

# MOST HOLY TRINITY

7 June 2020



**Eaglais Easbaigeach na h-Alba san Eilean Dubh  
The Scottish Episcopal Church on the Black Isle**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafelie + St Andrew's, Fortrose

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## RECEIVING HOLY COMMUNION

**EVERYONE WHO IS BAPTISED IS WELCOME**

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing

(simply come forward with hands together and head bowed as a sign to the priest).

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## THE PROCLAMATION OF THE WORD

### Collect

Father, we praise you: through your Word and Holy Spirit you created all things. You reveal your salvation in all the world by sending to us Jesus Christ, the Word made flesh. Through your

Holy Spirit you give us a share in your life and love. Fill us with the vision of your glory, that we may always serve and praise you, Father, Son and Holy Spirit, one God, for ever and ever.

### + First Reading : Genesis 1:1-2:4a

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, "Let there be a dome in the midst of the waters, and let it separate the waters from the waters." So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, "Let the waters under the sky be gathered together into one place, and let the dry land appear." And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, "Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it." And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, "Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth." And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, "Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky." So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And

God saw that it was good. God blessed them, saying, "Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth." And there was evening and there was morning, the fifth day.

And God said, "Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind." And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, "Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth."

So God created humankind in his image, in the image of God he created them; male and female he created them.

God blessed them, and God said to them, "Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth." God said, "See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food." And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

### **Psalm 8:1-5**

Let us bless the Father, the Son  
and the Holy Spirit:

Let us praise and exalt God  
above all, forever.

**Let us bless the Father, the Son  
and the Holy Spirit:**

**Let us praise and exalt God  
above all, forever.**

O Lord our Governor,  
how exalted is your Name in all the world!  
Out of the mouths of infants and children  
your majesty is praised above the heavens.

**Let us bless the Father, the Son  
and the Holy Spirit:**

**Let us praise and exalt God  
above all, forever.**

You have set up a stronghold  
against your adversaries,  
to quell the enemy and the avenger.  
When I consider your heavens,  
the work of your fingers,  
the moon and the stars  
you have set in their courses,

**Let us bless the Father, the Son  
and the Holy Spirit:**

**Let us praise and exalt God  
above all, forever.**

What is man that you should be mindful of him?  
the son of man that you should seek him out?

**Let us bless the Father, the Son  
and the Holy Spirit:**

**Let us praise and exalt God  
above all, forever.**

### **+ Second Reading : 2 Corinthians 13:11-13**

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss.

All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

### **Gradual Hymn**

### **+ The Holy Gospel : Matthew 28:16-20**

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

### **PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## OUR WORLD

For all in leadership in health care and government and for the Spirit's guidance re the ending of lockdown. For all suffering with Covid 19, for all our healthcare workers, for all working for a cure, for all shop workers, lorry drivers, all we are depending on for our safety, health and protection and all living in fear of it. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters & brothers of the Church of Mexico : Bishop Francisco Moreno.

## OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Valerie C, Rebekah C, Joshua C, Lisa C, Jackie F, Paul H, Ross J, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St John's, Inverness & St Michael's, Inverness. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## OUR CHURCH & COMMUNITY

### FAMILY & FRIENDS

Pray for all whose weddings and baptisms have had to be postponed. For one another as we live through this challenging time...especially those who are experiencing a profound loneliness. For the good health and safety of all. For Isaac & family. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.



## A DAILY PRAYER for the WEEK

Father, through your Holy Spirit you gave Christ your Son to us in the flesh, so that we might have life through him. Filled now with that life, we

raise our hearts in praise of the Holy Trinity, saying:

– *Glory be to the Father and to the Son and to the Holy Spirit.*

Father almighty, eternal God, in the name of your Son send your Holy Spirit upon the Church: may the Comforter preserve us in unity, harmony and the fullness of truth.

– *Glory be to the Father and to the Son and to the Holy Spirit.*

Lord, send your labourers into the harvest to teach all nations and baptize them in the name of the Father and of the Son and of the Holy Spirit: strengthen them all in the faith.

