

SUNDAY

21st June 2020

Pentecost 3

Charity Number

SC010781

The Scottish Episcopal Church

St John's, Arpafellie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

Collect

O God our defender, storms rage about us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and ever.

+ First Reading : Jeremiah 20:7-13

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughingstock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, "Violence and destruction!" For the word of the Lord has become for me a reproach and derision all day long. If I say, "I will not mention him, or speak any more in his name," then within me there is something like a burning fire shut up in my bones;

I am weary with holding it in, and I cannot. For I hear many whispering: "Terror is all around! Denounce him! Let us denounce him!" All my close friends are watching for me to stumble. "Perhaps he can be enticed, and we can prevail against him, and take our revenge on him."

But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten.

O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord!

For he has delivered the life of the needy from the hands of evildoers.

THE PROCLAMATION OF THE WORD - cont.

+ Psalm 69: 8-11, 18-20

Answer me, O Lord, for your love is kind.

Answer me, O Lord, for your love is kind.

Surely, for your sake have I suffered reproach, and shame has covered my face. I have become a stranger to my own kindred, an alien to my mother's children.

Answer me, O Lord, for your love is kind.

Zeal for your house has eaten me up; the scorn of those who scorn you has fallen upon me.

Answer me, O Lord, for your love is kind.

I humbled myself with fasting, but that was turned to my reproach. Answer me, O Lord, for your love is kind; in your great compassion, turn to me.'

Answer me, O Lord, for your love is kind.

"Hide not your face from your servant; be swift and answer me, for I am in distress. Draw near to me and redeem me; because of my enemies deliver me.

Answer me, O Lord, for your love is kind.

+ Second Reading : Romans 6:1b-11

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

+ The Holy Gospel : Matthew 10:24-39

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

"Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one’s foes will be members of one’s own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

JAMES BRAIDWOOD REMEMBRANCE

Dear Friends and Parishioners,

James Braidwood - The Father of the Modern Fire Service - 3rd September 1800 - 22nd June 1861

Father Mel had very kindly and generously agreed that we might again celebrate the life and work of James Braidwood at our Eucharist which was scheduled to be held in St. Andrew's Church on Sunday 21st June, the Sunday closest to the anniversary of his death. Members from the Scottish Fire & Rescue Service were also planning to join us and participate in the service. Unfortunately, due the dreadful situation in which we find ourselves due to Covid-19 this will not take place, but please do take a minute to thank God for the life and legacy of James Braidwood and the brilliant work carried out each day by our brave fire fighters today.

Thank you.

Diana Hamilton-Jones



PRAYER REQUESTS

.For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For all in leadership in health care and government and for the Spirit's guidance re the ending of lockdown. For all suffering with Covid 19, for all our healthcare workers, for all working for a cure, for all shop workers, lorry drivers, all we are depending on for our safety, health and protection and all living in fear of it. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters & brothers of the Church in Nigeria : Archbishop Henry Chukwudum Ndukuba.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For David T, Jaime W, Rachael W, Sandra W, Bp Kevin, Dr John MS, Fr Ian B, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St. Mary the Virgin, Ullapool; St. Gilbert's Kinlochbervie; St. Gilbert's Lochinver; St. Boniface Achiltibuie; St. Mary by the Cross, Tongue. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

Pray for all whose weddings and baptisms have had to be postponed. For one another as we live through this challenging time...especially those who are experiencing a profound loneliness. For the good health and safety of all. For Isaac & family. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

We make our prayers to Jesus, in whom we find rest for our souls, and we say to him:

– *Beloved Lord, have mercy on us.*

Jesus, your heart was pierced by the lance and from it flowed blood and water so that your bride, the Church, might be born: keep her in holiness without spot or wrinkle.

– *Beloved Lord, have mercy on us.*

Jesus, holy temple of God, you were condemned by men and raised up by the Father: make the Church the tabernacle of the Most High.

- *Beloved Lord, have mercy on us.*

Jesus, king and centre of all hearts, in your loving mercy you never cease to draw us to yourself: keep alive your covenant with us all.

– *Beloved Lord, have mercy on us.*

Jesus, our peace and reconciliation, from the cross you forgave your enemies and you bring all people together in peace: show us how to reach the Father.

– *Beloved Lord, have mercy on us.*

Jesus, our life and resurrection, you lighten our burden and give rest to our souls. draw all sinners to yourself.

– *Beloved Lord, have mercy on us.*

Jesus, because of your infinite love you were obedient even unto death on a cross: bring to life all those who are sleeping in peace.

– *Beloved Lord, have mercy on us.*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God. Conclude with the Lord's Prayer.

LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

Well, we have not entered upon the long green days of the Pentecost Season. In them we focus on our Lord's preaching and teaching...how he comforts us...challenges us...disturbs us...motivates us. Some call this "ordinary time" but how can any time spent at our Lord's feet be seen as "ordinary". Let us focus and do all we can to hear what our Lord is saying to us. As the Spirit works within us, may our Lord set our hearts ablaze as he did when "he opened" the Scriptures for the disciples on the Emmaus Road. May they take root in our hearts that we may truly live and be the Good News!

Much love to all!

Mel +

RE DAILY PRAYER - FACEBOOK : many have been joining me daily as I stream the Morning and Evening Offices live on Facebook from my home...I think we have to be friends in FB for you to access that but I will certainly welcome you!

