

SUNDAY

25th April 2021

Easter 4

Charity Number

SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



Alleluia, Christ is risen!

He is risen indeed! Alleluia!

EASTER 4 SERVICES

9:45am Reserved Sacrament in St Regulus' with Jill & Simon

9:45am Eucharist in St John's with Fr Mel

11:30am Eucharist in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)

THE PROCLAMATION OF THE WORD

Collect

O God of peace, who brought again from the dead our Lord Jesus Christ, that great shepherd of the sheep, by the blood of the eternal covenant, make us perfect in every good work to do your will, and work in us that which is well-pleasing in your sight; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Vestry Secretary: Ramsay McGhee, Tigh Ur, Deans Road, Fortrose.

Tel No: 01381 620110: E w.r.mcghee@btinternet.com: Mobile: 07770 37 37 72

THE PROCLAMATION OF THE WORD cont.

+ First Reading : Acts 4:5-12

The rulers, elders, and scribes assembled in Jerusalem, with Annas the high priest, Caiaphas, John, and Alexander, and all who were of the high-priestly family. When they had made the prisoners stand in their midst, they inquired, "By what power or by what name did you do this?" Then Peter, filled with the Holy Spirit, said to them, "Rulers of the people and elders, if we are questioned today because of a good deed done to someone who was sick and are asked how this man has been healed, let it be known to all of you, and to all the people of Israel, that this man is standing before you in good health by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead. This Jesus is the stone that was rejected by you, the builders; it has become the cornerstone.'

There is salvation in no one else, for there is no other name under heaven given among mortals by which we must be saved."

This is the word of the Lord.

+ Psalm 23

I shall fear no evil; for you are with me.

I shall fear no evil; for you are with me.

The Lord is my shepherd; I shall not be in want. He makes me lie down in green pastures and leads me beside still waters.

I shall fear no evil; for you are with me.

He revives my soul and guides me along right pathways for his Name's sake. Though I walk through the valley of the shadow of death,

I shall fear no evil; for you are with me.

Your rod and your staff, they comfort me. You spread a table before me in the presence of those who trouble me;

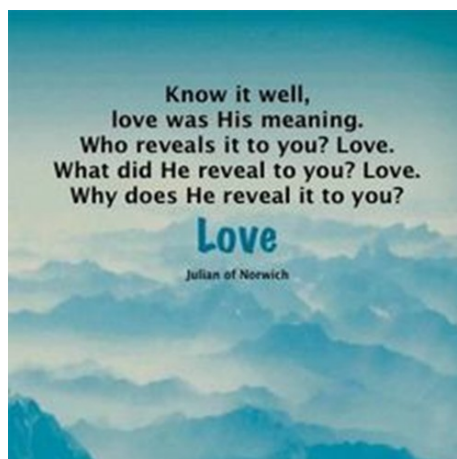
I shall fear no evil; for you are with me.

You have anointed my head with oil, and my cup is running over.

I shall fear no evil; for you are with me

Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

I shall fear no evil; for you are with me



THE PROCLAMATION OF THE WORD - cont.

+ Second Reading : 1 John 3:16-24

We know love by this, that he laid down his life for us-- and we ought to lay down our lives for one another. How does God's love abide in anyone who has the world's goods and sees a brother or sister in need and yet refuses help?

Little children, let us love, not in word or speech, but in truth and action. And by this we will know that we are from the truth and will reassure our hearts before him whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. Beloved, if our hearts do not condemn us, we have boldness before God; and we receive from him whatever we ask, because we obey his commandments and do what pleases him.

And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us.

This is the word of the Lord.

+ The Holy Gospel : John 10:11-18

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint John:

Glory to Christ our Saviour!

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father."

Give thanks to the Lord

for this his glorious Gospel.

Praise to Christ our Lord!

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the peace of Northern Ireland. For Justice and Peace in Myanmar, Yemen and the many other troubled places in the world. For an end to nuclear armaments. For patience in the face of this Pandemic. That we may truly look out for one another and especially the most vulnerable among us. For all suffering with Covid 19, for all our healthcare workers, for all shop workers, lorry drivers, and all on whom we depend for our safety, health and protection. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Nippon Sei Ko Kai (the Church in Japan).

