

**SUNDAY**  
**17th January 2021**  
**Epiphany 1**  
**Charity Number**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



## THE PROCLAMATION OF THE WORD

### Collect

Almighty God, your Son our Saviour Jesus Christ is the light of the world. May your people, illumined by your word and sacraments, shine with the radiance of his glory, that he may be known, worshipped, and obeyed to the ends of the earth; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

### + First Reading : 1 Samuel 3:1-20

Now the boy Samuel was ministering to the Lord under Eli. The word of the Lord was rare in those days; visions were not widespread.

At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his room; the lamp of God had not yet gone out, and Samuel was lying down in the temple of the Lord, where the ark of God was. Then the Lord called, "Samuel! Samuel!" and he said, "Here I am!" and ran to Eli, and said, "Here I am, for you called me." But he said, "I did not call; lie down again." So he went and lay down. The Lord called again, "Samuel!" Samuel got up and went to Eli, and said, "Here I am, for you called me." But he said, "I did not call, my son; lie down again." Now Samuel did not yet know the Lord, and the word of the Lord had not yet been revealed to him. The Lord called Samuel again, a third time. And he got up and went to Eli, and said, "Here I am, for you called me." Then Eli perceived that the Lord was calling the boy. Therefore Eli said to Samuel, "Go, lie down; and if he calls you, you shall say, 'Speak, Lord, for your servant is listening.'" So Samuel went and lay down in his place. Now the Lord came and stood there, calling as before, "Samuel! Samuel!" And Samuel said, "Speak, for your servant is listening." [Then the Lord said to Samuel, "See, I am about to do something in Israel that will make both ears of anyone who hears of it tingle. On that day I will fulfill against Eli all that I have spoken concerning his house, from beginning to end. For I have told him that I am about to punish his house forever, for the iniquity that he knew, because his sons were blaspheming God, and he did not restrain them. Therefore I swear to the house of Eli that the iniquity of Eli's house shall not be expiated by sacrifice or offering forever."]

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## THE PROCLAMATION OF THE WORD cont.

Samuel lay there until morning; then he opened the doors of the house of the Lord. Samuel was afraid to tell the vision to Eli. But Eli called Samuel and said, "Samuel, my son." He said, "Here I am." Eli said, "What was it that he told you? Do not hide it from me. May God do so to you and more also, if you hide anything from me of all that he told you." So Samuel told him everything and hid nothing from him. Then he said, "It is the Lord; let him do what seems good to him." As Samuel grew up, the Lord was with him and let none of his words fall to the ground. And all Israel from Dan to Beer-sheba knew that Samuel was a trustworthy prophet of the Lord.]

This is the word of the Lord.

### + Psalm 139:1-5, 12-17

How deep I find your thoughts, O God!

**How deep I find your thoughts, O God!**

Lord, you have searched me out and known me; you know my sitting down and my rising up; you discern my thoughts from afar.

**How deep I find your thoughts, O God!**

You trace my journeys and my resting-places and are acquainted with all my ways. Indeed, there is not a word on my lips, but you, O Lord, know it altogether.

**How deep I find your thoughts, O God!**

You press upon me behind and before and lay your hand upon me. Such knowledge is too wonderful for me; it is so high that I cannot attain to it.

**How deep I find your thoughts, O God!**

For you yourself created my inmost parts; you knit me together in my mother's womb. I will thank you because I am marvellously made; your works are wonderful, and I know it well.

**How deep I find your thoughts, O God!**

My body was not hidden from you, while I was being made in secret and woven in the depths of the earth.

**How deep I find your thoughts, O God!**

Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; they were fashioned day by day, when as yet there was none of them.

**How deep I find your thoughts, O God!**

How deep I find your thoughts, O God! how great is the sum of them! If I were to count them, they would be more in number than the sand; to count them all, my life span would need to be like yours.