ALSO:

I share, once again, information re how to join with me in prayer each day during this time...

If you have a tablet, computer or smart phone you are able to join me. The Offices are found at : ***universalis.com***

Look up Office of Readings, Morning Prayer etc on the site....and even the daily Eucharist readings.

I will be offering these prayers at:

7 am : Invitatory & Office of Readings

9 am : Morning Prayer (Facebook Live Stream)

6 pm : Evening Prayer (Facebook Live Stream)

10 pm : Night Prayer aka Compline

7 pm Eucharist on Tuesdays (Facebook Messenger)

10 am Eucharist on Thursdays (Facebook Messenger)

10 am Eucharist on Sundays (Facebook livestream and emailed link to all)

It is part of my duty as a priest to pray the Office and to offer the Mass for you....so that will not cease! Please join me, if you can, from your homes for even one of those prayer times.

Also, the Sunday Readings will be included, like today, in the emailed Newsletter.

PLEASE, let us all do what we can to be safe and sound....**BUT**, let us also do all we can to **support and encourage one another**.

IN THE MIDST OF THE CURRENT CRISIS

Let's not forget to love and take care of one another.

**We are a community - a good one - Let loving kindness
and generosity be our rule as always.**

**If you need anything or just a friendly voice, ring me at 01381 622 241
(or 07780 512 990)...and I will do my utmost!**

TAKE PART IN A NEW COMMUNITY PROJECT

Sharing hope for now and future generations

THE RAINBOW ISLE

**Submissions of poetry, prose or reflections invited
inspired by rainbows,**

**representing the hope that we see around us despite the
despair, suffering and restrictions we are currently experiencing.**

This will be a voluntary project by the community, for the community.

**If you would like to participate,
please send your submissions to**

clairehemsworth@outlook.com

by 30 June 2020

The Rainbow Isle Project has been initiated by the Black Isle Writers Group.

All age groups are invited to take part. Elizabeth (Betty) Marshall of St Andrew's Church was one of the original founders of BIW.

Claire Hemsworth is from the Spar, Rosemarkie.

MORE USEFUL PRAYERS...

Litany of Solidarity and Hope During a Pandemic

For those who are sick. For those with chronic illnesses and underlying health concerns.
For all those who are suffering. For those who are lonely. For those who have no one to check on them.

For families that are separated. For those who are unemployed. For those suffering financial hardships. For those who face an uncertain future.

For those who are suffering from physical or emotional abuse. For those who are disproportionately suffering because of societal structures and unjust policies.

For those who are struggling with physical or mental disabilities. For those who are overwhelmed by anxiety and stress.

For those who are dying. For those who have died while saving the lives of others. For all who have lost their lives.

For those who have survived. For those who have lost their spouses. For children who have been orphaned. For all those who mourn and those who comfort them.

For firefighters, police, and emergency medical workers. For doctors, nurses, and all health care professionals. For those who serve in the armed forces. For public officials. For business leaders. For educators. For innovators and inventors who provide new solutions.

For peace in our community and in our world. For renewed friendships among neighbours.
For solidarity and unity among all peoples. For a greater appreciation and love of all humanity.

For patience and perseverance. For calm in the midst of fear. For the grace to overcome adversity. For generosity of spirit. For hope in times of despair. For light in the darkness.

Gracious and Loving God, You are our comforter and our hope. Strengthen us in this time of need. Inspire us to acts of solidarity and generosity and give us hope of a brighter future.

We pray in Jesus' Name.

The Scottish Episcopal Church is scheduled to lead worship again on BBC One Scotland's weekly television broadcast 'Reflection at the Quay'.

Previously, the Rev Maggie McTernan of St Margaret's, Newlands, featured alongside Catriona Paton, detective superintendent, Police Scotland.

This time, the Rev Canon Dr Marion Chatterley, Vice-Provost of St Mary's Cathedral in Edinburgh, is lined up to appear on the programme to be broadcast on Sunday 5 July.

The weekly service every Sunday morning was introduced by BBC Scotland to help support and represent faith communities during the COVID-19 pandemic.

At the time of writing, it was unclear if the programme's run would be extended as lockdown restrictions are eased but places of worship remain closed for congregational gatherings.

Reflections at the Quay is produced by David Strachan of Tern TV, a former Church of Scotland minister.

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



Please help local people in Crisis

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

TINNED VEGETABLES

Highland Foodbank

Thought for today

*We'd like to bid this moment stay,
With meadows green and gardens gay.
Roses bloom at sill and door.
Midsummer Day is here once more.
The beauty of the Spring has fled,
And Autumn's glory lies ahead
How lovely is this golden time
When the year is at its prime!*

**SATURDAY COFFEE MORNINGS AND CHARITY SHOP
BOTH CANCELLED UNTIL FURTHER NOTICE**

BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

CARDS –

by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

St John's Arpafeelie

Sunday 21st June -

SERVICE CANCELLED

HYMNS



Diocesan Prayer Cycle -

Porvoo Cycle -

Notices

Classic Film Club

2-4pm - First MONDAY of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL
Details from Helen Robinson 01381620243 07889181529

Monday July 6th “Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

As a consequence of the ongoing Coronavirus, the Film Club activities are suspended until further notice

Church Rotas

St Andrew's

Readers & Intercessors

Sides-men

Servers

Sacristan

Flowers

Teas

Cleaning

St John's