm and bright;  
A candle of **Hope** in November's dark night.  
While angels sing blessings from heav'n's starry sky  
Our hearts we prepare now, for Jesus is nigh.

Come, Lord Jesus.

**Blessed is he who comes in the name of the Lord.**

## Second Sunday of Advent

Upon hearing the news that his son would be a prophet of the Most High Zechariah broke into a song of praise.

**“And you, child, will go before the Lord to prepare his ways, to give knowledge of salvation to his people by the forgiveness of their sins.”**

We light the second Advent candle as an act of praise that by God's mercy, the Messiah will come to give light to those in darkness, and to guide our feet into the way of peace.

*Light the second candle.*

***Sing...(Tune: Away in a Manger) /***

***Sing...(Tune: Away in a Manger)***

A candle is burning, a candle of **Peace**;  
A candle to signal that conflict must cease.  
For Jesus is coming to show us the way;  
A message of Peace humbly laid in the hay.

Come, Lord Jesus.

**Blessed is he who comes in the name of the Lord.**

**Third Sunday of Advent**

The prophet reminds us that we are to bear fruit worthy of repentance.

**The Messiah is coming who will baptize with the Holy Spirit and fire  
and all flesh shall see his glory.**

We light the third Advent candle in preparation for the coming of God's Messiah. We prepare by repenting of our sins, and living lives devoted to loving God and serving our neighbour.

*Light the third (rose) candle.*

***Sing...(Tune: Away in a Manger)***

A candle is burning, a candle of **Joy**;  
A candle to welcome brave Mary's new boy.  
Our hearts fill with wonder and eyes light and glow  
As Joy brightens winter like sunshine on snow.

Come, Lord Jesus.

**Blessed is he who comes in the name of the Lord.**

**Fourth Sunday of Advent**

Good news, God is filling the hungry with good things!

**Good news, God is lifting up the lowly!**

**Good news, God is about to do his mightiest work!**

**He will cause righteousness and praise to spring forth from all nations.**

We light the fourth Advent candle remembering that God's Promised One comes to comfort all who are afflicted and to afflict all who might be too comfortable.

*Light the fourth candle.*

***Sing...(Tune: Away in a Manger)***

A candle is burning, a candle of **Love**;  
A candle to point us to heaven above.  
A baby for Christmas, a wonderful birth;  
For Jesus is bringing God's Love to our earth.

Come, Lord Jesus.

**Blessed is he who comes in the name of the Lord.**



## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianewman@gmail.com](mailto:annegillianewman@gmail.com))

# St John's Arrafeelie

Sunday 12th December 2021



## THIS WEEK AT A GLANCE

Daily Morning Prayer (8:30am)

Daily Evening Prayer (6:00pm)

Mon: Rector's Day Off #1

Tues: 3:30pm Piping lessons

7:30pm St Regulus' Advent Study via Zoom...All Welcome! Contact Gillian for details (AnneGillianNewman@gmail.com)

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9:00am Celtic Morning Prayer via Zoon

Contact Gillian for details

(AnneGillianNewman@gmail.com)

Sat: Prepping for Sunday & Catching up

## SUNDAY 19 DECEMBER

### FOURTH SUNDAY OF ADVENT Eucharist

9:45am in St Regulus' with Rev Christine

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The food bank team are always very another you will find more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

### **Thought for today**

*Each to his path. By many ways  
God guides all pilgrim feet.  
And somewhere in His kingdom  
There's a place where all roads meet.*



## **THIS WEEK AT A GLANCE**

### **SUNDAY 5 DECEMBER**

#### **SECOND SUNDAY OF ADVENT**

**(Lectionary changes to Year C)**

##### **Eucharist**

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

##### **An Advent Half Hour**

Story Telling and Treats for children of all ages

9:45am in St Regulus'

### **SUNDAY 12 DECEMBER**

#### **THIRD SUNDAY OF ADVENT GAUDETE SUNDAY**

##### **Eucharist**

9:45am in St Regulus'

with Fr Mel

9:45am in St John's with Fr Arthur

11:30am in St Andrew's with Fr Mel



## **CHRISTMAS SERVICES**

**(Pending discussion!)**

### **CHRISTMAS EVE**

11:30pm Midnight Mass in St Andrew's

### **CHRISTMAS DAY**

9:45am Eucharist in St Regulus'

11:00am Eucharist in St John's

11:30am Eucharist in St Andrew's

### **26 DECEMBER : CHRISTMAS 1**

11:30am Eucharist in St Andrew's

# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

J Deakin / S A Jackson / J MacLennan / A Garraway

### **Sides-men**

Bill Fraser and Alison Garraway

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**