

SUNDAY

18th April 2021

Easter 3

Charity Number

SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



Alleluia, Christ is risen!

He is risen indeed! Alleluia!

EASTER 2 SERVICES

9:45am Eucharist in St Regulus' with Fr Mel

9:45am Eucharist in St John's with Rev Christine

11:30am Eucharist in St Andrew's with Fr Mel

(11:30am will be live streamed and the link emailed asap)

THE PROCLAMATION OF THE WORD

Collect

O God, your Son made himself known to his disciples in the breaking of bread. Open the eyes of our faith, that we may see him in his redeeming work, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

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THE PROCLAMATION OF THE WORD cont.

+ First Reading : Acts 3:12-19

Peter addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you.

"And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out."

This is the word of the Lord.

+ Psalm 4

When I call, answer me, O God of justice.

When I call, answer me, O God of justice.

Answer me when I call, O God, defender of my cause; you set me free when I am hard-pressed; have mercy on me and hear my prayer.

When I call, answer me, O God of justice.

"You mortals, how long will you dishonour my glory; how long will you worship dumb idols and run after false gods?"

When I call, answer me, O God of justice.

Know that the Lord does wonders for the faithful; when I call upon the Lord, he will hear me.

Tremble, then, and do not sin; speak to your heart in silence upon your bed.

When I call, answer me, O God of justice.

Offer the appointed sacrifices and put your trust in the Lord. Many are saying, "Oh, that we might see better times!"

When I call, answer me, O God of justice.

Lift up the light of your countenance upon us, O Lord. You have put gladness in my heart, more than when grain and wine and oil increase.

When I call, answer me, O God of justice.

I lie down in peace; at once I fall asleep; for only you, Lord, make me dwell in safety.

When I call, answer me, O God of justice.

+ Second Reading : 1 John 3:1-7

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure.

Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

This is the word of the Lord.

THE PROCLAMATION OF THE WORD - cont.

+ The Holy Gospel : Luke 24:36b-48

The Lord be with you.

And also with you.

Hear the Good News of our Lord Jesus Christ according to Saint Luke:

Glory to Christ our Saviour!

Jesus himself stood among the disciples and said to them, "Peace be with you." They were startled and terrified, and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence.

Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

Give thanks to the Lord for this his glorious Gospel.

Praise to Christ our Lord!

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the peace of Northern Ireland. For Justice and Peace in Myanmar, Yemen and the many other troubled places in the world. For an end to nuclear armaments. For patience in the face of this Pandemic. That we may truly look out for one another and especially the most vulnerable among us. For all suffering with Covid 19, for all our healthcare workers, for all shop workers, lorry drivers, and all on whom we depend for our safety, health and protection. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Church of Ireland.

OUR DIOCESE

For our brothers & sisters in the Porvoo Communion of Churches. For Pat E, Ross J, Tim H, Claire N, Colin P, Andrew P, Blayne P, their families and all who are studying for Ordination or Readership. For their instructors & all who support them. For Mark, our Bishop, and for our sisters & brothers of St Ninian's, Invergordon. For our sister Dioceses (Quebec, Canada & Tu-am, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For the soul of Prince Philip...For HM Queen Elizabeth, the Royal Family & all who mourn his passing. For our young people as they head back to school...and for our communities as pandemic restrictions begin to be relaxed. For Joyce. For Hayden & Louise. For those working with Samaritans, Mikey's Line & other help groups seeking to be there for those who are struggling. For those joining in worship online. Pray for all undergoing tests, awaiting results and undergoing treatment. Pray for all living with OCD, Asperger's, Autism and other conditions that make Covid restrictions particularly difficult. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teens and our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Spend a moment in silence and call to mind any particular concerns...then pray:

Let us pray to Christ, our life and our resurrection. – *Son of the living God, protect your people.*

We pray for your One, Holy, Catholic and Apostolic Church: may she reveal among the nations your kingdom of justice and holiness. – *Son of the living God, protect your people.*

We pray for all who are sick, sorrowful...for refugees, captives and exiles: show them your love, power and compassion. – *Son of the living God, protect your people.*

We pray for those who have lost you in the maze of life: let them know once more the joy of coming home. – *Son of the living God, protect your people.*

Crucified and risen Saviour, you will come again in judgement: be merciful to us sinners.

