

**SUNDAY**  
**8th December 2019**  
**Advent 1**  
**Charity Number**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
1 Dean's Road  
Fortrose, Ross-shire, Scotland IV10 8TJ  
Phone: 01381 622241 Email: [mel@sagart.me.uk](mailto:mel@sagart.me.uk)



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



### LIGHTING THE ADVENT CANDLE

We wait for your loving-kindness, O Lord

**In the midst of your temple.**

Sing (Tune : Away in a Manger)

A candle is burning, a candle of *Peace*;  
A candle to signal that conflict must cease.  
For Jesus is coming to show us the way;  
A message of Peace humbly laid in the hay.

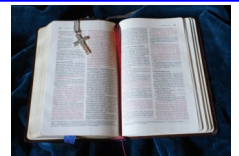
Pray

**Lord God you spoke through your prophets and promised a kingdom of peace.**

**We welcome you Lord Jesus,**

**the Prince of Peace**

**and our hearts long for the establishment  
of your kingdom of justice and righteousness. Amen.**



### THE PROCLAMATION OF THE WORD

+ First Reading : Isaiah 11:1-10

+ Psalm 72 (Verses) /

## + Psalm 72 (Verses)

Justice shall flourish in his time, and fullness of peace for ever.

**Justice shall flourish in his time, and fullness of peace for ever.**

O God, with your judgment endow the king, and with your justice, the king's son; he shall govern your people with justice and your afflicted ones with judgment.

**Justice shall flourish in his time, and fullness of peace for ever.**

Justice shall flower in his days, and profound peace, till the moon be no more. May he rule from sea to sea, and from the River to the ends of the earth.

**Justice shall flourish in his time, and fullness of peace for ever.**

For he shall rescue the poor when he cries out, and the afflicted when he has no one to help him. He shall have pity for the lowly and the poor; the lives of the poor he shall save.

**Justice shall flourish in his time, and fullness of peace for ever.**

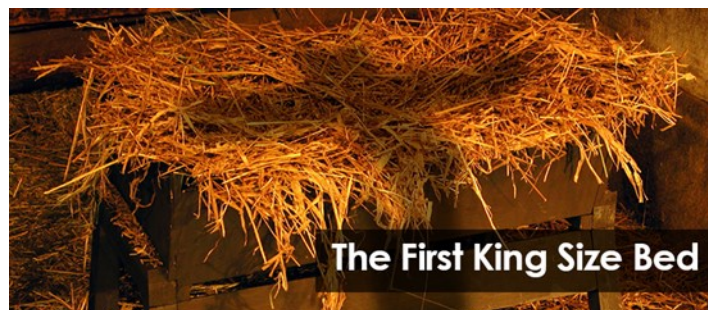
May his name be blessed forever as long as the sun his name shall remain. In him shall all the tribes of the earth be blessed; all the nations shall proclaim his happiness.

**Justice shall flourish in his time,  
and fullness of peace for ever.**

## + Second Reading : Romans 15:4-13

## Gradual Hymn / Alleluia

## + The Holy Gospel : Matthew 3:1-12



JOHN 3:16

The Reason for the Season

## **PRAYER REQUESTS**

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **PRAYER BEFORE AN ELECTION**

Lord, keep this nation under your care. Bless the leaders of our land, that we may be a people at peace among ourselves and a blessing to other nations of the earth. Be with us this week and help us elect trustworthy leaders, contribute to wise decisions for the general welfare, and thus serve you faithfully in our generation to the honour of your holy name; through Jesus Christ our Lord. Amen.

## **OUR WORLD**

For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for the work of the Mothers' Union throughout the world.

## **OUR DIOCESE**

For all our brothers & sisters in the Porvoo Communion of Churches. For Louise R, Philip S, Janet S, David T, Jaime W, Rachael W, Sandra W, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters throughout the Diocese. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## **OUR CHURCH & COMMUNITY FAMILY & FRIENDS**

For Grace to keep a Holy Advent. For Gail & Phil. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Cameron M. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## **A DAILY PRAYER for the WEEK**

As we make our prayer, we acknowledge the times when we have preferred darkness before true light.

– *Lord, that we may see!*

You came, as man, into this world: bring healing, peace and reconciliation to all.

– *Lord, that we may see!*

Forgive us the hatred, suspicion and envy that cloud our vision: give us a generous spirit.

– *Lord, that we may see!*

You come to us through those who share our lives: open our hearts to recognize you.

– *Lord, that we may see!*

Lord, do not forget our brothers and sisters who in all ages have hoped to see your light.

