

**SUNDAY**

**16th May 2021**

**Easter 7**

**Rogation Sunday**

**Charity Number**

**SC010781**

## The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

**The Black Isle Family of Congregations**

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
Fortrose, Ross-shire, Scotland IV10 8TJ  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



### EASTER 7 / SUNDAY after the ASCENSION SERVICES

9:45am Reserved Sacrament Service in St Regulus' with Lay reader Patsy

9:45am Eucharist in St John's with Fr Mel

11:30am Eucharist in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)

### THE PROCLAMATION OF THE WORD

#### Collect

Almighty God, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven. Mercifully give us faith to know that, as he promised, he abides with us on earth to the end of time; who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

#### + First Reading : Acts 1:15-17, 21-26

In those days Peter stood up among the believers (together the crowd numbered about one hundred twenty persons) and said, "Friends, the scripture had to be fulfilled, which the Holy Spirit through David foretold concerning Judas, who became a guide for those who arrested Jesus-- for he was numbered among us and was allotted his share in this ministry. So one of the men who have accompanied us during all the time that the Lord Jesus went in and out among us, beginning from the baptism of John until the day when he was taken up from us-- one of these must become a witness with us to his resurrection." So they proposed two, Joseph called Barsabbas, who was also known as Justus, and Matthias. Then they prayed and said, "Lord, you know everyone's heart. Show us which one of these two you have chosen to take the place in this ministry and apostleship from which Judas turned aside to go to his own place." And they cast lots for them, and the lot fell on Matthias; and he was added to the eleven apostles.

This is the word of the Lord.

**Vestry Secretary:** Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

Tel No: 01381 620110: E [w.r.mcghee@btinternet.com](mailto:w.r.mcghee@btinternet.com): Mobile: 07770 37 37 72

## THE PROCLAMATION OF THE WORD cont.

### + Psalm 1

THE LORD knows the way of the righteous!

**THE LORD knows the way of the righteous!**

Happy are they who have not walked in the counsel of the wicked, nor lingered in the way of sinners, nor sat in the seats of the scornful!

**THE LORD knows the way of the righteous!**

Their delight is in the law of the LORD, and they meditate on his law day and night.

**THE LORD knows the way of the righteous!**

They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; everything they do shall prosper.

**THE LORD knows the way of the righteous!**

It is not so with the wicked; they are like chaff which the wind blows away.

**THE LORD knows the way of the righteous!**

Therefore the wicked shall not stand upright when judgment comes, nor the sinner in the council of the righteous.

**THE LORD knows the way of the righteous!**

For the LORD knows the way of the righteous, but the way of the wicked is doomed.

**THE LORD knows the way of the righteous!**

### + Second Reading : 1 John 5:9-13

If we receive human testimony, the testimony of God is greater; for this is the testimony of God that he has testified to his Son. Those who believe in the Son of God have the testimony in their hearts. Those who do not believe in God have made him a liar by not believing in the testimony that God has given concerning his Son. And this is the testimony: God gave us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life.

I write these things to you who believe in the name of the Son of God, so that you may know that you have eternal life.

This is the word of the Lord.

## THE PROCLAMATION OF THE WORD - cont.

### + The Holy Gospel : John 17:6-19

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ

According to Saint John:

**Glory to Christ our Saviour!**

Jesus prayed for his disciples, "I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. I am not asking you to take them out of the world, but I ask you to protect them from the evil one. They do not belong to the world, just as I do not belong to the world. Sanctify them in the truth; your word is truth. As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth."

Give thanks to the Lord

for this his glorious Gospel.

**Praise to Christ our Lord!**



## **PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For justice and peace in Israel/Palestine. For the nation and peoples of India as they battle Covid 19. For N Korea & the threatening famine. For the situation between Russia & Ukraine. For the peace of Northern Ireland. For Justice and Peace in Myanmar, Yemen and the many other troubled places in the world. For an end to nuclear armaments. For patience in the face of this Pandemic. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Anglican Church of Korea.

## **OUR DIOCESE**

For our brothers & sisters in the Porvoo Communion of Churches. For Lesley P, Ferdinand vonP, Roberta R, Louise S, Philip S, Rachael W, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our sisters & brothers of Holy Trinity, Elgin, Burghead Mission & St Margaret's, Lossiemouth. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For Joyce who is continuing to recover at home. For Hayden & Louise. For those working with Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. Pray for all living with OCD, Asperger's, Autism and other conditions that make Covid restrictions particularly difficult. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

Christ filled the apostles and the whole Church with the comfort of the Holy Spirit. In our prayer let us give thanks to him.

