

PENTECOST 4

28 June 2020



Eaglais Easbaigeach na h-Alba san Eilean Dubh The Scottish Episcopal Church on the Black Isle

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille
Priest & Rector

Phone: 01381 622 241

Email: melsagart@gmail.com

Charge Website : episcopalblackisle.scot

For a fuller newsletter, please contact Ramsay McGhee :
w.r.mcgee@btinternet.com

RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

+ + +

THE PROCLAMATION OF THE WORD

Collect

Almighty God, you have taught us through your Son that love fulfils the law. May we love you with all our heart, all our soul, all our mind, and all our strength, and may we love our neighbour as ourselves; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

+ First Reading : Jeremiah 28:5-9

The prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the Lord; and the prophet Jeremiah said, "Amen! May the Lord do so; may the Lord fulfill the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the Lord, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the Lord has truly sent the prophet."

+ Psalm 89:1-4,15-18

I will sing forever of your love, O Lord!

I will sing forever of your love, O Lord!

Your love, O Lord, for ever will I sing;
from age to age my mouth
will proclaim your faithfulness.

I will sing forever of your love, O Lord!

For I am persuaded
that your love is established for ever;
you have set your faithfulness
firmly in the heavens.

I will sing forever of your love, O Lord!

"I have made a covenant with my chosen one;
I have sworn an oath to David my servant:
'I will establish your line for ever,
and preserve your throne for all generations.'"

I will sing forever of your love, O Lord!

Happy are the people who know the festal shout!
they walk, O Lord, in the light of your presence.
They rejoice daily in your Name;
they are jubilant in your righteousness.

I will sing forever of your love, O Lord!

For you are the glory of their strength,
and by your favour our might is exalted.
Truly, the Lord is our ruler;
the Holy One of Israel is our King.

I will sing forever of your love, O Lord!

+ Second Reading : Romans 6:12-23

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion

over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

+ The Holy Gospel : Matthew 10:40-42

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

PRAYER REQUESTS

For a greater love for our Lord in the Eucharist and for Grace to remember that the Presence of Christ we receive in every Communion must be carried forth into the world and lived in love. For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For all in leadership in health care and government and for the Spirit's guidance re the ending of lockdown. For all suffering with Covid 19, for all our healthcare workers, for all working for a cure, for all shop workers, lorry drivers, all we are depending on for our safety, health and protection

and all living in fear of it. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters & brothers of the United Church of North India : Archbishop Prem Chand Singh.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Valerie C, Rebekah C, Joshua C, Lisa C, Jackie F, Paul H, Ross J, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of Gordonstoun School. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

Pray for all whose weddings and baptisms have had to be postponed. For one another as we live through this challenging time...especially those who are experiencing a profound loneliness. For the good health and safety of all. For Isaac & family. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Through Christ we are sons of God: in him we see what we shall be when we come to the Father.

With confidence we pray:

– *Lord, in your mercy, hear our prayer.*

Guide leaders and governments: give them wisdom and integrity.

– *Lord, in your mercy, hear our prayer.*

You are the Lord and source of our freedom: bring those in captivity of mind or body to the freedom of the children of God.

– *Lord, in your mercy, hear our prayer.*

Give courage and strength to the young. Help them to choose their work, and make the right decisions for their way of life.

– *Lord, in your mercy, hear our prayer.*

Give patient tolerance to all who are no longer young; open the hearts of the young to accept from them understanding and love.

– *Lord, in your mercy, hear our prayer.*
Receive the departed into your eternal kingdom;
sustain our hope to reign with you for ever.
– *Lord, in your mercy, hear our prayer.*

*In a moment of silence, call to mind the concerns
of your own heart with those listed above
and lift them up to God. Conclude with the Lord's Prayer.*

FOODBANK

It would be very helpful if donations of tinned vegetables could be made for the Foodbank. That seems to be a major need at this time!!!! (I am delighted to report that our foodbank collection boxes are being filled and brought to the bank several times a week...our communities are being wonderfully generous! No surprise there!)

