

**SUNDAY**  
**27th December 2020**  
**Holy Family**  
**Charity Number**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



## THE PROCLAMATION OF THE WORD

### Collect

Father in heaven, creator of all, you ordered the earth to bring forth life, and crowned its goodness by creating the family of humankind. In history's moment when all was ready you sent your Son to dwell in time, obedient to the laws of life in our world. Teach us the sanctity of human love, show us the value of family life, and help us to live in peace with all people that we may share in your life forever. We ask this through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit; one God, now and for ever. Amen.

### + First Reading : Isaiah 61:10-62:3

I will greatly rejoice in the LORD,  
my whole being shall exult in my God;

for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots,  
and as a garden causes what is sown in it to spring up, so the Lord GOD will cause righteousness and praise to spring up before all the nations.

For Zion's sake I will not keep silent, and for Jerusalem's sake I will not rest, until her vindication shines out like the dawn, and her salvation like a burning torch. The nations shall see your vindication, and all the kings your glory;

and you shall be called by a new name that the mouth of the LORD will give. You shall be a crown of beauty in the hand of the LORD,  
and a royal diadem in the hand of your God.

This is the word of the Lord.

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## THE PROCLAMATION OF THE WORD

### + Psalm 105:1-6,8-9

He, the Lord, is our God. He remembers his covenant for ever.

**He, the Lord, is our God. He remembers his covenant for ever.**

Give thanks to the Lord, tell his name, make known his deeds among the peoples. O sing to him, sing his praise; tell all his wonderful works!

**He, the Lord, is our God. He remembers his covenant for ever.**

Be proud of his holy name, let the hearts that seek the Lord rejoice. Consider the Lord and his strength; constantly seek his face.

**He, the Lord, is our God. He remembers his covenant for ever.**

Remember the wonders he has done, his miracles, the judgements he spoke. O children of Abraham, his servant, O sons of the Jacob he chose.

**He, the Lord, is our God. He remembers his covenant for ever.**

He remembers his covenant for ever, his promise for a thousand generations, the covenant he made with Abraham, the oath he swore to Isaac.

**He, the Lord, is our God. He remembers his covenant for ever.**

### + Second Reading : Galatians 4:4-7

But when the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!' So you are no longer a slave but a child, and if a child then also an heir, through God.

This is the word of the Lord.

## THE PROCLAMATION OF THE WORD - cont.

### ♦ The Holy Gospel : Luke 2:22-40

The Lord be with you.

**And also with you.**

Hear the Good News of our Lord Jesus Christ

according to St Luke:

**Glory to Christ our Saviour!**

When the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, 'Every firstborn male shall be designated as holy to the Lord'), and they offered a sacrifice according to what is stated in the law of the Lord, 'a pair of turtle-doves or two young pigeons.'

Now there was a man in Jerusalem whose name was Simeon; this man was righteous and devout, looking forward to the consolation of Israel, and the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Messiah. Guided by the Spirit, Simeon came into the temple; and when the parents brought in the child Jesus, to do for him what was customary under the law, Simeon took him in his arms and praised God, saying,

'Master, now you are dismissing your servant in peace, according to your word;  
for my eyes have seen your salvation, which you have prepared in the presence of all peoples,  
a light for revelation to the Gentiles  
and for glory to your people Israel.'

And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.'

There was also a prophet, Anna the daughter of Phanuel, of the tribe of Asher. She was of a great age, having lived with her husband for seven years after her marriage, then as a widow to the age of eighty-four. She never left the temple but worshipped there with fasting and prayer night and day. At that moment she came, and began to praise God and to speak about the child to all who were looking for the redemption of Jerusalem.

When they had finished everything required by the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favour of God was upon him.

Give thanks to the Lord

for this his glorious Gospel.

**Praise to Christ our Lord.**

## **PRAYER REQUESTS**

**That we may continue to enjoy a safe, peace-filled, joyous and blessed Christmas despite the current situation!** For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For those travelling to be with loved ones and for those who are not able. For patience in the face of this Pandemic. For all places where Covid 19 and other diseases are on the rise. For all in leadership in health care and government and for the Spirit's. For all suffering with Covid 19, for all our healthcare workers, for all working for a cure, for all shop workers, lorry drivers, all we are depending on for our safety, health and protection and all living in fear of it. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters and brothers of other Christian traditions...Pope Francis & his people / Patriarch Bartholomew & his people / The General Secretary of the World Council of Churches / Bishop Ivan Abrahams, Gen Sec of the World Methodist Council / The Rev Chris Ferguson, Gen Sec of the World Communion of Reformed Churches.

## **OUR DIOCESE**

For all our brothers & sisters in the Porvoo Communion of Churches. For Rachael W, Sandra W, Canon Graham T, Bishop Kevin, Dr John McN S, Fr Ian B, Godwin C, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St John's, Forres. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For St John's, Arpafeelie whose Patronal Feast is today! For God's blessing upon our three congregations as we celebrate our Lord's Birth. For those gathering in church and those joining in online. Pray for all undergoing tests, awaiting results and undergoing treatment. Pray for Robbie and all living with OCD, Asperger's, Autism and other conditions that make Covid restrictions particularly difficult. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## **A DAILY PRAYER for the WEEK**

## **A DAILY PRAYER for the WEEK**

*Spend a moment in silence and call to mind any particular concerns...then pray:*

Let us adore the Son of the living God, who became a son in a human family.

– *Lord Jesus, bless our families.*

By your obedience to Mary and Joseph, teach us how to respect proper authority and order.

– *Lord Jesus, bless our families.*

By the love that filled your home, give our families the grace of loving harmony and peace.

