

**SUNDAY**

**26th April 2020**

**Easter 3  
Charity Number**

**SC010781**

## The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



## THE PROCLAMATION OF THE WORD

### Collect

O God, your Son made himself known to his disciples in the breaking of bread. Open the eyes of our faith, that we may see him in his redeeming work, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

### + First Reading : Acts 2:14a,36-41

Peter, standing with the eleven, raised his voice and addressed the crowd, "Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified."

Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, "Brothers, what should we do?" Peter said to them, "Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him." And he testified with many other arguments and exhorted them, saying, "Save yourselves from this corrupt generation." So those who welcomed his message were baptized, and that day about three thousand persons were added.

## THE PROCLAMATION OF THE WORD - cont.

### + Psalm 116:10-15

Be known to us, Lord, in the Breaking of the Bread! Alleluia!

**Be known to us, Lord, in the Breaking of the Bread! Alleluia!**

How shall I repay the LORD for all the good things he has done for me? I will lift up the cup of salvation and call upon the Name of the LORD.

**Be known to us, Lord, in the Breaking of the Bread! Alleluia!**

I will fulfil my vows to the LORD in the presence of all his people. Precious in the sight of the LORD is the death of his servants.

**Be known to us, Lord, in the Breaking of the Bread! Alleluia!**

O LORD, I am your servant; I am your servant and the child of your handmaid; you have freed me from my bonds.

**Be known to us, Lord, in the Breaking of the Bread! Alleluia!**

I will offer you the sacrifice of thanksgiving and call upon the Name of the LORD.

**Be known to us, Lord, in the Breaking of the Bread! Alleluia!**

### + Second Reading : 1 Peter 1:17-23

If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish. He was destined before the foundation of the world, but was revealed at the end of the ages for your sake. Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God.

Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart. You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God.

## + The Holy Gospel : Luke 24:13-35

Now on that same day two of Jesus' disciples were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

## THE BISHOP'S LENTEN APPEAL

Bishop Mark has indicated that funds raised over this Lent will be sent in support of **Inverness Street Pastors**...a most worthy cause that touches the lives of many in our Highland Capital! Please give generously! (Please forward cheques to Peter? And he will forward to the Diocese...It would be good to know how much we, as a Joint Charge raise!)



## **PRAYER REQUESTS**

For hearts overflowing with Easter grace. For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

### **OUR WORLD**

For all suffering with Covid 19, for all our healthcare workers, for all working for a cure, for all shop workers, lorry drivers, all we are depending on for our safety, health and protection and all living in fear of it. For healing and peace among all nations. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

### **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our sisters & brothers of the Episcopal Church in Jerusalem & the Middle East : Archbishop Michael Lewis

### **OUR DIOCESE**

For all our brothers & sisters in the Porvoo Communion of Churches. For Valerie C, Rebekah C, Joshua C, Lisa C, Jackie F, Paul H, Ross J, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of All Saints' Mission, Kinlochewe-. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

### **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For one another as we live through this challenging time...especially those who are experiencing a profound loneliness. For the good health and safety of all. For Grace to keep a Holy Lent. For Isaac & family. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

### **A DAILY PRAYER for the WEEK**

Let us pray to Christ, the fount of life and the source of virtue.

*– Lord, restore your kingdom in the world.*

Jesus, our Saviour, in the body you were put to death, in the Spirit you were raised to life: grant that we may die to sin, and live in the power of your resurrection.

*– Lord, restore your kingdom in the world.*

You sent your disciples to proclaim throughout the world the gospel of salvation: may all who preach your word be alive with the Holy Spirit. *– Lord, restore your kingdom in the world.*

You received all power in heaven and on earth to bear witness to the truth: guide in the spirit of truth the plans of governments and rulers. *– Lord, restore your kingdom in the world.*

Keep our eyes fixed on the new heaven and the new earth: make us care more deeply for our world and its future. *– Lord, restore your kingdom in the world.*

You descended into hell to bring the dead good news: let all the departed come to you, their joy, their hope, their glory. *– Lord, restore your kingdom in the world.*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.*

*Conclude with the Lord's Prayer.*

## LET US UNITE IN PRAYER FROM OUR HOMES

Dear All,

Alleluia! Christ is Risen!

