

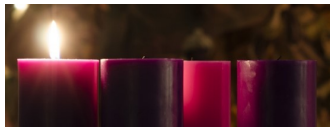
SUNDAY
1st December 2019
Advent 1
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

LIGHTING THE ADVENT CANDLE

We wait for your loving-kindness, O Lord
In the midst of your temple.
Sing (Tune : Away in a Manger)

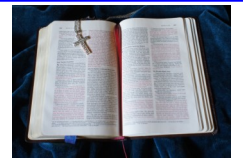
A candle is burning, a flame warm and bright;
A candle of **Hope** in December's dark night.
While angels sing blessings
from heav'n's starry sky
Our hearts we prepare now, for Jesus is nigh.

Pray

Lord, may our hearts be filled with HOPE as we hear the promises God made through the prophet Isaiah of the coming day when wars will be no more. Amen.

+ **First Reading : Isaiah 2:1-**

+ **Psalm 122 /**



+ Psalm 122

I was glad when they said to me, "Let us go to the house of the Lord."

I was glad when they said to me, "Let us go to the house of the LORD."

Now our feet are standing within your gates, O Jerusalem. Jerusalem is built as a city that is at unity with itself; To which the tribes go up, the tribes of the LORD, the assembly of Israel, to praise the Name of the LORD.

I was glad when they said to me, "Let us go to the house of the LORD."

For there are the thrones of judgment, the thrones of the house of David. Pray for the peace of Jerusalem: "May they prosper who love you. Peace be within your walls and quietness within your towers.

I was glad when they said to me, "Let us go to the house of the LORD."

For my brethren and companions' sake, I pray for your prosperity. Because of the house of the LORD our God, I will seek to do you good."

I was glad when they said to me, "Let us go to the house of the LORD."

+ Second Reading : Colossians 1:11-20

Gradual Hymn / Alleluia

♦ The Holy Gospel : Luke 23:33-43

A short congregational meeting will be held on Sunday 1 December 2019 to appoint St Andrew's Vestry Members.

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

PRAYER BEFORE AN ELECTION

Lord, keep this nation under your care. Bless the leaders of our land, that we may be a people at peace among ourselves and a blessing to other nations of the earth. Help us elect trustworthy leaders, contribute to wise decisions for the general welfare, and thus serve you faithfully in our generation to the honour of your holy name; through Jesus Christ our Lord. Amen.

OUR WORLD

For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters who are serving as missionaries and all involved in mission agencies.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Paul H, Ross J, Pauline J, Claire N, Colin P, Lesley P, Roberta R, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters throughout the Diocese. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Grace to keep a Holy Advent. For Gail & Phil. For Peter & Margaret. For Matthew L & his family. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Granny in Guatemala: Santos De La Cruz Mendez. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

The Son of God is coming with great power: all mankind shall see his face and be reborn.

You will bring us wisdom, fresh understanding and new vision.

You will bring us good news, and power which will transform our lives.

You will bring us truth, showing us the way to our Father.

Born of a woman, you will open in our flesh the way to eternal life and joy.

– *Come, Lord Jesus, do not delay!*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God. Conclude with the Lord's Prayer

Black Isle Charge Diary

MONDAY

12:15pm : Eucharist in Inverness Cathedral

TUESDAY

3:30- 6pm : Fr Mel with Cromarty Pipers

NO 7pm EUCHARIST IN ST REGULUS

7:30pm : HIGHLAND HOSPICE : LIGHT UP THE HIGHLANDS SERVICE in St Regulus'. EVERYONE WELCOME

WEDNESDAY

10:00am : Study Group in Rectory (1 Corinthians)

10:00am – 1:00pm : Charity Shop

3:30-6pm : Fr Mel with Fortrose/Avoch Pipers

THURSDAY

10:00am : Eucharist in St Andrew's.

4-5:30om : Fr Mel with Fortrose, N Kessock and Arpafeelie Pipers

7:00pm : Silent Meditation Time – in the Vestry of St Andrew's.

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

9:00am : St Nick Day visit to Cromarty Primary

11am – 4pm : Christmas Fayre in Seaforth Masonic Club

SATURDAY

10:00am – 1:00pm : Charity Shop

10:30am – 12 noon : COFFEE MORNING in Fortrose Town Hall.

NEXT SUNDAY

8 DECEMBER : ADVENT II

EUCHARIST

11:00am in St Andrew's FOLLOWED BY THE JOINT CHARGE ANNUAL GENERAL MEETING and Luncheon

READERS & INTERCESSORS—LECTIONARY YEAR A

(Is 11:1-10 / Ps 72 / Rom 15:4-13 / Matt 3:1-12)

Congregations please Provide

St J : 1st Reader & Eucharistic Minister

St R : Psalmist & Eucharistic Minister

St A : 2nd Reader / Intercessor & Servers



**NEXT SUNDAY EVEN-
ING
ORDER of SAINT
JOHN
CAROL SERVICE
7:30pm in St Andrew's
Come and enjoy carols,
lessons & the nicest
mulled wine and season
treats**

DATES TO PUT ON CALENDAR

20 DEC : **NORTH KESSOCK CAROLS** : 7:00pm in North Kessock Hall.
20 DEC : **OCTA VOCE CHRISTMAS CONCERT** in St Andrew's at 7:30pm
22 DEC : **CROMARTY CAROLS by CANDLELIGHT** in St Regulus' at 7:00pm

MANY, MANY THANKS

To my pipers and the St Regulus gang who surprised the daylight out of me last Sunday with tunes, a parade and a beautiful luncheon to mark my 10 years in the Joint Charge. I was fighting back grateful tears. I am so blessed!!!

ALSO WOW

What a pile of food came in last week for the Foodbank!!!!

