

SUNDAY

27th June 2021

Pentecost 5

Charity Number

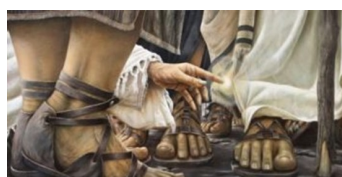
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The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



PENTECOST SUNDAY SERVICES

EUCCHARIST

9:45am in St John's with Rev Christine

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)

THE PROCLAMATION OF THE WORD

Collect

Almighty God, you have taught us through your Son that love fulfils the law. May we love you with all our heart, all our soul, all our mind, and all our strength, and may we love our neighbour as ourselves; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, now and for ever. **Amen.**

+ First Reading : Wisdom 1:13-15; 2:23-24

God did not make death, and he does not delight in the death of the living. For he created all things so that they might exist; the generative forces of the world are wholesome, and there is no destructive poison in them, and the dominion of Hades is not on earth.

For righteousness is immortal. God created us for in corruption, and made us in the image of his own eternity, but through the devil's envy death entered the world, and those who belong to his company experience it.

This is the word of the Lord.

Vestry Secretary: Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

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THE PROCLAMATION OF THE WORD cont.

+ Psalm 30:1-7, 12-13

Weeping may spend the night, but joy comes in the morning.

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I will exalt you, O LORD, because you have lifted me up and have not let my enemies triumph over me. O LORD my God, I cried out to you, and you restored me to health.

Weeping may spend the night, but joy comes in the morning.

You brought me up, O LORD, from the dead; you restored my life as I was going down to the grave. Sing to the LORD, you servants of his; give thanks for the remembrance of his holiness.

Weeping may spend the night, but joy comes in the morning.

For his wrath endures but the twinkling of an eye, his favour for a lifetime.

Weeping may spend the night, but joy comes in the morning.

While I felt secure, I said, "I shall never be disturbed. You, LORD, with your favour, made me as strong as the mountains."

Weeping may spend the night, but joy comes in the morning.

You have turned my wailing into dancing; you have put off my sack-cloth and clothed me with joy. Therefore my heart sings to you without ceasing; O LORD my God, I will give you thanks for ever.

Weeping may spend the night, but joy comes in the morning.

+ Second Reading : 2 Corinthians 8:7-15

As you excel in everything-- in faith, in speech, in knowledge, in utmost eagerness, and in our love for you-- so we want you to excel also in this generous undertaking.

I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something-- now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has-- not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written, "The one who had much did not have too much, and the one who had little did not have too little."

This is the word of the Lord.

THE PROCLAMATION OF THE WORD - cont.

+ The Holy Gospel : Mark 5:21-43

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint Mark:

Glory to Christ our Saviour!

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live." So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, "If I but touch his clothes, I will be made well." Immediately her haemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

Give thanks to the Lord

for this his glorious Gospel.

Praise to Christ our Lord!

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the United Church of Pakistan

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For Andrew P, Blayne P, Lesley P, Ferdinand vonP, Roberts R, Louise S, Philip S, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our sisters & brothers of All Saints' Mission, Kinlochewe. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For the soul of Ian MacRae who entered the Fullness of Life last Friday...and for all who mourn his passing. For Hayden & Louise. For those working with Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

In the Church...Christ's Body, of which we are all members, God has made known to us his hidden purpose: to make all things one in Christ. Let us pray that his will may be done.

– Father, unite all things in Christ.

We give you thanks for the presence and power of your Spirit in the Church: give us the will to search for unity, and inspire us to pray and work together. *– Father, unite all things in Christ.*

We give you thanks for all whose work proclaims your love: help us to serve the communities in whose life we share. *– Father, unite all things in Christ.*

Father, care for all who serve in the Church as ministers of your word and sacraments: may they bring your whole family to the unity for which Christ prayed. *– Father, unite all things in Christ.*

Your people have known the ravages of war and hatred: grant that they may know the peace left by your Son. *– Father, unite all things in Christ.*

Fulfil the hopes of those who sleep in your peace: bring them to that final resurrection when you will be all in all. *– Father, unite all things in Christ.*

Conclude with the Lord's Prayer.

AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

It has been a lovely week so far. Nice being home and lovely to celebrate at St J's and St A's on Sunday past. I look forward to celebrating with everyone in St R's and in St A's this Sunday. The weather has been very up and down, sadly...but that is the nature of the beast.

It has been a week of zoom meetings and such (near 6 hours' worth on Tuesday!)...but it still allowed for catching up with some of our lovely people! If you are up for a visit, why not ring the Rector and arrange for him to come by when convenient?

Pandemic restrictions are beginning to relax at long last...and may that continue! I may yet get to attend my dear niece's wedding in Nova Scotia at the end of August! I find myself really missing family and friends over there.

4 July : Pentecost 6

EUCHARIST

9:45am in St John's with Fr Mel

9:45am in St Regulus' with Rev Christine

11:30am in St Andrew's with Fr Mel

Blessings to one and all.

And much love too.

Mel +

If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianne-man@gmail.com)

URGENT

Rev Christine is going to have to move out of the house she rents in Cromarty, for major repairs. She would be grateful if you would ask around, to help find her somewhere else to live, preferably on the Black Isle. This will be a permanent move as she will be unable to return to the property after renovation.

CHARITY SHOP

THANK YOU

For all your donations – they are greatly appreciated. Due to shortage of storage space, we can only accept –

Items of clothing

For the time being
Many thanks for your generosity.

Gill Pimm's GARDEN OPEN

**Culish, Kilmuir
North Kessock, IV1 3ZG**



**Daily throughout June & July
11am till 4pm**

donations most welcome

**Raising funds for
Marie Curie**



St John's Arrafeelie

Sunday 27th June 2021



27 June : Pentecost 5

EUCCHARIST

9:45am in St John's with Rev Christine

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel

4 July : Pentecost 6

EUCCHARIST

9:45am in St John's with Fr Mel

9:45am in St Regulus' with Rev Christine

11:30am in St Andrew's with Fr Mel

Cromarty
**Sunday
Club**
St Regulus &
West Church



Celebrate the summer holidays
and join us for a

SUMMER BBQ

with games and activities,
friends, food & fun!



Sunday, 27 June 2021
from 3.30pm on the Links

All children and parents welcome
Food, drinks & snacks supplied - just come along!



More info?
Contact Carsten on
07958 550333 or
carsten@mylittlecampfire.com

* In line with Scottish Government Guidance - limited households and all Coronavirus precautions adhered to *

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**THE CHARITY SHOP IS NOW
OPEN EVERY WEDNESDAY
AND SATURDAY
10.00 am—1.00 pm**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



Thought for today

Always keep your promises if you would keep your friends.

Keep your word no matter what the cost.

Confidence is not restored by making swift amends.

It's hard to win back trust when once it's lost.

Don't make idle promises,. Make sure that you can see, just how you're going to do the thing you say.

Once you give your word you are committed morally, and having started must go all the way.

Church Rotas

St Andrew's

Readers & Intercessors

B Oakley / A Garraway / J MacLennan / H Ireland

Sides-men

Ann McGhee and Bill Fraser

Servers

Sacristan

Flowers

Teas

Cleaning

St John's