This week's Gospel is the wonderful story of the Emmaus Meal which took place on the evening of the first Easter Day. Jesus makes himself known to the two disciples as he "breaks bread" with them. Having led them through a Bible study as he walked with them on the road, he stays with them for supper. Having made himself known in the power of his Resurrection, the disciples speak of how their hearts had been set on fire as he "opened" to them the Scriptures. Our prayer, as we crack open our Bibles, must always be that, by the power of the Holy Spirit, Jesus will open the Scriptures to us...setting our heart on fire...with what he wants us to learn and not just what we want to see and hear.

We are reminded of the significance of the Sacrament of the Eucharist as well. While their hearts were set ablaze as he opened for them the Scriptures, it was only in the "Breaking of the Bread" that they recognised him. Powerful stuff...especially as we are not able to make Eucharist together at this time. May today's readings and our prayer create a longing in us for Jesus in the Blessed Sacrament...and may we soon be able to gather and celebrate the great gift of Himself that we remember when we gather around His Altar!

**RE DAILY PRAYER... FACEBOOK** : many have been joining me daily as I stream the Morning and Evening Offices live on Facebook from my home...I think we have to be friends in FB for you to access that but I will certainly welcome you!

ALSO: I share, once again, information re how to join with me in prayer each day during this time...

If you have a tablet, computer or smart phone you are able to join me. The Offices are found at : [universalis.com](http://universalis.com) - Look up Office of Readings, Morning Prayer etc on the site....and even the daily Eucharist readings.

**I will be offering these prayers at:**

7am : Invitatory & Office of Readings

9:am : Morning Prayer

6pm : Evening Prayer

10pm : Night Prayer aka Compline

It is part of my duty as a priest to pray the Office and to offer the Mass for you....so that will not cease! Please join me, if you can, from your homes for even one of those prayer times.

Also, the Sunday Readings will be included, like today, in the emailed Newsletter.

**PLEASE**, let us all do what we can to be safe and sound....**BUT**, let us also do all we can to support and encourage one another.

**IN THE MIDST OF THE CURRENT CRISIS**

**Let's not forget to love and take care of one another.**

**We are a community, a good one .**

**Let loving kindness and generosity be our rule as always.**

If you need anything or just a friendly voice, ring me at 01381 622 241 (or 07780 512 990)...and I will do my utmost!

**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

**Highland Foodbank**

### Thought for today

*What are ends but new beginnings?  
Journey's end and friends depart -  
But there is always another chapter in the story  
of the heart.*

**SATURDAY COFFEE MORNINGS AND CHARITY SHOP  
BOTH CANCELLED UNTIL FURTHER NOTICE**

## BOOKS

**by Elizabeth Sutherland**

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

## CARDS -

**by Hayden Jeffery**

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

# **St John's Arpafeelie**

**Sunday 26th April—Easter 3**

**SERVICE CANCELLED**

**HYMNS**



**Diocesan Prayer Cycle -**

**Porvoo Cycle -**

**Notices**

# **Church Rotas**

## **St Andrew's**

**Readers & Intercessors**

**Sides-men**

**Servers**

**Sacristan**

**Flowers**

**Teas**

**Cleaning**

## **St John's**



# Classic Film Club

**2-4pm** - First **MONDAY** of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

**Monday May 4th** “The Lady from Shanghai”

**Monday Jun 1st** “The Keys of The Kingdom”

**Monday July 6th** “Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

**As a consequence of the ongoing Coronavirus, the Film Club activities are suspended until further notice**

## **SOME HELPFUL PRAYERS...**

### **PRAY FOR THE NEW CORONAVIRUS TO STOP SPREADING.**

Almighty God, we know that everything is in Your sovereign control. We ask that You keep this new coronavirus from continuing to spread. Give government officials the ability to safely handle people arriving from other countries. Help people decide to stay home instead of travelling or going out needlessly. Holy Spirit, remind people to wash their hands properly. And while it may be heart breaking, comfort families as they decide to keep their distance from elderly or other high-risk family members. In Jesus' Name. Amen.