– *Lord, that we may see!*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.*

*Conclude with the Lord's Prayer.*

## ***Black Isle Charge Diary***

### **MONDAY**

12:15pm : Eucharist in Inverness Cathedral—  
(Immaculate Conception transf from Sun)

### **TUESDAY**

3:30- 6pm : Fr Mel with Cromarty Pipers  
7:00pm : House Blessing & Eucharist in Rev Christine's new abode at 14  
Bayview Cres in Cromarty

### **WEDNESDAY**

10:00am : Study Group in Rectory (1 Corinthians)  
10:00am – 1:00pm : Charity Shop  
3:30-6pm : Fr Mel with Fortrose/Avoch Pipers

### **THURSDAY**

10:00am : Eucharist in St Andrew's.  
4-5:30om : Fr Mel with Fortrose, N Kessock & Arpafeelie Pipers  
7:00pm : Silent Meditation Time – in the Vestry of St Andrew's. All are  
welcome!

### **FRIDAY**

8:30am : Celtic Morning Prayer in St Regulus'

### **SATURDAY**

10:00am – 1:00pm : Charity Shop  
10:30am – 12 noon : COFFEE MORNING in Fortrose Town Hall.

### **NEXT SUNDAY - 15 DECEMBER : ADVENT III : GAUDETE**

#### **EUCCHARIST**

8am & 11:30am in St Andrew's  
9:45am in St John's

#### **Reserved Sacrament**

9:45am in St Regulus'

#### **Evensong**

4:30pm in St Andrew's

#### **READERS & INTERCESSORS**

(Is 35:1-10 / Ps 146 / Jas 5:7-10 / Matt 11:2-11)  
St J : Alan D / Susanna L / Hilary S / Bridie G  
St A : Betty M / Simon S / Ramsay M / Heather I



**THIS SUNDAY EVENING  
ORDER of SAINT JOHN  
CAROL SERVICE**

**7:30pm in St Andrew's  
Come and enjoy carols, lessons & the nicest mulled wine and season treats**

**DATES TO PUT ON CALENDAR**

**18 DEC : 7:00pm “HOLY HOUR”** of quiet music for Advent, spoken meditation & silent reflection in St Andrew's...

**20 DEC : NORTH KESSOCK CAROLS** : 7:00pm in North Kessock Hall.

**20 DEC : OCTA VOCE CHRISTMAS CONCERT** in St Andrew's at 7:30pm  
**22 DEC : CROMARTY CAROLS by CANDLELIGHT** in St Regulus' at 7:00pm

**25th Anniversary of the Ordination of Women to the Priesthood**

25 years ago, women were first ordained to the priesthood of the Scottish Episcopal Church. On 14th of December 2019 there will be a Provincial celebration marking this Anniversary.

The service will be held at St Ninian's Cathedral, Perth at 2pm. The Rt Rev Anne Dyer, Bishop of Aberdeen & Orkney, will preside at the Eucharist and the Rev Canon Dr Anne Tomlinson, Principal of the Scottish Episcopal Institute, will preach the sermon.

The service is open to any who wish to attend. There will be a reception afterwards, so to help with planning please email [womenpriests@scotland.anglican.org](mailto:womenpriests@scotland.anglican.org) to let us know if you are attending the service.

**Hymns for Sunday at St Andrew's**

**Intro:**

**Gradual:**

**Offertory:**

**Hymns to be confirmed**

**Communion:**

**Recessional:**

## ***MEDITATION GROUP***

The weekly Meditation Group is restarting at 7pm on Thursday evenings in the Vestry, at St Andrew s. Please note, this is an earlier start than in the past.

All welcome



# Classic Film Club

**2-4pm - First MONDAY** of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

<b>Monday Jan 6th</b>	“The Big Heat”
<b>Monday Feb 3rd</b>	“Gigi”
<b>Monday Mar 2nd</b>	“The Best Exotic Marigold Hotel”
<b>Monday Apr 6th</b>	“Mildred Pierce”
<b>Monday May 4th</b>	“The Lady from Shanghai”
<b>Monday Jun 1st</b>	“The Keys of The Kingdom”
<b>Monday July 6th</b>	“ Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am -1pm.



**Please help local people in Crisis**

Tins of ham

Tins of corned beef

Tins of mince/stew

Tins of Potato

Tins of custard

Soap powder (small)

Washing up liquid (small)

Shaving foam/razors

**Highland Foodbank**

### Thought for today

*Every time temptations you defy  
By being firm and keeping standards high,  
When good is done, peace kept and kind words  
said,  
The devil loses; and you win instead*

## BOOKS

**by Elizabeth Sutherland**

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

## CARDS –

**by Hayden Jeffery**

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.



# **St John's Arpafeelie**

**Sunday 8th December 2019 - Advent 2**

**JOINT SERVICE and AGM -  
11.00 am in St Andrew's**



**Family Crib Service  
at St John's  
Tuesday 24<sup>th</sup> December 5.30pm**



Reminder notice to St John - dates for Jan-March from Intercessors and readers to Alan by Christmas please.

