

SUNDAY
10th November 2019
Remembrance Sunday
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

+ **First Reading : Micah 4:1-5**

+ **PSALM 85 (Verses)**

Righteousness shall go before him, and peace shall be a pathway for his feet.

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You have been gracious to your land, O Lord, you have restored the good fortune of Jacob. You have forgiven the iniquity of your people and blotted out all their sins.

Righteousness shall go before him, and peace shall be a pathway for his feet.

You have withdrawn all your fury and turned yourself from your wrathful indignation. Restore us then, O God our Saviour; let your anger depart from us.

Righteousness shall go before him, and peace shall be a pathway for his feet.

Will you not give us life again, that your people may rejoice in you? Show us your mercy, O Lord, and grant us your salvation. I will listen to what the Lord God is saying, for he is speaking peace to his faithful people and to those who turn their hearts to him.

Righteousness shall go before him, and peace shall be a pathway for his feet.

Truly, his salvation is very near to those who fear him, that his glory may dwell in our land.

Mercy and truth have met together; righteousness and peace have kissed each other.

Righteousness shall go before him, and peace shall be a pathway for his feet.

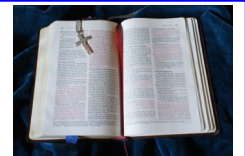
Truth shall spring up from the earth, and righteousness shall look down from heaven. The Lord will indeed grant prosperity, and our land will yield its increase.

Righteousness shall go before him, and peace shall be a pathway for his feet.

+ **Second Reading : James 3:13-18**

Gradual Hymn / Alleluia

+ **The Holy Gospel : John 15:9-17**



PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the Kurdish people and our brothers and sisters in Syria. For the peaceful relieving of tensions between the UK, US and Iran. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Lusitanian Church : Bishop Jorge Pina Cabral.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Ross J , Pauline J, Claire N, Colin P, Lesley P, Roberta R, Louise S, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St John's, Forres. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For the men & women of our armed forces...especially those bearing the scars of service & living with PTSD. For the soul of Gilly Dobson & for her family & loved ones. For Gail & Phil. For Peter & Margaret. For Matthew L & his family. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

In the Church, God has made known to us his hidden purpose: to make all things one in Christ. Let us pray that his will may be done.

– *Father, unite all things in Christ.*

We give you thanks for the presence and power of your Spirit in the Church: give us the will to search for unity, and inspire us to pray and work together.

– *Father, unite all things in Christ.*

We give you thanks for all whose work proclaims your love: help us to serve the communities in whose life we share.

– *Father, unite all things in Christ.*

Father, care for all who serve in the Church as ministers of your word and sacraments: may they bring your whole family to the unity for which Christ prayed.

– *Father, unite all things in Christ.*

Your people have known the ravages of war and hatred: grant that they may know the peace left by your Son.

– *Father, unite all things in Christ.*

Fulfil the hopes of those who sleep in your peace: bring them to that final resurrection when you will be all in all.

– *Father, unite all things in Christ.*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer

Black Isle Charge Diary

MONDAY

11:00am : Remember the Fallen

TUESDAY

3:30- 6pm : Fr Mel with Cromarty Pipers

7:00pm : Eucharist in St Regulus'

WEDNESDAY

10:00am : Study Group in Rectory (1 Corinthians)

10:00am – 1:00pm : Charity Shop

3:30-6pm : Fr Mel with Fortrose/Avoch Pipers

THURSDAY

10:00am : Eucharist in St Andrew's.

4-5:30om : Fr Mel with Fortrose, N Kessock & Arpafeelie Pipers

7:30pm : Hope in an age of Despair (info further down)

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

10:30am : Funeral Requiem for Gilly Dobson

SATURDAY

10:00am – 1:00pm : Charity Shop

10:30am – 12 noon : COFFEE MORNING in Fortrose Town Hall.

