

**SUNDAY**

**11th July 2021**

**Pentecost 7**

**Charity Number**

**SC010781**

## **The Scottish Episcopal Church**

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

**The Black Isle Family of Congregations**

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
Fortrose, Ross-shire, Scotland IV10 8TJ  
Phone: 01381 622241 Email: [mel@sagart.me.uk](mailto:mel@sagart.me.uk)



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



### **PENTECOST SUNDAY SERVICES**

#### **EUCCHARIST**

9:45am in St John's with Fr Arthur

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)

### **THE PROCLAMATION OF THE WORD**

#### **Collect**

Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**Vestry Secretary:** Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

Tel No: 01381 620110: E [w.r.mcghee@btinternet.com](mailto:w.r.mcghee@btinternet.com): Mobile: 07770 37 37 72

## THE PROCLAMATION OF THE WORD cont.

### + First Reading : Amos 7:7-15

This is what the Lord God showed me: the Lord was standing beside a wall built with a plumb line, with a plumb line in his hand. And the Lord said to me, "Amos, what do you see?" And I said, "A plumb line." Then the Lord said, "See, I am setting a plumb line in the midst of my people Israel; I will never again pass them by; the high places of Isaac shall be made desolate, and the sanctuaries of Israel shall be laid waste, and I will rise against the house of Jeroboam with the sword."

Then Amaziah, the priest of Bethel, sent to King Jeroboam of Israel, saying, "Amos has conspired against you in the very centre of the house of Israel; the land is not able to bear all his words. For thus Amos has said, 'Jeroboam shall die by the sword, and Israel must go into exile away from his land.' "And Amaziah said to Amos, "O seer, go, flee away to the land of Judah, earn your bread there, and prophesy there; but never again prophesy at Bethel, for it is the king's sanctuary, and it is a temple of the kingdom."

Then Amos answered Amaziah, "I am no prophet, nor a prophet's son; but I am a herdsman, and a dresser of sycamore trees, and the Lord took me from following the flock, and the Lord said to me, 'Go, prophesy to my people Israel.'"

This is the word of the Lord.

### + Psalm 85:8-13

Listen to what the Lord God is saying.

**Listen to what the Lord God is saying.**

I will listen to what the Lord God is saying, for he is speaking peace to his faithful people and to those who turn their hearts to him.

**Listen to what the Lord God is saying.**

Truly, his salvation is very near to those who fear him, that his glory may dwell in our land.

**Listen to what the Lord God is saying.**

Mercy and truth have met together; righteousness and peace have kissed each other. Truth shall spring up from the earth, and righteousness shall look down from heaven.

**Listen to what the Lord God is saying.**

The Lord will indeed grant prosperity, and our land will yield its increase. Righteousness shall go before him, and peace shall be a pathway for his feet.

**Listen to what the Lord God is saying.**

### + Second Reading : Ephesians 1:3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

This is the word of the Lord.

## THE PROCLAMATION OF THE WORD - cont.

### + The Holy Gospel : Mark 6:14-29

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ according to Saint Mark:

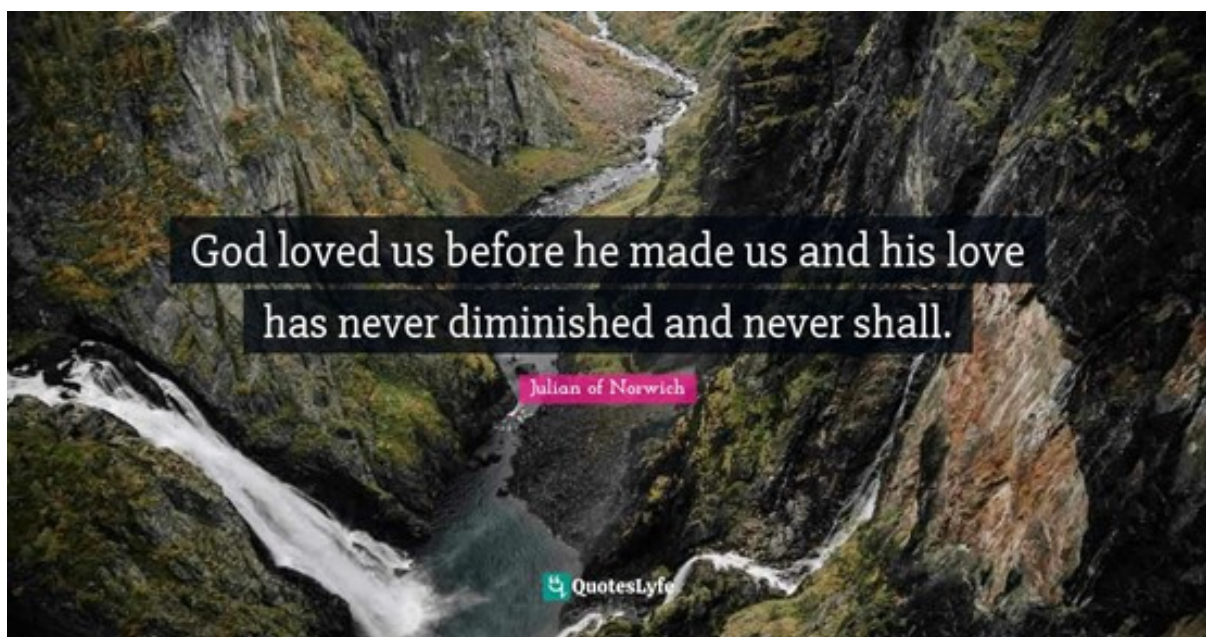
**Glory to Christ our Saviour!**

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

Give thanks to the Lord for this his glorious Gospel.

