

SUNDAY

5th September 2021

Pentecost 15

Charity Number

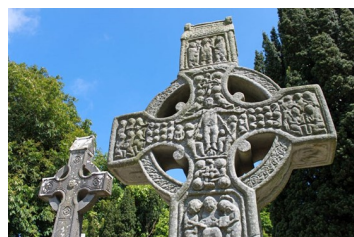
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The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



PENTECOST SUNDAY SERVICES

5 SEPTEMBER SERVICES

EUCCHARIST

9:45am in St John's with Fr Mel

9:45am in St Regulus' with Rev Christine

11:30am in St Andrew's with Fr Mel

THE PROCLAMATION OF THE WORD

Collect

Stir up, O Lord, the wills of your faithful people, that richly bearing the fruit of good works, we may by you be richly rewarded; through Jesus Christ our Lord who lives and reigns with you, O Father and the Holy Spirit, one God for ever and ever. **Amen.**

+ First Reading : Isaiah 35:4-7a

Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.'

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water;

This is the word of the Lord.

Vestry Secretary: Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

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THE PROCLAMATION OF THE WORD cont.

Psalm 146

The LORD loves the righteous; the LORD cares for the stranger.

The LORD loves the righteous; the LORD cares for the stranger.

Hallelujah! Praise the LORD, O my soul! I will praise the LORD as long as I live; I will sing praises to my God while I have my being.

The LORD loves the righteous; the LORD cares for the stranger.

Put not your trust in rulers, nor in any child of earth, for there is no help in them. When they breathe their last, they return to earth, and in that day their thoughts perish.

The LORD loves the righteous; the LORD cares for the stranger.

Happy are they who have the God of Jacob for their help! whose hope is in the LORD their God; who made heaven and earth, the seas, and all that is in them; who keeps his promise for ever;

The LORD loves the righteous; the LORD cares for the stranger.

Who gives justice to those who are oppressed, and food to those who hunger. The LORD sets the prisoners free; the LORD opens the eyes of the blind; the LORD lifts up those who are bowed down;

The LORD loves the righteous; the LORD cares for the stranger.

He sustains the orphan and widow, but frustrates the way of the wicked. The LORD shall reign for ever, your God, O Zion, throughout all generations. Hallelujah!

The LORD loves the righteous; the LORD cares for the stranger.

+ Second Reading : James 2:1-10, 14-17

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfil the royal law according to the scripture, "You shall love your neighbour as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

This is the word of the Lord.

THE PROCLAMATION OF THE WORD - cont.

+ The Holy Gospel : Mark 7:24-37

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint Mark:

Glory to Christ our Saviour!

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!



(See Genesis 6-8)

10-06-1998

IT WAS ONLY AFTER NOAH FINISHED HIS ARK
PROTOTYPE THAT HE FINALLY ADMITTED THAT
HE DID NOT KNOW WHAT A CUBIT WAS

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the people of Afghanistan and all who bear the scars of service there. For the People of Haiti. For the people of Ethiopia. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Episcopal Province of the Episcopal Church of the Sudan.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For Camayo H, Ross J, Blayne P, Ferdinand vonP, Eilidh P, Helen R, Roberta R, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters of Gordonstoun School Chapel. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

Give thanks for the life and witness of James Braidwood and the work of the Scottish Fire and Rescue Service he founded. For Jeremy. For Hayden & Louise. For those working with For the Right Reasons, Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

The will of Christ is for all men to be saved. Let us pray that his will may be done.

– Draw all people to yourself, Lord.

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin: lead us to the freedom and glory of the sons and daughters of God.

– Draw all people to yourself, Lord.

Be with our bishop, **Mark**, and all the bishops of your Church: grant them courage and compassion in their ministry.

– Draw all people to yourself, Lord.

Help those who seek the truth to find it: let them be consecrated in truth.

– Draw all people to yourself, Lord.

We pray especially for peace in family life, and for those orphaned and widowed: comfort them in your love.

– Draw all people to yourself, Lord.

May our departed brothers and sisters come to the heavenly city: there, with the Father and the Holy Spirit, you will reign for ever.

– Draw all people to yourself, Lord.

Conclude with the Lord's Prayer.

AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

This Sunday **St Andrew's will be hosting members of the Scottish Fire & Rescue Service** as we honour them and the memory of their founder, James Braidwood. **At that celebration members of Service will lead the readings and the intercessions.**

At St John's this Sunday we will be baptising Finlay Cameron and celebrating with his parents and godparents.

On a cheery note, Covid restrictions continue to relax. It is now permissible to leave the churches open without being staffed for track and trace purposes...but signage encouraging hand sanitizer use must be in place...and a QR code needs to be posted and visitors encouraged to use it for track and trace purposes. Sacristans may now return to setting up for Sunday and mid week services. Altar Servers can return to duties. We can return to hymn book use and regular Service sheets rather than printing weekly. Social distancing is no more but, for now, we will continue to receive Communion in single file...allowing time to sanitize hands as we approach but not waiting for each other to return to pews. Coffees and teas after services are permitted to return. But mask wearing is mandatory. Sadly we are not yet returning to the use of the Chalice at Communion time. Let's continue to pray that this will all be behind us soon...and that everyone continues to be safe and well and worry free. **I propose we look at moving in this direction when I return from hols.**

Following Sunday's Services **I will be disappearing on holiday** following services on the 5th until the 28th ...**Rev Christine** will be on call for any emergencies...her new phone number is: **01381 621 975.**

Have a wonderful week!

