

ADVENT IV

22 December 2019



**Eaglais Easbaigeach na h-Alba san Eilean Dubh
The Scottish Episcopal Church on the Black Isle**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

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RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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LIGHTING the 4th ADVENT CANDLE

We wait for your loving-kindness, O Lord
In the midst of your temple.

We Sing...

(Tune : Away in a Manger)

**A candle is burning, a candle of Love;
A candle to point us to heaven above.
A baby for Christmas, a wonderful birth;
For Jesus is bringing God's Love to our earth.**

We pray together...

Alleluia, alleluia.

**Hail Mary full of grace,
blessed are you among women,
and blessed is the fruit of your womb,
Jesus who is LOVE incarnate.**

Alleluia!

THE PROCLAMATION OF THE WORD

Readers & Intercissors

St A : Ramsay M / Anna G / Angus F / Alison G

St J : Gill P / Donald G / Bridie G / Jackie M

(Is 7:10-16 / Ps 80 / Rom 1:1-7 / Matt 1:18-25)

+ First Reading : Isaiah 7:10-16

+ Psalm 80 (verses)

O Shepherd of Israel,
come to help us. Alleluia!

**O Shepherd of Israel,
come to help us. Alleluia!**

Hear, O Shepherd of Israel,
leading Joseph like a flock;
shine forth, you that are enthroned
upon the cherubim.

In the presence of Ephraim,
Benjamin, and Manasseh,
stir up your strength and come to help us.

**O Shepherd of Israel,
come to help us. Alleluia!**

Restore us, O God of hosts; show the light of your
countenance, and we shall be saved.

You have brought a vine out of Egypt; you cast
out the nations and planted it.

**O Shepherd of Israel,
come to help us. Alleluia!**

You prepared the ground for it;
it took root and filled the land.

The mountains were covered by its shadow
and the towering cedar trees by its boughs.

**O Shepherd of Israel,
come to help us. Alleluia!**

You stretched out its tendrils
to the Sea and its branches to the River.

Turn now, O God of hosts,
look down from heaven;

behold and tend this vine;

preserve what your right hand has planted.

**O Shepherd of Israel,
come to help us. Alleluia!**

Let your hand be upon the man of your right hand,
the son of man you have made
so strong for yourself.

And so will we never turn away from you;
give us life, that we may call upon your name.

**O Shepherd of Israel,
come to help us. Alleluia!**

+ Second Reading : Romans 1:1-7

Gradual Hymn / Alleluia

+ The Holy Gospel : Matthew 1:18-25

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our sisters and brothers of all denomination as we celebrate the Holy Birth this week.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Jackie F, Paul H, Ross J, Pauline J, Claire N, Colin P, Lesley P, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St Peter's Thurso & St John's, Wick. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY

FAMILY & FRIENDS

For all who are travelling over the Festive Season & for a Happy & Holy Christmas. For Verity & Phillip who will be married at Hogmanay. For Gail & Phil. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Cameron M. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Let us turn in prayer to Christ who emptied himself to assume the condition of a slave. He was tempted in every way that we are, but did not sin.

– *Save us through your birth.*

Coming into our world, Lord Jesus, you open the new age which the prophets foretold. In every age, may the Church come again to new birth.

– *Save us through your birth.*

You took on our human weakness. Be the eyes of the blind, the strength of the weak, the friend of the lonely.

– *Save us through your birth.*

Lord, you were born among the poor: show them your love.

– *Save us through your birth.*

Your birth brings eternal life within the reach of all; comfort the dying with hope of new life in heaven.

– *Save us through your birth.*

Gather the departed to yourself; and make them radiant in your glory.

– *Save us through your birth.*

In a moment of silence, call to mind the concerns of your own heart with those listed above

and lift them up to God. Conclude with the Lord's Prayer.

THIS WEEK

MONDAY

12:15pm : Eucharist in Inverness Cathedral

TUESDAY : CHRISTMAS EVE

5:30pm : Crib Service in St John's

for children of all ages....

11:30pm : Midnight Mass in St Andrew's

WEDNESDAY : CHRISTMAS DAY

9:45am : Eucharist & Carols in St Regulus'

11:00am : Eucharist & Carols in St John's

11:30am : Eucharist & Carols in St Andrew's

(Bishop Mark will be celebrant & preacher)

THURSDAY : St Stephen's Day

10:00am : Eucharist in St Andrew's.

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

NEXT SUNDAY

29 DECEMBER + HOLY FAMILY

ONE Eucharist on the BLACK ISLE

11:00am

Saint Andrew's, Fortrose

Readers & Intercessors

will be sorted at the time!

(Is 63:7-9 / Ps 148 / Heb 2:10-18 / Matt 2:12-23)

O COME LET US ADORE HIM

Dear friends:

May Christ who came

at Christmas Time,

come to you in your

Christmas

Communion

and fill your Hearts

with Peace and

Happiness!