**Praise to Christ our Lord!**



## **PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Episcopal Church of the Philippines.

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. For Niccolo A, Val C, Godwin C, Tony C, Patricia E, Maureen F, Jackie F, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our brothers & sisters throughout the Diocese & especially St Paul's, Strathnairn. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For Lorraine, Paul & all affected by last Sunday's house fire in Fortrose. For Hayden & Louise. For those working with For the Right Reasons, Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## **FUNERAL of MR IAN ROBERT MCCRAE**

Ian's Funeral will take place at 1pm on Monday the 26<sup>th</sup> of July...from St Andrew's Church, Fortrose...with private cremation to follow. Rest eternal grant unto him, O Lord and let light perpetual shine upon him.

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

God is ever creative. God's love renews all things and is the source of our hope. Let us turn to him in confidence: – *Lord, accept our thanks and our prayers.*

We give thanks for the order of created things: you have blessed us with the resources of the earth and the gift of human life. – *Lord, accept our thanks and our prayers.*

We give thanks for mankind's share in your continuing work of creation: we praise you for your gifts to us of inventive skill and creative vision. – *Lord, accept our thanks and our prayers.*

We pray for all the nations of the world: may those in authority work for peace and goodwill among all people and, especially, the most vulnerable.

– *Lord, accept our thanks and our prayers.*

We pray for all who are homeless today: we pray for families searching for a place to live, and for refugees driven from their homeland. – *Lord, accept our thanks and our prayers.*

Life was your first gift to us: may those who have died come to its fullness in you.

– *Lord, accept our thanks and our prayers.*

*Conclude with the Lord's Prayer.*

## **AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES**

Dear All,

Well, the weather has turned a bit dreich...but, I suppose we do need rain now n then haha! My old black Peugeot is well and truly dead. All being well, I should be driving a pretty bright red Toyota Yaris by the end of today (Wednesday) or early tomorrow. This will be a leased vehicle with lots of insurance coverage in case it proves as unreliable as most of my previous cars haha!

As you will note elsewhere in the Newsletter, Ian McCrae's funeral will take place on Monday the 26<sup>th</sup> of July at 1pm. It will be from St Andrew's mostly because of the crem timings. Apologies to those in Cromarty and St Regulus' where he attended faithfully until lockdown. Until a couple of years ago he was a stalwart 8am attender in St Andrew's on Sundays.

Covid restrictions are beginning to relax but, with infection rates higher than ever and the Raigmore being very stretched, we still all must be vigilant (not fearful though).

On a cheery note, all being well, we will be celebrating the Sacrament of Baptism on the 18<sup>th</sup> in St Andrew's and welcoming two new members to the family of God.

### **18 July : Pentecost 8**

#### **EUCCHARIST**

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

#### **RESERVED SACRAMENT SERVICE**

9:45am in St Regulus' with Eucharistic Minister Jill & Simon

Blessings to one and all.

And much love too.

Mel +

**If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!**

## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianne-man@gmail.com](mailto:annegillianne-man@gmail.com))



**Gill Pimm's**  
**GARDEN OPEN**  
**Culish, Kilmuir**  
**North Kessock, IV1 3ZG**



**Daily throughout June & July**  
**11am till 4pm**  
**donations most welcome**

**Raising funds for**  
**Marie Curie**



**CHARITY SHOP**

**THANK YOU**

For all your donations – they are greatly appreciated.  
Due to shortage of storage space, we can only accept –

**Items of clothing**

For the time being  
Many thanks for your generosity.

# St John's Arrpafeelie

Sunday 11th July 2021



## 11 July : Pentecost 7

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11:30am in St Andrew's with Fr Mel

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RESERVED SACRAMENT SERVICE

9:45am in St Regulus' with Eucharistic Minister Jill & Simon



**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**THE CHARITY SHOP IS NOW  
OPEN EVERY WEDNESDAY  
AND SATURDAY  
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



### **Thought for today**

*The friends thou hast, and their adoption tried,  
Grapple them to thy soul with hoops of steel;  
But do not dull they palm with entertainment  
Of each new-hatched, unfledged comrade.*

*Hamlet*

# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

S A Jackson / J MacLennan / B Oakley / A Garraway

### **Sides-men**

Ann McGhee and Bill Fraser

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**