

SUNDAY

8th November 2020

Remembrance Sunday

Charity Number

SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

Collects

God of power and mercy, you destroy war and put down earthly pride. Violence and cruelty can have no part with you. May those who are at peace with one another hold fast to the good will that unites them. May those who are enemies forget their hatred and be healed. Banish violence from our midst and wipe away our tears that we may all deserve to be called your sons and daughters.

We ask this through Jesus Christ our Lord who lives and reigns with you, O Father and the Holy Spirit, One God, now and for ever.

Almighty and eternal God, from whose love in Christ we cannot be parted, either by death or life: Hear our prayers and thanksgivings for all whom we remember this day; fulfil in them the purpose of your love; and bring us all, with them, to your eternal joy; through Jesus Christ our Lord.

+ First Reading : Micah 4:1-5

In days to come the mountain of the LORD's house shall be established as the highest of the mountains, and shall be raised up above the hills. Peoples shall stream to it, and many nations shall come and say: 'Come, let us go up to the mountain of the LORD, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths.'

For out of Zion shall go forth instruction, and the word of the LORD from Jerusalem. He shall judge between many peoples, and shall arbitrate between strong nations far away; they shall beat their swords into ploughshares, and their spears into pruning-hooks; neither shall they learn war any more; but they shall all sit under their own vines and under their own fig trees, and no one shall make them afraid; for the mouth of the LORD of hosts has spoken. For all the peoples walk, each in the name of its god, but we will walk in the name of the LORD our God for ever and ever.

This is the word of the Lord.

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THE PROCLAMATION OF THE WORD - cont.

+ Psalm 85 (Verses)

Righteousness shall go before him, and peace shall be a pathway for his feet.

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You have been gracious to your land, O Lord, you have restored the good fortune of Jacob. You have forgiven the iniquity of your people and blotted out all their sins.

Righteousness shall go before him, and peace shall be a pathway for his feet.

You have withdrawn all your fury and turned yourself from your wrathful indignation. Restore us then, O God our Saviour; let your anger depart from us.

Righteousness shall go before him, and peace shall be a pathway for his feet.

Will you not give us life again, that your people may rejoice in you? Show us your mercy, O Lord, and grant us your salvation. I will listen to what the Lord God is saying, for he is speaking peace to his faithful people and to those who turn their hearts to him.

Righteousness shall go before him, and peace shall be a pathway for his feet.

Truly, his salvation is very near to those who fear him, that his glory may dwell in our land. Mercy and truth have met together; righteousness and peace have kissed each other.

Righteousness shall go before him, and peace shall be a pathway for his feet.

Truth shall spring up from the earth, and righteousness shall look down from heaven. The Lord will indeed grant prosperity, and our land will yield its increase.

Righteousness shall go before him, and peace shall be a pathway for his feet.

+ Second Reading : James 3:13-18

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace.

This is the word of the Lord.

+ The Holy Gospel : John 15:9-17

As the Father has loved me, so I have loved you; abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. I have said these things to you so that my joy may be in you, and that your joy may be complete.

'This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For God's blessing upon all who labour for peace in the world. For those of our nation who have made the supreme sacrifice in that cause...and for all who continues to bear the scars...outwardly and inwardly. For the men and women of our Armed Forces.

For all places where Covid 19 and other diseases are on the rise. For all in leadership in health care and government and for the Spirit's guidance re the ending of lockdown. For all suffering with Covid 19, for all our healthcare workers, for all working for a cure, for all shop workers, lorry drivers, all we are depending on for our safety, health and protection and all living in fear of it. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray our brothers and sisters of the Church in West Indies : Archbishop Howard Gregory.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Colin P, Andrew P, Blayne P, Lesley P, Fredinand vP, Roberta R, Louose S, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St. Mary the Virgin, Ullapool; St. Gilbert's Kinlochbervie; St. Gilbert's Lochinver; St. Boniface Achiltibuie; St. Mary by the Cross, Tongue. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For our three congregations, those who are able to join us in public worship and those joining us in spirit from home. Pray for all undergoing tests, awaiting results and undergoing treatment. Pray for Robbie and all living with OCD, Asperger's, Autism and other conditions that make Covid restrictions particularly difficult. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Christ is the high priest of his people: it is in him that we come together to make our prayer to the Father of us all.