The Pre Advent Reverse Advent Calendar was an amazing success!

MEDITATION GROUP

The weekly Meditation Group is restarting at 7pm on Thursday evenings in the Vestry, at St Andrew s. Please note, this is an earlier start than in the past.

All welcome



Classic Film Club

2-4pm - First MONDAY of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

Monday Dec 2nd	“Swing Time”
Monday Jan 6th	“The Big Heat”
Monday Feb 3rd	“Gigi”
Monday Mar 2nd	“The Best Exotic Marigold Hotel”
Monday Apr 6th	“Mildred Pierce”
Monday May 4th	“The Lady from Shanghai”
Monday Jun 1st	“The Keys of The Kingdom”
Monday July 6th	“ Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



FOOD BANK APPEAL

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

NEW REQUIREMENTS for the NEXT 2 MONTHS

long grain rice,
tined tomatoes,
corn beef, and
cat and dog food



Thought for today

In every day, there are 1,440 minutes. That means we have 1,440 daily opportunities to make a positive impact.

Les Brown

BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

CARDS –

by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

St John's Arrafeelie

Sunday 1st December 2019 - Advent 1

Isaiah 2:1-5 - Alan Danson

Psalm 122 - Ann Danson

Romans 13:11-14 - Donald Graham

Matthew 24:36-44

Prayers Isla Cruden



HYMNS

280	How lovely on the mountain
513	On Jordan's bank
205	God is working his purpose
401	Longing for light
114	Come on and celebrate

Diocesan Prayer Cycle -

For the congregation of St. Andrew's Cathedral, Inverness: Sarah Murray, Iain Macritchie, Norma Higgott, Grace Siromony, Katrina O'Neill .

Porvoo Communion

1/12

Scottish Episcopal Church: Diocese of St Andrews, Dunkeld and Dunblane, Bishop Ian Paton

Evangelical Lutheran Church in Finland: Diocese of Porvoo, Bishop Björn Vikström

Reminder Can all Readers and Intercessors for St John's let Alan know their dates for January to March before Christmas please?

Hymns for Sunday at St Andrew's

Intro: 25 : The Advent of our King

Gradual: 397 : Lord save thy world

Offertory: 28 : Lo He Comes

Communion: 259 : My God and is thy table

Recessional: 29 : he Lord will come

Church Rotas

St Andrew's

Readers & Intercessors

Sides-men

Servers

Sacristan

Flowers

Teas

Cleaning

St John's

Sacristan	Susanna
Server	Isla
Teas	Jackie
Cleaner	Alan
Flowers -	none

Christine and Helen invite you for lunch - again!



WHEN? Thursday 5th December. 12.00
for 12.30

WHERE? The Old Mill, Rosemarkie

Booking essential!

Please ring Christine on her new number
-01381 600485 (especially if you have specific
dietary requirements).

Donations for church funds welcome.

Dear friends

Many of you were involved in the lunch club which we took on at the Cathedral in Inverness this summer. The aim was to provide lunches for school children from deprived families who normally depend on school meals for a warm meal once a day, and who miss this during school holidays, alongside a programme of arts/music provided by Art splay Highland. This was initially slow to take off but as word spread amongst families this picked up and there were many requests to repeat this over future holidays.

Monica from Art splay has just received funding to do the arts /music programme over the Christmas holidays and has approached us to see if we could help again.

There would be 6 sessions, run on the mornings of **23rd, 24th, 27th, 30th, 31st December and 3rd January** (i.e. Monday, Tuesday and Friday of each week).

I am looking for volunteers to make: trays of hot meals (e.g. cottage pie, macaroni cheese, or something similar) pots of soup perhaps some cake if anyone feels more able to bake and also volunteers to turn up on the days from 10.30-12.30 to heat and serve the food.

I am hoping we can do the cooking ahead of time and keep everything in the freezer at Kenneth street Halls, and just defrost the day before each session. This will mean no extra cooking close to Christmas! If anyone knows where to get hold of foil trays for baking meals that would be very useful information as we found in the summer things warmed up quicker in these.

Please let me know if you would be able to offer help with any of these sessions or with providing food, and I will put your name onto the spreadsheet

This is a lovely thing to be part of and was much valued by the families who took part last time. Monica has made contact with a wider number of families this time including through the food bank and I hope this will provide a much needed help to struggling families this winter. Please give me a call if you want to discuss this more or if I've missed out anything important.

Susanna Leslie

01463 731109

Christingle Service for all the family on 8 December

The Sunday Club with children from both local congregations will meet again for the last time this year on 8 December at 3.30pm in the Cromarty West Church.

For the first time in many years we will again celebrate a Christingle service in town!

All local children with their families are invited to make their own Christingles (material will be supplied), listen to the story of St. Nicholas and sing cheerful songs of the season - come and help shine a light on Advent.

Of course there will be home baking, juice and tea/coffee. Collection for our friend Alvio, the Sunday Club's 9-year-old sponsored child in Albania.



Dear Friends St. Andrew's Episcopal Church,

Thanks to God, my family and I are doing well. My baby has grown so fast and is beautiful. Thank you immensely for all that you have provided me with through these years. It was a great help for me, and I will be eternally grateful with you and everyone in the church. I am very happy to know that you are recuperating and thankful to God for permitting me to know you. I pray that God continues to bless you. I hope that I can see you again someday. Remember that I love you very much!

Kisses and hugs,

Your Sponsored child

Karen Carolina Perez Zamora

SPONSORED GRANNY

Our new church sponsored Granny in Guatemala is Santos De La Cruz Mendez Everyone is welcome to write to Santos please Inc Ref WPA 0002. and send to Adopt A Child, PO Box 559, Inverness IV2 7WG. Your letter will then be sent to Guatemala. Thank you Ramsay

Helen x