**How deep I find your thoughts, O God!**

### + Second Reading : 1 Corinthians 6:12-20

"All things are lawful for me," but not all things are beneficial. "All things are lawful for me," but I will not be dominated by anything. "Food is meant for the stomach and the stomach for food," and God will destroy both one and the other. The body is meant not for fornication but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us by his power. Do you not know that your bodies are members of Christ? Should I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that whoever is united to a prostitute becomes one body with her? For it is said, "The two shall be one flesh." But anyone united to the Lord becomes one spirit with him. Shun fornication! Every sin that a person commits is outside the body; but the fornicator sins against the body itself. Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.

This is the word of the Lord.

## THE PROCLAMATION OF THE WORD - cont.

### + The Holy Gospel : John 1:43-51

The Lord be with you.

**And also with you.**

The Beginning of the Good News of our Lord Jesus Christ  
according to St John:

**Glory to Christ our Saviour!**

Jesus decided to go to Galilee. He found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." When Jesus saw Nathanael coming toward him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you get to know me?" Jesus answered, "I saw you under the fig tree before Philip called you." Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

Give thanks to the Lord

for this his glorious Gospel.

**Praise to Christ our Lord.**

forever and ever. Amen.

**If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!**

**PRAYER REQUESTS** - That we may be ever watchful for the daily Epiphanies God provides us. For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

**OUR WORLD** - For our sisters and brothers of every tradition and for the peace and unity of the Body of Christ – His Church – as we enter the Week of Prayer for Christian Unity! For greater patience in the face of this Pandemic. That we may truly look out for one another and especially show most vulnerable among us. For all suffering with Covid 19, for all our healthcare workers, for all working for a cure, for all shop workers, lorry drivers, all we are depending on for our safety, health and protection and all living in fear of it. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

**OUR COMMUNION** - Pray for the peace and unity of the Church. Pray for our sisters and brothers of the Church in Australia.

**OUR DIOCESE** - For our brothers & sisters in the Diocese of Aberdeen & Orkney. For our brothers & sisters of the Diocese of Argyll & the Isles as they elect a new Bishop. For all our brothers & sisters in the Porvoo Communion of Churches. For Rachael W, Sandra W, Fr Graham T, Bp Kevin, Dr John MacN S, Fr Ian B, Godwin C, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop, and for our sisters and brothers of St Andrew's Cathedral, Inverness. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

**OUR CHURCH & COMMUNITY FAMILY & FRIENDS** - For those gathering in church and those joining in online. Pray for all undergoing tests, awaiting results and undergoing treatment. Pray for Robbie and all living with OCD, Asperger's, Autism and other conditions that make Covid restrictions particularly difficult. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

### **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

Let us unite ourselves with all Christians, praising the Father and asking for his protection;

*– Heavenly Father, hear your children.*

Father, help those who search for an unknown God; and let them discover the light of Christ.

*– Heavenly Father, hear your children.*

Look in mercy on those who adore you as the one and only God; show them that you are always close.

*– Heavenly Father, hear your children.*

Remember all your children throughout the world; see that they never stray far from you.

*– Heavenly Father, hear your children.*

Send your angels to protect all your children; save them from a sudden and unprepared death.

*– Heavenly Father, hear your children.*

Bring the dead to the vision of your glory; give them eternal happiness in your presence.

*– Heavenly Father, hear your children.*

*Conclude with the Lord's Prayer.*

## AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

On Monday the 18<sup>th</sup>, the Feast of the Confession of St Peter, we will enter the Week of Prayer for Christian Unity. A year ago, we joined with the Church of Scotland of Killearnan & Knockbain for a “Unity Walk” from St John’s, Arpafeelie to Knockbain Church. It was a lovely day and we had a wonderful time together. It was a little thing, as they say, but a good thing. It is good to have this yearly reminder to pray for one another...and explore way, despite our differences, to work more closely together.