Next Men's Breakfast is 21st December **NOT** 28th,



# **Church Rotas**

## **St Andrew's**

### **Readers & Intercessors**

Bridie Graham / / / Joan Deakin

### **Sides-men**

Iain Brown

### **Servers**

Eucharistic Minister is Isla Cruden

### **Sacristan**

Ann McGhee

### **Flowers**

Heather Ireland

### **Teas**

Joan Deakin plus bring and share lunch

### **Cleaning**

Lois MacDonell

## **St John's**



The Arts Society Highland  
SC045266

[www.theartsocietyhighland.org.uk](http://www.theartsocietyhighland.org.uk)

**The Arts Society Highland  
St. Andrew's Episcopal Church, Academy Street, Fortrose  
Fortrose Academy**

**Exhibition of Artwork 7<sup>th</sup> to 15<sup>th</sup> December 2019**

You are cordially invited to an exhibition of 15 pictures by S1 students of Fortrose Academy being shown in St. Andrew's church from Saturday 7<sup>th</sup> December to Sunday 15<sup>th</sup> December. The church is open daily.

The artwork is representative of the windows and objects the young people saw on a recent visit to the church. Their colourful interpretation is inspiring and praiseworthy.

Visitors and parishioners are invited to choose their favourite artwork and place their vote in the box at the back of the church. During the morning service on Sunday 15<sup>th</sup> December Father Mel will announce the 3 top winners and they will each receive a Young Arts certificate from The Arts Society Highland.

2<sup>nd</sup> December 2019

Diana Hamilton-Jones

The Arts Society Highland – Young Arts

As part of the Scottish Interfaith Week 2019, Christian and Muslim leaders met on 12 November for dialogue about their organisations, beliefs, and people. The meeting, at Annandale Mosque in Edinburgh, followed one in 2018 that took place at Giffnock Synagogue in Glasgow.

The delegation was led by Rev Cedric Blakey, Convener of the Interfaith Relations Committee of the Scottish Episcopal Church, representing the Primus.

Those present, some pictured below, included the Rt Rev Colin Sinclair, Moderator of the General Assembly of the Church of Scotland; the Most Rev Leo Cushley, Roman Catholic Archbishop of Edinburgh; Abdadim Elgehani, Imam of Annandale Mosque; members of the Mosque and the Very Rev Jeremy Bath, Vicar Episcopal for Ecumenism and Interfaith Dialogue for the Archdiocese of St Andrews & Edinburgh.



Dear friends

Many of you were involved in the lunch club which we took on at the Cathedral in Inverness this summer. The aim was to provide lunches for school children from deprived families who normally depend on school meals for a warm meal once a day, and who miss this during school holidays, alongside a programme of arts/music provided by Art splay Highland. This was initially slow to take off but as word spread amongst families this picked up and there were many requests to repeat this over future holidays.

Monica from Art splay has just received funding to do the arts /music programme over the Christmas holidays and has approached us to see if we could help again.

There would be 6 sessions, run on the mornings of **23rd, 24th, 27th, 30th, 31st December and 3rd January** (i.e. Monday, Tuesday and Friday of each week).

I am looking for volunteers to make: trays of hot meals (e.g. cottage pie, macaroni cheese, or something similar) pots of soup perhaps some cake if anyone feels more able to bake and also volunteers to turn up on the days from 10.30-12.30 to heat and serve the food.

I am hoping we can do the cooking ahead of time and keep everything in the freezer at Kenneth street Halls, and just defrost the day before each session. This will mean no extra cooking close to Christmas! If anyone knows where to get hold of foil trays for baking meals that would be very useful information as we found in the summer things warmed up quicker in these.

Please let me know if you would be able to offer help with any of these sessions or with providing food, and I will put your name onto the spreadsheet

This is a lovely thing to be part of and was much valued by the families who took part last time. Monica has made contact with a wider number of families this time including through the food bank and I hope this will provide a much needed help to struggling families this winter. Please give me a call if you want to discuss this more or if I've missed out anything important.

Susanna Leslie

01463 731109

**CROMARTY SUNDAY CLUB  
AT ST. REGULUS & WEST CHURCH**

# **COMMUNITY CHRISTINGLE**



## **COME AND JOIN US AT OUR COMMUNITY CHRISTINGLE**

Cromarty Sunday Club invites you, your friends and family to join us at our Christingle Celebration where you will make your own Christingle throughout the service and then enjoy home baking, juice, tea and coffee. The service will be collecting for Alvio, the Sunday Club Sponsored child in Albania.

**8th December At 3:30pm  
In the West Church, Cromarty**



*McCabe*  
PILGRIMAGES



# The Scottish Episcopal Church Pilgrimage to the Holy Land

**10-21 April 2021**

**with the Rev Cedric Blakey  
and the Most Rev Mark Strange**

**Please contact Cedric for full details**

**01896 870225 / 07817 419897  
revcancb@gmail.com**



Bishop Mark said: "Having visited Jerusalem and Bethlehem with my wife in 2019 and still being enriched by the experience, I am delighted to commend this programme as part of our Year of Pilgrimage 2021. You will get a taste of the Negev Desert, enjoy the beautiful Sea of Galilee and then explore the wonder of Jerusalem. There will be visits to the Dead Sea, Jericho, Nazareth, the River Jordan, Capernaum, and Bethlehem.