

SUNDAY

23rd May 2021

Pentecost

Charity Number

SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



PENTECOST SUNDAY SERVICES

- 9:45am Eucharist in St Regulus' with Fr Mel
- 9:45am Eucharist in St John's with Rev Christine
- 11:30am Eucharist in St Andrew's with Fr Mel
- (11:30am will be live streamed and the link emailed asap)

THE PROCLAMATION OF THE WORD

Collect

Almighty and ever living God, who fulfilled the promises of Easter by sending us your Holy Spirit and opening to every race and nation the way of life eternal: keep us in the unity of your Spirit, that every tongue may tell of your glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit; one God, now and for ever.

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THE PROCLAMATION OF THE WORD cont.

+ First Reading : Acts 2:1-21

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams.

Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist.

The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. Then everyone who calls on the name of the Lord shall be saved.' "

This is the word of the Lord.

THE PROCLAMATION OF THE WORD - cont.

+ Psalm 104:25-35, 37

Send forth your Spirit O Lord! Alleluia!

Send forth your Spirit O Lord! Alleluia!

O Lord, how manifold are your works! in wisdom you have made them all; the earth is full of your creatures. Yonder is the great and wide sea with its living things too many to number, creatures both small and great.

Send forth your Spirit O Lord! Alleluia!

There move the ships, and there is that Leviathan, which you have made for the sport of it. All of them look to you to give them their food in due season.

Send forth your Spirit O Lord! Alleluia!

You give it to them; they gather it; you open your hand, and they are filled with good things.

Send forth your Spirit O Lord! Alleluia!

You hide your face, and they are terrified; you take away their breath, and they die and return to their dust.

Send forth your Spirit O Lord! Alleluia!

You send forth your Spirit, and they are created; and so you renew the face of the earth. May the glory of the Lord endure for ever; may the Lord rejoice in all his works. He looks at the earth and it trembles; he touches the mountains and they smoke.

Send forth your Spirit O Lord! Alleluia!

I will sing to the Lord as long as I live; I will praise my God while I have my being. May these words of mine please him; I will rejoice in the Lord. Bless the Lord, O my soul. Hallelujah!

Send forth your Spirit O Lord! Alleluia!

+ Second Reading : Romans 8:22-27

We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

This is the word of the Lord.

+ **The Holy Gospel : John 15:26-27; 16:4b-15**

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ

According to Saint John:

Glory to Christ our Saviour!

Jesus said to his disciples, "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning.

"I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgment, because the ruler of this world has been condemned.

"I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!



Without Pentecost the Christ-event - the life, death, and resurrection of Jesus - remains imprisoned in history as something to remember, think about and reflect on. The Spirit of Jesus comes to dwell within us, so that we can become living Christs here and now.

— *Henri Nouwen* —

AZ QUOTES

AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

As we approach the great Feast of Pentecost, let us pray that a fresh and powerful awakening of the Church may be ignited...and that with hearts ablaze we will all be drawn into deeper oneness and harmony...and without any awkwardness or embarrassment live and make known to all the great Love that is our God!

Singing in church is still restricted to one (a few others if there is a choir and social distancing can be observed) so you might be putting up with my crooning a few hymns, etc on Sunday. Please do hum along! I am so missing our singing together! But there is hope!

I received my second Oxford Astra Zenica jab on Thursday past. No soreness of arm ensued. Only the slightest of headaches. But I did feel very lethargic and struggled to keep my eyes open from Friday well into Sunday. Glad to have received it.

30 May : THE MOST HOLY TRINITY

EUCCHARIST

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

RESERVED SACRAMENT SERVICE

9:45am in St Regulus'

with Eucharistic Minister Jill & Simon

Blessings to one and all.

And much love too.

Mel +

If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegillianne-man@gmail.com)

Charity Shop

Hello everyone,

Can I take this opportunity to thank everyone who has so graciously donated to the Charity Shop but could I ask that you do not bring any further donations for the time being as we are fully stocked—thanks to your generosity.

I will let you know as soon as we are ready to accept donations again.

Many thanks

Ann McGhee



OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**SATURDAY COFFEE
MORNINGS CANCELLED
UNTIL FURTHER NOTICE**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

Thought for today

Strength for the day. That is all that I ask.

Light for my guidance and zest for my task.

Peace and contentment, a quiet abode.

And grace for my soul at the end of the road.



St John's Arrafeelie

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(11:30am will be live streamed and the link emailed asap)



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Church Rotas

St Andrew's

Readers & Intercessors

J Deakin / A Garraway / M Hulse / R McGhee

Sides-men

Ann McGhee and Bill Fraser

Servers

Sacristan

Flowers

Teas

Cleaning

St John's