

ADVENT III + GAUDETE

15 December 2019



Eaglais Easbaigeach na h-Alba san Eilean Dubh
The Scottish Episcopal Church on the Black Isle

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

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RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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LIGHTING the 3rd ADVENT CANDLE

We wait for your loving-kindness, O Lord

In the midst of your temple.

We Sing...

(Tune : Away in a Manger)

A candle is burning, a candle of Joy;

A candle to welcome brave Mary's new boy.

Our hearts fill with wonder

and eyes light and glow

As Joy brightens winter like sunshine on snow.

We pray together...

**Lord Jesus, your servant John the Baptist
called people to prepare for your coming
by caring for one another.**

**Fill our hearts with JOY and inspire us, always,
to reach out to all people in need
with your love and compassion.**

Amen.

THE PROCLAMATION OF THE WORD

Readers & Intercessors

St J : Alan D / Susanna L / Hilary S / Bridie G

St A : Betty M / Simon S / Ramsay M / Heather I

+ **First Reading : Isaiah 35:1-10**

+ **Psalm 146:4-9**

Come, O Lord, and save us.

Come, O Lord, and save us.

Happy are they

who have the God of Jacob for their help!

whose hope is in the LORD their God;

Come, O Lord, and save us.

Who made heaven and earth, the seas,
and all that is in them;

who keeps his promise for ever;

Come, O Lord, and save us.

Who gives justice to those who are oppressed,
and food to those who hunger.

The LORD sets the prisoners free;

the LORD opens the eyes of the blind;

Come, O Lord, and save us.

The LORD lifts up those who are bowed down;

The LORD loves the righteous;

the LORD cares for the stranger;

Come, O Lord, and save us.

The Lord sustains the orphan and widow,

but frustrates the way of the wicked.

Come, O Lord, and save us.

The LORD shall reign for ever,

your God, O Zion, throughout all generations.

Hallelujah!

Come, O Lord, and save us.

+ **Second Reading : James 5:7-10**

Gradual Hymn / Alleluia

+ **The Holy Gospel : Matthew 11:2-11**

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For an end to terrorism and hatred in all its forms.

For our fellow Christians and all who are

persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray

for our sisters and brothers of Sokoto Diocese in

Nigeria : Bishop Nathan & El-Obeid Diocese of

the Sudan : Bishop Ismail.

OUR DIOCESE

For all our brothers & sisters in the Porvoo

Communion of Churches. For Bp Kevin, Dr John,

Fr Ian, Valerie C , Rebekah C, Joshua C, Lisa C,

their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters throughout the Diocese. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For the soul of Terry Gavin (father of Jane Strange) & for Jane, her Mum, Bp Mark, Aidan, Beth, Mara & all who mourn. For Grace to keep a Holy Advent. For Gail & Phil. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Cameron M. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

As we make our evening prayer, we acknowledge the times when we have preferred darkness before true light.

– *Lord, that we may see!*

Lord Jesus, you came as man, into this world: free us from the darkness of its sin.

– *Lord, that we may see!*

Forgive us the hatred and envy that cloud our vision: give us a generous spirit.

– *Lord, that we may see!*

You come to us through those who share our lives: open our hearts to recognize you.

– *Lord, that we may see!*

Lord, do not forget our brothers and sisters, who in all ages have hoped to see your light.

– *Lord, that we may see!*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God. Conclude with the Lord's Prayer.

THIS WEEK

MONDAY

12:15pm : Eucharist in Inverness Cathedral

TUESDAY

7:00pm : Eucharist in St Regulus'

WEDNESDAY

10:00am – 1:00pm : Charity Shop

7:00pm : "Holy Hour" Quiet music, guided meditation and silence as we "wait".

In St Andrew's

THURSDAY

10:00am : Eucharist in St Andrew's.

7:00pm : Silent Meditation Time – in the Vestry of St Andrew's. All are welcome!

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

7:00pm : CAROLS in the NORTH

KESSOCK HALL – EVERYONE WELCOME!

7:30pm : OCTA VOCE CHRISTMAS CONCERT in St Andrew's

SATURDAY

10:00am – 1:00pm : Charity Shop

10:00am Coffee Morning in the Town Hall

(Last one till 2020)

NEXT SUNDAY

22 DECEMBER + ADVENT IV

Eucharist

9:45am in St Regulus'

9:45am in St John's

11:30am in St Andrew's

CROMARTY CAROLS BY CANDLELIGHT

7:00pm in St Regulus'

Readers & Intercessors

St A : Ramsay M / Anna G / Angus F / Alison G

St J : Gill P / Donald G / Bridie G / Jackie M

(Is 7:10-16 / Ps 80 / Rom 1:1-7 / Matt 1:18-25)

CHRISTMAS ON THE BLACK ISLE

CHRISTMAS EVE

5:30pm : Crib Service

in St John's Arpafeelie

11:30pm Midnight Mass

in St Andrew's, Fortrose

CHRISTMAS DAY

Eucharist & Carols

9:45am in St Regulus', Cromarty

11:00am in St John's, Arpafeelie

11:30am with Bishop Mark

in St Andrew's, Fortrose



**O Come let us adore
Mim:**

Dear friends:

**May Christ who came
at Christmas Time,
come to you in your
Christmas Communion
and fill your Hearts
with**

Peace and Happiness!