SUNDAY 3rd November 2019	The Scottish Episcopal Church St John's, Arpafeelie: St Andrew's , Fortrose: St Regulus, Cromarty The Black Isle Family of Congregations	A DIDITOR
All Saints Sunday		
Charity Number	The Rev'd Canon (Father) Mel Langille Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church	
SC010781	1 Dean's Road Fortrose, Ross-shire, Scotland IV10 8TJ Phone: 01381 622241 Email: <u>mel@sagart.me.uk</u>	



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

THE PROCLAMATION OF THE WORD

+ First Reading : Daniel 7:1-3, 15-18

+ Psalm 149 (verses)

Hallelujah! Sing to the Lord a new song!
Hallelujah! Sing to the Lord a new song!
Hallelujah! Sing to the Lord a new song; sing his praise in the congregation of the faithful.
Hallelujah! Sing to the Lord a new song!
Let Israel rejoice in his Maker; let the children of Zion be joyful in their King.
Hallelujah! Sing to the Lord a new song!
Let them praise his Name in the dance; let them sing praise to him with timbrel and harp.
Hallelujah! Sing to the Lord a new song!
For the Lord takes pleasure in his people and adorns the poor with victory.
Hallelujah! Sing to the Lord a new song!
Let the faithful rejoice in triumph; let them be joyful on their beds.
Hallelujah! Sing to the Lord a new song!

+ Second Reading : Ephesians 1:11-23 Gradual Hymn / Alleluia + The Holy Gospel : Luke 6:20-36



PRAYER REQUESTS

With all the Saints we pray... for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the Kurdish people and our brothers and sisters in Syria. For the peaceful relieving of tensions between the UK, US and Iran. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Church of Bermuda : Bishop Nicholas Dill.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Bp Kevin, Fr Ian, Valerie C, Rebekah C, Joshua C, Lisa C, Jackie F, Paul H, , their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters throughout our Diocese. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Gail & Phil. For Peter & Margaret. For Matthew L & his family. For Gilly D. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Diana S. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

God is ever creative. His love renews all things and is the source of our hope. Let us turn to him in confidence:

- Lord, accept our thanks and our prayers.

We give thanks for the order of created things: you have blessed us with the resources of the earth and the gift of human life.

- Lord, accept our thanks and our prayers.

We give thanks for man's share in your continuing work of creation: we praise you for your gifts to him of inventive skill and creative vision.

– Lord, accept our thanks and our prayers.

We pray for all the nations of the world: may those in authority work for peace and goodwill among men.

- Lord, accept our thanks and our prayers.

We pray for all who are homeless today: we pray for families searching for a place to live, and for refugees driven from their homeland.

– Lord, accept our thanks and our prayers.

Life was your first gift to us: may those who have died come to its fullness in you.

- Lord, accept our thanks and our prayers.

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer

Black Isle Charge Diary

MONDAY 12:15pm : Eucharist in Inverness Cathedral TUESDAY 3:30- 6pm : Fr Mel with Cromarty Pipers 7:00pm : All Souls' Requiem in St Regulus' WEDNESDAY 10:00am : Study Group in Rectory (1 Corinthians) 10:00am - 1:00pm : Charity Shop 1:00pm : All Souls' Requiem in St John's 3:30-6pm : Fr Mel with Fortrose/Avoch Pipers THURSDAY 10:00am : All Souls' Requiem in St Andrew's. 4-5:30om : Fr Mel with Fortrose, N Kessock and Arpafeelie Pipers 7:30pm : Hope in an age of Despair (see page 4) FRIDAY 8:30am : Celtic Morning Prayer in St Regulus' 9:45am : Launch of Children's Trail of Discovery in St Andrew's **SATURDAY** 10:00am – 1:00pm : Charity Shop 10:30am - 12 noon : COFFEE MORNING in Fortrose Town Hall.