– *Lord Jesus, bless our families.*

Your first intent was the honour of your Father. May God be the heart of all our family life.

– *Lord Jesus, bless our families.*

Your parents found you teaching in your Father's house. Help us, like you, to seek first the Father's will.

– *Lord Jesus, bless our families.*

By your reunion with Mary and Joseph in the joy of heaven, welcome our dead into the family of the saints.

– *Lord Jesus, bless our families.*

*Conclude with the Lord's Prayer.*

Margaret and Linda's sales table that have been prominent over the past two or three weeks have really excelled this year. As a result of their hard work and your generosity, they have been able to donate £800 to Highland Hospice with a further £178 being credited to the Charity Shop.

Congratulations to them both on a job well done..

The Charity Shop was due to reopen in the New Year but that has now been postponed thanks to the Government raising the Highlands from Level 1 to Level 4.

Details will be published in the newsletter whenever it is able to reopen but, in the meantime, please don't leave any bags outside the shop as there will be nobody in the shop at present.

## AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

Here we are – Day 3 French Hens Day

God's people have gathered. Christmas Eucharists have been celebrated and Holy Communion received. The Angels have been made glad. We missed the singing but the humming was divine. And as strange as it all was, we cradled our Lord in our hands for a moment...as surely as Mary held him in her arms...and the received his precious Body and Blood into our lives. Christ is Born. Glorify Him!. This Sunday we will keep the Feast of the Holy Family while giving honourable mention to the Blessed St John the Evangelist as well. The Mystery of the Word made flesh...the Family of Jesus, Mary and Joseph...teaching us so very much!

I hope your festivities have brought much happiness and I trust we have all found ways to be present with one another...even if over a distance. Christmas Blessings to one and all.

And much love too.

Mel +

### DAILY PRAYER...

**I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

8:30am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

(but time varies depending on how tuckered out the Rector is haha)

9 am Eucharist on Tuesdays (Facebook Messenger\*)

9 am Eucharist on Thursdays (Facebook Messenger\*)

\* If you'd like to be added to the Tues and Thurs you will have to be in FB and Messenger for that to

Eucharists via Facebook Messenger, let me know. But work.

9:30am Celtic Morning Prayer (Via Zoom: Contact Richard for info: [richard@nesscottage.scot](mailto:richard@nesscottage.scot))



## **SUNDAY EUCHARIST**

**27 December : Christmas 1**

**No Public Services** (post Christmas cleaning required)

**10am Eucharist live-streamed on Facebook with link being made available for viewing after..via email.**

**3 January : Christmas 2**

9:45am Eucharist in St John's

9:45am Communion from the Reserved Sacrament in St Regulus'

11:30am Eucharist in St Andrew's (live streamed)

### **An Act of Spiritual Communion**

My Jesus, I believe you are truly present in this Most Holy Sacrament  
of your Body and Blood, and since I cannot, at this time, receive you in  
Holy Communion, I pray you to come into my heart.

I unite myself with you and embrace you with all my heart, my soul, and my mind.

Let nothing separate me from you. In whose Name I pray.

Amen.

### **Or - Anima Christi**

Soul of Christ, sanctify me. Body of Christ, save me.

Blood of Christ, inebriate me. Water from the side of Christ, cleanse me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds hide me.

Never let me be separated from Thee.

From the malicious enemy, defend me.

At the hour of death, call me.

And bid me come to Thee.

That with Thy saints I may praise Thee,  
forever and ever. Amen.

**If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!**



**CROMARTY SUNDAY CLUB, THE WEST  
CHURCH & ST REGULUS BRING YOU THE**

**CROMARTY**

**ADVENT WINDOW**

**TRAIL**

Look out for a new  
Advent window each  
day, following the  
Christmas story around  
Cromarty as we lead up  
to Christmas

**FOLLOW US ON  
FACEBOOK at  
Cromarty Advent  
Window Trail**

**1ST DECEMBER  
2020 - 3RD  
JANUARY 2021**





**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**SATURDAY COFFEE  
MORNINGS CANCELLED  
UNTIL FURTHER NOTICE**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

### **TINNED VEGETABLES**

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

**Highland Foodbank**

### **Thought for today**

*Let the Old Year pass away. Mourn not, but greet the new.*

*Turn your eyes in faith towards the peaks that beckon you.*

*Know that you'll be guided safely down the unmapped road;*

*Given light to see your way and strength to bear your load*

# St John's Arpafeelie

**Sunday 27th December - 09.45**

**No Public Services** (post Christmas cleaning required)

**10am Eucharist live-streamed on Facebook with link being made available for viewing after..via email.**



**Diocesan Prayer Cycle -**

**Porvoo Cycle -**

## **Notices**

### **Visitor Details**

Should you have any visitors attending your church you need to get their details for the Track and Trace list. You need to get their Name, Phone Number, and note the date of their visit and email this, **ALONG** with the regular congregation's names who were in attendance, every Sunday after the service to Ramsay.

This allows Ramsay to be the point of contact for the Track and Trace system for The Charge should any member be unfortunate enough to get the disease.

For those attending church during the Covid outbreak we have an information sheet for you to assess your personal risk with an explanation attached. This is used within the NHS and other Churches. We **DO NOT** want to know your personal score but would ask that you confirm either by email or in writing that you have received and read the form. Spare copies will be available in church for visitors etc.

Stewards and Co-ordinators need to ensure that details of everyone who attended the service are passed to the Vestry Secretary by email by each Sunday night. This needs to be undertaken to meet the Track and Trace section of the legislation.

# **Church Rotas**

## **St Andrew's**

**Readers & Intercessors**

**Sides-men**

**Servers**

**Sacristan**

**Flowers**

**Teas**

**Cleaning**

## **St John's**