– *Father, put new hearts within us.*

We thank you for calling us into the Church: bless us with constant faith, and make it a source of life for others.

– *Father, put new hearts within us.*

Lord, bless Mark, our Bishop and Primus: we pray that his faith may not fail, and that he may strengthen his sisters and brothers.

– *Father, put new hearts within us.*

Turn sinners back to you: grant us a humble and contrite heart.

– *Father, put new hearts within us.*

Your Son knew what it was to be excluded from his homeland. Be mindful of those who must live far from their family and country.

– *Father, put new hearts within us.*

Give eternal rest to the dead: bring the whole Church together in heaven.

– *Father, put new hearts within us.*

Conclude with the Lord's Prayer.

DAILY PRAYER...

I will be offering these prayers at:

7 am : Invitatory & Office of Readings

9 am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm (but varies) : Night Prayer aka Compline

7 pm Eucharist on Tuesdays (Facebook Messenger*)

10 am Eucharist on Thursdays (Facebook Messenger*)

* If you'd like to be added to the Tues and Thurs Eucharists via Facebook Messenger, let me know. But you will have to be in FB and Messenger for that to work.

9:30am Celtic Morning Prayer (Via Zoom: Contact Richard for info: richard@nesscottage.scot)

SUNDAY EUCHARIST

8 November : Remembrance Sunday

9:45am in St John's with Fr Arthur

9:45am in St Regulus' with Fr Mel

11:30am in St Andrew's with Fr Mel

15 November : Pentecost 24

9:45am Reserved Sacrament Service

in St Regulus' with Patsy.

9:45am in St John's with Fr Mel

11:30am in St Andrew's with Fr Mel

Do not be daunted
by the enormity
of the world's grief.
Do justly, now.
Love mercy, now.
Walk humbly, now.
You are not obligated
to complete the work,
but neither are you free
to abandon it.

- the Talmud

AS THE CHURCH DEPLOYED - LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

It has been a very moving week so far as we celebrated All Saints and then All Souls remembering our loved ones in prayer and commending them, once again to our loving God in that lace where sorrow and pain are not more...and every tear wiped away. And remember continues those Sunday as we reverently call to mind all who made the supreme sacrifice in wars and conflicts...and those who continue to bear the scars...outwardly and inwardly. It is a month full of emotion...and we need to remember that our tears are liquid love...while we rededicate ourselves to being children of God – peacemakers.

After this coming Sunday we only have the 15th and then the 22 is Christ the King! That means Sunday the 29th is the beginning of the Church's new year – Advent Sunday! Perhaps we might all, loosely, do out **Reverse Advent Calendar** and start filling our boxes with things for the Foodbank...aiming to deliver our donation to them by 8 December for Christmas delivery?

Much love to all!

Mel +



An Act of Spiritual Communion

My Jesus,
I believe you are truly present
in this Most Holy Sacrament
of your Body and Blood,
and since I cannot, at this time, receive you in
Holy Communion,
I pray you to come into my heart.
I unite myself with you and embrace you
with all my heart, my soul, and my mind.
Let nothing separate me from you.
In whose Name I pray.
Amen.

OR

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, cleanse me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Never let me be separated from Thee.
From the malicious enemy, defend me.
At the hour of death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee,
forever and ever. Amen.

If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!

REVERSE
ADVENT CALENDAR

It was a big hit last year....but,
you'll all remember the goods needed to be collected
by the FIRST SUNDAY IN DECEMBER

SO
please start today (8 NOVEMBER)
and bring all
you have collected each day
to our churches for the
6th of DECEMBER
And we will make sure they reach
where they are needed

Feel free to add Christmassy treats...mince pies, cranberry sauce, shortbreads, etc.



