

SUNDAY
18th July 2021
Pentecost 8
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



PENTECOST SUNDAY SERVICES

EUCCHARIST

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)

RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with EM Jill & Simon

THE PROCLAMATION OF THE WORD

Almighty God, your Son has opened for us a new and living way into your presence. Give us pure hearts and constant wills to worship you in spirit and in truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

+ First Reading : Jeremiah 23:1-6

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the Lord. Therefore thus says the Lord, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the Lord. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the Lord.

The days are surely coming, says the Lord, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The Lord is our righteousness."

This is the word of the Lord.

Vestry Secretary: Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

Tel No: 01381 620110: E w.r.mcghee@btinternet.com: Mobile: 07770 37 37 72

THE PROCLAMATION OF THE WORD cont.

+ Psalm 23

I shall fear no evil; for you are with me! Alleluia!

I shall fear no evil; for you are with me! Alleluia!

The Lord is my shepherd; I shall not be in want. He makes me lie down in green pastures and leads me beside still waters.

I shall fear no evil; for you are with me! Alleluia!

He revives my soul and guides me along right pathways for his Name's sake. Though I walk through the valley of the shadow of death, **I shall fear no evil; for you are with me! Alleluia!**

your rod and your staff, they comfort me. You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over.

I shall fear no evil; for you are with me! Alleluia!

Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

I shall fear no evil; for you are with me! Alleluia!

+ Second Reading : Ephesians 2:11-22

Remember that at one time you Gentiles by birth, called “the uncircumcision” by those who are called “the circumcision” —a physical circumcision made in the flesh by human hands— remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling place for God.

This is the word of the Lord.

THE PROCLAMATION OF THE WORD - cont.

+ **The Holy Gospel : Mark 6:30-34,53-56**

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint Mark:

Glory to Christ our Saviour!

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!



I APPRECIATE THE EFFORT, BUT THE WHOLE
'SITTING ON MY RIGHT HAND' THING IS
NOT AS LITERAL AS YOU SEEM TO THINK

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Église Anglicane du Rwanda

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For Tim H, Camayo H, Ross J, Blayne P, Ferdinand von P, Eilidh P, Helen R, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters throughout the Diocese & especially St Andrew's, Tain/ St Finnbarr's, Dornoch/ St Columba's, Brora/ St Maelrubha's, Lairg & St Mary-by-the-Cross, Tongue. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Hayden & Louise. For those working with For the Right Reasons, Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

FUNERAL of MR IAN ROBERT MCCRAE

Ian's Funeral will take place at 1pm on Monday the 26th of July...from St Andrew's Church, Fortrose...with private cremation to follow. Rest eternal grant unto him, O Lord and let light perpetual shine upon him.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

Let us pray to Christ, who, of his fullness, gives his brothers and sisters love in return for love.

– Lord Jesus, hear our prayer.

Firstborn from the dead, you have cleansed us of our sins by your blood. Lead us to understand what you have done for us.

– Lord Jesus, hear our prayer.

You have called us to be heralds of the good news: help us to enter the depths of its message and to make it our own.

– Lord Jesus, hear our prayer.

King of peace, guide the actions of those who govern: may your Spirit move them to care for those whom society rejects.

– Lord Jesus, hear our prayer.

Guide the steps of those who are oppressed, those persecuted for race, colour, religion, gender or sexuality: let their dignity be respected, and their rights upheld. – Lord Jesus, hear our prayer.

Welcome all who have died in your peace; bring them to everlasting life with our Lady and all the saints.

– Lord Jesus, hear our prayer.

Conclude with the Lord's Prayer.

AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

Yayyy! The lovely weather has returned...and my new car, which is very red, is running well!

This Sunday, in St Andrew's we will welcome Briar and her little brother, Robin into the Body of Christ through the waters of Baptism. It will be a joyful occasion and will mark a big step into returning to a more normal pattern of church life.

Care must still be taken with regard to wearing masks, using hand sanitizer, keeping respectful distance, etc but even social distancing is set to drop from two metres to one! The time will soon come when I shall hope everyone is wrapped in protective bubble wrap because I am dying to hug the daylight out of everyone haha!

25 July : Pentecost 9

EUCCHARIST

9:45am in St John's with Rev Christine

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel

Blessings to one and all.

And much love too.

Mel +

If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianne-man@gmail.com)

Gill Pimm's
GARDEN OPEN
Culish, Kilmuir
North Kessock, IV1 3ZG



Daily throughout June & July
11am till 4pm
donations most welcome

Raising funds for
Marie Curie



CHARITY SHOP

THANK YOU

For all your donations – they are greatly appreciated.
Due to shortage of storage space, we can only accept –

Items of clothing

For the time being
Many thanks for your generosity.

St John's Arrpafeelie

Sunday 18th July 2021

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RESERVED SACRAMENT SERVICE

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OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



Thought for today

Never shrink from taking responsibility.

Do what is expected of you well and willingly.

Do not shirk the extra task but do it with a smile.

Bear the added load, if asked, and go the second mile

Church Rotas

St Andrew's

Readers & Intercessors

A Garraway / M Hulse / J Deakin / R McGhee

Sides-men

Ann McGhee and Alison Garraway

Servers

Sacristan

Flowers

Teas

Cleaning

St John's