

SUNDAY
26th September 2021
Pentecost 18
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



PENTECOST SUNDAY SERVICES

26 SEPTEMBER SERVICES

EUCCHARIST

9:45am in St John's with Rev Christine

11:30am in St Andrew's with Rev Christine

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with LR Patsy

THE PROCLAMATION OF THE WORD

Collect

Grant, O merciful God, that your Church, being gathered by your Holy Spirit into one, may show forth your power among all peoples, to the glory of your name; through through Jesus Christ our Lord who lives and reigns with you, O Father and the Holy Spirit, one God for ever and ever.

Amen.

Vestry Secretary: Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.
Tel No: 01381 620110: E w.r.mcghee@btinternet.com: Mobile: 07770 37 37 72

THE PROCLAMATION OF THE WORD cont.

+ First Reading : Book of Numbers

11:4-6,10-16,24-29

The rabble among them had a strong craving; and the Israelites also wept again, and said, "If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at."

Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, "Why have you treated your servant so badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, 'Carry them in your bosom, as a nurse carries a sucking child,' to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, 'Give us meat to eat!' I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery."

So the Lord said to Moses, "Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you.

So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again.

Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, "Eldad and Medad are prophesying in the camp." And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, "My lord Moses, stop them!" But Moses said to him, "Are you jealous for my sake? Would that all the Lord's people were prophets, and that the Lord would put his spirit on them!"

Hear the word of the Lord

+ Psalm 19:7-14

O LORD, you are my strength and my redeemer.

O LORD, you are my strength and my redeemer.

The law of the LORD is perfect and revives the soul; the testimony of the LORD is sure and gives wisdom to the innocent.

O LORD, you are my strength and my redeemer.

The statutes of the LORD are just and rejoice the heart; the commandment of the LORD is clear and gives light to the eyes.

O LORD, you are my strength and my redeemer.

The fear of the LORD is clean and endures for ever; the judgments of the LORD are true and righteous altogether.

O LORD, you are my strength and my redeemer.

More to be desired are they than gold, more than much fine gold, sweeter far than honey, than honey in the comb.

O LORD, you are my strength and my redeemer.

By them also is your servant enlightened, and in keeping them there is great reward. Who can tell how often he offends? cleanse me from my secret faults.

O LORD, you are my strength and my redeemer.

Above all, keep your servant from presumptuous sins; let them not get dominion over me; then shall I be whole and sound, and innocent of a great offense.

O LORD, you are my strength and my redeemer.

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O LORD, my strength and my redeemer.

O LORD, you are my strength and my redeemer.

THE PROCLAMATION OF THE WORD - cont.

Second Reading : Letter of James 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest.

My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Hear the word of the Lord.

+ The Holy Gospel : Mark 9:38-50

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint Mark:

Glory to Christ our Saviour!

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward.

"If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

"For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.

Give thanks to the Lord

for this his glorious Gospel.

Praise to Christ our Lord!

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the people of Afghanistan and all who bear the scars of service there. For the People of Haiti. For the people of Ethiopia. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Episcopal Church of the USA.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For Maureen F, Jackie F, Tim H, Camayo H, Ross J, Blayne P, Ferdinand vonP, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of Holy Trinity, Keith; St Michael Dufftown; St Marnan's, Abirchirder & Gordon Chapel, Fochabers. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Jeremy. For Hayden & Louise. For those working with For the Right Reasons, Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

The will of Christ is for all men to be saved. Let us pray that his will may be done.

– Draw all people to yourself, Lord.

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin: lead us to the freedom and glory of the sons and daughters of God.

– Draw all people to yourself, Lord.

Be with our bishop, **Mark**, and all the bishops of your Church: grant them courage and compassion in their ministry.

– Draw all people to yourself, Lord.

Help those who seek the truth to find it: let them be consecrated in truth.

– Draw all people to yourself, Lord.

We pray especially for peace in family life, and for those orphaned and widowed: comfort them in your love.

– Draw all people to yourself, Lord.

May our departed brothers and sisters come to the heavenly city: there, with the Father and the Holy Spirit, you will reign for ever.

– Draw all people to yourself, Lord.

Conclude with the Lord's Prayer.

AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

I am on holiday until the 28th ...**Rev Christine** will be on call for any emergencies...her new phone number is: **01381 621 975**.

Have a wonderful week!

3 OCTOBER : PENTECOST 19

EUCCHARIST

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

9:45am in St Regulus' with Rev Valerie

Blessings to one and all.

And much love too.