*– Lord, comfort your Church and make us grateful.*

Mediator of God and humankind, you have chosen priests to be your fellow workers; through their saving ministry bring everyone to the Father.

*– Lord, comfort your Church and make us grateful.*

Be present in the hearts of the rich and the lives of the poor; inspire us all to care for one another, whatever their needs.

*– Lord, comfort your Church and make us grateful.*

Reveal your gospel to all the nations and restore the broken unity of the human family.

*– Lord, comfort your Church and make us grateful.*

Send your Holy Spirit to dry the tears of the world; may the Comforter turn sorrow into joy.

*– Lord, comfort your Church and make us grateful.*

Cleanse the dead from sin; take them to heaven and into the company of the saints.

*– Lord, comfort your Church and make us grateful.*

*Conclude with the Lord's Prayer.*

## AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

The days are keeping unseasonably cool for my liking. I am longing for some “sitting-in-the-sun-reading” time, but it is still a tad chilly. I am sure summer will come soon!

Tomorrow I will receive my second dose of the Astra Zenica Vaccine! What reactions will it bring me...delicate flower that I am haha! Covid restrictions are slowly relaxing which is wonderful. It sounds like we will be able to have one singer at this point! Volunteers? Surely this is a sign that gives hope!

Tomorrow is Ascension Day (I am writing this on Rogation Wednesday). There will be Eucharist in St Andrew's at 10am...and it will be live-streamed and the link emailed to all. Sadly, the weather is not looking promising so refreshments outside and around the church will likely not be possible...but we shall see! Bring a chair if you are able...in case!

With Ascension Day on Thursday, we enter the Great Novena on Friday. Jesus told the disciples to stay in Jerusalem and pray until they received power from on high. They did...and we remember this by praying for a fresh outpouring of the Spirit upon ourselves and the Church.

I encourage you to join in the Great Novena which I print here:

**If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!**

### **NOVENA (9 Days of Prayer) in PREPARATION for PENTECOST**

#### **Day 1 - Friday After The Ascension**

##### **Pray:**

Come, Holy Spirit, fill the hearts of Your faithful, and enkindle in them  
the fire of Your love.

*V.* Send forth Your Spirit, and they shall be created,

*R.* And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. Amen.

**Read:** Acts 18:9-18 & John 16:20-23

*Keep a brief silence*

##### **Pray/Sing:**

Spirit of the living God, fall afresh on me.

Spirit of the living God, fall afresh on me.

Melt me, mold me, fill me, use me,

Spirit of the living God, fall afresh on me.

**Each of the coming days, follow the same format as above but use the daily readings as below:**

**Day 2 – Saturday**

Acts 18:23-28 & John 16:23-28

**Day 3 – Sunday**

The Reading are those appointed for Sunday and printed here in the Newsletter!