NEXT SUNDAY - 10 November 2019 REMEMBRANCE SUNDAY

EUCHARIST

8am & 11:30am in St Andrew's 9:45am in St John's

RESERVED SACRAMENT

9:45am in St Regulus'

READERS & INTERCESSORS

(St Jn (Pentecost 22) : Job 19:23-27a / Ps 17 / 2 Thes 2:1-5, 13-17 / Lk 20:27-38) St A & R (Peace in the World) : Micah 4:1-5 / Ps 85 / James 3:12-18 / John 15:9-17 St A : ??? St J : Isla C / Gill P / Diana M / Jackie M



HOPE IN AN AGE OF DESPAIR

Six sessions on Hope in an age of Despair - by Albert Nolan

Thursday evenings beginning on 17th October and finishing on 21st November

7.30 - 9.00 at Old Barns, 7 Nicol Terrace, Cromarty

- 1) God: our hope against hope
- 2) Taking sides: God sides with the oppressed
- 3) Reading the signs of our times
- 4) Contemplation: empathy with God
- 5) Speak out: truth to power
- 6) Seizing our moment: the gospel of hope for this generation.

ALL SOULS' REMEMBRANCE

All Souls' Day falls on a Saturday this year.

I propose we remember our Loved Ones in the following week with Requiem Masses: Tuesday the 5th in St Regulus at 7pm : Wednesday the 6th in St John's at 1pm : Thursday the 7th in St Andrew's at 10am.

Forms for the requesting of names are available in each church. Please fill them out and return them to the Rectory by 31 October.

FEAST OF SAINT ANDREW THE APOSTLE

29 Nov at 7pm in St Andrew's...followed by a reception in the Rectory. Mark your calendars & plan to be present.

Hymns for Sunday at St Andrew's

Intro:	304 -	Hark the sound of holy voices.
Gradual:	182 -	Let saints on earth in concert sing
Offertory:	305 -	For all the saints who from their labours rest
Communion:	262 -	Lord enthroned
Recessional:	532 -	Ye watchers



CHRISTMAS OR HOGMANAY WITH A DIFFERENCE!

Can you make some room for an international student to learn what true Scottish Festive hospitality can mean? Should you like to add that international element to your Christmas or New Year, learning the traditions of other countries and enjoying the connection and friendship that such sharing brings?

HOST UK arranges for international students to enjoy brief homestays with UK hosts, for a weekend or, over the festive period, a three day visit. Currently there are around 30 hosts in the North of Scotland but we need more. If you would like to know more, visit our website www.hostuk.org or contact Monika the voluntary Regional Organiser, based in Lochinver, via email at monika.strell@gmail.com or 01571 844094

Your gift to the World this Christmastime or New Year

No wrapping paper required-no ribbon or tags, just knowing that by offering hospitality to a Stranger-Soon-To-Become-Friend, the difference it will make will stay with you and your guest long after recycling the wrapping paper, storing decorations and finishing off the cold turkey!

Here at HOST UK we offer you the opportunity to engage in an extra special Christmastime or New Year by opening your home to an international student for whom the alternative would be, not only being far from home and loved ones but marking time in lonely halls of residence.

HOST UK arranges visits for International students all year round but as can well be imagined, festive season hospitality is greatly sought after and valued. Your guest will be someone keen to experience Scottish life with all its special traditions and culture...and keen to share those of their home country. Your hospitality will be a unique gift, invariably remembered and treasured. Your gift to each other and to the world will be that of growing friendship, peace and understanding.

Please consider this opportunity and remember that if the festive season is difficult for you, we do operate all year round and hosting can become one of your New Year Resolutions!

If you should like to know more, please go to our website www.hostuk.org or contact me via monika.strell@gmail.com or 01571 844094

Monika Strell

HOST UK Voluntary Regional Organiser - North of Scotland

PRE ADVENT, ADVENT CALENDAR

Because foodbanks need to have stores well in place for distribution at Christmas time, here is a suggestion we might follow helpful....much like the Reverse Advent Calendar that some have followed in recent years.