– *Glory be to the Father and to the Son and to the Holy Spirit.*

Lord, support all those who suffer persecution on account of their faith in your Son: give them the Spirit of truth who will, according to his promise, speak through them.

– *Glory be to the Father and to the Son and to the Holy Spirit.*

Father almighty, all acknowledge that you, the Word and the Spirit are one: as we believe in one God, so may we hope in you and love you.

– *Glory be to the Father and to the Son and to the Holy Spirit.*

Father of the living, bring those who have died to share your glory: with your Son and the Holy Spirit may they reign eternally with you in heaven.

– *Glory be to the Father and to the Son and to the Holy Spirit.*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God. Conclude with the Lord's Prayer.*



## FOODBANK

It would be very helpful if donations of tinned vegetables could be made for the Foodbank. That seems to be a major need at this time!!!! (I am delighted to report that our foodbank collection boxes are being filled and brought to the bank several times a week...our communities

are being wonderfully generous! No surprise there!)

## **JAMES BRAIDWOOD REMEMBRANCE**

Dear Friends and  
Parishioners,

James Braidwood - The  
Father of the Modern Fire  
Service - 3rd September 1800  
- 22nd June 1861



Father Mel had very kindly and generously agreed that we might again celebrate the life and work of James Braidwood at our Eucharist which was scheduled to be held in St. Andrew's Church on Sunday 21st June, the Sunday closest to the anniversary of his death. Members from the Scottish Fire & Rescue Service were also planning to join us and participate in the service. Unfortunately, due the dreadful situation in which we find ourselves due to Covid-19 this will not take place, but please do take a minute to thank God for the life and legacy of James Braidwood and the brilliant work carried out each day by our brave fire fighters today.

Thank you.

Diana Hamilton-Jones

## **AS THE CHURCH DEPLOYED... LET US UNITE IN PRAYER FROM OUR HOMES**

Dear All,

We have now left Eastertide and embarked upon the long green season that some, sadly, refer to as "Ordinary Time"...as if any season, let alone a season of the Church's year can be called "Ordinary"! We call it the season of Pentecost and count out our Sunday one by one as between now and Christ the King, having now celebrated all the major events of our Lord's life, we focus on his teaching and preaching with the Holy Spirit as our Guide! Nothing ordinary at all about that!

However, this 2<sup>nd</sup> Sunday of Pentecost is always kept as the Feast of the Most Holy Trinity. In it we celebrate the wondrous love of God who has given us such a glorious vision of his glory. The beautiful Icon of the Trinity which will be our front page picture speaks to us of generous invitations and a hospitality beyond our wildest dreams. The three sides of the table are taken by the Lord himself...Father, Son and Spirit. But, the front place is reserved for you!

As we continue our lockdown time, let us find new and wonderful ways of responding to that invite...new and exciting ways of living that generous hospitality while keeping safe and praying for one another, our communities and the world!

Much love to all!

Mel +

## **RE DAILY PRAYER...**

**FACEBOOK** : many have been joining me daily as I stream the Morning and Evening Offices live on Facebook from my home...I think we have to be friends in FB for you to access that but I will certainly welcome you!

ALSO:

I share, once again, information re how to join with me in prayer each day during this time...

If you have a tablet, computer or smart phone you are able to join me. The Offices are found at :

***universalis.com***

Look up Office of Readings, Morning Prayer etc on the site....and even the daily Eucharist readings.

## **I will be offering these prayers at:**

7 am : Invitatory & Office of Readings

9 am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

7 pm Eucharist on Tuesdays (Facebook Messenger)

10 am Eucharist on Thursdays (Facebook Messenger)

10 am Eucharist on Sundays (Facebook livestream and emailed link to all)

It is part of my duty as a priest to pray the Office and to offer the Mass for you....so that will not cease! Please join me, if you can, from your homes for even one of those prayer times.

Also, the Sunday Readings will be included, like today, in the emailed Newsletter.