**Day 4 – Monday**

Acts 19:1-8 & John 16:29-33

**Day 5 – Tuesday**

Acts 20:17-27 & John 17:1-11

**Day 6 – Wednesday**

Acts 20:28-38 & John 17:11-19

**Day 7 – Thursday**

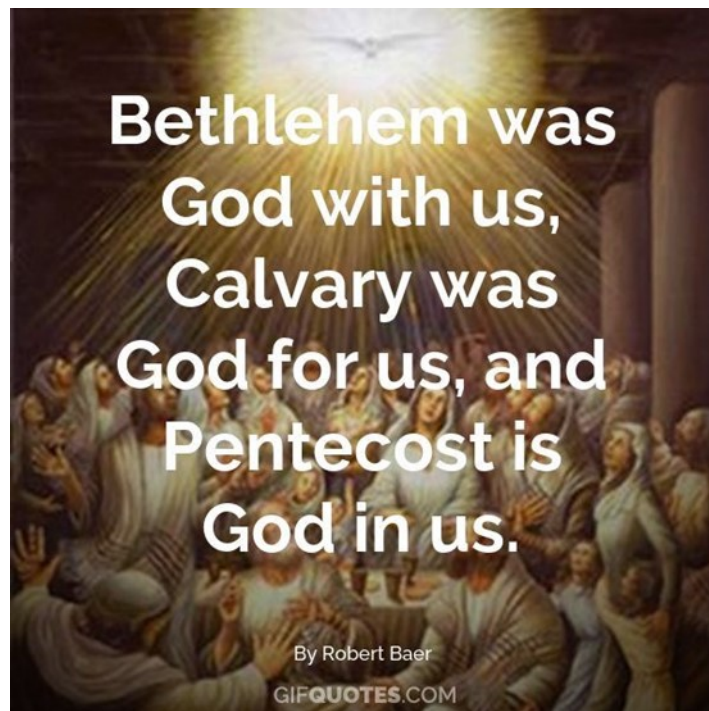
Acts 22:30; 23:6-11 & John 17:20-26

**Day 8 – Friday**

Acts 25:13-21 & John 21:15-19

**Day 9 – Saturday**

Acts 28:16-20, 30-31 & John 21:20-25



## **DAILY PRAYER - An Act of Spiritual Communion**

My Jesus,  
I believe you are truly present  
in this Most Holy Sacrament  
of your Body and Blood,  
and since I cannot, at this time, receive you in  
Holy Communion,  
I pray you to come into my heart.  
I unite myself with you and embrace you  
with all my heart, my soul, and my mind.  
Let nothing separate me from you.  
In whose Name I pray.  
Amen.

**OR**

### **Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, cleanse me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds hide me.  
Never let me be separated from Thee.  
From the malicious enemy, defend me.  
At the hour of death, call me.  
And bid me come to Thee.  
That with Thy saints I may praise Thee,  
forever and ever. Amen.

### **DAILY PRAYER - I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: [annegillianne-man@gmail.com](mailto:annegillianne-man@gmail.com))

# Charity Shop

Hello everyone,

Can I take this opportunity to thank everyone who has so graciously donated to the Charity Shop but could I ask that you do not bring any further donations for the time being as we are fully stocked—thanks to your generosity.

I will let you know as soon as we are ready to accept donations again.

Many thanks

Ann McGhee

## **General Synod 2021 to take place over two days**

General Synod will again take place online this year, as it did in 2020. However, the schedule will cover two days on Thursday 10 and Friday 11 June, instead of the single day event that was held last December.

Business will start at 9am each day and is expected to run until approximately mid to late afternoon.

There will be breaks during the course of each day including a substantial lunchtime break, and Synod members will participate in a number of breakout groups for discussion and debate.

The General Synod agenda and papers will be issued in mid-May. The agenda is expected to include matters such as future vision and strategy for the church as we emerge from the pandemic, the approval of liturgies which have been subject to experimental use in recent years, ecumenical relations, a report on the triennial valuation of the Pension Fund, consideration of resources to assist the church in working towards carbon neutrality by 2030, debate about the church's process for electing bishops (Canon 4), a range of clergy personnel matters including stipend, and ethical investment.

Further information about the meeting will be issued to Synod members in the coming weeks, including instructions about how the virtual aspects of the meeting will be handled but they will be broadly similar to last year. Feedback from the first virtual hosting has been considered carefully, to find ways to improve the event.

Those who are not Synod members will be able to watch a live stream of the meeting.



**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**SATURDAY COFFEE  
MORNINGS CANCELLED  
UNTIL FURTHER NOTICE**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

**TINNED VEGETABLES**

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



### **Thought for today**

*The world is full of clocks that tick our little lives away.*

*We cannot halt or hold the minutes of each passing day.*

*So make the most of every one, the sunshine and the showers,*

*And fill your heart with memories of good and happy hours.*

# St John's Arrafeelie

Sunday 16th May 2021

## **EASTER 7 / SUNDAY after the ASCENSION SERVICES**

9:45am Reserved Sacrament Service in St Regulus' with Lay reader Patsy

9:45am Eucharist in St John's with Fr Mel

11:30am Eucharist in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)



## **Join thousands of people making a difference this Christian Aid Week. :**



**Christian Aid Week is coming:**

**10 - 16 May 2021**

Once again, thanks to Covid-19, the usual activities we would see in connection with Christian Aid week, have been cancelled. However, you can still help with a donation, large or small, every penny counts.

If you can, please put your donation in an envelope, clearly marked - **Christian Aid Week** - and leave it in the collection plate in any one of our three churches or alternatively send a cheque to our Treasurer, Peter Furniss at 62 Feddon Hill, Fortrose, IV10 8SP.

Cheques should be made out to the Church account - "Black Isle Charge" - alternatively, payments can be made by Bank Transfer into the Church account - Sort code 80-06-83 - Account No 00600410 - Ref. Christian Aid.

Please note that we have not been notified of a Bishop's Lenten Appeal this year, presumably because of Covid. It was agreed by the Vestry that, as an alternative, we would focus on supporting Christian Aid.

Many thanks for your support.

# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

S A Jackson / J MacLennan / R McGhee / H Ireland

### **Sides-men**

Ann McGhee and Bill Fraser

### **Servers**

### **Sacristan**

### **Flowers**

### **Teas**

### **Cleaning**

## **St John's**