Mel +

Blessing of Pets & Animals Munlochy Animal Aid Centre

Sponsored by

St John's Episcopal Church, Arpafeeie

+

The Episcopal Churches of the Black Isle

Charity Number SC010781

A BRIEF SERVICE

3:00 pm

Sunday the 3rd of October 2021



COME - Join in the fun and bring a wee donation of pet food or money to support the great work of the Centre!

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianne-man@gmail.com)

St John's Arrafeelie

Sunday 26th September 2021



26 SEPTEMBER : PENTECOST 18

EUCCHARIST

9:45am in St John's with Rev Christine

11:30am in St Andrew's with Rev Christine

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with LR Patsy

An advertisement for the Shoe Box Appeal. It features a photograph of a young boy with a joyful expression, holding a large gift box wrapped in red paper with white 'ho ho ho' patterns. The box has a checklist and a QR code on it. In the top right corner of the image is a circular logo for 'BLYTHSWOOD COMMUNITY CARE GOSPEL' with a green cross in the center. Below the photo, there is a red banner with the text 'SHOE BOX APPEAL' in white, followed by 'Give a precious gift this Christmas' in white text. At the bottom, a red banner contains the website 'shooboxappeal.org' in white.

To give this young lad and his friends a happy Christmas - go to page 8

Christmas Shoe Box Appeal

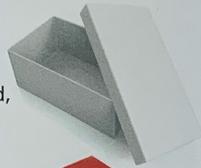
If you would like to join us in wrapping and filling the Christmas Boxes for Blythswood, pop along to the Seaforth Lodge in Fortrose on Friday afternoons between 14:00 and 16:00. If you can bring scissors & sellotape that would help. Christmas wrapping and donations of gifts from the list on the leaflet would be very much appreciated too !

Any questions, please feel free to ring or leave a message , God Bless You ,

Jan MacLennan - 07878 559 210

6 steps to bring happiness

1 Find: Find an average-size shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.



2 Wrap: your box and lid separately so that the lid can be removed without tearing the paper.



3 Pack: Gather the items, remove all plastic and cardboard packaging and pack into the box. Please choose items that will last rather than those with a short life and can't be recycled.



4 Check: On the checklist, tick the items you have put in your shoebox and note any that are not on the list.



5 Donate: Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.



6 Deliver: Secure the lid with rubber bands.

(Custom regulations require Blythswood Care to check the contents of your box.)

Deliver your box to your local collection point.

For Christmas delivery your shoebox should be at your church, school or other collection point during the last week of October/ beginning of November



Checklist

Please tick items included and firmly secure this list on your shoebox lid.

ESSENTIAL ITEMS (ALL ITEMS MUST BE NEW):
Include the following items highlighted in the top box.

- Toothbrush and Toothpaste**
- Hat, scarf, gloves**
- Soap**
- Underwear/ Socks/Tights**
- Small Toy** for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.
- Sweets** (No chocolate or any other food) 'Best before' date no earlier than 31 March next year. **No loose sweets, lollies or undated bags of sweets.**

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors

- Screwdrivers/Pliers
- Kitchen Utensils

Stationery

- Pens/Pencils/Sharpener
- Notepads/Colouring books
- Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

-
-
-
-

Miscellaneous

- New Make-up
- Sewing Equipment
- Household Candles

Please tick the box next to who the box is for
Please specify the age of the girl or boy
you have filled this box for:

- Girl _____ yrs
- Teenage _____ yrs
- Woman
- Elderly woman
- Boy _____ yrs
- Teenage _____ yrs
- Man

Tear along the perforation to detach this panel and secure to the outside of your shoebox

Tear along the perforation to detach envelope 2. Place your donation in the envelope portion 3. Fold this panel over to seal envelope 4. Place the sealed envelope inside your shoebox

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very another you will find more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

Thought for today

What is the meaning of life and living?

The joy and the torment, the taking, the giving?

Love is the answer, the power and glory.

Life without love is a meaningless story.

Love is the light on the untrodden road,

Our hope and salvation, the heart's true abode.



Cromarty
**Sunday
Club** St Regulus &
West Church

Come along this Sunday and build your own Ark and animals!

***We'll find out what happened to Noah long ago ...
and try to come up with our own ideas against Climate Change.***

Find us outside St Regulus this Sunday 26 September 2021 @ 3.30pm.

Games, stories, craft and cake and juice – free for all!



Church Rotas

St Andrew's

Readers & Intercessors

J Deakin / A Garraway / M Hulse / R McGhee

Sides-men

Ann McGhee / A Garraway

Servers

Sacristan

Flowers

Teas

Cleaning

St John's