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For Lesley P, Ferdinand von P, Roberta R, Louise S, Philip S, Rachael W, Sandra W, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our sisters & brothers of St Columba's Nairn. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For vocations to the Sacred Ministry of the Church. For Joyce. For Hayden & Louise. For those working with Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. Pray for all living with OCD, Asperger's, Autism and other conditions that make Covid restrictions particularly difficult. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For the safe return of our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

Let us pray to Christ, who rose from the dead to restore our life.

– Ever-living Christ, hear us.

Jesus, you are the stone rejected by the builders but you have proved to be the keystone of God's house; make us living stones in the temple of your Church.

– Ever-living Christ, hear us.

You are the faithful and true witness, the first-born from the dead; may the Church never cease to proclaim you to the world.

– Ever-living Christ, hear us.

Through your death and resurrection you took the Church to yourself as a bride: cherish her, and keep her faithful, and prepare her for the day of your coming. *– Ever-living Christ, hear us.*

You are the first and the last, you were dead and now you are alive; may all the baptized be faithful unto death and gain the crown of glory. *– Ever-living Christ, hear us.*

You are the light and joy of the city of God; shine on the faithful and all the departed that they may reign for ever. *– Ever-living Christ, hear us.*

Conclude with the Lord's Prayer.

AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

Alleluia! Christ is risen!

It was good to be back in St Regulus' and St Andrew's on Sunday past. Brain was still rather foggy, but I was, and am, feeling a great bit improved. I look forward to being back in St John's this coming Sunday!

Before I forget, I just wanted to say a big thank you for all the kind birthday, Easter and lovely get well cards and gifts I have received over the past few weeks. They all mean so much! Love to all and thank you so much for taking the time!

This coming Sunday is Good Shepherd Sunday! A day when we are encouraged to pray for vocations to the ordained ministry of the Church...especially for calls to the priesthood! Pray that those God calls may be open to the call and overcome the confusion and "I could never do that" sense that often accompanies "the call".

The Good Shepherd is probably the most beloved image of Jesus after that of the Child in the manger...perhaps because it speaks so eloquently of our Lord's promises of Life – in all its Fullness.

"Yea, though I walk THROUGH death's dark vale, Yet will I fear no ill.

For thou art with me, and thy rod And staff me comfort still."

To those promises that fill us with such Easter hope, we cling! God is good!

2 May 21 : Easter 5

Eucharist

9:45am in St Regulus' with Rev Christine

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

Blessings to one and all.

And much love too.

Mel +

If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegilliannewman@gmail.com)

DAILY PRAYER - An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.



My sheep listen to my voice; I know them, and they follow me.
- JOHN 10:27 NIV

CROMARTY SUNDAY CLUB
ST REGULUS AND THE WEST CHURCH

SUNDAY 25TH APRIL

3:30PM

Come and help us create a giant chalk drawing on the floor.

Games and story telling.

Meet at the benches on the viewing platform on Shore Street.

Snacks and drinks provided.

Fun and free for all.

Inline with Scottish Government guidance - Limited numbers and all Coronavirus precautions adhered to.

For more info contact Carsten on

07958 550 333

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**CHARITY SHOP AND
SATURDAY COFFEE
MORNINGS CANCELLED
UNTIL FURTHER NOTICE**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



Thought for today

Be true to the best that is in you. Be upright and fair and sincere.

Stoop not to the smallest deception. Have nothing to hide or to fear.

And when the last task is completed, the last battle over and won.

The voice of the Master will greet you with "Well done, good servant, well done."

St John's Arrafeelie

Sunday 25th April 2021

EASTER 4 SERVICES

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9:45am Eucharist in St John's with Fr Mel

11:30am Eucharist in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)



Join thousands of people making a difference this Christian Aid Week. :



Christian Aid Week is coming:

10 - 16 May 2021

Once again, thanks to Covid-19, the usual activities we would see in connection with Christian Aid week, have been cancelled. However, you can still help with a donation, large or small, every penny counts.

If you can, please put your donation in an envelope, clearly marked - **Christian Aid Week** - and leave it in the collection plate in any one of our three churches or alternatively send a cheque to our Treasurer, Peter Furniss at 62 Feddon Hill, Fortrose, IV10 8SP.

Many thanks for your support.

Church Rotas

St Andrew's

Readers & Intercessors

H Ireland / S A Jackson / J MacLennan / J Deakin

Sides-men

Ann McGhee and Bill Fraser

Servers

Sacristan

Flowers

Teas

Cleaning

St John's