– *Son of the living God, protect your people.*

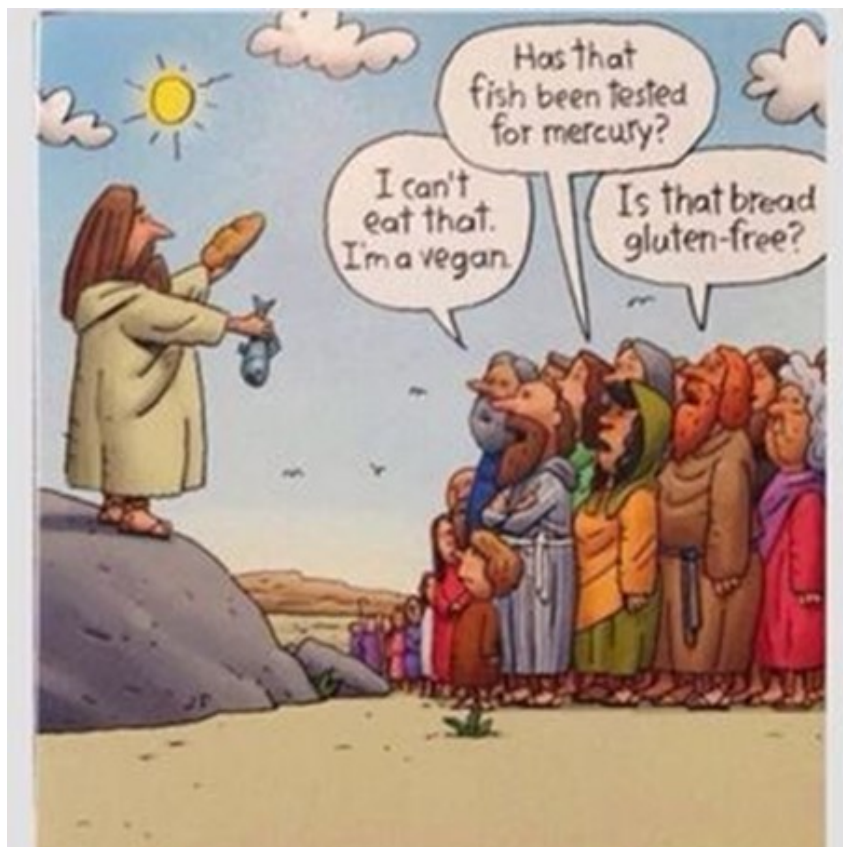
We pray for all the living, and for those who have left this world in the hope of the resurrection.

– *Son of the living God, protect your people.*

Conclude with the Lord's Prayer.

There would be no need for sermons if our lives were shining; there would be no need for words if we bore witness with our deeds; there would be no more pagans if we were true Christians

St John Chrysostom



AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

Alleluia! Christ is risen!

I must say I missed everyone last Sunday and all week. This sinus infection took a major turn for the worse last Saturday...I returned home after a lovely wee wedding and knew I was in no state to take services on Sunday. Thank goodness for Fr Arthur Sinclair being free and able to step in. It is already Wednesday as I write this...and I fear I do not feel a whole lot better...but I do think I am managing to keep the infection out of my chest! Yay! Please keep me in your prayers!

The sadness of the passing of Prince Philip will have touched so many. Please keep him, the Queen and all the family in your prayers. Easter is such a hope-filled time and never fails to remind us of the truth of our Lord's victory which is so beautifully expressed in the ancient hymn of the Church which I include here in Greek (Prince Philip as a Prince of Greece would have known this hymn well!) and English:

Χριστὸς ἀνέστη ἐκ νεκρῶν,
θανάτῳ θάνατον πατήσας,
καὶ τοῖς ἐν τοῖς μνήμασι,
ζῶν ἡμῶν χαρισάμενος!

Christ is risen from the dead,
trampling down death by death,
and upon those in the tombs
bestowing life!

25 April 21 : Easter 4 (Good Shepherd)

Eucharist

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

Reserved Sacrament Service

9:45am in St Regulus' with Eucharistic Minister Jill & Simon

Blessings to one and all. And much love too.

Mel +

If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!

DAILY PRAYER - I will be offering these prayers at:

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

9:00am Fridays : Celtic Morning Prayer (Via Zoom: Contact Gillian for info: annegilliannewman@gmail.com)

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12 noon Fridays : Stations of the Cross during Lent (live streamed and link emailed)

An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**CHARITY SHOP AND
SATURDAY COFFEE
MORNINGS CANCELLED
UNTIL FURTHER NOTICE**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.



Thought for today

Make a vow to live for now and not the unknown morrow.

Make the most of present joys expecting more to follow.

Your future lies in God's own hands. Be thankful it is so.

Surely there is nothing more you need to ask or know.

St John's Arrafeelie

Sunday 18th April 2021

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Church Rotas

St Andrew's

Readers & Intercessors

J Deakin - A Garraway - M Hulse - H Ireland

Sides-men

Ann McGhee and Alison Garraway

Servers

Sacristan

Flowers

Teas

Cleaning

St John's