NEXT SUNDAY : 17 Nov 2019 + PENTECOST 23

EUCCHARIST

8am & 11:30am in St Andrew's, Fortrose

9:45am in St John's, Arpafeelie

RESERVED SACRAMENT

9:45am in St Regulus', Cromarty

EVENSONG

4:30pm in St Andrew's

READERS & INTERCESSORS

St A : Angus F / Anna G / Alison G / Dorothy W

St J : Jackie M / Alan D / Hilary S / Susana

(Mal 4:1-2a / Ps 98 / 2 Thes 3:6-13 / Lk 21:5-19)

HOPE IN AN AGE OF DESPAIR

Six sessions on Hope in an age of Despair - by Albert Nolan

Thursday evenings beginning on 17th October and finishing on 21st November

7.30 - 9.00 at Old Barns, 7 Nicol Terrace, Cromarty

- 1) God: our hope against hope
- 2) Taking sides: God sides with the oppressed
- 3) Reading the signs of our times
- 4) Contemplation: empathy with God
- 5) Speak out: truth to power
- 6) Seizing our moment: the gospel of hope for this generation.

FEAST OF SAINT ANDREW THE APOSTLE

29 Nov at 7pm in St Andrew's...followed by a reception in the Rectory. Mark your calendars & plan to be present.

Gordon Memorial Hall - Rosemarkie

Annual Craft Fair

In Gordon Memorial Hall at 12 noon on Saturday 16th November

Great opportunity for Christmas Shopping

Soup and Sweet Lunches

Come along and bring your friends

Hymns for Sunday at St Andrew's

Intro:	Be still for the presence of the Lord
Gradual	Let there be love
Offertory:	Eternal Father
Communion:	Here I am Lord
Recessional:	How great Thou Art



CHRISTMAS OR HOGMANAY WITH A DIFFERENCE!

Can you make some room for an international student to learn what true Scottish Festive hospitality can mean? Should you like to add that international element to your Christmas or New Year, learning the traditions of other countries and enjoying the connection and friendship that such sharing brings?

HOST UK arranges for international students to enjoy brief homestays with UK hosts, for a weekend or, over the festive period, a three day visit. Currently there are around 30 hosts in the North of Scotland but we need more. If you would like to know more, visit our website www.hostuk.org or contact Monika the voluntary Regional Organiser, based in Lochinver, via email at monika.strell@gmail.com or 01571 844094

Your gift to the World this Christmastime or New Year

No wrapping paper required-no ribbon or tags, just knowing that by offering hospitality to a Stranger-Soon-To-Become-Friend, the difference it will make will stay with you and your guest long after recycling the wrapping paper, storing decorations and finishing off the cold turkey!

Here at HOST UK we offer you the opportunity to engage in an extra special Christmas-time or New Year by opening your home to an international student for whom the alternative would be, not only being far from home and loved ones but marking time in lonely halls of residence.

HOST UK arranges visits for International students all year round but as can well be imagined, festive season hospitality is greatly sought after and valued. Your guest will be someone keen to experience Scottish life with all its special traditions and culture...and keen to share those of their home country. Your hospitality will be a unique gift, invariably remembered and treasured. Your gift to each other and to the world will be that of growing friendship, peace and understanding.

Please consider this opportunity and remember that if the festive season is difficult for you, we do operate all year round and hosting can become one of your New Year Resolutions!

If you should like to know more, please go to our website www.hostuk.org or contact me via monika.strell@gmail.com or 01571 844094

Monika Strell

HOST UK Voluntary Regional Organiser - North of Scotland

PRE ADVENT, ADVENT CALENDAR

Because foodbanks need to have stores well in place for distribution at Christmas time, here is a suggestion we might follow helpful....much like the Reverse Advent Calendar that some have followed in recent years.

Those who are able, the calendar will start on All Saints' Day (1 Nov) and end on the Feast of Christ the King (24 Nov) with our collection of things being presented at the Altar!

Suggested items might include as follows:

Day Item

1	tin of beef stew	2	tin of potatoes
3	bag of rice	4	box of cereal
5	stuffing mix	6	macaroni & cheese
7	package of oat cakes	8	peanut butter
9	tin of corn	10	tin of carrots
11	shampoo and/or conditioner	12	deodorant
13	tinned meat	14	box of oatmeal
15	bag of sugar	16	ketchup
17	pasta	18	pasta sauce
19	cranberry sauce	20	long life juice
21	long life milk	22	hot chocolate mix
23	coffee	24	tea bags



And the King will say: I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me! Matthew 25:40

MEDITATION GROUP

The weekly Meditation Group is restarting at 7pm on Thursday evenings in the Vestry, at St Andrew s. Please note, this is an earlier start than in the past.

