

**SUNDAY**

**25th July 2021**

**Pentecost 9**

**Charity Number**

**SC010781**

## The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

**The Black Isle Family of Congregations**

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



### PENTECOST SUNDAY SERVICES

#### EUCCHARIST

9:45am in St John's with Rev Christine

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)

#### THE PROCLAMATION OF THE WORD

##### Collect

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy, increase and multiply upon us your mercy, that with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

##### + First Reading : 2 Kings 4:42-44

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the Lord, 'They shall eat and have some left.'" He set it before them, they ate, and had some left, according to the word of the Lord.

This is the word of the Lord

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## THE PROCLAMATION OF THE WORD cont.

### + Psalm 145:8-15

All your works praise you, O Lord!

**All your works praise you, O Lord!**

The Lord is gracious and full of compassion, slow to anger and of great kindness. The Lord is loving to everyone and his compassion is over all his works.

**All your works praise you, O Lord!**

All your works praise you, O Lord, and your faithful servants bless you. They make known the glory of your kingdom and speak of your power;

**All your works praise you, O Lord!**

That the peoples may know of your power and the glorious splendour of your kingdom. Your kingdom is an everlasting kingdom; your dominion endures throughout all ages.

**All your works praise you, O Lord!**

The Lord is faithful in all his words and merciful in all his deeds. The Lord upholds all those who fall; he lifts up those who are bowed down.

**All your works praise you, O Lord!**

### + Second Reading : Ephesians 3:14-21

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

This is the word of the Lord.

## THE PROCLAMATION OF THE WORD - cont.

### + The Holy Gospel : John 6:1-21

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint John:

**Glory to Christ our Saviour!**

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**

## **PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers throughout the Anglican Communion as they prayer for us in the Scottish Episcopal Church today.

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. For Roberta R, Louise S, Janet S, Ross S-Y, Laura S, Rachael W, Cn Graham T, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters throughout the Diocese as they pray for us on the Black Isle today. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For Jeremy. For Hayden & Louise. For those working with For the Right Reasons, Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## **FUNERAL of MR IAN ROBERT MCCRAE**

Ian's Funeral will take place at 1pm on Monday the 26<sup>th</sup> of July...from St Andrew's Church, Fortrose...with private cremation to follow. Rest eternal grant unto him, O Lord and let light perpetual shine upon him.

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

Christ is the Head of his body, the Church, and we are the members of that body; gathered this to pray in his name, we say: *– Your kingdom come!*

May your Church be a light to the nations, the sign and source of your power to unite all people: may she lead mankind to the mystery of your love. *– Your kingdom come!*

Guide Mark our Bishop and Primus and all the bishops of your Church: grant them the gifts of unity, of love, and of peace. *– Your kingdom come!*

Lord, give peace to our troubled world; and give to your children security of mind and freedom from anxiety. *– Your kingdom come!*

Help us to bring your compassion to the poor, the sick, the lonely, the unloved; lead us to find you in the coming week. *– Your kingdom come!*

Awaken the dead to a glorious resurrection: may we be united with them at the end of time. *– Your kingdom come!*

*Conclude with the Lord's Prayer.*

## **AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES**

Dear All,

What wonderful weather! Everything seems brighter and everyone more cheerful. How could it be otherwise?

It was a chaotic but wonderful celebration we had last Sunday in St Andrew's as we baptised Briar and Robin...they were perfect angels! Their mum, dad and god-father, however, seemed a wee bit stressed though hahaha!

It was lovely to be able to welcome more people into our churches on Sunday past... We were naughty but went ahead, a day early, reducing social distance requirements from 2m to 1m. This is a very hopeful sign but I do think we are wise to continue wearing masks and using hand sanitizer for the time being. Covid is still very much a concern.

Tomorrow we will celebrate the life of our dear brother Ian McCrae. His funeral has been a long time coming but we will give him a proper celebration tomorrow at 1pm in St Andrew's. Join us if you can but, regardless, please keep him in your prayers.

### **1 August : Pentecost 10**

#### **EUCCHARIST**

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

#### **RESERVED SACRAMENT SERVICE**

9:45am in St Regulus' with Layreader Patsy

Blessings to one and all.

And much love too.

Mel +

## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianne-man@gmail.com](mailto:annegillianne-man@gmail.com))

**Gill Pimm's**  
**GARDEN OPEN**  
 Culish, Kilmuir  
 North Kessock, IV1 3ZG



**Daily throughout June & July**  
**11am till 4pm**  
**donations most welcome**

**Raising funds for**  
**Marie Curie**



### **Tributes paid to Rev Canon James Alexander**

The recent passing of a former rector of St Mary's in Aberdeen received significant coverage in the local press, highlighting the support given by The Rev Canon James (Jim) Alexander to bereaved families and a stunned community following the Piper Alpha oil rig tragedy in 1988.

Canon Alexander, who served for 20 years at St Mary's and 45 years in total in the Diocese of Aberdeen & Orkney, died recently at the age of 94.

The *Press & Journal* and *Evening Express* reported:

*The Rev James Douglas Alexander had a wealth of life and ministry experience, starting his working life as an engineer before devoting himself to his faith. He served as a chaplain at Craiginches prison and to the RAF, as well as being a Peterhead councillor and Aberdeen and Orkney canon.*

*But it was as a senior priest at St Mary's Episcopal Church in Aberdeen that he embarked on the work said to have affected him most profoundly, when Piper Alpha exploded, killing 167 oil workers and upending countless lives. Mr Alexander ensured the church remained open to provide a focal point where families of those affected and the greater community could seek comfort. He was also a key voice after the disaster, determined the inquiry's focus should be on preventing a repeat, rather than simply apportioning blame. Mr Alexander kept preaching and led services well into his 80's, but it was helping in times of tragedy that would most leave a profound mark on the minister. When Piper Alpha exploded, he was the Anglican Church respondent. Press and Journal articles document St Mary's Church being open 24/7 and families spending time there to pray and mourn.*

Mr Alexander's daughter, Helen, said: "Piper Alpha was something he never forgot. I remember him telling me about being there with the families when they went out to sea for a memorial service. He said he would never forget the face of a young girl who lost her daddy."

# St John's Arrpafeelie

Sunday 25th July 2021

**25 July : Pentecost 9**

EUCCHARIST

9:45am in St John's with Rev Christine

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel



**1 August : Pentecost 10**

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RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with Lay reader Patsy



**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



### **Thought for today**

*If you put your faith in God you won't be at a loss,  
When you reach the fateful signpost where the road-  
ways cross.*

*You will feel an unseen hand upon your shoulder laid.*

*The right direction will be seen, the wise decision  
made.*

# Church Rotas

## **St Andrew's**

### **Readers & Intercessors**

J MacLennan / B Oakley / S A Jackson / H Ireland

### **Sides-men**

Ann McGhee and Alison Garraway

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**