12 SEPTEMBER : PENTECOST 16

EUCCHARIST

9:45am in St John's with Fr Arthur

9:45am in St Regulus' with Rev Christine

11:30am in St Andrew's with Rev Christine

Blessings to one and all.

And much love too.

Mel +

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianewman@gmail.com)

St John's Arrafeelie

Sunday 5th September 2021

5 SEPTEMBER : PENTECOST 15

EUCCHARIST

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with Lay reader Patsy



12 SEPTEMBER : PENTECOST 16

EUCCHARIST

9:45am in St John's with Fr Arthur

9:45am in St Regulus' with Rev Christine

11:30am in St Andrew's with Rev Christine

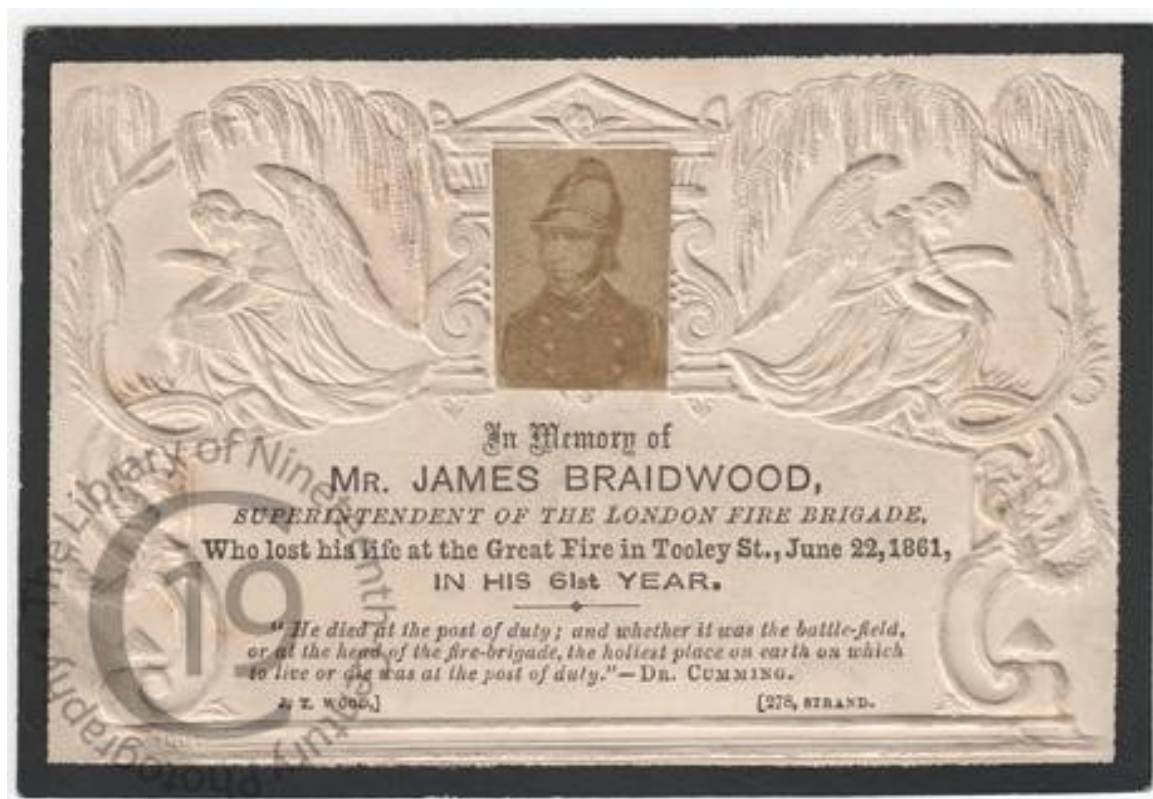
**Sunday 5th September 2021 at 1130h
St. Andrew's Episcopal Church, Fortrose**

**Special Service to celebrate
The Life and Legacy of James Braidwood
(3rd September 1800 - 22nd June 1861)
& the Scottish Fire & Rescue Service**

Dear Friends and Parishioners,

Thankfully, most Covid-19 restrictions have been lifted and so we are able to gather again for our annual service of thanks for the life and legacy of James Braidwood, The Father of the Modern Fire Service, and our truly heroic Scottish Fire & Rescue Service. I am really happy to announce that members of our local fire services, as well as some from Glasgow HQ and Edinburgh, will be attending this special service at St. Andrew's Church and I hope that you will be able to join us too. Sadly, some of our friends and neighbours have had to rely on the life-saving skills and expertise of our local fire fighters recently and this service of commemoration will allow us all the opportunity to show our heart-felt thanks and appreciation to the Scottish Fire & Rescue Service.

Thank you.
Diana Hamilton-Jones



OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very another you will find more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

Thought for today

Souls, like babes, are weak and small.

Unless God holds us up, we fall.

How can we find the strength to stand?

If we do not take His hand.



Church Rotas

St Andrew's

Readers & Intercessors

Readers and Intercessors from the Fire Service

Sides-men

Ann McGhee / Bill Fraser

Servers

Sacristan

Flowers

Teas

Cleaning

St John's