AS THE CHURCH DEPLOYED... LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

It has been an interesting week with a lot going on everywhere. Tempers flaring as we all get a bit fed up with lockdown. It is playing tricks on many a mind. But, things are beginning to relax...not too soon we pray! The church is being a bit more cautious as we do not want to put any of our members at risk. Soooo, we ask your continued patience as we move forward.

Meanwhile, together, we rise to the challenge. We continue to be kind, patient, compassionate, loving and generous...especially as we hear our Saviour say to us in this Sunday's Gospel: "...whoever gives even a cup of cold water to one of these little ones in the name of a disciple - truly I tell you, none of these will lose their reward."

Much love to all!

Mel +

RE DAILY PRAYER...

FACEBOOK : many have been joining me daily as I stream the Morning and Evening Offices live on Facebook from my home...I think we have to be friends in FB for you to access that but I will certainly welcome you!

ALSO:

I share, once again, information re how to join with me in prayer each day during this time...

If you have a tablet, computer or smart phone you are able to join me. The Offices are found at :

universalis.com

Look up Office of Readings, Morning Prayer etc on the site....and even the daily Eucharist readings.

I will be offering these prayers at:

7 am : Invitatory & Office of Readings

9 am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

7 pm Eucharist on Tuesdays (Facebook Messenger)

10 am Eucharist on Thursdays (Facebook Messenger)

10 am Eucharist on Sundays (Facebook livestream and emailed link to all)

It is part of my duty as a priest to pray the Office and to offer the Mass for you....so that will not cease! Please join me, if you can, from your homes for even one of those prayer times.

Also, the Sunday Readings will be included, like today, in the emailed Newsletter.

PLEASE, let us all do what we can to be safe and sound....**BUT**, let us also do all we can to support and encourage one another.

IN THE MIDST OF THE CURRENT CRISIS

**Let's not forget to love
and take care of one another.**

We are a community...a good one...

**Let loving kindness
and generosity**

be our rule...as always!!!

**If you need anything or just a friendly voice,
ring me at 01381 622 241 (or 07780 512
990)...and I will do my utmost!**

MORE USEFUL PRAYERS...

A General Intercession

(A modern English version of one from the Scottish Book of Common Prayer)

Remember, Lord, your people bowed before you, and those who are absent through age, sickness, or any other cause. Care for the infants, guide the young, support the aged, inspire the faint-hearted, and bring the wandering to your fold. Journey with the travellers, encourage the oppressed, defend the widows, deliver the captives, heal the sick. Strengthen all who are in tribulation, necessity, or distress. Remember for good those who love us, and those who hate us, and those who have asked us, unworthy as we are, to pray for them.

Remember especially, Lord, those whom we have forgotten. For you are the helper of the helpless, the saviour of the lost, the refuge of the wanderer, the healer of the sick. You know the need of all and have heard each prayer: save us in your merciful loving-kindness and eternal love; through Jesus Christ our Lord.

For the Unemployed

Heavenly Father, we remember before you those who suffer want and anxiety from lack of work. Guide the people of this land so to use their wealth and resources that everyone may find suitable and fulfilling employment and receive just payment for their labour; through your Son Jesus Christ our Lord.

For the Neighbourhood

O Lord our creator, by your holy prophet you taught your ancient people to seek the welfare of the cities in which they lived. We commend our neighbourhood to your care, that it might be kept free from social strife and decay. Give us strength of purpose and concern for others, that we may create here a community of justice and peace where your will may be done; through your Son Jesus Christ our Lord.

For the Poor and Neglected

Almighty and most merciful God, we remember before you the homeless, the destitute, the sick, the aged, and all who have none to care for them. Heal those who are broken in body or spirit, and turn their sorrow into joy. Grant this for the love of your Son, who for our sake became poor, Jesus Christ our Lord.