Dear Friends,

Remembrance Day 2020 - Paying our Respects from Home

Last year several of you generously gave towards Poppy Scotland by purchasing a poppy cross which was laid down at Fortrose Cathedral. Later I brought them home, as I had promised you I would, to keep them safe for this year. Unfortunately, due to restrictions in place due to Covid-19, we cannot do this again this year collectively. I am very willing to lay them down on your behalf, if you are happy for me to do so, in the same format which was used last year and at an appropriate time which adheres to the COVID-19 restrictions, probably before 11th November. If, however, you would prefer to do this yourself please contact me to arrange collection of your poppy cross so that you can lay it down yourself at a time when no one else is present.

Raising funds for Poppy Scotland has been more difficult than usual this year, but the need for funds is more crucial than ever. If you would like to make a donation to Poppy Scotland please do so through the following official link whereby your donation will be credited to the Black Isle collection:

<https://www.justgiving.com/fundraising/ao-fortrose>

Observance of this historic date remains as important as ever; the work of Poppy Scotland remains as vital as ever. As with so much this year we will have to show our support and pay our respects from the safety of our own homes.

Thank you.

Diana Hamilton-Jones

diana_hamilton_jones@hotmail.com





Have you tried knitting? Then enter our knitting competition!

Win a prize in our knitting competition for all children on the Black Isle.

Please send a photograph of your knitted item with your name, age and school to kyrie@ibnetworks.net by **21 December 2020**. The prizes are funded by the Karen Napier Fund and the categories are:

1st, 2nd and 3rd prizes for children aged seven years and under;

1st, 2nd and 3rd prizes for children aged eight years up to 11 years of age.

We also have a prize for best adult beginner too, for those who started knitting in 2020. Winners will be chosen by an independent panel based on technique, creativity and colour. Good luck!



OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



**SATURDAY COFFEE
MORNINGS AND CHARITY
SHOP BOTH CANCELLED
UNTIL FURTHER NOTICE**

The Books and cards normally on sale at the back of St Andrew's are not available during the present restrictions.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

The food bank team are always very appreciative of our donations, but at the moment they have excess pasta, tinned soup and tinned beans, so won't be accepting more of these at present.

The items on our list are still things that they need more of, also individually wrapped toothbrushes, toothpaste, deodorant, sugar and toilet roll.

Thanks for all your ongoing generosity.

Highland Foodbank

Thought for today

There's a meaning in life's mystery, its raptures and despairs.

There's a reason for our sorrows, for our losses and cares.

There's a purpose in life's journey if with faith we bear our load;

And the hope of God's forgiveness at the ending of the road

St John's Arpafeelie

Sunday 7th November - 09.45



Diocesan Prayer Cycle -

Porvoo Cycle -

Notices

Visitor Details

Should you have any visitors attending your church you need to get their details for the Track and Trace list. You need to get their Name, Phone Number, and note the date of their visit and email this, **ALONG** with the regular congregation's names who were in attendance, every Sunday after the service to Ramsay.

This allows Ramsay to be the point of contact for the Track and Trace system for The Charge should any member be unfortunate enough to get the disease.

For those attending church during the Covid outbreak we have an information sheet for you to assess your personal risk with an explanation attached. This is used within the NHS and other Churches. We **DO NOT** want to know your personal score but would ask that you confirm either by email or in writing that you have received and read the form. Spare copies will be available in church for visitors etc.

Stewards and Co-ordinators need to ensure that details of everyone who attended the service are passed to the Vestry Secretary by email by each Sunday night. This needs to be undertaken to meet the Track and Trace section of the legislation.



Church Rotas

St Andrew's

Readers & Intercessors

R McGhee / J Deakin / A Garraway / H Ireland

Sides-men

Ann McGhee and Bill Fraser

Servers

Sacristan

Flowers

Teas

Cleaning

St John's