

# HARVEST SUNDAY

13 October 2019



Eaglais Easbaigeach na h-Alba san Eilean Dubh  
The Scottish Episcopal Church on the Black Isle

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

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Priest & Rector

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## RECEIVING HOLY COMMUNION

**EVERYONE WHO IS BAPTISED IS WELCOME**

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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## THE PROCLAMATION OF THE WORD

+ **First Reading : Deuteronomy 8:7-18**

+ **Psalm 126**

The LORD has done great things for us,  
and we are glad indeed.

**The LORD has done great things for us,  
and we are glad indeed.**

When the LORD restored the fortunes of Zion,  
then were we like those who dream.

Then was our mouth filled with laughter,  
and our tongue with shouts of joy.

**The LORD has done great things for us,  
and we are glad indeed.**

Then they said among the nations,  
"The LORD has done great things for them."

The LORD has done great things for us,

and we are glad indeed.

**The LORD has done great things for us,  
and we are glad indeed.**

Restore our fortunes, O LORD,  
like the watercourses of the Negev.

Those who sowed with tears  
will reap with songs of joy.

**The LORD has done great things for us,  
and we are glad indeed.**

Those who go out weeping, carrying the seed,  
will come again with joy,  
shouldering their sheaves.

**The LORD has done great things for us,  
and we are glad indeed.**

+ **Second Reading : 1 Timothy 2:1-7**

**Gradual Hymn / Alleluia**

+ **The Holy Gospel : Matthew 6:25-33**

## PRAYER REQUESTS

We pray... for grace to be Jesus' hands, feet, voice,  
eyes & heart in the world...that we all may LIVE  
and BE the GOOD NEWS.

## OUR WORLD

For the peaceful relieving of tensions between the UK, US and Iran. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Church of West Africa : Archbishop Daniel Sarfo.

## OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Ian B, Valerie C, Rebeckah C, Joshua C, Lisa C, Jackie F, Paul H, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St Columba's, Nairn. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## OUR CHURCH & COMMUNITY

### FAMILY & FRIENDS

For Gail & Phil. For Peter & Margaret. For Matthew L & his family. For Gilly D. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Diana S. For Tom McC. For Louise & Hayden J. For Mark W & loved

ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

### **A DAILY PRAYER for the WEEK**

We adore and praise our God who reigns above the heavens.— *We adore you, our Lord and God.* Eternal Father, it is by your gift that we praise you: the wonder of our making is only surpassed by the splendour and joy of our coming to life in Christ.

— *We adore you, our Lord and God.*

Lord, be with us this day: move our hearts to seek you and our wills to serve you.

— *We adore you, our Lord and God.*

Deepen our awareness of your presence: teach us reverence and love for all that you made.

— *We adore you, our Lord and God.*

To know you is to love those you created: let our lives and our work be of service to our neighbours.

— *We adore you, our Lord and God.*

Father, care for all who serve in the Church as ministers of your word and sacraments: may they bring your whole family to the unity for which Christ prayed.

— *We adore you, our Lord and God.*

Your people have known the ravages of war and hatred: grant that they may know the peace left by your Son.

— *We adore you, our Lord and God.*

Fulfil the hopes of those who sleep in your peace: bring them to that final resurrection when you will be all in all.

— *We adore you, our Lord and God.*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.*

*Conclude with the Lord's Prayer.*

### **THIS WEEK**

#### **MONDAY**

**12:15pm : Eucharist in Inverness Cathedral**

#### **TUESDAY**

**7:00pm Eucharist in St Regulus', Cromarty**

#### **WEDNESDAY**

10:00am : Study Group in Rectory (1 Corinthians)

10:00am – 1:00pm : Charity Shop

#### **THURSDAY**

**10:00am : Eucharist in St Andrew's, Fortrose**

#### **FRIDAY**

**8:30am : Celtic Morning Prayer in St Regulus'**

#### **SATURDAY**

10:00am – 1:00pm : Charity Shop

10:30am – 12 noon : COFFEE MORNING  
in Fortrose Town Hall.

**NEXT SUNDAY : 20 October 2019**

**PENTECOST 19**

**EUCHARIST**

8am & 11:30am in St Andrew's

9:45am in St John's

**RESERVED SACRAMENT**

9:45am in St Regulus'

(Deut 8:7-18 / Ps 126 / 1 Tim 2:1-7 / Mt 6:25-33)

**EVENSONG**

6:30pm in St Andrew's

**READERS & INTERCESSORS**

**St A : Ramsay M / Simon S / Betty M / Simon S**

**St J : Ann D / Hilary S / Susanna L / Gill P**

**GAIL SANDERSON : A WEE UPDATE**

Gail & Phil have asked me to let you know she is doing great progress. Speech almost 100% and she is "barking orders" as only she can! Haha! Right leg improving with her up and walking a bit. Right arm has some feeling and some movement in shoulder. Keep prayers up! Phil has asked that, because of her schedule in the hospital, it would be good to check with him re making a visit as he can say best times to do so....01463 236 008

**GILL DOBSON : WEE UPDATE**

Gill asked me to let you know she has left Raigmore Hospital and is now resident in Elmgrove Care Home (near Eden Ct) in Inverness. Nice spacious room..bright and cheery. Visitors will be most welcome!

Remember that when  
you leave this earth,  
you can take with you  
nothing that you have  
received - only what  
you have given: a full  
heart, enriched by  
honest service, love,  
sacrifice and courage.

Francis Of Assisi

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**PET BLESSING SERVICE**

Weather held off and a nice gang assembled at the Munloch Animal Aid Centre...Dogs galore, cats, guinea pigs, canaries hens, roosters, goats, a dove and even gold fish received blessings and donations of just over £180 were received for the good work of the Centre...and pet food too! Many thanks to Iona and team for the warm welcome!