Those who are able, the calendar will start on All Saints' Day (1 Nov) and end on the Feast of Christ the King (24 Nov) with our collection of things being presented at the Altar!

Suggested items might include as follows:

Day Item

1	tin of beef stew	2	tin of potatoes
3	bag of rice	4	box of cereal
5	stuffing mix	6	macaroni & cheese
7	package of oat cakes	8	peanut butter
9	tin of corn	10	tin of carrots
11	shampoo and/or conditioner	12	deodorant
13	tinned meat	14	box of oatmeal
15	bag of sugar	16	ketchup
17	pasta	18	pasta sauce
19	cranberry sauce	20	long life juice
21	long life milk	22	hot chocolate mix
23	coffee	24	tea bags



And the King will say: I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me! Matthew 25:40

MEDITATION GROUP

The weekly Meditation Group is restarting at 7pm on Thursday 7th November, in the Vestry, at St Andrew s. Please note, this is an earlier start that in the past.

All welcome



Classic Film Club

2-4pm - First MONDAY of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL Details from Helen Robinson 01381620243 07889181529

Monday Nov 4th	"Whiskey Galore"
Monday Dec 2nd	"Swing Time"
Monday Jan 6th	"The Big Heat"
Monday Feb 3rd	"Gigi"
Monday Mar 2nd	"The Best Exotic Marigold Hotel"
Monday Apr 6th	"Mildred Pierce"
Monday May 4th	"The Lady from Shanghai"
Monday Jun 1st	"The Keys of The Kingdom"
Monday July 6th	"Mutiny on the Bounty"

Come and enjoy a cuppa and the film in pleasant company!

OUR CHARITY SHOP in Saint Andrew's Hall : Wednesdays & Saturdays, 10am -1pm.



FOOD BANK APPEAL

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

NEW REQUIREMENTS for the NEXT 2 MONTHS

long grain rice, tined tomatoes, corn beef, and

cat and dog food



Thought for today

In known and unknown graves they rest, The young, the bravest and the best. They too loved well what life could give And yet they died that we might live. Twice in half a hundred years The price was paid in blood and tears, Twice we faced the German threat Twice the challenge has been met. Let not Memory's lamp burn low, As generations come and go Sing out their glorious requiem. Remember them, remember them.



BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.



by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each - donations should be placed in the box on the back pew.

St John's Arpafeelie

Sunday 3rd November 2019 - Pentecost 20

Daniel 7:1-3,15-18 Gill Pimm Psalm 149 Bridie Graham

Ephesians 1:11-23 Susanna Leslie

Luke 6:20-36

Prayers - Donald Graham



HYMNS

48	-	At the name of Jesus
48 436 161 54 60 535	-	Make way, make way
161	-	For all the Saints
54	-	Beauty for brokenness
60	-	Be still
535	-	When the Saints go marching in

Diocesan Prayer Cycle -

For the congregations of Holy Trinity, Elgin; Burghead Mission; St. Margaret, Lossiemouth: Tembu Rongong, Jenny Sclater

Porvoo Communion

Church of England: Diocese of Winchester, Bishop Timothy Dakin, Bishop David Williams, Bishop Jonathan Frost *Church of Norway:* Diocese of Agder and Telemark, Bishop Stein Reinertsen

Church Rotas

St Andrew's

Readers & Intercessors

J Deakin / J MacLennan / R McGhee / H Ireland

Sides-men

Bill Fraser

Servers Matthew / Alison / Jan

Alison and Joan

Sacristan Anna Gierus

Flowers Helen Graham

Teas Lois MacDonell

Cleaning Lois MacDonell

St John's

Teas	Jackie
Sacristan	Jackie
Server	Gill

Shoe Box Appeal 2019 Bring a smile this Christmas

2019 Shoe Box Appeal

Members of all three congregations, friends and neighbours are invited to take part in this year's shoe box appeal. It has been suggested that it might be beneficial to form a wee work group to pack boxes together. If you would be interested in being part of the group please contact Alison Garraway.