All welcome



Classic Film Club

2-4pm - First MONDAY of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

Monday Dec 2nd	“Swing Time”
Monday Jan 6th	“The Big Heat”
Monday Feb 3rd	“Gigi”
Monday Mar 2nd	“The Best Exotic Marigold Hotel”
Monday Apr 6th	“Mildred Pierce”
Monday May 4th	“The Lady from Shanghai”
Monday Jun 1st	“The Keys of The Kingdom”
Monday July 6th	“ Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



FOOD BANK APPEAL

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

NEW REQUIREMENTS for the NEXT 2 MONTHS

long grain rice,
tined tomatoes,
corn beef, and
cat and dog food



Thought for today

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

CARDS -

by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

St John's Arpafeelie

Sunday 10th November 2019 - Remembrance Sunday

Job 19:23-27a

Isla Cruden

Psalm 17 verses

Gill Pimm

2 Thessalonians 2:1-5,13-17

Diana Macdonell

Luke 20:27-38

Prayers—Jackie MacNicol



HYMNS

- 134 - Eternal Father**
435 - Make me a channel of your peace
340 - Jesus Christ is waiting
371 - Kum bah yah
483 - O God our help

Diocesan Prayer Cycle -

For the congregation of St. John, Forres: Hamilton Inbadas, Anthony Matchwick

Porvoo Communion

10/11

Church of England: Diocese of Norwich, Bishop Graham James, Bishop Alan Winton, Bishop Jonathan Meyrick

Church of Sweden: Diocese of Luleå, Bishop Åsa Nyström

Church Rotas

St Andrew's

Readers & Intercessors

A Balfour / A Brough / J Deakin / A Garraway

Sides-men

Iain Brown

Servers

Elin / Matthew / Terry Joan and Heather

Sacristan

Ann McGhee

Flowers

Heather Ireland

Teas

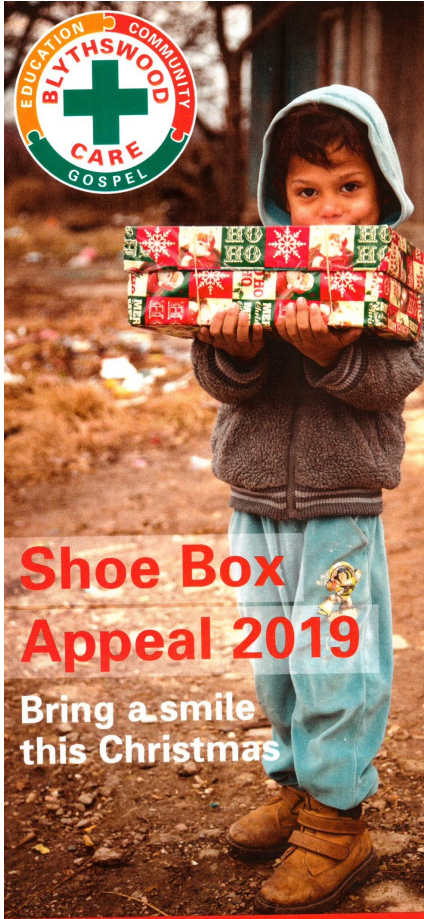
Joan Deakin

Cleaning

Libby Brown

St John's

Sacristan	Ann
Server	Isla
Cleaner	Volunteer
Teas	Diana
Flowers	Isla



Shoe Box Appeal 2019

Bring a smile this Christmas

2019 Shoe Box Appeal

Members of all three congregations, friends and neighbours are invited to take part in this year's shoe box appeal. It has been suggested that it might be beneficial to form a wee work group to pack boxes together. If you would be interested in being part of the group please contact Alison Garraway.

Alternatively, feel free to follow the guidelines and pack your own box.

6 steps to bring happiness

1. FIND

Find an average-sized shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.

2. WRAP

Wrap your box and lid separately so that the lid can be removed without tearing the paper.

3. PACK

Gather the items, remove any excess packaging and pack into the box.

4. CHECK

On the checklist, tick the items you have put in your shoebox and note any that are not on the list.