Please join me, this week, in praying for our brothers and sisters of various denomination who worship with us, in the mystical Body of Christ, each week....just in different ways and in different places....the Church of Scotland...the Free Church...the Congregational Church...the Roman Catholic Church... By virtue of our common Baptism, we are One in Him...let us never forget that.

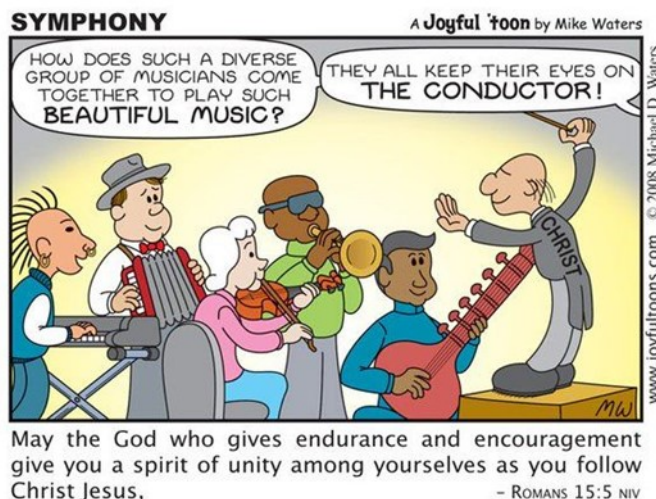
### HERE IS A USEFUL PRAYER FOR THE WEEK...PRAY IT DAILY

Lord Jesus,  
who prayed that we might all be one,  
we pray to you  
for the unity of Christians,  
according to your will,  
according to your means.  
May your Spirit enable us to experience  
the suffering caused by division,  
to see our sin  
and to hope beyond all hope.  
Amen.

Please keep safe and well. Epiphanytide Blessings to one and all.

And much love too.

Mel +



## **DAILY PRAYER - I will be offering these prayers at:**

### **I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

(but time varies depending on how tuckered out  
the Rector is haha)

9 am Eucharist on Tuesdays (Facebook Messenger\*)

9 am Eucharist on Thursdays (Facebook Messenger\*)

\* If you'd like to be added to the Tues and Thurs Eucharists via Facebook Messenger, let me know. But you will have to be in FB and Messenger for that to work.

9:30am Celtic Morning Prayer (Via Zoom: Contact Richard for info: richard@nesscottage.scot)

## **SUNDAY EUCHARIST - (only live-streamed till further notice)**

### **17 January : Epiphany 2**

10:30am : Live streamed on Facebook and the link emails to all ASAP.

### **An Act of Spiritual Communion**

My Jesus, I believe you are truly present in this Most Holy Sacrament  
of your Body and Blood, and since I cannot, at this time, receive you in

Holy Communion, I pray you to come into my heart.

I unite myself with you and embrace you with all my heart, my soul, and my mind.

Let nothing separate me from you. In whose Name I pray.

Amen.

### **Or - Anima Christi**

Soul of Christ, sanctify me. Body of Christ, save me.

Blood of Christ, inebriate me. Water from the side of Christ, cleanse me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds hide me.

Never let me be separated from Thee.

From the malicious enemy, defend me.

At the hour of death, call me.

And bid me come to Thee.

That with Thy saints I may praise Thee,



**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**CHARITY SHOP AND  
SATURDAY COFFEE  
MORNINGS CANCELLED  
UNTIL FURTHER NOTICE**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

**Highland Foodbank**

### **Thought for today**

*And though I bestow all my goods to feed the poor,  
and although I give my body to be burned, and have  
not charity, it profiteth me nothing*

*St Paul*

# **St John's Arrafeelie**

**Sunday 10th January 2021**

**10 January : BAPTISM OF THE LORD**

10:30am : Live streamed on Facebook and the link emails to all ASAP.



**Notices**



# **Church Rotas**

## **St Andrew's**

**Readers & Intercessors**

**Sides-men**

**Servers**

**Sacristan**

**Flowers**

**Teas**

**Cleaning**

## **St John's**