**PLEASE**, let us all do what we can to be safe and sound....**BUT, let us also do all we can to support and encourage one another.**

**IN THE MIDST OF  
THE CURRENT CRISIS**

**Let's not forget to love  
and take care of one another.**

**We are a community...a good one...**

**Let loving kindness  
and generosity**

**be our rule...as always!!!**

**If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!**

## **MORE USEFUL PRAYERS...**

### **From World Vision...**

#### **Pray for the Covid 19 to stop spreading.**

Almighty God, we know that everything is in Your sovereign control. We ask that You keep this new coronavirus from continuing to spread. Give government officials the ability to safely handle people arriving from other countries. Help people decide to stay home instead of traveling or going out needlessly. Holy Spirit, remind people to wash their hands properly. And while it may be heartbreaking, comfort families as they decide to keep their distance from elderly or other high-risk family members.

*God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea ...—Psalm 46:1-2 (NIV)*

#### **Pray for people who are infected with COVID-19 or facing quarantine.**

Jesus, during Your ministry on Earth You showed Your power and caring by healing people of all ages and stations of life from physical, mental, and spiritual ailments. Be present now to people who need Your loving touch because of COVID-19. May they feel Your power of healing through the care of doctors and nurses.

Take away the fear, anxiety, and feelings of isolation from people receiving treatment or under quarantine. Give them a sense of purpose in pursuing health and protecting others from exposure to the disease. Protect their families and friends and bring peace to all who love them.

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.—Philippians 4:6 (NIV)*

#### **Pray for protection for people at higher risk of developing the disease.**

Dear Lord, we lift to You our concern for people who are more likely than others to become severely ill from COVID-19 — the elderly and people with chronic health conditions. Protect them from harm and be their comfort in this time of uncertainty and, for many, preventive isolation from loved ones.

*Cast all your anxiety on him because he cares for you.—1 Peter 5:7 (NIV)*

#### **Pray for medical professionals, caregivers, and researchers responsible for fighting Covid 19**

God, as more people get sick, healthcare workers and first responders are working longer hours with fewer supplies and with more risk of contracting the new coronavirus themselves. Renew their energy and sustain them on long shifts. Bring Your protection upon them as they work with patients. Multiply their supplies so they have the protective items needed to stay safe on the job. Inspire and invigorate the research doctors developing better tests to diagnose the virus, create vaccines to prevent it, and identify protocols to eliminate the disease's spread.

*Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.—Psalm 23:4 (NIV)*

#### **Pray for leaders responsible for making decisions about Covid 19**

Father, we seek Your wisdom daily. Be with people making decisions that affect the lives and futures of our families, communities, countries, and the wider world. We pray that they communicate clearly, truthfully, and calmly — with each other and with the public — and that their messages are received and heeded. May truth and empathy be the touchstones of people setting policies for our protection.

*He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us, as you help us by your prayers ...—2 Corinthians 1:10-11 (NIV)*

#### **Pray for families adjusting to new ways of life.**

Holy Spirit, as families adjust to everyone being home as businesses and schools close, we ask that You guide people in their new realities. Give spouses grace for each other. Prompt worn-out parents to speak words of kindness and encouragement to their children. Help children find creative ways to experience the beauty of all You have created and continue learning.

*Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed.—Psalm 57:1 (NIV)*

#### **Pray for business owners and families facing financial stress.**

Jesus, we thank You for Your faithfulness in how you have guided and equipped people in their jobs and have provided in the past. It can be scary and overwhelming not knowing how bills and obligations will be met or to not be able to provide for families. As people feel financial strain during the uncertainty, bring them comfort and peace, reminding them that You are there for them. Provide for them in their times of need.

*Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.—John 14:27 (NIV)*

### **Pray for grocery store workers and delivery drivers.**

Lord, we are so grateful for all the people who continue to work each day so that people are able to eat. We ask that You bless and protect them as they serve. Give them grace to handle disgruntled customers during supplies shortages. Keep their bodies healthy as they unload and stock boxes of supplies. Keep their cars and trucks running smoothly as they deliver needed supplies and food people have ordered online. And please protect them all from contracting the new coronavirus.

*Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.—Lamentations 3:22-23 (NIV)*