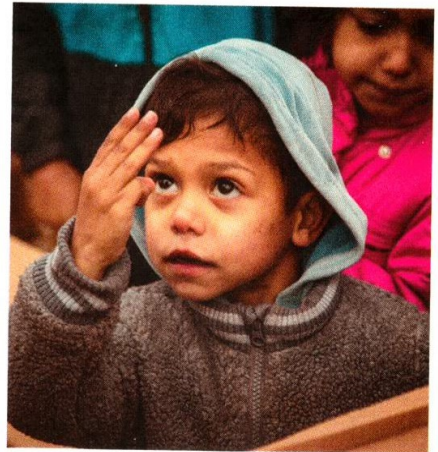
5. DONATE

Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.

6. DELIVER

Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.)

Deliver your box to your local collection point.



For Christmas delivery your shoebox should be at your church, school or other collection point week commencing 28 October 2019



BOX CONTENTS: Please see the check list on the following page. If you are putting your own box together, please complete the check list and attach it to your shoe box.

Many thanks

CHECKLIST 2019

Please tick items included and firmly secure this list on your shoebox lid.

SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Please do try to include the following items highlighted in the top box.

- | | |
|---|---|
| <input type="checkbox"/> Toothbrush and Toothpaste | <input type="checkbox"/> Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys. |
| <input type="checkbox"/> Hat, scarf, gloves | <input type="checkbox"/> Sweets (No chocolate or any other food) 'Best Before' date no earlier than March 2020. No loose sweets, lollies or undated bags of sweets. |
| <input type="checkbox"/> Soap | |

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors
- Underwear Socks/Tights

Miscellaneous

- New Make-up
- Sewing Equipment

- Household Candles
- Screwdrivers/Pliers
- Kitchen Utensils

Stationery

- Pens/Pencils/Sharpener
- Notepads/Colouring books
- Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

-
-
-
-

PLEASE TICK THE BOX NEXT TO WHO THE BOX IS FOR

Please specify the age of the girl or boy you have filled this box for:

- | | |
|--|---|
| <input type="checkbox"/> Girl - age | <input type="checkbox"/> Boy - age |
| <input type="checkbox"/> Teenage Girl - age | <input type="checkbox"/> Teenage Boy - age |
| <input type="checkbox"/> Woman | <input type="checkbox"/> Man |
| <input type="checkbox"/> Elderly woman | |

Tear along the perforation to detach this panel and secure to the outside of your shoebox

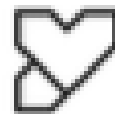
Black Isle Youth Fellowship Saturday

**2nd Nov
and 30th Nov**

all in P6 - S4 welcome

A monthly programme exploring the Bible through
games, video and discussion

with



Highlands & Islands
**YOUTH
FOR CHRIST**

7-8:30pm

NEW VENUE

the new Fortrose Free Church Hall

for more information contact Dave / Sally Knight
daveandsallyk@gmail.com



COMUNN CRANN NA H-ALBA

Meur na Gàidhealtachd

Convener: *Jim Miller, Brimster, A2 Caravan Park, Bunchrew, Inverness IV3 8TD*

Tel: 01463 713552

Email: jaimag@btinternet.com

We invite you and your friends to our **St Andrew's Day Lunch** to be held at the **Craigmonie Hotel**, 9 Annfield Road, Inverness on Saturday 30th November at 12.15 for 12.30.

We shall enjoy a two-course lunch with a Scottish theme. If you have any special dietary requirements, please let us know.

Our special guest is the distinguished writer Elizabeth Sutherland to whom we shall present our Branch award in recognition of her contribution to Highland cultural life. The presentation will take place after the meal at around 2.00 pm.

Elizabeth Sutherland is a prolific author of books for adults and children. One of her well-known works is *Ravens and Black Rain* about the Brahan Seer; and another is her biography of Lydia Miller. A resident of the Black Isle, Elizabeth was also a key figure in the development of Groam House Museum.

The cost is £15.00 per head. If you would like to attend, please send the slip below to our treasurer, Elspeth Dunnett, with your cheque by 26th November

There can be no refund if cancellation is made less than 48 hours before the event.

We hope you can join us and look forward to your company.

To Elspeth Dunnett, 2 Kingsmills Gardens, Inverness IV2 3LU

I shall be attending the Saltire Society St Andrew's Day Lunch on 30th November 2019

My party will consist of ___ persons

I enclose a cheque for £..... payable to Saltire Society Highland Branch

Name.....Address.....

.....

Telephone..... E-mail

If you wish an acknowledgement of your payment, please enclose a stamped, self-addressed envelope.