Alternatively, feel free to follow the guidelines and pack your own box.

6 steps to bring happiness



Find an average-sized shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.



Wrap your box and lid separately so that the lid can be removed without tearing the paper.



Gather the items, remove any excess packaging and pack into the box.



On the checklist, tick the items you have put in your shoebox and note any that are not on the list.

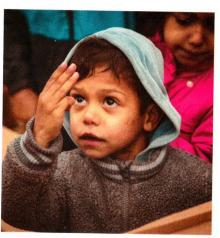


Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.

6. DELIVER

Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.) Deliver your box to your local collection point.

BOX CONTENTS: Please see the check list on the following page. If you are putting your own box together, please complete the check list and attach it to your shoe box. Many thanks



For Christmas delivery your shoebox should be at your church, school or or other collection point week commencing 28 October 2019

CHECKLIST 2019

Please tick items included and firmly secure this list on your shoebox lid.

SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Please do try to include the following items highlighted in the top box.

 Toothbrush and Toothpaste Hat, scarf, gloves Soap Soap Small Toy for boys and girls as cars, dolls, balls. Please or include new shop-bought toy Sweets (No chocolate or any food) 'Best Before' date no ea than March 2020. No loose st lollies or undated bags of sw 	hly /s. / other arlier weets,		
Do not include used or damaged items; war related items such as too or knives or military figures; hand-made or knitted stuffed toys; choc any food other than sweets. Chocolate Eclairs and Chocolate Limes allowed; books that are mainly words should also not be included. Toiletries (NO TALCUM POWDER) Household Candles Shampoo Screwdrivers/Pliers Soap/Shower gel Kitchen Utensils Face cloth/ Moist wipes Stationery Deodorant Pens/Pencils/Sharpen Moisturising Cream Notepads/Colouring b Sanitary Products Clothes and other Items Shaving foam/Razors (T-shirts/Pyjamas/Jumpers) Miscellaneous	olate or are not er ooks		
PLEASE TICK THE BOX NEXT TO WHO THE BOX IS F	OR		
Please specify the age of the girl or boy you have filled this box for:			
Girl - age			
Teenage Girl - age Teenage Boy - age			
□ Woman □ Man			

Black Isle Youth Fellowship Saturday 2nd Nov and 30th Nov

all in P6 - S4 welcome

A monthly programme exploring the Bible through games, video and discussion

> With Highlands & Islands YOUTH FOR CHRIST

7-8:30pm NEW VENUE the new Fortrose Free Church Hall

for more information contact Dave / Sally Knight daveandsallyk@gmail.com



The Arts Society Highland SC045266 www.theartssocietyhighland.org.uk

Children's Trail of Discovery St. Andrew's Church, Academy Street, Fortrose Invitation to the launch

St. Andrew of Scotland's Church Fortrose invites you to discover more about their place of worship by participating in a *Children's Trail of Discovery* designed by the Arts Society Highland which includes two admirable illustrations by students from Fortrose Academy.

The aim is to encourage children and adults alike to explore the beautiful building, to learn about it and enjoy the experience so that they are informed and inspired to visit other places of worship.

It is great fun for everyone involved and you will be very welcome to attend the launch

On Friday 8th November 2019 at 0945h

Thereafter the *Trail* will be available in the church for every visitor to enjoy at their leisure. It is recommended that young children be accompanied by an adult when doing the *Trail* which takes about 30 minutes.

Gordon Chapel Fochabers

You are warmly invited to the dedication of the lift by the Most Revd Mark Strange, Bishop of Moray, Ross and Caithness and Primus of the Scottish Episcopal Church, on Sunday 24th November 2019 at 3p.m. during an Evening Prayer Service

Clergy who wish to robe should reply by 17th November so that seats can be reserved.

RSVP secretary@gordonchapelfochabers.uk or 01542 882782

Gordon Chapel, 40 Castle Street, Fochabers, Moray IV32 7DW