God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea ...—Psalm 46:1-2 (NIV)

### **PRAY FOR PEOPLE WHO ARE INFECTED WITH COVID-19 OR FACING QUARANTINE.**

Jesus, during Your ministry on Earth You showed Your power and caring by healing people of all ages and stations of life from physical, mental, and spiritual ailments. Be present now to people who need Your loving touch because of COVID-19. May they feel Your power of healing through the care of doctors and nurses.

Take away the fear, anxiety, and feelings of isolation from people receiving treatment or under quarantine. Give them a sense of purpose in pursuing health and protecting others from exposure to the disease. Protect their families and friends and bring peace to all who love them. In Jesus' Name. Amen.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.—Philippians 4:6 (NIV)

## **SOME HELPFUL PRAYERS...**

**PRAY FOR PROTECTION FOR PEOPLE AT HIGHER RISK** Dear Lord, we lift to You our concern for people who are more likely than others to become severely ill from COVID-19 — the elderly and people with chronic health conditions. Protect them from harm and be their comfort in this time of uncertainty and, for many, preventive isolation from loved ones. In Jesus' Name. Amen.

Cast all your anxiety on him because he cares for you.—1 Peter 5:7 (NIV)

## **PRAY FOR MEDICAL PROFESSIONALS, CAREGIVERS, FIRST RESPONDERS, & RESEARCHERS RESPONSIBLE FOR FIGHTING THE NEW CORONAVIRUS.**

God, as more people get sick, healthcare workers and first responders are working longer hours with fewer supplies and with more risk of contracting the new coronavirus themselves. Renew their energy and sustain them on long shifts. Surround them with Your protection as they work with patients. Multiply their supplies so they have the protective items needed to stay safe on the job.

Inspire and invigorate the research doctors developing better tests to diagnose the virus, create vaccines to prevent it, and identify protocols to eliminate the disease's spread. In Jesus' Name. Amen.

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.—Psalm 23:4 (NIV)

## **PRAY FOR LEADERS RESPONSIBLE FOR MAKING DECISIONS ABOUT THE NEW CORONAVIRUS.**

Father, we seek Your wisdom daily. Be with people making decisions that affect the lives and futures of our families, communities, countries, and the wider world. We pray that they communicate clearly, truthfully, and calmly — with each other and with the public — and that their messages are received and heeded. May truth and empathy be the touchstones of people setting policies for our protection. In Jesus' Name. Amen.

He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us, as you help us by your prayers ...—2 Corinthians 1:10-11 (NIV)

## **PRAY FOR FAMILIES ADJUSTING TO NEW WAYS OF LIFE.**

Holy Spirit, as families adjust to everyone being home as businesses and schools close, we ask that You guide people in their new realities. Protect all from harm. Give spouses grace for each other. Prompt worn-out parents to speak words of kindness and encouragement to their children. Help children find creative ways to experience the beauty of all You have created and continue learning. In Jesus' Name. Amen.

Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed.—Psalm 57:1 (NIV)

## **PRAY FOR BUSINESS OWNERS AND FAMILIES FACING FINANCIAL STRESS.**

Jesus, we thank You for Your faithfulness in how you have guided and equipped people in their jobs and have provided in the past. It can be scary and overwhelming not knowing how bills and obligations will be met or to not be able to provide for families. As people feel financial strain during the uncertainty, bring them comfort and peace, reminding them that You are there for them. Provide for them in their times of need. In Jesus' Name. Amen.

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.—John 14:27 (NIV)

## **PRAY FOR SHOP WORKERS, DELIVERY DRIVERS, POSTIES, BIN COLLECTORS & THE GREAT MANY OTHERS WE DEPEND ON...**

Lord, we are so grateful for all the people who continue to work each day so that people are able to eat. We ask that You bless and protect them as they serve. Give them grace to handle disgruntled customers during supplies shortages. Keep their bodies healthy as they unload and stock boxes of supplies. Keep their cars and trucks running smoothly as they deliver needed supplies and food people have ordered online. And please protect them all from contracting the new coronavirus. In Jesus' Name. Amen.

Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.—Lamentations 3:22-23 (NIV)